

*Pharmacopœia Extemporanea:*

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B O D Y  
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M E D I C I N E S,

Containing

*A Thousand Select Prescripts,*

Answering

Most Intentions of Cure.

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To which are added,

Useful *Scholia*, a Catalogue of Remedies, and Copious Index, for the Assistance of young Physicians.

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*The Second Edition, with large Additions,*

By the AUTHOR

THOMAS FULLER, M. D. Cantab.

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*Mille mali species? Mille salutis erunt.*

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BY THE AUTHOR.

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Pharmaceutical Experiments.

# TO THE PHYSICIANS.



EDELIIUS dedicated  
his *Physiologia* to his dead  
Wife; and almost all Wri-  
ters dedicate to somebody.  
But for my own part, I  
have some Things against  
the common Manner, and  
Desigh of Dedicators.

First, they treat their Patron with such  
false Commendation, and barefac'd Flattery,  
that they defeat thereby even their own Pre-  
tence. For instead of publicly thanking,  
and honouring him, they plainly injure, and  
disgrace him, by intimating he is Fool vain  
enough to be caught, and impos'd upon by  
such Stuff.

A 2

Then

### *To the Physicians.*

Then again they address to improper Persons; either to such as are too unlearned, or otherwise inconsiderable to defend them: Or too great, and full of Employment to regard them. *W. S.* was an ordinary Man, and of no Univerſity; yet one of his Phyſical Books was inſcribed to King *Charles*; another to King *William*; and a third to Queen *Mary*. And to as good Purpoſe Three more might have been ſent to the *Czar*, Grand *Seignior*, and Great *Mogul*. For it's not to be ſuppos'd, theſe Auguſt Princes ſhould be Judges of ſuch Writings, were ever like to ſee them, or trouble themſelves about them.

Add to this, the Protection they would requeſt againſt Cavillers and Critics, can ſignify little. For a ſubſtantial Work will ſtand up in its own Strength, and make its Way without an Helper. But a ſlight defective Piece will fall, and be trodden down, tho' the Name of the mighty Patron ſtand in Front to ſupport it. And then all the Dedicator gets, is but to be call'd an impudent unmannerly Fellow, for preſuming ſo ſawcily upon Majeſty, or Honour, as to make it a Voucher for his paltry Performance.

But that which ſcandalizes me moſt of all is, to ſee an Author with a Panegyricall Dedication in his Hand, cringe, and crawl after a Purſe-proud Citizen, or ſelf-seeking Courtier, in hopes of a gracious Nod; now and then a Dinner; perhaps a Gratuity; or a Pro-

## *To the Physicians.*

Promise of Helping him (if he wait long enough) into some petty Place of Profit.

These Things consider'd, others may do as they please; but I declare, I see no good Use of common Dedications; and therefore at present am so unfashionable as to make none: But instead thereof, will first shew the Occasion of my compiling and publishing my *Pharmacopœia*: Then wherefore I translated it: And lastly endeavour at an Apology for both.

Before I ventured upon Practice, I made a very great Collection of the best, and neatest Medicines I could pick out of Books, Bills, and Communications; and then compos'd a Manual out of all; not to transcribe Receipts out of, but to consult upon Occasion; and use as an Assistant to my Memory and Invention.

Accordingly, I all along in my Course of Business, I never tyed myself up to the Prescriptions of set Forms, but varied Prescriptions as Indications directed. And then I tasted almost every Thing I order'd; took Notice how the Composition made up; carefully observed its Operation; and constantly amended all I disliked.

By this means my Forms of Medicines perpetually altering, and increasing; I found it expedient ever now and then to new-model, and copy them out again. And this

A 3 from

### *To the Physicians.*

from time to time I repeated, till I had made my Book 6 or 7 times over.

Now it so chanced, that a certain young Gentleman, a Batchelor in Physick, having gotten one of these, and carryed it into *Holland*, died and left it there.

This unlucky Accident gave me great Uneasiness; for I knew not into what Hands it might fall; and perhaps the *Dutch* might print it upon me rough as it was, and unprepared for the Press.

To prevent this, I went over it again with Care, and selected such a Body of pleasant, safe, effectual, regularly compos'd, and easily procur'd Medicines, as might suffice to answer most Intentions of Cure. To which I subjoined Vertues, Reason of Operation, Observations, Rules, Cautions, Manner of giving, Doses, Index, &c. And so having made it a thorow-new Work; and hoping it might prove useful to young Practicers, was content to publish it in *Latin*; and as Editions sold off, successively put out new ones; and never intended it should appear in *English*.

But such is the Unfairness of People, that four several Translations of it were abroad in Order to be printed without my Consent, or so much as Knowledge. And at length, when there came out an Advertisement in the *Post-Man*, Sept. 18. 1708. that it was going to the Press, in the Company of several other *Pharmacopœias*, on *Michaelmas-Day* next;

I was

### To the Physicians.

I was afraid of being ill-used, and so was forced to translate it myself.

This Relation is true, and may be sufficient to silence a Caviller, and satisfy a reasonable Man, why I publish'd my *Pharmacopœia* at all; and why afterwards in *English*. I was forced to it; and I designed a publick Good.

And I am willing to flatter myself, that I have not wholly failed of Success in my Design. For my *Latin* Book hath had Five Editions in *England*; and Two in *Holland*: And this being the Second of the *English*, makes up Nine Editions. And here, by the by, the Reader is to take notice, that having now brought it up to the round Number of a Thousand Prescripts; I never intend to add any more, if it should chance to be printed again.

But for a farther Apology; suppose I had not been forced, as I really was, to publish my Book: I have yet this to alledge, That I am not the only Person who hath been so industrious as to collect, and so kind as to communicate Medicines. The first Physick Writings were nothing but Receipts, which, when experimented, they used to hang up in the Temples of *Æsculapius*, for the common Benefit. Our *Greek* and *Latin* Authors have left us theirs; particularly *Scribonius Largus*. publish'd a whole Treatise in *Latin*, as *Myropsus* did since in *Greek*, of

### *To the Physicians.*

Nothing but Compositions. The Arabians have even filled their Volumes with them. And our Moderns, and Modestest of all have done the same, as *Willis*, *Sydenham*, *Sylvius*, *Erismüller*, and many others, besides several yet living.

And now, if (for the publick Good, by assisting, not Quacks, but young Physicians) I have been at the Pains, to pick up, methodize, illustrate, and publish so large a Body of Prescripts; and made one Part of the *Ars longa*, something shorter for them; or given Hints to others to do it better; or even endeavour'd at it; I shall take leave to think, I merit Excuse at least, if not Thanks. At the same time, the Ignorant, the Idle, and the Envious, who do nothing for the Publick themselves, and hate and hinder those that labour for it, may go on, and think as their malignant Nature inclines them; but *Lucan* makes a glorious *Encomion* upon *Cato*, when he says of him,

*Non sibi, sed toti genitum se credere Mundo.*

As for putting it out in *English*, I can plead again, as before, the Example of our great Predecessors in all Ages. *Hippocrates* and the *Grecians* used only their Mother-Tongue: *Celsus* translated two Books of Compositions out of *Greek*; and accounts it *Dignum Sublimi Romanorum Majestate*. The Arabians wrote all their Works in *Arabic*. And now  
in

## To the Physicians.

in our times, the *French* have publish'd in their vulgar Tongue (besides many other Medical Tracts) a large Collection of Receipts for most Diseases, in Alphabetic Order; which the Faculty hath licensed, and the Bishops recommended to the Parish-Priests, and charitable Persons.

And we of our Nation have of late publish'd in *English*, natural Philosophy, Institutes of Physick, Anatomy, Botany, Chymistry, Theory, Practice, Observations, and Forms of Medicines also. And Dr. *Morton* in particular translated his own Book of Consumptions, being compelled to it in the same Manner that I was.

I might, *ex abundanti*, add to this Plea of Precedents, a National one too: It hath not seemed good to the Wisdom of our supreme Authority to forbid *English* Physick-Books, nor sorry, injurious Translations neither, the Reason of which last I confess I understand not.

And farther yet, I could enforce all with this *Dilemma*. If those who cannot read *Latin*, may not practise; why doth not Authority hinder them? If they may; why must not I help them?

But to draw towards a Conclusion; from what hath been said, it's undeniably evident, that others in all Ages have publish'd Medicines, and done it in their vulgar Tongue. Pray, for what Reason then must I alone be sing'd out, and censur'd, and ill-used, as tho'

I,

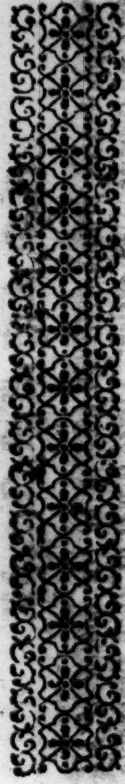
## *To the Physicians.*

I, and none but I, prostituted Learning, profan'd the Profession, and assist'd Empericks? No, no; it is not I that assist them; but those that license them: Those that have Power, and don't punish them: Those that favour them, join, consult with them, and employ them. Let them but be discountenanc'd by the Physicians; legally forbidden, and suppressed; and then this poor Book of mine will never be prejudicial to Learning, nor the Faculty neither.

This by way of Apology, which I wish may reach some certain Persons, and give them Pain, till they remember what they have done, and turn better Men. But what my own real Sentiments, and Inclinations are, concerning ignorant, uneducated, presumptuous Peoples Practising, may be more than guess'd at from the following Epistle,



To



# To the ENGLISH READER.



**Y**Ou may perhaps object against this Translation, that it's full of hard Words, and a Sort of Latin English. I confess it is so, and that partly upon direct Design, to keep up the Dignity of Physick, set it above the Reach of the Vulgar, and secure it to those it belongs to; and partly upon necessity: For Philosophy and Physick are not so naturalized yet among us, as to speak plain English; and therefore we must allow them to keep their native Greek and Latin Terms of Arts, and many Times Expressions also: Otherwise we should be ridiculously singular, and less understood.

And those that are so Ignorant, and Ordinary, that they cannot apprehend what I write, should be so diffident also, as not to read it. For whatever they may think, it is assuredly one of the highest and most criminal Presumptions in the World, to thrust themselves into Physick, a Calling so honourable, so difficult, and so extremely dangerous. Which three Considerations I propose to enlarge upon, as hoping to convince them they ought not attempt it, and persuade them to settle in such Business and Stations as their Parts and Breeding hath fitted them for, and Providence hath commanded them to labour in.

Hippo-

## The PREFACE.

Hippocrates pronounceth Physick to be the noblest of all Arts whatsoever. In ancient Times it was of such venerable Esteem, that the Inventors and Improvers of it were accounted Gods, and frequently styled Sons of Gods, and Hands of God. 'Twas the common Belief of the Heathens, that it came by Inspirations; and the Christians held the same. Thus S. Austin (de Civ. Dei) saith, Corporis Medicina (si alius rerum origines repetas) non inventitur unde ad homines manare potuerit, nisi à Deo. It cannot be conceived whence Physick should come to Man, but from God himself.

It's certain Matter of Fact, that 'twas encouraged, studied, yea and practised by Kings, Princes, Philosophers, Pontiffs, the highest, wisest, and best of Men; whereof some were honoured with divine Worship after Death, and others with Statues at the Publick Charge.

Ælian (de Animalib. Lib. 2. C. 18.) tells us, Heroes only, and the Sons of Gods, formerly under stood Medicine, and practised. And we have authentick Accounts, that 'twas delivered from Father to Son in the Asclepiad Family, exclusive of others, for Twelve Hundred Years, and upwards.

Homer acquaints us in what great Esteem Machaon and Podalirius were in the Grecian Army. Virgil joins Iapetus the Physician to his Æneas: And Silius Italicus imitating him, adds Synalus likewise to Hannibal.

Archagathus was the first Alien that ever had the Honour of being made free of Rome. Julius Cæsar enfranchised free Denizens all the Physicians that would come and live there. When Augustus banished the other Greeks from the City, he excepted the Physicians.

Philippus was the Darling of Alexander, Timocleas and Nicias of Pyrrhus; Dioscorides of Antony and Cleopatra; Musa of Augustus; Galen of the Antonines; Oribasius of Julian. And of late Petre de la Valle reports, That the Great Mogul called his Physician Macrobian, The Lord of my Health.

What magnificent, and even Prodigious Rewards, were heaped upon them in old Times, you may read, and wonder at, in Pliny's Nat. Hist. Lib. 29. C. 1.

When Melampus was to cure Prætus (King of the Argives) his Daughters, he agreed with him, that he should give him  
one

## THE PREFACE.

one Third of his Kingdom; another Third to his Brother Bias; and to each of them one of the Princesses to Wife.

The Athenians honoured Hippocrates with an Initiation into the Grand Mysteries, as they had Hercules before; gave him a Gown worth a Thousand Pieces of Gold, the Freedom of Athens, and a Maintenance all his Life at the Publick Expence.

Phalaris gave Polycletus four Phials of pure Gold, two Graters of Silver of the Workmanship of the Ancients, ten Pair of Thierician Caps, twenty untouch'd Virgins, fifty Thousand Attic Crowns. Moreover he settled upon him the same Salary an Admiral of the Navy and Captain of the Guards used to receive: And after all, complimented him, saying, He was not able to pay what the Obligation of Curing him deserved. *Agreeable to which*, Seneca (de Benefic. Lib. 6. C. 15.) saith, Quædam pluris esse, quam emantur: Emis à medico rem inestimabilem, vitam ac valetudinem bonam. Some things are bought for less than they are worth: You buy of a Physician that which cannot be equal'd by any Price, namely, Life and Health.

But nearer our own Age. Cornelius Agrippa (de Vanit. Scient. Cap. 83.) records, That Peter Aponius, who professed at Bononia, wou'd not stir a Foot out of the City to any one under fifty Crowns a Day: And when he was called to Pope Honorius, he made his Bargain for four hundred Crowns a Day.

Thadeus, a Florentine Physician, had likewise the same Sum of fifty Crowns a Day; and being sent for to Rome, and having stay'd there some little Time, returned home with ten thousand Crowns in his Pocket.

Phil. de Comines (Memoirs Lib. 6. C. 7.) relates, That Lewis XI. of France gave his Physician, James Coetiere, ten thousand Crowns a Month in ready Money, besides the Fat Bishoprick of Amiens (containing 498 Parishes) for his Nephew; and other Offices of Profit for himself and his Friends. All which Seires (Hist. of France, p. 449) confirms; and farther adds, that he moreover bestowed on him Places and Lands whatsoever he would please to ask.

Lewis Duretus, who came to Paris a poor Man, grew into such Favour with Henry III. of France, that when his Daughter was married, the King led her by the Right Hand, and

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and her Father by the Left, to Church: And the King made her a Present of Plate of above forty thousand Florins value; and he would never eat, but Duretus must be by.

Philip II. of Spain gave Vallesius (besides an excessive annual Salary) six thousand Gowns at once.

Thus were they esteemed, carested, rewarded. But to make Physick all Glorious, and truly Sacred, the Lord of all, Jesus Christ himself, employed a great Part of his miraculous Life, not in the Affairs of Government, which he avoided, John vi. 15. Nor in Matters of Law, which he absolutely refused touching upon, Luke xii. 14. But in going about and doing Good, by curing Bodily Maladies: And he sent forth his Disciples to heal all manner of Sickness, and all manner of Disease.

Which Example and Commission set it up (in my Opinion) infinitely above all other Arts, Sciences, Faculties, Callings, and Business whatsoever, Theology only excepted.

And yet now-a-days the Profession of Physick (tho' brought to a greater Perfection than ever before) its Dignity and Degrees are so despicably fallen, that the lowest of the People, who are not of the Sons of Esculapius, pretend to it. And such a meer Mob, and Rag Part of Women, as well as Men, usurp the Title, that an University Graduate is ashamed almost to be called Doctor, since he must share it together with the Barber, Farrier, Mountebank, and Wise Woman.

But secondly, besides the Dignity and Honour of Physick, it is undoubtedly one of the most difficult Arts to attain, that ever humane Wit attempted.

It requires us to understand the learned Languages, Natural Philosophy, all the Parts of the Body, and the Animal OEconomy; The Nature, Causes, Times, Tendencies, Symptoms, Diagnostics, and Prognosticks of Diseases; the Indications of Cure, and Contra-Indications; the Rules and Errors of Living as to the six Non-Naturals. We must have the Skill to judge to whom, for what, when, how much, how often, to prescribe Bleeding, Vomiting, Purging, Sweating, and other Evacuations: As also Opiales, Chalybeates, Cortex, and the numberless other Alteratives.

We must be very well acquainted with the Vertues, Faults, Preparations, Compositions, and Doses of Vegetables, Animals, Minerals, and all the Shop Medicines. And lastly,

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to complete all, must be able, upon every emergent Occasion, to write a Bill for a Patient, readily, pertinently, and in Form according to Art.

Now, to accomplish all this, a Man had need be rightly born, and set out by Nature with a peculiar Genius, and particular Finesse, and with a strong prevailing Inclination to this Study and Practice above all others.

He must be endowed with Diligence, Sagacity, Gravity, Integrity; and such a convenient Bruteness and Courage, as will bear him up, and carry him thro' Difficulties, without presumptuous Rashness, or barbarous Hard-heartedness.

And then, it's necessary that he be a Man of a competent Estate, to answer the great Expence of Education and Expectation: For he must be brought up directly in it, from the Beginning of his Studies in the University; must lay out all his Time and Talents upon Reading, Advising, Observing, Experimenting, Reasoning, Remembering with an unintermitted Labour of Body, and Application of Mind; must run thro' Courses of Anatomy, Botany, Chymistry, and Galenic Pharmacology. And when he hath done all this, cannot handsomely complete himself, except he see good Variety of others Practice, which (by the by) it's probable he will have more Time for, than he could wish, before he can get any of his own.

Now each of these singly will require a great deal of Pains, Expence, and Time, to be attained: And yet all these, and much more than can be in short summed up, ought to be done, and in some Measure accomplished, before a Man can be rightly and duly qualified, even to begin Practice.

And as to Matters of Fact, few, (very few, God knows) there have been, or now are, who, tho' they spared not for Education, or Diligence, could ever work themselves up to a tolerable Sufficiency. Nay, Hippocrates himself, that great Genius, is not ashamed to confess, in an Epistle to Democritus, That tho' he was now got to old Age, and to the End of Life; yet he was not got to the End of Physick; no, nor was Esculapius neither, the Inventor of it.

By all which it's undeniably evident, that the Study and Practice of Physick is one of the largest and most difficult Undertakings in the World: And consequently, that neither this, no, nor any other the best Collection of Prescripts, that ever was, will, or can be writ, or printed, can alone make a complete

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plete Physician, any more than good Colours and Pencils alone can make a fine Painter.

And yet every illiterate Fellow, and paltry Gossip, that can make a Shift to patch up a Parcel of pitiful Receipts, have the Impudence and Villany to venture at it: And in hopes of a Pig, Goose, or Basket of Chickens, shall boldly stake their Skill (forsooth) against Mens Lives, and lose them: And at the same time scandalize, and keep out true Physicians that might probably save them.

And this leads me to the third Consideration: The great Danger and Damage occasioned by the rash Tampering of such as are not educated rightly, and qualified for it.

You that enter not by the Door into the Profession, but climb up some other way, ought to take it into your most serious Thought, That Mistakes and Mismanagements in so difficult a Business may easily happen. Often the Mischiefs caused thereby are impossible to be retrieved. And being upon the Body, or perhaps Mind, of Man, sometimes produce such enduring Misery, such deplorable Ruin, as would make even a Heart of Stone break, and bleed to Death, to think of it.

Suppose one should lose his Limbs, or Health, and live unhappily in Pain, Sick, or Bed-ridden, all his Days, thro' your improper Applications, or ignorant Omissions; would it not turn your very Bowels within you, and make you wish a thousand times you had never been that unadvised Busy-body to act thus foolishly and unfortunately?

But put the Case, again, you beheld a Dead Man (which to me is the most lamentable of all lamentable Spectacles upon Earth: ) I say, put Case a poor Dead Man were laid forth before your Eyes, that your Heart tells you might probably have lived many a fair Year; had it not been for your Physicking of him: Such a Sight, such a Thought, (if you have the least Humanity left) cannot fail to pierce your very Soul; and ever after the Remembrance, yea the evil Conscience of it must haunt you, and give you Horror and Terror, and a Sort of Hell, to your dying Hour.

Perhaps it might be an Only, and Hopeful Son, in whose Life his Aged Parents Lives were bound up; and they die too, or linger out a miserable Life, in Sorrow and Anguish, worse than Death.

Perhaps

## The PREFACE.

Perhaps the good Father of many little Orphans, who being poor, and now helpless, must piteously perish; or being fallen into bad Hands, and cheated of what was left them, must suffer Poverty, Contempt, Injury, and Misery, all their Life long.

Perhaps a Wise, who might have brought forth an useful eminent Man, a Hero in his Generation, and the Head of splendid Families. And so the Mischief you do may fall upon not only the present, but all future Ages.

But Possibilities, and Putting of Cases, are endless. The Upshot of all is, If you take upon you the Cure of the Sick, and be not licensed, and otherwise qualified for it: If you presumptuously thrust in yourself, and barr out another that is authorized and able; tho' no ill Event chance thereupon, yet well it might, and was likely to have done so for all you. And therefore good Providence, that protected your Patient, and fenced off the Evil, is alone to be thanked, and you nevertheless to be blamed.

But if Death ensue upon your arrogant Intermeddling and pernicious Quackery, be assured of it, 'tis a Sort of Murder in the Court of Conscience; and probably will be so adjudged at the last Great Court.

This is not my private Opinion only, but the Judgment and Decision of the Legislature of our Land. For the Present State of England tells us, That by the Law of England, if one who is no Physician, or Surgeon, and not expressly allowed to practise, shall take upon him a Cure, and his Patient die under his Hands: This is Felony in the Person presuming so to do.

'Tis not enough for you to say, If I can do no Good, I'll do no Hurt, (which you may as well invert, and say, If I do no Hurt, I'll do no Good) No, you interlope, you injure the Faculty, you discourage Education, you keep out better Advice, you trifle with Men's Lives, you lose the Golden Opportunity, you prolong the Case till it gets Head, and grows incurable, and mortal; or else extremely hazardous, and almost helpless. And this is doing Hurt with a Vengeance.

To bring this home to you, and make it more plain. If a House be on fire, and you come and pretend to put it out yourself, and absolutely keep off others; and then fling in Dust instead of Water, and so the Flames get a Mastery. In this

Case,

B

## The P R E F A C E.

Case, tho' you did not directly intend any positive Hurt, tho' you did not actually pour in Oil, nor stir and blow up the Coals; yet, forasmuch as you would needs be an Undertaker, and could not extinguish it yourself, and suffered not others used to, and skill'd in the Business, who coming with Water, and proper Engines, might have done it: You are really and truly the Cause of its being burnt.

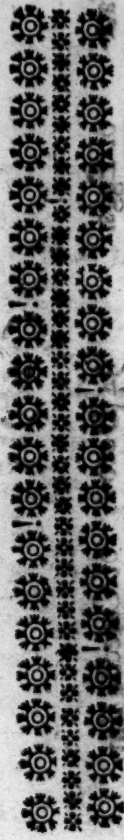
Think not to excuse yourself, by pretending you did it out of Charity, and meant well, tho' it fell out ill. No, no; be it known to you, such a Charity as did not appertain to you, and proved murderous, was unpardonable Presumption; and therefore will not cover the Multitude of Sins.

But this Epistle running out into more Length than I intended, and being perhaps not over-grateful; I shall, to relieve your Patience, cut short, and conclude, That,

If you are not sufficient for these Things, you'll do well, and wisely, to desist from this difficult and dangerous Practice, and fall into such a Trade of Life as you well understand, and rightly can manage. And then, like the Men who used curious Arts (Acts xix. 19.) you may burn all your Receipt-Books. So shall you keep your Innocence, save your Conscience, secure your Quiet, and yet reserve room enough for the Exercise of Charity.

For if at any time your Heart move you to pity, and succour a poor sick Neighbour, that can't pay for Advice; there will be no Necessity that you should try your Skill upon him, till you mischiefe or murder him, by way of Charity. Do you but send him in a Physician, Medicines, and Necessaries, without hope of Requital; and trust me, that will be a hand-some Assistance, most nobly becoming a generous Mind, and a charitable Man.





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 (after half a Dram add) Salt of Harts-horn 2 Grains; Saffron 3 Grains.  
 44. 7. Solitaire 1 Ounce. 50. 21. Roots 1 Ounce. 86. 11. each 3 Grains.  
 87. 28. half a Pound. 91. 7. (after 1 Dram add) Sugar 3 Ounces. 106.  
 23. Mugwort an Ounce. 140. 8. dele long Pepper 24 Grains. 143. 22. (af-  
 ter 2 Drams add) Yolk of an Egg; Syrup of Tiony 2 Ounces. 143. 27. dele  
 long Pepper 16 Grains. 144. 11. 15 Grains. lin. 18. dele after described.  
 160. 2. 5 Ounces. 165. 24. bruised 2 Ounces. 167. 28. 4 Handfuls. 194.  
 24. after an Ounce dele and half. 197. 16. Onions 2 Ounces; Linseed 1  
 Ounce. 235. 10. 8 Pints. 236. penult. each 4. 241. 20. 3 Drams 268.  
 21. Currants 1 Ounce. li. 22 dele of each 4. 241. 20. 3 Drams. 268. 21.  
 Currants 1 Ounce. lin. 22. dele of each. 272. ult. bruised a Dram.  
 296. 6. (after 4 Grains add) Spirit of Salt Armoniac 16 Drops. 319.  
 20. (after Lozenges add) with Mucilage of Gum of Goats Thorn. 321.  
 6. (after 2 Ounces add) Sugar 4 Ounces. 302. 9. each 3 Drops. 354. 16  
 each 1 Dram. 365. 10. 72 Pills. 378. 9. 24 Pills. 379. 3. 5 Pills. 392.  
 half a Dram. 395. 13. 4 Pills. 398. 19. 72 Pills. 397. 5. each 15  
 Grains. 410. penult. Euphorb. 1 Scruple. 411. 22. (after 3 Drams add)  
 Diaclylon with Gums 2 Drams. 419. 13. Water 3 Ounces. 423. 6. (after  
 2 Drops add) Oil of Aniseed 1 Drop. 434. 27. 12 Doses. 437. 22. each 5  
 Grains. 441. 16. Alum 3 Grains. 473. 21. 4 Ounces of the strained. 475.  
 18. (after Height add) 3 Ounces. 477. 11. (after Pint add) Tincture of  
 Benjamin 1 Ounce. 479. 12. Water 4 Ounces. 483. 23. (after fresh add)  
 Spirit of Salt Armoniac. 491. ult. (after Scruple add) Spirit of Salt Armoni-  
 ac a Dram and half.

*B O O K S Printed for William Innys, at the Prince's  
Arms in St. Paul's Church-Yard.*

**P**harmacopœia Extemporanea, sive Præscriptorum Chilias, Editio quinta auctior & emendatior, per Tho. Fuller, M. D. 12mo. 1714.

Pharmacopœia Bateana. Cura Jac. Shipton, Pharmacop. Lond. Editio tertia cum Appendice, per Tho. Fuller, M. D. 12mo.

Pharmacopœia Colleg. Reg. Londini Remedia omnia succinctè descripta, Editio quarta, per J. Shipton. 12mo. 1711.

Processus integri in Morbis fere omnibus curandis, nec non de Phthisi Tractatulo. Editio quarta à Thom. Sydenham, M. D. 12mo. 1712.

Jo. Raii Historia Plantarum Species, hætenus editas aliasque insuper multas noviter inventas & descriptas complectens, Tomi duo *Ec.*

—Ejusdem Tom. Tertius, qui est Supplementum duorum præcedentium, cum accessionibus Camelli & Tournetorii, *Fol.* 1704. Pharmacologia, seu Manuductio ad materiam Medicam, in qua Medicamenta Officialia Simplicia, hoc est, Mineralia, Vegetabilia, Animalia, eorumque partes in Medicina Officinis usitata, in methodum natural. digesta succinctè & accuratè describuntur, opus Medicis Philosophicis, Pharmacopœis, Chirurgis, &c. utilissimum. iterata editio, emendata & aucta. a S. Dale. 2 Vol. 12mo.

Gualt. Harris, M. D. de Morbis Acutis Infantum, Editio secunda auctior, annexis etiam quibuldain de Luis Venereæ origine, natura & curatione, 8vo. 1705.

Medicamentorum *Ευρωπαϊκῶν* Thesaurus, succinctè comprehendens ad omnes fere totius microcolini morbos. Experta nec non Specifica Remedia ex celeberrimis tam veterum quam Neotericorum, Scriptis excerpta, ordineque Alphabetico digesta. Opera & cura Jo. Cruisio, 12mo.

*Praxis Medica*: The Practice of Physick; or Dr. Sydenham's *Processus Integri*, translated out of *Latin* into *English*, with large Annotations, &c. and various Methods of curing the Clap, Running of the Reins, *French-pox*, &c. The Second Edition, enlarged throughout with some Thousands of Additions not in the former Impression. By *William Salmon* M. D. 8vo. 1707.

Præcos Mayernianæ in morbis internis præcipuè gravioribus & chronicis Syntagma—Ejusdem Syntagm. alterum, 1. de Febris, 2. de Morbis Externis, 3. de Arthritide, 4. de Lue Venerea. 2. Vol. 8vo.

*Phthisiologia*: Or, a Treatise of Consumptions, wherein the Difference, Nature, Causes, Signs, and Cure of all sorts of Consumptions are explain'd. By *Richard Morton*, M. D. 8vo.

The Anatomy of the humane Body illustrated with 23 Copper Plates of the most considerable Parts: all done after the Life. By *W. Cheselden*, Surgeon and F. R. S. 8vo. 1713.

Dr. Greenfield of the Stone and Gravel. 8vo.

A System of Rational and Practical Chirurgery. By *R. Boulton*, late of *Brazen-Nose* College in *Oxford*. 8vo. 1713.





### Antimonial Ale.

**A**LKE of the best Hungarian Antimony (grossly powder'd, and tied up in a Rag) one Pound; Fumitory and Agrimony, each 4 Handfuls; put them into a Bag, which hang into 4 Gallons of middling Ale, after it hath done working.

I advise it to be put into the Ale after Fermentation, upon the account of the Antimony. See Cancer Ale.

It's for ordinary Drink against Peculencies of the Blood, and Cutaneous Affections. Mr. Boyle infuseth Cinnaber of Antimony in Rhenish Wine, and attributes to it marvelous Vertues in contumacious Surgical Cases.

Whatever some Outlandish Men may inviously say, and others as slavishly believe, middling Ale brew'd of the best Malt, boiled, fermented, depurated according to Art; that hath no burnt, musty, or otherwise ill Smack; that is pale, sparkling, fine, fresh, and not upon the fret; and also, is of Age just to leave its Malty Taste, grow Winery, and yet not run into any Degree of Sourness:

Such Liquor is the most comfortable and coveted Drink the World perhaps ever yet  
found

2 A A  
found out, to pacify the loudest of Nature's  
Cries, under the Tortures of a burning, hot,  
thirsty Stomach.

For beyond all other things, it cools and  
moistens the parched Membranes of the Sto-  
mach; scoureth salt, acrid, bitter, frothy,  
slimy Filth, from off the *Villa* and Glands;  
turns it over the *Pylorus*, and leaves a balmy,  
benign *Litus* instead, to keep all supple and  
easy. Thus it quencheth that most unsuffer-  
able Passion of Thirst, refresheth the Bowels,  
relieveth the Spirits, and proves a true Cor-  
dial in outrageous scalding Fevers.

After these good Offices in the Ventricle,  
it detergeth and openeth the Mouths of the  
Lacteals, that were almost baked up with  
Slime; dilutes and refrigerates the Blood,  
allays the fervent Heat, and Crispations of the  
parboild *Fibrillæ*, repairs all the Wastes with  
nutritious Chyme; cleanseth the minutest  
Passages and Emunctories; and helpeth the  
whole Mass to circulate freely and duly, to  
nourish and cherish the Parts, and to throw  
off its Recrements by Urine, and (where there  
is an Aptitude) by Sweat and Spittle.

The sweeter, softer and thicker Ale is, the  
more it suppleth, filleth and nourisheth; the  
smarter and staler, the more it openeth and  
detergeth; and Hops (which give it the  
Name of Beer) are for that Intention such  
an Ingredient (not bad for the Stone) and  
so particular, that Nature seems to have put



it into the World for this very Use, without a Fellow: For when the covetous publick Brewers have, in dear Times, used all their Endeavours to find out a *Succedaneum* to it, never could they light upon any thing that would clarify, relish, and preserve Beer, as that doth.

Yet in Rawness, Windiness, Weakness, and Sourness of the Stomach and Intestines, occasioning Belching, Vomiting, Looseness, Colick: Also in Pleurisies, Catarrhs, vagous Pains, Dropsies, and such Affects as arise from great Irritability of the Fibres and Nerves, and Colliquation of the Blood and Humours: In these Cases (and perhaps some more) the best Ale, by reason of its Coolness, Detergency, Smart, Pricking, Cutting, and Springy Particles, is not advisable: But Vapid, Thick, Heavy, Fretting, Hard, Sour, Stale, Old, Strong, &c. are manifestly mischievous.

In truth the Dieteticks merit handling anew. If a Man of a right Genius, Leisure and Application, were to make true Experiments, and rational Rules of Life, as to the Six *Non-Naturals*; he'd supply Physick with one of its main *Desiderata*; for now (as we have it in Books) it's a rich Field untill'd, lying all in Heaps and Generals, and so over-run with first and second Qualities, that it produceth little or nothing of Fruit in Physick. I hope this may pass for an Apology.

logy for my stumbling upon a *Paragon* at my first setting out, it being so considerable, and lying so directly in my way, that I could not get by without touching it.

### Apertent Ale.

Take Roots of Succory, Male-Fern, Liquorice, and the 5 opening Roots, each 2 Ounces; Harts-Tongue, Liverwort, Ground-Ivy, Tamarisk-Tops, each 2 Handfuls; Juniper-Berries, sweet Fennel-Seed, each 2 Ounces; Raisins of the Sun stoned, 8 Ounces; prepare these to be hanged in a Bag in 4 Gallons of Ale, to be fermented together.

The best way to fetch out the Faculties of most Ingredients is, to work the Ale together with them in it; for that now being run into a notable Pungency and Smartness, penetrates into their inmost Substance, and soaks it, and makes it soft; and then the gentle Intestine Motion of Fermentation knocking asunder their *Vincula* of Mixture, they naturally fall to Pieces, and separate into Parts; and those Parts are readily taken up into the Body of the circumambient *Mensurum*; and fill it according to its respective Congruity and Capacity.

But Scurvy-Grafs, and such-like Vegetables, whose Physical Force lieth in a very fugitive Salt, ought not to be put in till Fermentation be past, and then must be stopped up close.

It

It opens Obstructions, corrects torrid, acrid, salt Blood, and sends off its Recrements by Urine. It's serviceable after Fevers that have vitiated the Mass of Blood; as also in the hot Scurvy, Rickets, &c. The common Dose is 1 Pint twice a Day.

### Artbritic Ale.

Take Guaiacum, Sassafras, each 1 Ounce; Ground-Pine, Germander, each 2 Handfuls; boil in Wort (instead of Hops) from 6 to 4 Gallons; into which hang the following Bag of Ingredients, to ferment.

Take Roots of *Arens* half a Pound; *Hernandactyls* 4 Ounces; *Agrimony*, Sage, Betony, each 4 Handfuls; Dodder of Thyme, Stechas Flowers, each 2 Handfuls; Raisins stoned half a Pound; dispense according to Art.

*Guaiacum*, &c. give out their Vertue as willingly by Decoction, as Fermentation; and therefore they are first boil'd, and strain'd out again, that there may be the more room in the Vessel for the other Ingredients.

It's us'd with laudable Success in the Gout, Vagous Pains, Rheumarick Affections, the Dropsy, and Diseases caus'd by too much, and too sharp Serum, and from Relaxation of the Tone of the Parts: Let the Patient off with 1 Pint twice a Day.

## Astringent Ale.

Take Roots of Comfrey, Solomon's Seal, each 8 Ounces; boil them in 6 Gallons of very strong Wort to 4; strain it off, and when you run it up, pour into it Juice of Plantain and Yarrow, each 1 Pint; hang into it (in a Bag) Shepherd's Purse, Knot-Grass, Sanicle, Mouse-ear, each 4 Handfuls; Raisins stoned, 12 Ounces: Let all work together.

It gives Strength to the Blood, when its Compager is too lax, and soluble; conglutinates ruptur'd Vessels; is of singular Avail against Pain and Flux of the Hemorrhoids, all Sorts of Bleedings, the Whites, immoderate Swearing, and Ichorose Ulcers.

## Berry Ale.

Take Berries of Wild-Briar (dried and bruised) half a Pound; of Juniper 4 Ounces; of Holly and Ivy, Seeds also of Daucus and sweet Fennel, each 1 Ounce; Herbs of Marsh-mallows, Pellitory of the Wall, Cleavers, Golden Rod, each 4 Handfuls; Raisins half a Pound; dispense these for 4 Gallons.

It breaks off Wind, and cleanseth the Kidneys and Bladder from Slime and Gravel.

## Bitter Aromatic Ale.

Take dried Wormwood 4 Handfuls; Roots of Calamus Aromaticus 1 Ounce and half; Zedoary 2 Ounces; Spanish Angelica, Elecampane, Ginger,

Ginger, Galangale, Winters-Bark, Cinnamon, Seeds of Caraway and Coriander, each half an Ounce; Long-Pepper, Cubebs, Cardamum, Cloves, Mace, Nutmeg, each 2 Drains; prepare all for 4 Gallons.

Bitter and Aromatic Herbs ought to be gathered, to dry and keep, between Flower and Seed Time, that being the Season of their Perfection.

It warms a cold Stomach, and strengthens it when flaccid, assists Concoction, dissipates Wind, takes off Loathing, and stops Vomiting: Also it exalts the Blood, attenuates gross, and digests crude Juices, opens Obstructions, and furthereth Transpiration.

### 1. Cancer Ale.

Take Roots of Spanish Angelica, Burdock, Filipendula, each 4 Ounces; Elecampane 2 Ounces; Gentian, Virginia Snake-Root, each 1 Ounce; Herb Robert, Ragwort, Sage, each 4 Handfuls; Scordium, Rue, each 2 Handfuls; live Millepedes 1 Pint; crude Antimony (broken into small Pieces, and tied up in a Rag) 1 Pound; put these in a Bag for 4 Gallons.

N. B. This Ale must, by no means, be kept till stale and eager; and that not only upon the account of the Millepedes, whose volatile Salt will be destroyed by the Acid; but chiefly for the Sake of the Antimony, which when unlocked by an Acid, is very inclinable to turn Emetic.

B 4

Let

Let it serve for constant Drink for a Month together.

## 2. Cancer Ale.

Take Guaiacum 4 Ounces; Sassafras, Roots of Sarsaparil, Sharp-pointed Docks, Filipendula, Hounds-tongue, and Walnut-tree Rind, each 2 Ounces; Herb Robert, Archangel, each 4 Handfuls; Millepedes 1 Pint; dispense for 4 Gallons.

This may profitably be prescribed for Scrophulous People also, especially such as are of a coldish Constitution.

I have a thousand times observed (saith Syllus) that mild Alternatives are used to much more Advantage just before, after, or at Meals, than at any other times: For so the Vertue of the Medicine kindly mingles with, and insinuates itself into, not only the *Sanguis* in the Stomach; but also all the Humours that flow together into the Right Ventricle of the Heart, and all the Arteries, and Veins; and by that means the desired Emendation and Correction of them is the sooner and more easily and happily performed

## Cephalic Ale.

Take Shavings of Guaiacum and Sassafras, each 2 Ounces; boil them (instead of Hops) in small Wort from 6 Gallons to 4, into which hang the following Bag.

Take

Take Roots of Male-Piony 8 Ounces; Angelica 4 Ounces; Calamus Aromaticus, Galangale, each 2 Ounces; Herb Betony, Sage, Ground-Pine, white Horebound, each 4 Handfuls; Rue, Stechas-flowers, each 4 Handfuls; Juicy Orange-peel 2 Ounces; Juniper-berries, Cardanum, each 3 Ounces; prepare all according to Art.

It assists Chylification, and Sanguification; edulcorates the Serum of the Blood, corroborates the Brain; depurates the Spirits, extricates them from their ill-sorted Copula; and is of use in Soporose, Convulsive, and Paralytick Distempers.

### Chalybeate Ale,

Take Filings of Needles half a Pound; Roots of Bittersweet 1 Pound; mash them well together in a Marble Mortar, and put them into a Bag for 4 Gallons.

Thus a Physician of good Note was wont to order it; and to these may be added Saffras, Juniper-berries, each 2 Ounces, dried Worm-wood 2 Handfuls.

Let half a Pint be drank twice a day, with moderate Exercise, to mend the Poverty of the Blood, and break through Obstructions.

You may chalybeate any sort of Ale by this easy Process.

Take Filings of Steel 1 Pound; white Tartar, 4 Ounces; beat them in a (not Brass) Mortar, pouring on by little and little Juice of Lemons, as much as needful to bring it into a Mash; after

after it hath remained 12 hours, tie it up in a Rag, and put it (with the other Ingredients) into 4 Gallons; and let it all ferment together.

### Chlorotic Ale.

Take Guaiacum, Sassafras, each 2 Ounces; Roots of Madder, Smallage, Butchers-Broom, Zedotry, each 4 Ounces; Herb-Motberwort, Penny-royal, Mugwort, each 4 Handfuls; Ferwert 2 Handfuls; Thyme Dittany of Creer, each 1 Handful; Daucus-seed 3 Ounces; Grains of Paradise 1 Ounce; Filings of Steel (tied up in a Rag) 1 Pound; make a Bag for 4 Gallons.

When the Fermentation of the Blood is grown low and languishing, this rouzeth it up again afresh; concocts and incides crude, and pituitose Juices; opens Obstructions, procures a good Habit of Body, and a fresh Colour. Let those that lie under a *Chlorosis* make use of it for their ordinary Drink.

### Daucus Ale.

Take Daucus-Seed 6 Ounces; Raisins 14 Ounces; put them into a Bag for 4 Gallons.

This is the Proportion given by Mr. Boyle. It cleanses the Reins and Ureters, expells Gravel and Sand, and prevents the Breeding of the Stone.

It hath such a marvelous Diuretick Faculty, that I know a Gentleman, who having drank it for ordinary Drink a great many Years, at length fell into a Diabetes; and upon

# A D A E 11

upon leaving it off for that reason, grew perfectly well again, and so remained at the Time when I wrote this, tho' he then was about 94 Years old; and it's a common thing for very aged Persons to be not able to hold their Water.

## Diuretic Ale.

*Take whole Mustard-Seed 4 Ounces; put it into a Quart of Ale; after 3 or 4 Days begin it; and ever as you pour out a Glass, keep it filled up with fresh Ale; thus do as long as the Seed bath any Strength in it.*

It attenuates pituitose, fizy Blood; dissolves its close Texture, and renders it fit to shed off its Serum. Also it detergeth the Urinary Pipes, irritateth the *Papillæ* and Pelvis of the Reins, provoketh them to stir and squeeze, and perform the Work of Percolation. Thus it moves Urine powerfully beyond Expectation, and is convenient in the Dropsy, Gravel, Scurvy, Palsy.

## Epileptic Ale.

*Take Male-Piony Roots fresh gathered, 4 Ounces; Peacocks-Dung half a Pound; Raisins 12 Ounces; prepare for a Bag for 2 Gallons.*

It's held a Specific against an Epilepsy, and Vertigo.

Peacocks Dung is of two distinct Parts; one dark-coloured and chaffy, which con-

consists of the undigestible Relicks of the Food, and is good for nothing; the other white and uniform, which being the Recrement of the Blood, thrown off in the last Digestion, and enriched with Volatile Salt, is the only Part that hath Vertue in it.

### Hydropic Ale.

Take Broom Asbes (sifted from the Coals) half a Pound; Roots of Horse-Radish 4 Ounces; Orris, Calamus Aromaticus, Elecampane, each 2 Ounces; Guttaicum, Sassafras, Juniper-berries, Daucus-seed, each 1 Ounce; Mustard-seed, 2 Ounces: Prepare all for 4 Gallons.

By assisting Concoction, melting down the gelly'd *Lympha*, removing Obstructions, and provoking Urine, it wonderfully relieves those that labour under an *Anasarca*; but as for the Dropsy call'd *Ascites*, and where the Lymphatick Vessels are burst, I am of opinion, in these Cases, 'twill do more Hurt than Good.

### Hysteric Ale.

Take Chips of Box Wood (which the Turners make) half a Pound; Mistletoe minc'd pretty small, 4 Handfuls; boil these in 6 Gallons of new Wort to 4; and when you tun it up, hang it into the following Ingredients.

Take fresh Male-Piony Roots half a Pound; white Briony 4 Ounces; Herbs, Mugwort, Balm, each 6 Handfuls; Pennyroyal, Rue, each

each 2 Handfuls; Seeds of Daucus, Angelica, (or of wild Parsnip) each 2 Ounces; Filings of Tin, (tied up in a Rag) half a Pound; dispense all for a Bag.

Women obnoxious to Vapours, should make it their constant Drink; or at least take it 3 times a day for a good while.

### Æteric Ale.

Take Shavings of Ivory 1 Ounce; white Horehound 4 Handfuls; boil in 6 Gallons of new Wort to 4; into which hang the under-written Ingredients in a Bag.

Take Roots of sharp-pointed Dock half a Pound; Turmeric, Madder, each 2 Ounces; of Nettles 4 Ounces; Herbs of Celandine, Cleavers, Strawberries (Leaves and Roots) Barberry-rinds, each 4 Handfuls; fresh Sheep's Dung (ty'd up in a Rag) 4 Ounces; live Millepedes 1 Pint; Filings of Steel 1 Pound: Prepare all fit for Use.

It enriches and exalts poor watery Blood, corrects crude Juices, freeth the Livor from Obstructions, and cureth Cachectic and Icteric Persons.

### Juniper Ale.

Take Juniper-Berries (well bruised and broken) 4 Ounces; Raisins half a Pound; mix for 4 Gallons.

It's very grateful both to the Palate and Stomach, breaks off Wind, cleanseth the Reins,

Reins, washeth out Gravel and Sand; healeth the fore and tender Passages, and is highly available for such as are troubled with Stone or Spleen.

### Pectoral Ale.

Take Roots of China 4 Ounces; Sarsa, Comfrey, Liquorice, each 2 Ounces; Orris, Elecampane, each 1 Ounce; Shavings of Ivory, Hartshorn, Sanders yellow and red, each half an Ounce; Herbs Harts-tongue, Wall Rue, Ground Ivy, Scabious, each 4 Handfuls; Aniseed 2 Ounces; Raisins half a Pound: Prepare all for 4 Gallons.

It may be made Cock-Ale, by adding a Cock parboil'd, bruis'd and cut into pieces.

It sweetens the Acrimony of the Blood and Humours, incides clammy Phlegm, facilitates Expectoration, invigorates the Lungs, supplies soft Nourishment, and is very profitable even in a Consumption itself, if not too far gone.

### Purging Ale.

Take Roots of Sharp-pointed Dock 12 Ounces; Polypodium 4 Ounces; Horse-Radish 2 Ounces; Herbs, Ground-Ivy, Water-Cresses, Brook-Lime, Scurvy-Grass, each 2 Handfuls; Sassafras, Juniper-Berries, Coriander-Seeds, Liquorice, each 1 Ounce; Senna 4 Ounces; Raisins half a Pound: Make all these fit to put into 4 Gallons. To these may be added, Rhubarb 2 Ounces.

Those

Those that are Scorbutick, Cachectic, and abound with Humours, and Feculencies, may drink a Pint of it (more or less) every Morn in the Spring for a Week or two, with good Advantage.

*Le Mort* tells us, that Purging Drinks purge little or nothing, if kept till stale and sour.

#### Purging Ale with Antimony.

Take Roots of sharp-pointed Dock 8 Ounces; Polypodium, Elecampane, each 4 Ounces; Sanders yellow and red, Juniper-Berries, each 2 Ounces; Caraway-seeds 1 Ounce; Herbs, Scabious 8 Handfuls; Liver-wort, Agrimony, each 4 Handfuls; Senna 4 Ounces; Rhubarb half an Ounce; Agaric 1 Ounce; Crude Antimony (grossly bruised, and tied up in a Rag) 1 Pound; dispense for a Bag for 4 Gallons, to which (when in the Vessel) add Juice of Fumitory 1 Pint; ferment all together.

For the Itch, and all Cutaneous Maladies.

#### Purging Hydopick Ale.

Take Roots of common Flower-de-Luce 4 Ounces; Horse-Radish 2 Ounces; Elecampane, Squills, each 1 Ounce; Mustard-Seed, Juniper-Berries, Sassafras, each 2 Ounces; Winters Cinnamon half an Ounce; inner Rind of Elder, and dwarf Elder, each 2 Ounces; Sen- na 4 Ounces; Black Hellebore Root, Jalap, Agaric, each half an Ounce; dispense for 4 Gallons.

It

It contains Ingredients (besides the Catharticks) of subtle Parts, which reiterate Obstructions, and force Urine. It's exactly suited for the Cure of a Dropsy, and is to be drank every Morning, from half a Pint to a Pint.

#### Purgings Ale for Children.

*Take fine Rhubarb (cut into thin Slices) 2 Drams; Liquorice, Anniseed, each 2 Scruples; Raisins stoned and stoned 30 or 40: Put them into a glass Bottle of Ale holding a Quart.*

It purgeth kindly, without Gripes or Sickness, takes off the Slipperiness of the Ventricle and Intestines, and leaves them stronger than before. It's a mortal Enemy to Worms; and is given to 2 Ounces more or less, and to very young Children in proportion.

#### Ricket Ale.

*Take Roots of Osmond Royal, (or for want of it, Male-Fern) Liquorice, Sassafras, each 1 Ounce; Bark of Ash and Ivy, each half an Ounce; Tamarisk-tops, Harts-Tongue, each 4 Handfuls; live Woodlice 250, Raisins 4 Ounces; prepare all for 1 Gallon.*

It may well go for a Specific in this Distemper, and should be drunk for constant Drink.

True Rickets are seldom rife, but in those Years when Autumnal Agues reign: Which is worth observing, saith Sydenham. The Rickets were scarce heard of till the Year

1630, and I were not mentioned in the Bills of Mortality, till 1634, and then but 14 for that whole Year, from which time they increase'd, so as to be 52 in the Year 1660; and now they are decreas'd again; and perhaps may in some Years (like a Comet) quite disappear.

### An Ephemery Scorbutic Ale.

Take middling Ale 1 Quart; Spirit of Scurvy-Grass 2 Drams; Juniper-bewies 1 Dram; sweet Fennel-Seed, Liquorice, each half a Dram; Raisins 2 Drams; keep it in a glass Bottle. To these may be added Horse-Radish Root 2 Scruples; Winters Cinnamon 4 Scruples.

You may make as many and as few as you please, at a time, so as to have them fresh one under another.

It's in Vertues much one with the warm Scorbutic Ale, easilier prepar'd, but perhaps something inferiour in Vertue.

### A Sweetning Scorbutick Ale.

Take Pine (or Fir) Tops cut 4 Handfuls; boil them in 5 Gallons of very strong Wort to 3 Gallons and a half; when it's turn'd up, pour into it the Juices of Brooklime, Water-Cresses, Dandelion, Cleavers, each one Pint; also bang into it the following Bag of Ingredients, and work all together.

Take Roots of Sharp-pointed Dock 4 Ounces; Sassa, China, Juniper-berries, each 2 Ounces; Sha-

ings of Sanders yellow and red, Harts-born,  
 Livers, Liqueurice, Sweet Fennel-Seed, each 1  
 Ounce; Harts-Tongue, Liverwort, Agrimo-  
 ny, Ground-Ivy, each 2 Handfuls; Crude  
 Antimony 1 Pound; prepare all rightly.

It brings adust, fervid Blood to a Temper, re-  
 quieteth it when in a furious Perment, re-  
 frigerateth the Hypochondria when enraged,  
 and restraineth the Ebullition and inordinate  
 Zéacis of the Vaporous Blood and Humours  
 therein. It in a singular manner respects the  
 hot Scurvy, and Hypochondriac Affections:  
 And is to be used for constant Drink.

### Warm Scorbutic Ale.

Take Roots of Sharp-pointed Dock half a  
 Pound; Horse-Radish 2 Ounces; Guaiacum 4  
 Ounces; Juniper-Berries, Orange-Peel, each 1  
 Ounce; Winters Bark, Mustard-Seed, long  
 Pepper, Cloves, each 2 Drams; Raisins 4 Oun-  
 ces; Scurvy-Grass, Brook-lime, Water-Cresses,  
 Cleavers, each 4 Handfuls: Prepare all for 4  
 Gallons.

It concocts Scorbutick Crudity, dissolves  
 Saline Concretions, washes away Pituitose  
 Feculencies, restores due Mixture to the Blood,  
 makes it to circulate freely through the mi-  
 nutest Passages, and is suited to such as are of  
 a cool Constitution.

### Ale against Scrophulæ.

Take Chips of Guaiacum, Sassafras, Walnut-  
 Tree

Tree rinds, Roots of Sharp-pointed Dock, Filipendula and Hounds-tongue, each 2 Ounces; Herb Robert, Arch-Angel, each 4 Handfuls; Raisins of the Sun Stoned 1 Pound; live Milpeper 1 Pint: Prepare all for 4 Gallons.

It's good against a Cancer, and Cutaneous Affections; but singularly and specifically respects the King's Evil.

### Splanchnic Ale.

Take Guaiacum, Sassafras, each 2 Ounces; boil them in Water 1 Gallon to 2 Quarts; put the strained Liquor into a Cask with new strong Ale 3 Gallons and a half; and hang a Bag into it with the following Ingredients to work together.

Take Roots of Sharp-pointed Dock 8 Ounces; Horse-Radish 4 Ounces; Ash-tree Bark 2 Ounces; Juniper-berries 1 Ounce; Seeds of Daucus and Coriander, each half an Ounce; Agrimony, Livortwort, Harts-Tongue, Tamarisk tops, each 4 Handfuls: Prepare all to be put into a Bag.

It removes Atrabilarious Humours stagnating in the Viscera, and causes them to be absorb'd by the Circulating Mass: It openeth the Obstructions, and dissolveth the Tumours of the Spleen, quieteth and suppresseth Convulsive Corrugations of the Fibres; and upon these accounts, admirably relieveth Hypochondriac Persons, if they continue its Use as Daily Drink for a long time.

## Spice Ale.

Take Barks of Tamarisk 4 Ounces; of Cas-  
pers and Ash-tree, Woods of Guaiacum, Sassa-  
fras, each 1 Ounce; Herbs of Agrimony 4  
Handfuls; Wormwood, Dodder, each 2 Hand-  
fuls; cut and boil these in 8 Gallons of new  
Ale to 4 Gallons, into which hang Filings of  
Needles half a Pound; Crude Antimony 4  
Ounces.

When it hath fermented enough, and is  
become clear, give half a Pint twice a Day.

## Ale of the Woods.

Take Guaiacum, Sassafras, each 2 Ounces;  
yellow and red Sanders, Ivory, Hartshorn, Sar-  
sa and China, each 1 Ounce; Liquorice, Anni-  
seed, Juniper-berries, each 2 Ounces; Raisins  
half a Pound; Antimony (broken into small  
Pieces, and tied up in a Rag) 1 Pound: Prepare  
all for 4 Gallons.

It warmeth and drieth: Concocteth Crude,  
attenuateth Gross, incideth Viscid, abstergeth  
Clammy, and disperseth Watery Humours.  
Also it increaseth Perspiration, and is very  
proper and fit in any Cold, Puitose and  
Rheumatick Malady: As also in Serous, OE-  
dematose Tumours, and running Ulcers.

## An Aromatick Bag.

Take Cinnamon, Nutmeg, each half an  
Ounce; Mace, Cloves, each 2 Drams; Powder  
all

all together grossly, and sew up in a round Bag.  
To these may conveniently be added dry'd Spéar-  
mint 2 Handfuls; Wormwood half a Handful.

This being heated hot upon a Warming-  
Pan Pld, and so sprinkled with Canary or  
Claret, and so applyed to the Stomach, resus-  
citates natural Heat, helps Appetite and  
Digestion, and stops Vomiting.

### A Cummin Bag.

Take Seeds of Cummin, Gromwel, each 2  
Ounces; Nigella 2 Drams; Bay Salt 6 Drams;  
prepare for a Bag, which heat hot, and rub  
the Head with, and lay it hot upon the top of  
the Head.

It's useful against a Cattarrh, Tumour of  
the Amygdals, Relaxation of the Uvula, and  
Inflammation of the Throat.

Fernelius saith, Besides Serum within the  
Cranium, there's other Excrement gathered  
in the external Parts of the Head; especially  
under the Cutis of the Vertex, where the Ves-  
sels have their Extremities: For when they  
grow Turgid with too much Serum or other  
Humour, they shed forth under the Skin  
that which they cannot carry off, and there it  
remains, because the Thickness and Closeness  
of the Cutis permits it not to evaporate. And  
there's sometimes so great a Collection here,  
that it causeth a soft Swelling, that manifest-  
ly heaves off the Pericranium from the Crani-  
um. This is assuredly the Source, this the

Matter of all external Diffillation, which I marvel none of the Ancients observ'd. Hence Rheums fall into the Eyes, Cheeks, Teeth, Neck, Shoulder-blades, Sides, Back, Loins, Hips, Thighs, and all the Joints: And this is found to be the Cause of almost every external Pain. This being a singular Opinion of *Frenelius*, *Carolus Piso de colluvie serosa*, deserves reading. I quote it that others may consider of it.

### A Bag for the Side.

Take Bay-berries, Seeds of Cummin, Fenugreek, and Camomile Flowers, each 1 Handful; Bran, Salt, each 2 Handfuls; This may serve to put into 2 Bags.

Let these be made hot, and applied alternately to the Side, when outwardly pained, But if there be bloody Spitting, we must beware of hot Applications.

### A Bag for the Stomach.

Take dry'd Mint half an Ounce; Wormwood, Thyme, Red Rose Flowers, each 2 Drams; Balauſines, Spaniſh Angelica Root, Caraway-Seed, Nutmeg, Mace, Cloves, each 1 Dram; make a coarse Powder for a Bag.

It serves for the same Uses with the Stomach Fomentation, and is to be dipp'd in rough red Wine scalding hot, and apply'd,

### A Bag for Relaxation of the Throat.

Take Cummin Seed 2 Ounces; Ornis, ylong Pepper, each half an Ounce; make a gross Powder for a Bag.

It's to be laid upon the Top of the Head. See the Cephalick Liment.

### Arthritick Balsam.

Take Oil Olive 8 Ounces, Oil of Vitriol (which must be well rectified) 2 Ounces; mix these in a Glass Mortar.

Schroder mentioneth something like this of Adept's Humanus and Spirit of Vitriol. Book 5. Chap. 1.

### Balsam called Strabille.

Take Frankincense 2 Ounces; Mastick, Cloves, Galingale, Mace, Cubebs, each half an Ounce; Aloes Wood 1 Ounce; powder and mix them with Honey half a Pound; Venice Turpentine 1 Pound, and Brandy as much as is usually required to extract a Tincture. Distill them in Balneo; and when you have got all the clear Water, shift your Receiver, and then you'll have next a noble red Balsam, which rectify.

This was communicated to me by a French Physician, who recommended it thus: A few Drops applied, cures all curable Wounds in 24 Hours, and old Ulcers, Fistula's, Cancers, Wolf in the Breast, *Noli me tangere* in 15 Days, using it daily. It's good also a-

gainst

gainst Carbuncles, and extinguishesthem  
in 3 Hours: One Drop dropp'd into the Eye  
every third Day, heals all Maladies of the  
Eyes. 'Tis to be given inwardly from 5 to  
10 Drops for all Bruises, inward Bleedings,  
Consumptions, and Nervous Affections.  
Thus Travellers will talk; but 'tis Experi-  
ence and Reason that must teach.

### **Pephytic Balsam,**

*Take Oil of Sweet Almonds new drawn 4  
Ounces; Oil of white Poppy and Linseed new  
drawn, each 2 Ounces; Oil of Nutmegs by Ex-  
pression half an Ounce; Oil of Petre 5 Drams;  
Balsam of Capivy 6 Drams; Balsam of Peru  
2 Drams; Oil of Juniper 4 Scruples; Oil of  
Anniseed 1 Dram; Oil of Vitriol rectify'd 1  
Ounce; Camphire 2 Scruples.*

Work them about in a large Glas Mor-  
tar till they are very hot, and grow black;  
when they are cool again, digest in *Balneo*  
2 Days, often shaking them; and so put the  
Balsam up to keep for Use.

But these may be sooner mix'd, by first  
heating the Oils a little in *Balneo* till they  
are united; and then while it is so, adding  
the Oil of Vitriol Drop by Drop, and stir-  
ring till all are embodied together.

This most excellent Balsam is found to be  
very effectual in Pains of the Kidneys; for  
it sets open their Sluices, makes the Ureters  
slippery, provokes Urine, and moves the  
Stone:

Stone: Also it cures the Maladies of the Chest; for it helps Expectoration, and stops a Cough.

Its Dose is from 10 to 40 Drops, in Syrup of Marsh-mallows, or pectoral Decoction.

### Scheffer's Balsam.

Take *Volatiles*, Salt of *Harts-horn*, and of *Sal Armoniack*, each 1 Dram; *Chymical Oil* of *Mate* 1 Scruple; highly rectify'd Spirit of *Wine* 1 Ounce; digest according to Art.

It's a Sort of *Sal Volatile Oleosum*, to be dosed from 20 to 30 Drops, and taken in a Vehicle suitable to the Intention; against Pituitose Distempers of the Brain and Nerves; Stupping and Heaviness of the Head by a Cold, Palsy: As also against Palpitation of the Heart, Hypochondriac and Hysteric Affections. In a word, it may be useful wherever volatile enlivening Salts are indicated.

### A Balsamic Bolus.

Take *Conserve of Red Roses*, *Lucatellus's Balsam*, each half a Dram; *Balsam of Peru* 3 Drops; mix.

It's a prevailing Medicine against an inveterate Cough, and recent Consumption; Spitting of Blood, Dysentery, Contusion; and wheresoever the Vessels being opened, or broken, bleed inwardly.

## A Bolus for a Bruise.

Take Sperma Ceti 1 Scruple; Salt of Hartshorn's Grains; Balsam of Peru 5 Drops; Venice Treacle half a Dram; Syrup of Meconium, as much as needful, to make it up with.

It dissolves clotted Blood, and heals internal Wounds, provokes Sweat and Urine, is very good for Women after Labour; let those that have caught a Bruise take it three times a Day, after Bleeding.

For Bruises, Dr. Sydenham bleeds and purges, by turns, each other Day, till the Party find himself pretty easy and well: And I judge it a rational Practice, though not found in other Authors; for Bleeding prevents a Fever, and sucks out of the Part whatsoever can be absorbed into the Veins. And Purging carrieth off such Humours, as would otherwise settle in the weak Part, and cause Pain and Swelling.

## A Bolus of Cassia.

Take Pulp of Cassia fresh drawn 6 Drams; Venice Turpentine (washed in Parsly Water) 3 Drams; Powder of Rhenbarb 1 Scruple; Powder of Liquorice, as much as wants, to make it of a due Consistence.

It's prescribed in Case of Gravel, and in a Gonorrhoea.

A Cha-

*A Chalybeate Bolus*

Take Myrsich's Tincture of Mans half a Scruple; Balm of Gilead 6 Drops; Conserve of Roses 1 Drachm mix.

In Failure of Appetite, Languishing and Wasting of Flesh (where there is no Hectick Fever) it's to be given once or twice a Day for a Month together.

*A Cordial Bolus*

Take Powder of Crabs Claws compound, Goa Stone, each half a Scruple; powdered Saffron 5 Grains; make it up with Confection Alkermes.

It forceth Sweat, and at the same time gives Strength to bear it; for it recreates the languishing Spirits, and is a fine Cordial. It's of excellent and frequent Use in continual Fevers, where the Spirits are (from the beginning) struck as with Malignity; the Strength strangely failing, the Pulse low, the Urine pale, and Heat not much increased.

It's to be taken from every 12 to every 2 Hours, till it be found that Nature riseth; and when that Point is once gain'd, it must not be over-done, but left off again by Degrees, according as the present Case requires. For in such a Fever, it's necessary that a Physician give constant Attendance to make due Observation, and strike his Blows right.

*A Com-*

A Common purging Bolus.

Take powder'd Jalap from 1 Scruple to half a Dram; Scammony powder'd from 3 Grains to 8; Calomel 15 Grains; Oil of Anniseed 1 Drop; Tenuive Elethuary, as much as is fit, to make it up with.

By increasing or diminishing the Jalap and Scammony, it's to be made stronger or weaker, according as the present Constitution requireth: It worketh pretty smartly; and therefore purgeth not only what lieth loose in the Ventricle and Intestines, but other Humours likewise, from the Bileous and Pandreatick Passages, and especially from the Glands of the Guts.

A Sudorifick Bolus.

Take powder'd Virginia Snake-Root 15 Grains; Venice Treacle half a Dram; Oil of Nutmegs 15 Drops; Liquid Laudanum 15 Drops; Diacodium, as much as wanting, to make it up with.

It's an egregious powerful Sudorific, and we have few comparable to it. It's one of the highest Alexipharmacs, and a great Medicine in malignant Fevers, especially when attended with a Diarrhoea. Besides all this, it's also Stomachic, Cardiac, and Hysteric,

A Bolus

## A Worm Bolus.

Take running Mercury well cleansed 1 Dram;  
grind it in a Glass Mortar, with brown Sugar,  
2 Drams, till its Particles are so finely di-  
vided, as to be invisible; towards the last  
dropping in 2 Drops of Oil of sweet Almonds,  
to which add powdered Scammony, from 4  
Grains to 10; and with Syrup of Succory with  
Rhubarb, reduce it into a Bolus.

It looks like a most noble Medicine: But  
I'll ingenuously confess, I never prescrib'd it  
myself, nor knew it prescrib'd by any other.  
'Twas communicated to me; and I commu-  
nicate it again.

## A Pellow Bolus.

Take Rhubarb (not toasted, but grated fine)  
from 1 Scruple to 2; Oil of Cinnamon 1 Drop;  
Discoordium sufficient to make it up.

It's a most efficacious Remedy in a Diar-  
rhoea, to be given (if the Diarrhoea be not  
much) at Night, otherwise early in the  
Morning, and may be repeated, according  
as the Case shall require. See the Compound  
Infusion of Rhubarb.

## Cock Wrench.

Take candy'd Eryngo Roots 2 Ounces; Roots  
of China, Scorzoneræ, Currants and Dates, each  
1 Ounce; Shavings of Hartshorn and Ivory,  
each half an Ounce; the four greater cold Seeds,  
each

each 2 Drams; Maiden Hair 2 Handfuls; the bottom of a stale white Loaf; a Cock; (pick'd, drawn and well bruised, so as the Bones may be broken) boil all these in Barly Water, from 3 Quarts to 3 Pints; then having strain'd it, add Canary 1 Pint; Electuary of Sassafras, Juice of Kermes, each half an Ounce; Syrup of Balsam, as much as sufficeth: Mix them.

### Consummate Broth.

Take a Capon (pick'd, drawn, and cut into Pieces) Sheeps Trotters, and Calves Feet, each 4; Sharvings of Hartshorn and Ivory, each half an Ounce; yellow Sanders 3 Drams; Dates 20; Raisins of the Sun stoned 4 Ounces; Pearl Barly 1 Ounce; boil these in Spring Water 1 Gallon to 2 Quarts, adding, when it's almost boil'd enough, Ox-Eye Flowers dried, Herbs of Colts Foot, Maiden Hair, Sage of Jerusalem, each 1 Handful; Mace 2 Blades; 1 Nutmeg, Malaga Sack 1 Pint; strain it out.

It's a commodious Prescription for those that are sickly, consumptive, and recovering out of some long, wasting Distemper; where Strength failing, rich Nourishment is requir'd, and yet the Stomach is not able to concoct solid Food; for it's digested with little Trouble, assimilated without Effervescence, easily distributed, soon agglutinated, and not presently dissipated by the Heat of the Body. Moreover, it yields such a soft, kindly, rorid and glutinous Juice, that

that it qualifies the saline, hard, pricking, fermenting Particles of the Blood; and so obfuscates, and mollifies and restrains their impetuous Torrent in the small Canals, that they cannot (by rushing and rubbing through) prey upon, and carry off the Substance of the solid Parts. A large Draught may be allowed twice or thrice a Day.

### Broth for a Consumption.

Take Conserve of Red Roses 4 Ounces; Comfrey Root 2 Ounces; Shavings of Hartshorn 1 Ounce; Maiden Hair 1 Handful; Sage of Jerualem 2 Handfuls; Plantain half a Handful; Raisins of the Sun 2 Ounces; Dates 4; Boil these together with a Chicken the Crag End of a Neck of Mutton, and three Ounces of Manchet in a sufficient quantity of Spring Water; and then strain it, and when it's cold take off the Fat.

Let the Sick drink a Porringer full, two or three times a Day.

### 1. Broth of Crayfish.

Take 100 Crayfish, having pounded them alive in a Mortar, boil them in 2 Quarts of Water to 1 Quart and half a Pint, adding towards the last 2 Blades of Mace, 1 Nutmeg sliced, and old Malaga half a Pint; strain it, and let the Patient sup up a Draught of it twice a Day.

### 2. Broth

## 2. Broth of Crayfish.

Take the Tails of 20 Crayfish; Candied Eryngo roots 1 Ounce; the bottom of a white Loaf; Raisins stoned 2 Ounces; Liquorice 3 Drams; boil these in 3 Pints of Water to 1 Quart; and strain it.

Let 4 or 6 Ounces be taken, three times a Day. After the same manner may be made Broth of Snails.

There's so great an Edulcorating Vertue in Crayfish, Crabs and Lobsters, that they manifestly obtund the Acidity of Vinegar itself, when put into a Sawcer of it. And being received into our Bodies, wonderfully take off the bitter Pains of the Strangury: And in a Hectick Fever and Atrophy thence arising, where the Mass of Blood (being deprived of its Nourishing, Kindly, Sweet and Oleose Juice, and being grown Eager) flushes, flies, ferments, and furnishes out a poor little Provision of Aliment, and that deprav'd too; these sort of Broths are found exceeding useful. Some hold also, that they are good to prevent Abortion.

## Purging Cakes.

Take Sweet Almonds blanch'd 6 Drams; powder'd Jalap-root 3 Drams; Rosin of Jalap half a Dram; fine Sugar 10 Drams; Oil of Cinnamon 3 Drops; with Mucilage of Gum Tragacanth; make it up into little Cakes for 6 Doses.

## A Cataplasim with Apples.

Take of the Pulp of baked or roasted Sweet Apples 1 Ounce; white Bread boiled in Milk, and gently expressed half an Ounce; the White of one Egg well beaten up; Rases his white Troches powdered 2 Drams; mix; if it want Thickening, add white Starch as much as needful.

It asswageth Inflammatory Pains of the Eye.

## A Cataplasim of Bitters.

Take Venice Treacle, Lupine Meal, each 3 Drams; Wormseed 1 Dram and a half; Species of Hiera Picra half a Dram; Chymical Oil of Wormwood 16 Drops; Juice of Tansey, enough to embody it; mix.

Apply it to the Navel, against Worms in Children: See the Bitter Fomentation.

## A Cataplasim with Cassia.

Take Pulp of Cassia 1 Ounce; Elder Ointment 2 Ounces; Sperma Ceti half an Ounce; Powder'd Agaric 1 Dram and a half; mix all into a Cataplasim.

'Twas given me for an extraordinary Remedy, and a great Secret against a Quinssey.

## A Cataplasim with Cummin.

Take Onions roasted under the Embers 1 Ounce and a half; Saffron clipt small with Scissors 15 Grains; Oil of Amber 12 Drops; powdered

*der'd Cummin Seed, Ointment of Marsh Mal-  
lows, each 3 Drams; mix.*

It's very available in Pains of the Ears; ought to be put on hot as can be endur'd, and renew'd every four Hours, as long as the Pain continueth.

Some are mightily against putting Opium into the Ears, for fear it relax the Tone, and cause Deafness; For my part, I have had no great Experience of it myself, but don't think it's likely to do so.

### A Cataplasm of Eggs.

*Take Yolks of Eggs boil'd hard 4; Oil of Amber 2 Scruples; Linseed Oil as much as needful; mix them well in a Mortar.*

It's for the Piles when swell'd and painful.

### A Cataplasm with Elder.

*Take green Leaves (or, in the Winter-time, inner Bark) of Elder 4 Ounces; cut and boil them in Milk till soft; strain away the Milk, and to the Mass add soft Soap 1 Ounce; spread it upon a double Cloth; strew it with Ceruse, and apply it warm.*

It wonderfully qualifies Saint Anthony's Fire.

### A Cataplasm for the Feet.

*Take Venice Treacle 2 Ounces; Mustard-Seed, Grains of Paradise, each 1 Ounce and half;*

*half; Bay Salt 1 Ounce; black Soap 2 Ounces; Oil of Spike 2 Scruples; Vinegar a quantity sufficient; mix all.*

That I may practically explain (according to my Notions) the several Kinds, Manner of Operation, and rational Use of Applications to the Feet; I say they act,

I. By impressing a brisk Touch on the Soles of the Feet; and the *Cutis* there being exquisitely sensible, the Force of the Medicine is thence deriv'd on, to the Minute Fibres, Membranes, Nerves, Brain and Spirits, and so very readily to the Heart, Arteries and Blood. Of this kind, there are two sorts.

1. Those that are by Nature Quieting, and made actually Hot, as the *Lotion for the Feet*, (which see) and they are used properly, when the Blood being in an high Ebullition, circulateth unequally, and rusheth impetuously into the superiour Parts: As in burning hot Head-Aches and Watchings.

2. Those that are Acrid, Stimulating as the *Cataplasms of Herrings*, and of *Radish*: And they are indicated when the Spirits being oppressed (but not exhausted and vanquish'd) grow stupid and sluggish, as in Soporose Cases.

II. They act (not upon the Feet primarily, but) on the Spirits, by an immediate Contact of Particles sent off into the Blood. They are of two sorts likewise.

D 2

1. Such

1. Such as rouse up and expand, as Treacle, Garlick, Mustard, Euphorbium, &c. And these are requir'd where the Spirits are spent, and languish so extremely, that not being able to make good their Continuity and even Expansion, they fall into Startings, Tremblings and Stoppings, as in Fevers, with Twitchings of the Tendons, and swooning Fitts.

2. Such as pacify the enraged Spirits, as Pigeons and Chickens slit open alive, Lambs Lungs, &c. warm. And we use these, when the Spirits being vehemently irritated, fly into Explofions; as in pertinacious Watchings, Phrenzies, and Convulsions in Fevers.

### A Cataplasim with Fullers Earth.

*Take Crum of white Bread 4 Ounces; white Poppy-seed bruisd 2 Ounces; Boil in Milk; strain away the clear; to the remainder, add powder'd Fullers-Earth, Oil of Roses, each 2 Ounces; Oil of Mace by Expression 1 Dram; Camphire 1 Scruple; mix.*

Shave the Head, and apply this when the Pericranium (being over-heated and almost inflamed) exciteth Watching and Phrenzy.

But when the Cause lieth wholly inward, and the Brain itself is affected, I can hardly conceive how it's possible for outward Applications

cations to have any considerable Operation through the *Cranium* and *Meninges*.

### A Cataplasm of Herrings.

*Take white Briony Root new digged up, (or if it be dried, then the Powder of it) 2 Ounces; black Soap 3 Ounces; Pickled Herrings (or Anchovies) 4 Ounces; Salt 1 Ounce and half; mix.*

It's to be bound to the Soles of the Feet, and changed every 12 Hours, and is chiefly used where the Febrile Matter assaulting the Head, and oppressing the Spirits, causeth a Stupor or Sleepiness.

### An Hydropic Cataplasm.

*Take fresh made Cow-Dung 2 Pound; white Briony Root green gathered 1 Pound; Bay-berries half a Pound; Cummin-seed, Flower of Sulphur, of each 4 Ounces; with Lime Water (or strong Lixivium) make a Cataplasm, adding Hogs Lard 4 Ounces.*

### A Cataplasm with Juices.

*Take Juices of Onions, Parsly, Smallage, Fennel, each 2 Ounces; Crum of white Bread as much as will take it up; beat and mix in a Mortar.*

This is to help off Urine when it stops. Let it be applied to the *Regio Pubis*, if the Cause be in the Bladder, or down athwart the Belly, if a Gravely Stone slipping down, and

and stopping by the way, have plugg'd up the Passage. See the *Diuretick Fomentation*.

### A Lateral Cataplasim.

*Take Meal of Linseed 8 Ounces; Fenugreek, Cummin, each 4 Ounces; Honey 2 Ounces; Linseed Oil as much as requisite; mix all in a Mortar.*

It appeaseth Pain, wonderfully penetrates and discusses, hath its Use in a Pleurisy, especially if it lie outward.

It's a remarkable Observation of *Wallaus*, that Butter and Cummin-seed laid to the Breast, may be tasted in the Mouth.

### A Cataplasim with Oxyg.

*Take Orris Powder 1 Ounce; Honey 3 Ounces, or as much as serves; mix all.*

It's profitable in a Quinsey, pituitous Affections of the Breast, and external Pain of the Side.

### A Cataplasim with Poppy.

*Take red Roses dried and cut small 4 Scruples; white Poppy-seeds bruised, Oil of Roses, each half an Ounce; Barley-Meal 1 Ounce; Vinegar enough to temper it into a Consistence.*

It being Refrigerating, Restricting and Anodyne, is good to be applied (lukewarm) to the Forehead, in a pulsing Sort of Head-Ach.

A Ca-

## A Cataplasim in a Quinssey.

Take Figs 4 Ounces; Album Græcum half an Ounce; Flower of Sulphur, long Pepper, each 1 Dram; Brandy 2 Ounces; Chymical Oil of Wormwood 16 Drops; Diacodium as much as will serve; beat all in a Mortar till well mixt. To these may be added Swallows, or Pigeons Dung; lay it to the Throat, from Ear to Ear, and renew it as often as it drieth.

Altho' a Quinssey be an Inflammation, and Repellers mostly have place in the very Beginnings of Inflammations; yet, in this Case, they are by all means to be avoided, because the Part affected being full of Salivary Glands, if by refrigerating and repelling Things wrongly applied, the *Saliva* be thickned, the Tone of the Part debilitated, the Obstructions increas'd and render'd more difficult, it cannot otherwise be, but that the Sick must be suffocated.

Now in this Distemper, the main Scopes we are to drive at, are to liquify the *Pituita*, and comfort, and empty the Glands: And these Intentions are serv'd best by such sort of warm external Applications and Gargles: Care being taken at the same time, to cut off, and prevent greater Inflammation, and a Flux to the Part, by plentiful Bleedings, Glysters, Epispasicks, and by proper Internals to appease the angry Rage of the Spirits, and allay the Effervescence of the Blood and Humours.

**A Cataplasm with Radish**

Take Roots of Horse Radish, Squills, each 2 Ounces; Rue, Mustard Seed, Salt, each 1 Ounce; black Soap 2 Ounces; Vinegar as much as useful to beat it up with.

Sometimes for the greater Stimulation I use to add powdered *Cantharides* 2 Scruples; bind it to the Soles of the Feet in Fevers. See the Cataplasm of Herrings, and Lotion for the Feet.

**A Cataplasm with Sedum.**

Take Conserve of red Roses 2 Ounces; Juice of common *Sedum*, Syrup of *Meconium*, of each half an Ounce; Rases's white Troches powdered, as much as requisite to bring it to a just Consistence; mix.

It's of use against Pain, Heat, Redness, Tumor, and Afflux of Humours to the Eyes.

**A Sinapine Cataplasm.**

Take Honey, Vinegar, Brandy, of each 1 Ounce; powdered Mustard as much as will suffice to give it a due Body; mix.

Use it in an Apoplexy, Palsy, and Pustulent Fevers.

**A Stomach Cataplasm.**

Take Venice Treacle 6 Drums, Cinnamon, Clover powder'd, each 1 Drum; Chymical Oil of Mint 6 Drops; Oil of Wormwood 2 Drops; beat it up with a just Quantity of Vinegar. It

It helps against Nauseousness and Vomiting.

**A Cataplasim with Treacle.**

Take *Andromachus's Treacle* 2 Ounces; Myrrh, (wrought up with the Yolk of an Egg) Virginian Snake-root finely powdered, Tartarised Elixir Proprietatis, of each half an Ounce; Oil of Turpentine 2 Ounces; Camphire 1 Scruple; Honey as much as sufficient; mix artificially.

It renews and quickens the Circulation and Diffillation of Blood, and Spirits, thro' the Parts; recalls natural Heat; resists Putrefaction; cures venomous Bites and Gangrenes.

**A Cataplasim with Turneps.**

Take Turneps bak'd in an Oven 8 Ounces; Rue 4 Handfuls; Mustard Seed 2 Ounces; Oil of Juniper 2 Drams; Nerve Ointment, as much as needful; when it's spread upon a Cloth, sprinkle it with Powder of Euphorbium.

It's for Paralytick Limbs. See the Paralytick Liniment.

**A Cataplasim for Vomiting.**

Take Quinces half a Pound; having cut them in Quarters, and taken out their Core and Seeds, boil them in Vinegar till soft; then beat them to mass in a Mortar, and add powder'd Balanstones half an Ounce; when you have spread it on a double Cloth, strew upon it powder'd Cloves 1 Dram; and lay it to the Stomach very hot.

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## A Cataplasim of Webs.

Take Venice Turpentine 2 Ounces; Juice of Plantain 1 Ounce and half; Figs 3; the yellow Paring of Orange Rind 2 Drams; Bole 1 Dram and half; Soot half an Ounce; Pigeons Dung 1 Ounce and half; large Spiders Webs 6; black Soap 4 Ounces; Vinegar enough to beat it up with.

To drive an Ague, tie this about the Wrists, so as to make it bear hard upon the Pulses, two Hours before the Fit.

## A Cordial Caudle.

Take sweet Almonds beaten in a Mortar 12; Yolks of Eggs 2; Conserve of red Roses and of Gilly-Flowers, each 1 Ounce; Aqua Cælestis half an Ounce; Canary Wine, Damask-Rose-Water, each half a Pint; work them about well together; then strain, and add Confection of Alkermes 2 Drams; Oil of Cinnamon 2 Drops.

It greatly nourisheth, recruiteth, and reviveth the Spirits, when wasted and low.

## 1. A Restorative Caudle.

Take the Pith of an Ox's Back out of its Skin half a Pound; Rose Water and Tent Wine, each 1 Pint; Dates minced small 10; Raisins of the Sun stoned 24; Cinnamon 2 Drams; Let it stand stewing in Balneo 6 hours; then strain and add to 6 Ounces of it, the Yolk of an Egg; Nutmeg and Sugar, as much as serves to make it palatable.

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## 2. Restorative Caudle.

Take Tent Wine 2 Quarts; white Sanders, Acorn Cups, each half an Ounce; Candy'd Eryngo Roots, Dates, Figs, each 4 Ounces; Nutmegs sliced thin half an Ounce; Archangel 2 Handfuls; boil to 1 Quart; strain it, and while it is yet a little warm, add the Yolks of 4 Eggs; white Sugar Candy 1 Ounce; mix all.

To these may be added Shavings of Hartshorn, Ivory, Priapus of the Sea-Horse, Clary, &c. give it warm for Breakfast every Day.

## Laxative Currants.

Take Senna 4 Ounces; Juniper-berries bruised 2 Ounces; White Wine and Water, each 1 Pint; make a close and warm Infusion for 6 Hours; then strain out the Liquor, and putting into it Currants (well picked and washed) 1 Pound; boil gently till they are soft and plump; then run the Liquor through an Hair-Sieve; put into it as much Sugar as will serve to bring it into a thin Syrup; boil it a little, adding towards the last, Coriander Seeds and Ginger, of each 2 Drams; lastly strain out the Syrup, and pour it on the Currants to keep together for Use.

Manna 4 Ounces may be added to it, but then the less Sugar is required.

The Dose is about 2 Spoonfuls of Syrup and Currants together.

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## A Decoction of Agaric.

Take Agaric (*Sliced and tied up in a Rag*) 2 Drams; boil it in Water to 3 Ounces; adding towards the last, Cloves bruised half a Dram; to the Liquor when strain'd and quite cold, add Scammony prepared 4 Grains; Syrup of Roses solutive 2 Ounces; Oil of Anniseed 1 Drop; mix up for a Potion.

It's very convenient when Clammy Phlegm, besmearing the *Viscera*, is to be purged off: And particularly, I have several times observed it most admirable for Green Sicknes Girls, to prepare them for Chalybeates: And I have known it to do good service in Cutaneous Affections. Agaric is also used to cleanse the Head and Lungs, when Evacuation is required.

## A Decoction of Allium.

Take Turners Chips of *Lignum vite* 3 Ounces; Roots of Zedoary 1 Ounce and half; Decoct in Spring Water 6 Quarts, to 3 Quarts; towards the end adding Roots of Allium bruised 3 Ounces; Seeds of Annise, wild Dancus, and Cummin, of each 1 Ounce; and to the strained Liquor put Spirit of Scurvy-grass half an Ounce; mix.

It's Aperitive, and Diuretic, good in a Dropsy, and may be taken Morning and Afternoon to 6 Ounces.

A strict Diet of *Allium* Broth, without any other Meat or Drink for a considerable time, is

is said to have had marvelous Effects in a Dropsy.

### A Decoction of Althea.

Take Roots of *Althea* 2 Ounces; Herb of *Althea* 1 Handful; boil in Barley Water 3 Pints, to the wasting of half: Strain, and add com-pound Radish Water, Brandy, of each 4 Ounces; Berries of Juniper, and Bay, of each half an Ounce; Seeds of Anise, Sweet Fennel, Caraway and wild Daucus of each 2 Drams; give a warm and close Infusion for 2 Hours; then strain, and dissolve in the Liquor (over the Fire) Gum Arabick 1 Ounce; Syrup of Mercurium 4 Ounces.

This is a singular good Composition; for it causeth Urine, and cleanseth away Gravel; and yet at the same time obtrudes Acrimony, and easeth Pain.

### Antilistnick Decoction.

Take Roots of *Scorzonera* 2 Ounces; Zedoary half an Ounce; *Contrayerva*, Spanish *Angelica*, Shavings of Harts-horn and Ivory, each 2 Drams; Cochineal whole 4 Scruples; boil these in fine clear Barley Water, from 2 Pints and half to 24 Ounces; throwing into it, towards the last, Saffron 1 Scruple: To the strained Liquor add Epidemical and Treacle Water, each 2 Ounces; Syrup of Gilly-flowers 4 Ounces; Juice of Kermes strain'd half an Ounce; Leaves of Gold 4; mix all together.

When

When the Venom of a Malignant Fever assaulting the Spirits, stupifies, and almost strikes them dead; these generous Alexipharmacks (timely and frequently exhibited) inspire new Vigour, shake off the deleterious *Copula*, and so sometimes snatch the Sick out of the very Jaws of Death.

But when the Malignity is of an agile, fierce and furious Nature, (such as it is in the Small-Pox, Measles, and all those Inflammatory Fevers that partake of Malignity) then *Alexipharmacks*, which drive the Blood into Fervors, and the Spirits into Fury, are to be look'd upon as no better than Poisons.

### Antipthotic Detraction.

*Take Ox-Eye-Daisy-flowers dry'd 1 Handful; Snails wiped clean 3; Candied Eryngo-Root half an Ounce; Pearl Barley 3 Drams; boil in Spring Water from 1 Pint and half to 1 Pint, and strain it out.*

It smoothes and restrains the saline turbulent Particles of the Blood, so as to hinder it from rushing impetuously through the Canals; ravaging and tearing off the Substance of the Lungs and solid Parts. Also it brings in a Supply of such soft and inoffensive Nourishment, as gives no Trouble to the Blood, when 'tis weak, and of a broken *Crafsis*: It takes place therefore, in a newly begun Consumption, Hectic Fever, Night-Sweats, &c. where the Colligation and Substraction of the

the Humours causeth a Wasting of the Musculous Parts.

Let the Sick sup it off hot, from a quarter to half a Pint, with an equal quantity of Milk, for Supper and Breakfast.

### An Aperient Decocton.

Take Roots of Parsly and Fennel, each 1 Ounce; Barks of Capers and Tamarisk, each half an Ounce; Herbs of Ceterach, Harts-Tongue, Agrimony, Liverwort, each 1 Handful; boil these in Water and White Wine (added towards the last) each 1 Pint and half, to 28 Ounces; when 'tis strained, dissolve in it Syrup of the 5 opening Roots, and Oxymel simple, each 2 Ounces.

It may contend with the temperate Scorbutic Ale for Vertues, and excells it in this, that it's a more potent Diuretick.

### An Astringent Decocton.

Take Pomegranate Peels bruised 1 Ounce; boil it in 3 Pints of Water, till half be evaporated; adding, towards the last, Cloves bruised half a Dram; Nutmeg 1 Dram; strain, and add Syrup of dried red Roses 3 Ounces; strong Cinnamon Water 4 Ounces; Mint Water 1 Ounce; Venice Treacle 2 Drams; mix.

It strenghtens the Ventricle and rest of the *Viscera*: Is of much use in an enormous symptomatick Diarrhoea, Dysentery, &c. The Dose 4 Ounces; twice a Day.

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### A Balsamick Decoction.

Take Malaga Raisins stowed and clepp'd to pieces 2 Ounces; Roots of Sassa, China, Liquorice, each half an Ounce; Shavings of Hartshorn and Ivory, each 2 Drams; Tops of St. John's Wort 1 Handful; boil in fine clear Barley Water 3 Pints to 30 Ounces; adding (when it's half boiled) Balsam of Tolu 3 Drams; when it's cold, strain, and add Syrup of Raisberries 2 Ounces; Balsam of Peru 8 Drops; Oil of Nutmeg 2 Drops; mix.

Mastick 6 Drams may be added as it is boiling.

It's given to good purpose in a Consumption; forasmuch as it corrects acrid Ichor, emptieth the stuffed *Bronchia*, dissipates crude Tubercles, and healeth ruptured Vessels. The usual Dose is a quarter of a Pint, two or three times a Day, a little warm'd; for Things that are actually cold, injure the Lungs, when they are tender and wounded.

### A Decoction of Barberry Rinds.

Take Barberry Rinds, Turmeric, each half an Ounce; Celandine 4 Handfuls; Goose-dung (tied up in a Rag) 2 Ounces; boil in Water 2 Pints and half, towards the last adding White Wine half a Pint; Saffron 1 Scruple; reduce it to 1 Quart, and strain it out.

This is a good Medicine against the Jaundice. Its Dose 4 Ounces; together with Syrup

Syrup of the 5 Opening Roots, and Oxymels of Squills, each 3 Drams; twice a Day.

### A Decoction for the Bite of a Mad Dog.

Take Turners Chips of Box-Wood, Male-Piony Seed, each 1 Ounce; Herbs of Sage, Wood-Sage, Betony, Sanicle, Angelica, Devils-bit, Woody Night-Shade, each 1 Handful; boil these in Water 5 Pints to 4, and strain it off.

Let the Party take a Quarter of a Pint, together with Venice Treacle half a Dram, three times a Day. I never used this; but that in *Pharmacopœa Bateana*, I have sometimes, with Success, so as to prevent Madness after a Bite; but if the least Symptom once appear, I suppose all Medicines will come too late.

### A Bitter Aromatic Decoction.

Take Roots of *Calamus Aromaticus*, *Gen-tian*, each 2 Drams; *Galangale* 4 Scruples; Herbs of Centory and dried Wormwood, Flowers of Camomile and Stechas, each 1 Dram; make a Decoction in Water 3 Pints to 2, adding at the last Caraway-Seeds bruised half an Ounce; strain it.

It enjoys all the Vertues of our Bitter Draught in the London Dispensatory; but with this Advantage, that it more powerfully discuteth Wind, and warmeth the Stomach. Give 4 Ounces twice a Day.

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## A Decoction of Burdock.

Take Burdock Roots 4 Ounces; Chamæpitys 4 Handfuls; boil in Water 3 Pints to 28 Ounces; strain, and add Magistral Worm Water 4 Ounces; Spirit of Scurrey Grass, Elixir Proprietatis tartariz'd, each 2 Drams; mix.

It's design'd against the Gout; for by reason of its Stomachick Vertue, it corroborates the Ventricle and Intestines, and prevents the morbid Matter from falling on them. By reason of its Digestive Faculty, it keeps the Blood in a due Mixture, and hinders its Fusion. By reason of its Neurotick Quality, it comforts the Nerves, and restrains the raging Excandescence of the Spirits. And lastly, by reason of its Diuretick Force, it drains off the Arthritic Humours by Urine, and so secures them from rushing into the Joints.

## A Cathartic Decoction.

Take Polypodium Roots 2 Ounces; Asfetree Bark, Tamarinds, each half an Ounce; Raisins 1 Ounce; Cream of Tartar 2 Drams; boil in Water 20 Ounces to 12; to the Liquor, when strain'd, add White Wine 4 Ounces; Juice of Lemons half an Ounce; Senna 1 Ounce; Rhubarb, Agaric (tied up in a Rag) each half an Ounce; give these a warm and close Infusion for 12 Hours: In the strain'd Liquor dissolve Manna 2 Ounces; strain again, and add at last Syrup of Succory with Rhubarb 2 Ounces;

2 Ounces; Oil of Anniseed 2 Drops; Spirit of Scurvy-Grass, Elixir Proprietary each 4 Scruples; mix all together for a Dose.

This is something Operose, according to the Manner of Apozems, which are now so frequently prescrib'd now, as formerly.

### A Decoction for a Cancer.

Take Roots of Figwort, Mullein, each 2 Ounces; Filipendula, Herb-Robert, Catworts, Agrimony, Tormentil, Scabious, Toad-Flax, each 1 Handful; Flowers of Elder, Rosemary, each 1 Rugil; Nettle-Seed 2 Drams; make a Decoction in Water 3 Quarts to 3 Pints and half; to the strained Liquor add Altering Syrup of Apples, and Syrup of Citron Juices, each 4 Ounces; mix all.

Let a good Draught be taken thrice a Day.

### A Decoction in a Catarrh.

Take yellow and red Sanders, each 2 Drams; Guaiacum, Sassafras, each half an Ounce; Liquorice 1 Ounce and half; Raisins 1 Ounce; boil in fine Barley Water 3 Pints to 1 Quart; adding at last Juice of Hounds-Tongue Leaves 4 Ounces; strain it.

The Dose is a quarter of a Pint thrice a Day.

### A Decoction of Catechu simple.

Take Japanic Earth 2 Drams; boil in Water 1 Pint to 12 Ounces; let it stand to subside, then having poured out the clearest, add  
strong

*Strong Cinnamon Water, Syrup of Quinces (or of dried Roses) each 2 Ounces; mix.*

It's useful against Laxity of the Ventricle and Intestines, as also a Rheumatick Disposition of the Blood. The Dose from 2 Ounces to 4.

### A Decoction of Catechu compound.

Take Guaiacum, Sassafras, each 3 Drams; yellow and red Sanders, each 2 Drams; the blackest Part of Japanic Earth powdered, half an Ounce; Liquorice 1 Ounce; dried Sage 1 Handful; boil in Barley Water 3 Pints to 30 Ounces; strain it out, and set it by to settle; then pour off the clearest, and add Diacodium 2 Ounces; Oil of Anniseed 1 Drop; mix.

I have often observ'd it stop a thin Catarrh, beyond almost any other Medicine whatsoever. The Dose 4 Ounces, three times a Day.

### A Cephalic Decoction.

Take Guaiacum, Sassafras, each 2 Drams; Male-Piony Root 1 Ounce; dried Sage, Marjoram, Betony, Arabian Stechas-Flowers, each half an Handful; boil in Water 3 Pints to 28 Ounces; to the strain'd Liquor, add compound Piony Water, compound Syrup of Piony, each 2 Ounces; Tincture of Castor 2 Drams; Oil of Rosemary, Nutmeg, each 2 Drops; white Sugar 1 Ounce; mix.

It's aptly prescrib'd in cold Rheumatick Affections of the Head and Nerves, for Prevention on

vention of an Apoplexy, Epilepsy, Benumbedness, Palsy, Vertigo, &c. And it's to be given to a quarter of a Pint twice a Day.

### A Cerebrifate Decodion.

Take Turners Chips of *Lignum Vite*, Li-  
quorice, of each 1 Ounce; Malaga Raisins  
stoned and chopped small 2 Ounces; Japanic  
Earth 2 Drams; boil in good strong Ale Wort  
3 Pints to 30 Ounces; to the strained Liquor  
(clarified by subsiding) add Tincture of Ben-  
jamin 2 Drams; Syrup of Balsam 2 Ounces;  
mix.

Its Vertues are much the same with those  
of the Pectoral Extract; only it more power-  
fully warms, incides, and expectorates, but  
doth not lubricate, and maturate so much.

### A Decodion of Chamæpitrys.

Take Ground-Pine dried 2 Handfuls; Flow-  
ers of Stechas 2 Drams; Male-Piony Root 1  
Ounce; boil in Water 3 Pints to 1 Quart;  
strain and add Spirit of Scurvy-Grass, and of  
Lavender compound, each 1 Dram; mix.

It's a Medicine for Prevention of the Gout,  
and Cure of Joint-Pains. Let a quarter of  
a Pint be taken (together with Spirit of Sal  
Armoniac 20 Drops) thrice a Day.

### A Coprogogue Decodion.

Take Malaga Raisins stoned and chopped  
small 2 Ounces; boil in Spring Water a Pint  
and  
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and half to a Pint; in the strained Liquor infuse warm Senna, Seeds of Caraway and Cummin, of each 6 Drams; Salt of Tartar 1 Scruple; in the strained, dissolve Syrup of Roses solutive, Manna, of each half an Ounce; mix.

I have more than once known this operate excellently (without provoking Vomiting) in the Colick, and where the Intestines were obstructed with Scybali.

### A Decoction of Coralline.

Take Mercury vive 2 Ounces; Dittany of Crete 2 Drams; powder'd Coralline half an Ounce; boil in Purslane-Water 1 Pint and half to 14 Ounces; when it's strain'd and separated from the Mercury, sweeten it with Syrup of Lemons 2 Ounces.

Van Helmont commends an Infusion of Mercury against Worms; and it's said of him, he never commends any thing without Reason, tho' he sometimes commends beyond Reason.

Let it be given to Children to about 2 Ounces, twice a Day, (for 4 Days running) before the New and Full Moon, and before Purging.

### A Depurating Decoction.

Take Roots of Quith-Grass, Butchers Broom, Fennel, Parsly, each 1 Ounce; Herbs of Cleavers, Dandelion, each 1 Handful; Cuckers chop'd small 2 Ounces; boil in Water 2 Pints to 18 Ounces; strain, and add Salt Prunel

*Prunel* 2 Drams; Syrup of the 5. Opening  
*Roots* 4 Ounces; mix.

It egregiously depurates the Blood, power-  
 fully provokes Urine; is Excellent affect Fevers  
 that have boild up the Blood into a torrid  
*Crisis*: Is profitable for Scorbutic Persons  
 of an hot Temperament; frees the Reins  
 and Bladder from Gravel and *Mucus*. The  
 Dose is 6 Ounces twice a Day.

### A Detention in a Diarrhoea.

Take powder'd *Bole Armoniack* 1 Ounce;  
*Soft white Chalk* 3 Ounces; boil in Water 3  
 Pints to 26 Ounces; strain and set it by to  
 subside; then having poured off the clear, add  
*Diaecordium* half an Ounce; *Cinnamon Water*,  
*Syrup of Quinces*, and of dried *Roses*, each 2  
 Ounces; Oil of *Nutmegs* 2 Drops; mix.

To repress a *Diarrhoea*, give a quarter of  
 a Pint, as often as the present Exigence in-  
 dicates.

### A Diuretic Decocton.

Take *Roots of Fennel*, *Sparagus*, each 2  
 Ounces; *Winter-Cherries* 16; *Golden-Rod* 2  
*Handfuls*; boil in Water and White Wine  
 (added towards the last) each 18 Ounces to  
 22 Ounces; to the strained Liquor add *Horse-*  
*Radish Water* compound 2 Ounces; Juice of  
*Parsley* depurated, Syrup of *Marsh-mallows*,  
 each 4 Ounces; *Millepedes* (tied up in a Rag  
 alive, bruisd, and wash'd out into it) 300;  
*Salt Prunel* 2 Drams; mix.

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It causeth a very plentiful Secretion of Serum, and saline Recrements from the Blood, and effectually washeth out the Reins, Ureters and Bladder. The Dose from a quarter to half a Pint, or more; for diluting Medicines ought to be given in large Quantities.

### A Diuretico-Cathartic Decoctio.

Take Nettle-roots 1 Ounce; Juniper-berries half an Ounce; boil in Spring Water a Pint and half to a Pint, towards the latter end adding Seeds of Parsly, Wild Daucus, of each 2 Drams; to the strained add Senna half an Ounce; Rhubarb, Agaric, (cut thin and tied up in a Rag) of each 2 Drams; crude Salt Armoniac 2 Scruples; compound Radish Water 2 Ounces: Infuse warm and close 6 Hours; then strain, and clear out 14 Ounces; to which add Spirit of Scurvy-Grass 4 Scruples; Oil of Anniseed 4 Drops; Syrup of Roses solutive 2 Ounces; mix.

Let it be divided into 4 Portions.

### An Edulcorating Decodion.

Take Sarsa, China, each 3 Ounces; yellow and red Sanders, Hartshorn, Ivory, each 6 Drams: Infuse according to Art, and boil in Water 6 Quarts to 6 Pints; which strain off, and edulcorate with Sugar to make it palatable.

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It's said to correct the Acridness of the *Lymphatic Serum*, and lessens its Quantity; as also to promote Perspiration gently without heating: It's accounted of great Use in a recent Consumption, flying Pains, Rheumatick Affections, Ulcers, and Cutaneous Distempers. The Dose half a Pint, twice a Day.

### An Emmenagogue Decoction.

Take Roots of Smallage 2 Ounces; Calamus Aromaticus, Bay-berries, each 2 Drams; Zedoary, Cubebs, each 1 Dram and half; Mace 2 Scruples; Galangale, Grains of Paradise, each half a Scruple; Dittany of Crete, Pennyroyal, each 1 Handful; boil in Water 1 Quart, and White Wine 1 Pint, to 28 Ounces; when it's strained, add Tincture of Saffron (made in Treacle Water) 1 Ounce; Syrup of Stechas 3 Ounces; mix.

It excites a new Orgasm in the Mass of Blood; and forcing it briskly into the Uterine Arteries, opens the Extremities of the Vessels.

Let the Patient first purge, and then near the time of the *Menses*, take from a quarter to half a Pint twice a day, and use Exercise, and beware of catching Cold.

### An Expectuating Decoction.

Take Orris Root 2 Ounces; Agaric (tied up in a piece of Linnen) 4 Scruples; dried Tobac-

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*co 2 Scruples; Hyssop, Thyme, each 1 Handful; boil in Water 3 6 Ounces to 28 Ounces; strain and add Oxymel simple 4 Ounces; mix.*

The Ingredients of this Decoction are endu'd with subtle and acrious Parts; which therefore (by way of the Blood which they pass through first) penetrate into the Tracheal Ducts, and there meeting with Clammy Matter, so divide, attenuate, move and work it, that the Fibres thence irritated, and successively contracted in Coughing, they force up whatsoever is contain'd in the Trachea and Vesicles. It's a true and very potent Medicine, and shou'd be supp'd up (like Coffee) very hot, twice a day or oftner, if there be no Fever.

### The bitter Febrifuge Detoxion.

*Take Camomile-flowers dried 2 Ounces; Chineseal 16 Grains; boil in Water 3 Pints to 1 Quart; in the strained dissolve Salt of Wormwood 2 Drams; mix.*

Sometimes I add Treacle Water 2 Ounces; Oil of Juniper 16 Drops; Spirit of Sal Armoniac 80 Drops. And when expedient, put 20 Drops of Liquid Laudanum into the Night Dose.

It's justly esteem'd a Specifick in Intermitting Fevers, and a Remedy inferiour to none, but the Peruvian Bark; nay sometimes it hath succeeded, when that hath fail'd. I use

use to order 4 Ounces of it every three Hours, between Pitts.

### The Magistral Febrifuge Decoction.

Take fine powder'd Bark of Peru 2 Ounces; boil in Water 1 Quart to 14 Ounces; strain, and to the Mass remaining having poured a Quart more of Water, boil it again to 14 Ounces; adding (about the middle of the second Boiling) Balsam of Tolu 3 Drams; Cochineal 1 Scruple; when it's cold, strain, and having mixed both the strained Liquors together, add Syrup of Gilly-flowers 4 Ounces; Oil of Nutmegs 2 Drops.

A very long and consummate Coction is requisite, to extract the whole Vertue of the Cortex: I remember, when once (for Experiment-sake) I boiled it a great many times, I could not so totally exhaust it, but that the eighth Boiling was still manifestly bitter. That we may therefore the more effectually draw out the Vertue of this, and other such like obstinate things, it's advisable to make them (not into a gross, but) most fine Powder, and force it, with long and repeated Coction.

When Patients are so weak-stomach'd, or else humourfome, that either they cannot or will not admit of the Bark in Substance, this Decoction useth to stand me in stead; though I acknowledge, it's of much more Avall in Substance.

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The Dose is 4 Ounces every 3 or 4 Hours; when the Paroxysm is off; and so is to be continued from Fitt to Fitt, till the Fever be conquer'd.

### The Saline Febrifuge Decoction.

Take Salt of *Wormwood* 8 Scruples; *white Sugar* 4 Ounces; boil these in *Water* 1 Quart, and desume.

I have very often found this an effectual Medicine, and am wont to prescribe it then especially, when a remitting Fever would not obey the *Cortex*, and began to threaten running over to the Party of continual Fevers. Let 2 Ounces be taken each other Hour.

### Fracastorius's Decoction.

Take *Diascordium* 6 Drams; *Alexiterial Milk Water* 10 Ounces; boil to 8 Ounces; strain and add *Mint Water* half an Ounce; strong *Cinnamon Water* 2 Ounces; Syrup of *Meconium* 1 Ounce and half; mix up for 3 Doses.

This has even Divine Vertues against a *Diarrhæa*; for it most potently (and almost beyond any thing else) stills and stops Sick Fits, Anguish, Gripping Tortures and Rage of the Ventricle and Intestines: It's of notable Use, especially in such Fevers, as are accompanied with a Symptomatic Flux of the Belly.

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## Fracastorius's Small Decoction.

Take *Diascordium* half an Ounce; *Cochineal* 1 Scruple; boil (for 2 or 3 *Walms*) in *Water* 1 Pint; adding *Sugar* half an Ounce; strain through a Flannel, and add *Cinnamon Water* 2 Ounces.

Let it be used for constant Drink in Fevers of an ill kind, all the while they are attended with a *Diarrhea*.

## A Decoction for Clysters.

Take *Mallows* 2 Handfuls; *Violet-leaves*, *Grounsel*, each 1 Handful; *Camomile-flowers*, *Flax-seed*, each 2 Drams; *Sweet Fennel-seed* half an Ounce; make a Decoction in *Water* 1 Pint and half to 1 Pint; which strain out for Use.

It differs little from the common Decoction in the *London Dispensatory*; but because *Beets*, *Pileitory of the Wall*, and *Mercury*, may not be always at Hand, and are of no value if kept dry, I thought it worth setting down, as more parable and sooner got ready.

## A Decoction of Hemp-seed.

Take *Hemp-seed* bruised 3 Ounces; *Agri-mony*, *Shepherds Pouch*, *Plantain*, *Knot-grass*, each 1 Handful and a half; boil in *Water* 3 Quarts to 2 Quarts; edulcorate the strained Liquor with *Sugar* 4 Ounces; or with Syrup of dried *Roses*.

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It's accounted a Secret, and a Specifick against involuntary Pissing a Bed. The Dose half a Pint twice a day, or 4 Ounces for a Youth.

### A Decoction of Wounds Tongue.

Take Hounds-Tongue-leaves 2 Handfuls; Liquorice half an Ounce; Raisins 2 Ounces; boil in Water 2 Pints and half to 30 Ounces; adding at last, Anniseeds half an Ounce; to the strain'd Liquor add Diacodium 2 Ounces; mix.

It's an excellent thing, and well accommodated for a Cough, Roughness of the Throat, and all the Distempers of the Chest, and Organs of Breathing, arising from sharp Rheums. Let a Quarter of a Pint be taken twice or thrice a day.

### A Decoction of Horse-Tail.

Take Horse-Tail Herb 6 Handfuls; middling Quinces cut to pieces 3; Sumach, Myrtle-berries, each 1 Ounce and half; Red Roses dried 1 Handful and half; Balaustines 3 Drams; boil in Water 9 Pints to 5 Pints and a half; adding towards the last, Gum Tragacanth 6 Drams; strain and add Honey of Roses, Syrup of dried Roses, each 3 Ounces; Syrup of Myrtle-berries 1 Ounce and half; mix.

This hath been kept as a Specifick in Ulcers of the Bladder. Give a Draught three times a Day.

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## An hysterick Decoction.

Take Turners Chips of Box Wood, white Briony Root, each half an Ounce; Mala Piony and wild Valerian Roots, each 1 Ounce; Stechas flowers 2 Drams; Myrrh bruised 1 Dram; boil in Water 1 Pint and half, (towards the end putting in Juice of Rue 1 Ounce;) to 14 Quantities of it strain'd, add Briony Water compounded 2 Ounces; Tincture of Castor 2 Drams; Oil of Amber 3 2 Drops; white Sugar 1 Ounce; mix. The Dose 5 Spoonfuls.

## An Icteric Decoction.

Take Roots of Turmeric, Madder, each 1 Ounce; Celandine Roots and Leaves 2 Handfuls; Earth-worms (Slit open and washed clean) 20; boil in Water and Rhenish Wine (added towards the last) each 1 Pint and half to 28 Ounces; to the strained Liquor, add Tincture of Saffron (with Treacle Water) 1 Ounce; Syrup of the opening Rots 3 Ounces; mix.

It inspires the Mass of Blood with a fresh, yet mild Ferment; searcheth the Hepatic Glands, and specifically cleanseth and cleareth the bilious Passages. After due Purging, let a quarter of a Pint be drank twice a day, till the Yellowness disappear.

## An Incrassating Decoction.

Take Gum Arabick grossly powdered 3 Ounces; boil it in Water (carefully stirring it, lest

*it burn to the Skillet) from 1 Quart to 28 Ounces; and add Syrup of Marsh Mallows 4 Ounces; mix.*

It increaseth acrid, thin *Lympha*, and as 'twere sheaths up the sharp Points of its saline Particles. It's a very good Remedy, and easy to be had, against scalding Urine; may be useful in a troublesome, tickling Cough; and a Diabetes. I have tried it in a Rheumatism, but did not find it answer: And (by the by) the *Serum* of the Blood, in that Distemper, is not more Salt than usual, to my Taste. I use to prescribe a quarter of a Pint twice a day.

### A Decoction of Juniper.

*Take Juniper-berries (well bruised, and tied up in a Rag) 4 Ounces; boil them in Canary Wine 3 Pints to 1 Quart, and strain.*

It's a Stomachic, Carminative, Anticolic, Splenetic and Diuretic Medicine. Let 2, 3, or 4 Ounces be taken twice or thrice a day.

### A Decoction of Juniper comp.

*Take Juniper-berries (so bruised that the Kernels may be broken, and tied up in a Rag) 4 Ounces; boil in 3 Pints of fair Water to a Quart. Then having put into it Seeds of Anise, Caraway, sweet Fennel, and Coriander bruised, of each 2 Drams; Salt of Wormwood 1 Dram; cover all close, and set by till cold: Then strain (without much squeezing) and put*

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to it fine Sugar 2 Ounces; Spirit of Scurvy-Grass, Spirit of Sal Armoniac, of each 4 Scruples; mix.

Juniper-berries are called German Spice, and are enriched with a volatile Aromatic Salt, and a Balsamic, and (as 'twere) Terbinthinate Oil.

This Decoction Strengthens the Stomach; helps Concoction; dissipates *Flatus*; prevents the Colick; alleviates Hypochondriac Maladies; comforts the Brain, Nerves, Lungs, Reins, and *Uterus*; corrects Putrefaction; alters and amends the Calculose Disposition of the Kidneys; promotes the *Menses*, and cleanseth by Urine.

### A Decoction called Liberans.

Take Sarsa 6 Ounces; Currants cut small 8 Ounces; infuse (according to Art) and boil in Water 6 Quarts to 3 Quarts; when it's cold, quench in it Calx vive half a Pound; let it stand to subside, then pour off the clear, and put it into Bottles.

Another way of making this is, to make the Aq. Calcis first, (allowing to every Gallon of Water 1 Pound of Calx) and then infuse the Ingredients in it; thus:

Take Sassafras, Liquorice, Anniseed, each 4 Ounces; Calx Water (pure clear) 2 Gallons; infuse cold 3 Days, then strain.

It gives great Relief in Defluxions, Struma's, Diabetes, and Running Ulcers. For

Calx

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*Calx* affords an excellent Salt, by which, the Muriatic Particles of the Blood being precipitated, the whole Mass becomes more mild, and thereupon more easily embraces the new Chyle, and changeth it into its own Nature; whereby the Flux of the Chyle, to the ulcer'd (or otherwise ill affected) Parts, is rendered less, and consequently a Cure is the sooner wrought; a quarter of a Pint is to be taken thrice a Day.

### A Decoction of Liquorice.

*Take Spanish Juice of Liquorice half an Ounce; Honey 1 Ounce; Water of Calx 1 Pint; boil to a total Dissolution of the Juice; and then having strained, cooled, and decanted the clear Part, add Tincture of Benjamin 4 Scruples; mix.*

It's very commodious against a Defluxion of thin acrid Rheum.

### The Malaga Decoction.

*Take good Malaga Raisins stoned and chopped 2 Ounces; Althæa Root 1 Ounce; Liquorice half an Ounce; Mallow-Leaves whole 2 Handfuls; Linseed 2 Drams; boil in depurated Barley Water 3 Pints to a Quart; in the strained, dissolve (over the Fire) Gum-Arabic 1 Ounce; mix.*

It obtunds, levigates, and incrassates; and is therefore of Use in a Catarrh, and a Strangury.

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## A Magistral Decoction of Mallows.

Take Mallow Leaves whole 8 Handfuls; boil in Water 4 Quarts to 3; let the Liquor run through a Sieve or Cullender of itself, without squeezing; put into it more whole Mallows 4 Handfuls; boil again to 2 Quarts, strain again as before; let it stand to settle, then pour off the clear, and put into it Marsh-Mallows Roots 4 Ounces; Liquorice, Raisins, each 1 Ounce; Gum Arabick half an Ounce; Salt Prunel 2 Drams; boil to 30 Ounces; which after it's strain'd, sweeten with Syrup of Marsh-Mallows 2 Ounces; mix.

It consists of mild, soft, mucous Particles, and so, blunts the Acrimony of Humours, increaseth the too thin Serum, refrigerateth the Fervour of the Blood, moisteneth the parboil'd, dry, Habit of the Body; is Diuretick, and as good as any thing is, in the Stone.

Dr. Grewe saith, 1 Pound of Mallow yields 5 Drams and 2 Scruples of Lixivial Salt, that is the 23d Part of the Whole: So that this Plant, tho' of a very mild Taste, yet yields more Salt, than Mint itself, a bitter Plant. Whereby it no longer seems strange, that a Plant of so soft a Taste should be so very Diuretick, and so evidently affect the Reins.

## A Decoction of Mastick.

Take Mastick 1 Ounce; Mace 1 Dram; the bottom of a well baked White Loaf; boil

in the Detention of burnt Hartshorn (scalded and decanted clear) 3 Pints to a Quart; boiling strained it, add Conserve of red Roses 4 Ounces; infuse bot 4 Hours; then clear it through Hippocrates Sleeve, and mix into it strong Cinnamon-Water 2 Ounces.

Against Nausea and Vomiting give it little at a time, and often. Against Diarrhoea give 4 Ounces.

### A Nephritic Detention.

Take Roots of Marsh-Mallows 1 Ounce and half; Liquorice half an Ounce; Golden Rod 2 Handfuls; Pellitory of the Wall, Marsh-Mallows, each 1 Handful; Figs 4; Juniper-berries, Seeds of Macedonian Parsly, Burdock, Gromwell (the Seeds to be added about the middle of the Coction) each 1 Dram; boil in Posset-Drink (turn'd with White Wine) 3 Pints to 28 Ounces; strain and sweeten with Syrup of Malloes 4 Ounces.

### A Detention of Nettles Acid.

Take Roots of Nettles fresh gathered 4 Ounces; Nettle-Seed, white Tartar powdered, of each half an Ounce; boil in fair Water 3 Pints to the Evaporation of half; to the strained add Rhenish Wine 4 Ounces; Syrup of Violets, and Lemons, of each 2 Ounces; mix.

To cause Urine, give 4 Ounces, or more, for a Dose.

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## A Decoction of Nettles Alcalisat.

Take fresh *Nettle* Roots 4 Ounces; *Nettle* Seed half an Ounce; *Nettle* Leaves 100 2 Handfuls; boil these in *Well-Water* 3 Pints to 26 Ounces; in the strained dissolve Salt Prunel, Salt of Tartar, of each 2 Scruples: Lastly, add *Radish-Water* compound, Syrup of the 5 Opening Roots, and Syrup of Marsh-Mallows, of each 2 Ounces; Spirit of Sal Armoniac 80 Drops; mix.

## A Neurotic Decoction.

Take *Guaiacum* Chips 1 Ounce; Roots of Male-Piony half an Ounce; Aromatic Calamus, Spanish Angelica, of each 2 Drams; fair Spring Water 3 Pints; make a Decoction to 28 Ounces; strain, and add Oil of Rosemary 32 Drops; Balsam of Peru 16 Drops; the Yolk of one Egg; fine Sugar, Compound Piony-Water, of each 2 Ounces; Compound Spirit of Lavender, Spirit of Salt Armoniac, of each 80 Drops; mix artificially.

The Use of this is to clarify, and to fortify the Head and Nerves.

## A Decoction of Oak-Bark.

Take green Oak-Bark (peeled off from young Branches) 4 Ounces; boil it in the Decoction of burnt Hartshorn (depurated by Precipitation) 2 Quarts to 1 Quart; pour the strained boiling hot upon Powder of Cinnamon 2 Drams;

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Nutmeg 1 Dram; Mace, Cloves, of each half a Dram; cover it close; and when cold, strain it out, and sweeten it with Syrup of Quinces 4 Ounces.

It stops a Diarrhoea.

### A Pacific Decoction.

Take white Poppy Heads (without the Seeds) 1 Ounce; cut and boil in Water 3 Pints to 28 Ounces; adding at last dried Cowslip-Flowers 2 Drams; in the strained Liquor dissolve Diascordium 2 Drams; Syrup of Meconium 3 Ounces; Syrup of Lemons 1 Ounce; mix.

It's more temperate than Laudanum; easeth Pains, quieteth a tickling Cough; procureth Sleep, and is given to 3 or 4 Ounces.

### A Pacific Hysteric Decoction.

Take dried Heads of white Poppy (cut, and bruised with the Seeds) 1 Ounce; boil in Spring Water a Pint and half to half a Pint; in which, when strained, dissolve Asa-fatida 2 Drams; fine Sugar 1 Ounce.

Sometimes, when the Lungs are vapourously affected, and also stuffed with Phlegm, I have, instead of 2 Drams of Asa-fatida, prescribed Asa-fatida 4 Scruples, and Gum Ammoniac 2 Scruples.

The Dose is 2 or 3 Spoonfuls.

## A Pectoral Decoction.

Take Pearl Barley, Raisins of the Sun stoned, each 1 Ounce; Figs, Dates, each 8; Liquorice half an Ounce; Anniseed (added at last) 2 Drams; make a Decoction in Water 3 Pints to 1 Quart; which strain out for Use.

It's endow'd with a mucilaginous, soft, and friendly Sweetness: And therefore, partly by incrassating the Blood disposed for Fluxion, and correcting it when acrid; partly by maturing crude Phlegm impacted in the Lungs; partly by appeasing, humecting and lubricating the Branches of the *Bronchia*, and Membranes of the *Trachea*, gives mighty Relief in a Cough: It's also laudably us'd in a Pleurisy, Rheumatism, Small-Pox, Measles, and Stone. The Dose may be 3, 4, or 6 Ounces, two or three times a day.

If you would have it Purgive,

Take of this Decoction 1 Pint and half; Senna 1 Ounce; Agaric, Cream of Tartar, each 2 Drams; boil to 14 Ounces; in it strain'd, dissolve Manna 2 Ounces; strain again for 4 Doses.

## A Pectoral Balsamic Decoction.

Take Sassa, China, of each half an Ounce; dried white Poppy Heads, (cut, and beat with the Seeds) Malaga Raisins stoned, of each 1 Ounce; Liquorice half an Ounce; Japanese Earth 2 Drams: Decoct these in strong Ale-

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Wort 2 Quarts to 30 Ounces; adding towards the latter End Balsam of Tolu 3 Drams; and at last Seeds of Carraway, and sweet Fennel bruised, of each 2 Drams; when it is cold, strain out the Liquor through a Canvas Bag without squeezing, and add to it Oil of Anniseed 2 Drops; Balsam of Peru 2 Scruples; black Bechic Treacles 1 Ounce; Tincture of Saffron (made with Treacle-Water) 1 Ounce; Tincture of Benjamin 2 Drams; mix all according to Art.

### A Decoction of Piony Compound.

Take Shavings of Sassafras, yellow Sanders, of each 2 Drams; Male-Piony Roots green 2 Ounces; Madder Roots, Tamarisk, and Camper Bark, of each half an Ounce; Herbs of Ceterach, Dodder, Harts-Tongue, Liverwort, of each half an Handful; boil these in Spring Water 2 Quarts till half be evaporated; pour it boiling hot through a straining Sieve upon Juniper-berries 1 Ounce; Bay-berries half an Ounce; Seeds of sweet Fennel, Caraway, Coriander, Wild Daucus, of each 1 Dram; keep them in close Infusion; when cold, strain without Expression, and add Earth-Worm Water Magistral Compound, Gentian Water, of each 2 Ounces; fine Sugar 3 Ounces; and mix all artfully.

This is good in Hypochondriac and Splenic Cases. The Dose may be to 4 Ounces.

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**A Pleurittick Decoction.**

Take of the Pectoral Decoction 1 Quart;  
Juice of Stone-Horse Dung 2 Ounces; Oil of  
Aniseed 8 Drops; white Sugar 1 Ounce; mix.

The Dose 4 Ounces every 4 Hours warm,  
together with Spirit of Sal Armoniac 15  
Drops.

**The Portugall Decoction.**

Take Spring Water 26 Ounces; make it boil,  
and then put into it Juice of Lemons, and fine  
Sugar, each 2 Ounces; Cochineal 1 Scruple;  
let it continue boiling a very little, so as that  
the Scum may be taken off, then set it by to de-  
partate, by way of settling; pour off the clear,  
and add Damask-Rose Water 4 Ounces.

This comes recommended by its pleasant  
Colour and grateful Taste, and is a most de-  
sirable Drink in Fevers; for it restrains the  
Heat and Fervour of the Stomach and Blood,  
quencherh Thirst, moves Urine. Let it be  
drank at Pleasure, without Limitation.

**A Psoic Decoction.**

Take Fumitory, Ragwort, each 1 Handful;  
Liquorice 1 Ounce; Argent vive 4 Ounces;  
boil in Water 2 Pints and half to 1 Quart;  
strain, and (the Argent being taken out)  
sweeten with Sugar, or give it as it is.

In all manner of Cutaneous Affections,  
give 4 Ounces Night and Morn.

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### The common Purging Decoction.

*Take Senna 3 Drams; Cream of Tartar 1 Dram; boil in Water 8 Ounces to 3; in the strained Liquor dissolve Manna half an Ounce; Syrup of Succory with Rhubarb 6 Drams; Oil of Anniseed 1 Drop; mix for a Potion, to be taken in the Morning.*

It may be quickned with some Grains of powder'd Scammony, if there be occasion; for that alone may serve the Purpose, as well as Electuary of Juice of Roses, which hath nothing in it desirable for a Purge but Scammony, and therefore may be thrown by into the common Heap of abundance of old Trumpery, which we may spare in the Shop.

Perhaps the Quantity of *Senna* may be more than needs; for Dr. *Grew* informs us, that 2 Drams of it will impregnate 4 Ounces of Water as strongly, as if twice the Quantity were infused; because the Water will bear no more of the Purgative Parts of that Body.

### A Decoction of Raisins.

*Take Raisins of the Sun stoned, and chopped small, 4 Ounces; boil in good drinking Water 3 Pints to 1 Quart, and strain.*

It's a good pleasant Drink in Fevers to quench Thirst; it also serves very well in Distempers of the Breast and Spleen. If you mix it with an equal Quantity of Lime-Water, you'll have a singular good Remedy against

against Catarrhus Affections, that may sometimes stop the Progreſs of a Conſumption.

If you infuſe in it *Senna* 2 Ounces, you'll have a fine Laxative very particularly beneficial to Hypochondriac Perſons that are Coſtive.

### A Detoection of Roles.

Take Conſerve of Red Roles 2 Ounces; *Malaga Raiſins ſtoned* 1 Ounce; *Liquorice*, *Malon-Seeds*, each half an Ounce; *Barley-Water* 3 Pints; boil to 1 Quart, and run it through a Flannel Bag ſeveral Times, till it be pretty clear; then ſet it by to ſine by Settlement, and decant it.

It's a proper Preſcript, when muriatric Salt, acrious Serum, owzing out of the Glands, and irritating the *Aspera Arteria*, *Bronchia* and *Veficles*, excites a moſt vehement tearing Cough; and yet being too thin to be taken hold of, and pump'd up, lies fretting and exulcerating the Lungs, and ſo brings on a Conſumption.

### The Detoection called Sacrum.

Take *Virginia Snake-Root* powder'd 6 Drams; boil it in Water 1 Pint to half a Pint; ſtrain and reſerve the Liquor by itſelf; boil the remaining Root in a Pint more of Water to half a Pint as before, (adding, when it is near boiled enough, *Cochineal* half a Scruple;) ſtrain it; and having mixed together both the Liquors, diſſolve

*dissolve in it Venice-Treacle half an Ounce; Honey 1 Ounce; and then strain it once more for Use.*

Here I present you with a most desirable Alexipharmack, second to none; for it inspires, as 'twere, the Blood and Juices flowing in the Vessels and *Viscera* with a new Ferment; and by moving them gently, and keeping them in an equable uniform Mixture, frees them from Coagulation and Putrefaction. By the same kindly Agitation, it dissipates the Poison Particles that began to gather in tumultuous Clusters, and hinders their coming to Maturation; and then so occupies, animates, and confirms the Blood and Spirits, as to defend them from taking the venomous Impression: Or if the pestilent Miasme hath already infected the Blood, it snatcheth it away from its Hold with a powerful Hand, and throws it out by *Diaphoresis*.

It's Use is very great in Fevers *malignis*, where the Blood and Spirits want Encouragement; particularly, I have known it eminently available in a Symptomatick *Diarrhea*: Howbeit, I have seen where it has caused a loose Stool or two (even as sometimes also the *Cortex* will do;) add to this, it's a most noble Stomachic, Hyfteric, and Anthelminthic.

Since Dr. Sydenham hath set a-foot the cold Regimen in the Small-Pox, Measles, &c.

Ec. for which all Posterity is bound to celebrate his Memory with Honour and Gratitude; some Physicians (who distinguish not well) have carried it on too far, and disallow'd of all hot things in all Cases. And upon this Account it hath been objected to me, that this Decoction is so hot, that 'twill fire the Blood. Now, I am something of a Judge in this Matter, having used it freely for many Years; and I profess, I never yet found any such ill Effect of it: And I must believe that these Objectors are not Experimentally acquainted with it, and have not been very Conversant in the Management of such Malignant Fevers, as are not Inflammatory, but Depressing.

Its Dose is 2 or 3 Spoonfuls every Hour, or seldomer, as the present State of the Fever requires.

### The Decoction Sacrum Sedative.

Take Virginia Snake Root powdered grossly 2 Drams; dry white Poppy Heads (cut cross the Fibres, and bruised with the Seeds) half an Ounce; boil in Water 24 Ounces to 12; adding towards the last *Andromachus* his Treacle 2 Drams; strain for 4 good Doses.

It's useful to procure Rest, and at the same time support the Spirits in ill-conditioned Fevers; but if the Spirits be much oppressed by either the Venom of the Disease, or preceeding

ding large Evacuations; there must be great Caution used in the giving of Papaverous Medicines.

### The Decoction called Sanctum.

Take *Guaiacum* 1 Ounce; boil it in Water 2 Quarts to 1 Quart; adding (when it is half boil'd) Raisins 1 Ounce; Spanish Juice of Liquorice 2 Drams, and so strain it; Sometimes I add *Japanic* 2 Drams. Sometimes I omit the Raisins and Liquorice, and in their stead (when it's boil'd enough) add Conserve of red Roses 2 Ounces; and when it's strain'd, sweeten it farther with Syrup of Juice of Hounds-Tongue 2 Ounces.

'Tis true, it's a simple, easy, and cheap thing, but for all that a pleasanter and perhaps more efficacious, than those that use to be heaped up (and sometimes clogg'd) with a pompous Apparatus, and numerous Hodg-podge of ill-sorted Ingredients. It enjoys the same Vertues with the Decoction of Woods, which see. Perhaps it may in a singular manner correct Acids, for *Mayow* (p. 37.) saith Spirit of *Virriol*, dropp'd into a Decoction of *Guaiacum*, will ferment with it.

### Decoction Sanct. Purging.

Take *Guaiacum* Chips 1 Ounce; Raisins of the Sun Stoned 4 Ounces; boil in fair Water 2 Quarts to 1 Quart; pass the Liquor through a Sieve boiling hot upon *Senna* 2 Ounces; *Rhubarb*,

barb, Agaric (tied up in a Linnen Rag) Caraway Seeds, of each half an Ounce; sweet Fen-nel, and Anniseed, of each 2 Drams; stop them up close, and infuse warm, 6 Hours: On the strained Liquor 26 Ounces, dissolve Manna, Syrup of Roses solutive, of each 2 Ounces; strain again, and add Aqua mirabilis, and Cinnamon Water, of each 1 Ounce; mix.

The Dose is 4 Ounces.

### A Decoction of Sarsa.

Take Sarsa 3 Ounces; Raisins 1 Ounce and half; infuse according to Art, and decoct in Water 2 Quarts to 1 Quart; in the strained Liquor dissolve Spanish Juice of Liquorice 2 Drams.

I was contented not to omit this, because the whole Throng of Physicians with one Mouth crieth it up, and daily prescribes it, to sweeten sharp Humours, and cure vagous Pains.

Truly it's a temperate Remedy, if it be any at all. But for my part (if I may have leave to speak out my own Experience and private Sense) I have often seen, where Sarsa and China have obtruded the Vigour of the Stomach; but never in all my Practice could I once observe much Good from them, to any one. Peradventure my having so slight an Opinion of 'em might take me off from continuing their Use long enough to see what they would have done.

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It useth to be order'd to half a Pint, twd on three times a day.

### The Scarlet Detaction.

Take Nitre in Crystals 1 Ounce; white Sugar 4 Ounces; Cochineal 16 Grains or 1 Scruple; Powder all together, and put it into boiling Water 1 Quart; continue it boiling just long enough to scum it; then let it cool, and when it's settled, decant the clear.

Because of its beautiful, resplendent red Colour, it recommends itself to the Eye, and is no very unpleasant thing to the Palate neither. Truly I have tried many Forms, and never could yet find out a more grateful one, of giving Salt Prunel. It allayeth the Fever of the Blood, quencheth Thirst, provokes Urine, and is a very convenient Drink in Inflammatory Fevers without Malignity, and especially in Pleurisies: It also stoppeth Bleedings, and driveth out Gravel, and Sand.

The Patient may take a quarter of a Pint twice or thrice a day. I have tried at greater Quantities, and given the whole Quart in the Morning, in two Hours time; but it had a different Effect from what I design'd; for it proved Emetick. I hope the Reader will take this fair Account of my Miscarriage in good part.

### A Decoction of Scorzonera.

Take Pearl Barley half an Ounce; Roots of Scorzonera 2 Ounces; Roots of Sorrel 1 Ounce; Wood Sorrel Leaves 1 Handful; Parings of 2 Pippins; boil in Water 3 Pints to 28 Ounces; Strain, and sweeten with Syrup of Lemon and Raspberries, each 2 Ounces.

It's a pleasant Drink, satisfies Thirst, represses a Febrile Flame, restrains Malignity, carries off by Urine, and is a proper thing for constant Drink in continual Fevers.

Yet (as to myself) I am not fully satisfied, that so insipid and inodorous a Vegetable as *Scorzoneta*, can have much Alexipharmac Vertue in it. I like much better such as *Serpentaria* and *Contrayerva*, that have something so indelible, that a small Quantity mixt in a very great one of any other Ingredients, will not be lost, but taste through all.

### A Decoction against Scrophulæ.

Take Herb Robert, white Horeboud, Smallege, Agrimony, each 1 Handful; Dill-seed half an Ounce; Boil in Water 3 Pints to 1 Quart, and strain.

This was communicated to me as a Specific, but I never used it. 'Tis said, it penetrates into the inmost Recesses of the Body, after a very peculiar manner, visits the Glands, rectifies their *Crusts* and depraved Ferment, attenuates the Feculent Juices, and then casteth them

them out. Let a quarter of a Pint be taken twice a Day for a whole Month, washing and squeezing out into every Morning Dose 40 Millepedes, tied up in a Rag.

### A Decoction against the Scurvy.

Take Pine (or Fir) Tops cut small 4 Handfuls; Winters Bark bruised half an Ounce; Boil in Water 1 Quart to 20 Ounces; pouring into it at last Juice of Dandelion 4 Ounces; strain, and when it's cold add Spirit of Scurvy-grass half an Ounce; Horse Radish Water compounded, and Syrup of Elder-berries, each 4 Ounces.

In the Winter Season, when Herbs have but little and poor Juice, this may opportunely be used in their stead. It attenuates, depurates, and briskly attacks the Blood and Juices, dissolves Storbutic Contractions, unlocks Oppilations, turns off Feculencies by *Diaphoresis* and *Diuresis*. The Dose a quarter of a Pint twice a day.

Altho' I make no question (saith Dr. Sydenham, Sect. 6. Cap. 5.) but that the Scurvy may sometimes be really found in these our Northern Climates; yet I am verily persuaded, it's nothing near so common as the vulgar Opinion would have it. But many, yea most of those Maladies, which are accused for the Scurvy, are either the Effects of some Distemper forming, and not as yet formed so perfectly as to make their Appearance in their own

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proper genuine Shape; ot else are the unhappy Relicks of some antecedent Disease not absolutely cured and eradicated; which by contaminating the Blood and Humours, occasions such Symptoms: And then he in- stanceth the Gout and Dropsy. Now, if this be so, then certainly he who hath not the Skill to distinguish and find out the real Di- stemper, but mistakes it for the Scurvy, and prescribes accordingly, may possibly order a good Medicine; but is never like to cure his Patient.

#### A Decoction of Sorel Roots.

Take Sorrel Roots, Raisins of the Sun stoned and chop'd small, each 2 Ounces; Liquorice, Pearl Barley, each half an Ounce; Boil in run- ning Water, 3 Pints to 1 Quart; strain, and add Syrup of Lemons 1 Ounce; mix.

It's a pleasant Drink for People in a Fever.

#### A Splanetic Decoction.

Take Turmeric bruised 1 Ounce; Rhubarb, Spikenard, each 1 Dram; Kernels of Ash-keys half an Ounce; Agrimony, Ceterach, each 1 Handful; Tamarisk tops 2 Handfuls; Boil in Water 3 Pints to 24 Ounces; strain and add Magistral Worm Water, Syrup of the 5 opening Roots, each 4 Ounces; Spirit of Scurvy-grass 2 Drams; Elixir Proprietatis tartarized 1 Dram; mix.

It putteth the Blood into a sort of Efflu- vience,

velence, and its constitutive Parts into a brisk Motion, whereby they being broken and divided in such a manner, as to hinder all Coagulations and Concretions, its Ferulencies and Impurities are easily separated, and thrown into their respective Emunctories, and thence driven out of the Body. Thus are the Vapours Effluvia sent into the Habite of the Body, the serous Recrements into the Kidneys, the bilious into the Livor, the rest into the rest of the Emiffaries adapted to each; and thence secluded and cast off without Let or Stoppage. The Dose is a quarter of a Pint twice a Day.

### A Splenetic Decoction.

Take Bark of Capers and Ash-tree, each 2 Ounces; tops of Tamarisk, Agrimony, each 2 Handfuls; Salt of Tartar 2 Drams; Boil in Water 2 Pints and half; (adding at last White Wine half a Pint; Spikenard 2 Drams;) to 26 Ounces of it when strained add Magistral Worm Water 4 Ounces; Radish Water compound 2 Ounces; Spirit of Scurvy-grass 2 Drams; Elixir Proprietatis tartarized 4 Scruples; mix.

### A Styptic Decoction.

Take Roots of Nettle and Comfrey, each 1 Ounce and half; Herbs Tarrow, Plantain, each 1 Handful; Pomegranate-peel, Gum Arabick, each 2 Drams; Seeds of white Poppy, Henbane, each 3 Drams; Boil in Water 3 Pints

to 28 Ounces; strain; and add Sugar of Lead 1 Scruple; Astringent Crocus of Mars 4 Scruples; Syrup of dried Roses 4 Ounces; mix.

It contemperate the acrid, increaseth the thin, and refrigerates the hot boiling Blood. It strengtheneth the Tone, corrugates the Fibres, and closeth up the Mouths of the Vessels, and hath place in all manner of Hemorrhages. Let a quarter of a Pint be given twice a day.

### A Decoction of Camarinds.

Take Tamarinds 2 Ounces; Raisins stoned 4 Ounces; Boil in fair Water 3 Pints to 1 Quart, which strain.

It restrains the Flame of the Blood, allayeth unquenchable Thirst, humects, loosens, and is proper for constant Drink, in those Fevers that bring with them Costiveness, Drought, and parching Heat.

### A Decoction with Tartar.

Take Shavings of Ivory half an Ounce; Roots and Leaves of Strawberries 4 Handfuls; White Wine Tartar powder'd half an Ounce; Salt of Tartar 2 Drams; Boil in Water 1 Quart to 1 Pint and half; to the strained add Mint Water, Magistral Worm Water, each 2 Ounces; Aqua Mirabilis 4 Ounces; white Sugar 2 Ounces; mix all.

In the Jaundice, let 6 Ounces be taken three times a day.

### A Decoction with Tartar Purging.

Take white Tartar powdered 1 Ounce; Raisins of the Sun, and Currants chopped small, of each 2 Ounces; boil in an earthen glazed Pipkin in Spring Water 3 Pints to a Quart; to the strained Liquor put Senna 2 Ounces; give it an hot Infusion 6 Hours; then having strained it, let it settle, and poured off the clear, dissolve in it Manna, Syrup of Roses solutive, of each 4 Ounces; and strain it again.

The Dose is 4 Ounces. See Decoction of Raisins.

### The Colutane Decoction.

Take Guaiacum 1 Ounce; Odorous Tacambacca, Balsam of Tola, each half an Ounce; boil in fine Barley Water 3 Pints to 1 Quart; when it's cold, strain, and add Balsam of Pern 16 Drops; Oil of Cinnamon and Nutmegs, each 2 Drops; white Sugar 2 Ounces; mix artificially.

As to its Vertues, it falls in with the Balsamic Decoction; only 'tis somewhat hotter.

### A Traumatic Decoction.

Take Roots of Burdock 3 Ounces; Madder 6 Drams; Rhubarb 2 Drams; Herbs of Dittany of Crete, St. John's Wort, Sanicle, Bugle, each 1 Handful; boil in Water 2 Pints, and white Wine (added towards the last) 1 Pint to 28 Ounces; when strained, dissolve in it

it Venice Treacle 1 Dram; Honey 3 Ounces;  
Oxymel simple 1 Ounce; mix.

It dissolves Concretions of the Gonor-  
rhea, wheresoever extravasated, and returns it again  
into the circulating Channel: It drains out  
Recrements by Sweat and Urine, and doth  
it without kindling any Hæmor: It corroborates  
the Parts that are hurt, conglutinates and  
heals them. The Dose is half a Pint twice  
a Day.

### A Decoction of Trefoil.

Take Water Trefoil dried, Ground Pine,  
each half an Ounce; Bitter-sweet 1 Handful;  
Bay-berries, Stechas-flowers, each 2 Drams;  
boil in Water 3 Pints to 1 Quart; towards the  
last, adding Juice of Rue 1 Ounce; strain.

Buck Bean or Water Trefoil is really a  
good bitter Herb; but I have used it often,  
and in my Opinion, Simon Paulli (in his  
*Quadrup. Botan.*) celebrates it out of reason,  
and beyond its Desert.

This Decoction is design'd for People  
troubled with the Scurvy, and the Gout, and  
promiseth Relief in Pains occasion'd by the  
Infirmary of the Genus Nervosum. The Dose  
4 Ounces three times a Day.

### A Decoction of Turneps.

Take Turneps cut into Slices 2 Pound; Herbs  
Hounds-tongue, Colts-foot, each 1 Handful;  
Raisins of the Sun 1 Ounce; Liquorice half  
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an Ounce; boil in Barley Water 2 Quarts to 1 Quart; adding at last Coriander-seed bruised half an Ounce; let it stand close covered till cool; then let it run through a Straining Bag of itself, without squeezing, and sweeten it with white Sugar-Candy 2 Ounces.

It's a very good Pectoral to temper Acrimony, maturate and incrassate.

### A Mucilose Decoctio.

Take Scorzonera Roots 1 Ounce and half; Liquorice balf an Ounce; Figs 8; Raisins stoned 1 Ounce; shaved Hartshorn 2 Drams; boil in Barley Water 3 Pints to 30 Ounces; adding (when three quarters boiled) Cochineal (not bruised) 4 Scruples; strain and sweeten it with Syrup of Gilly-flowers and Lemons, each 1 Ounce.

Scorzonera we are under a Necessity of prescribing, because the irresistible Custom of Physicians will have it so. But seeing it hath neither Taste nor Smell, nor any other manifest Quality to recommend it, its Vertues must be allow'd to be very obscure, if any at all: And perhaps the Commonwealth of Physick would not sustain much Damage, if it were for the future banish'd the Shops, together with the numerous Rout of other Impertinents.

### A Decoctio of Walnut Binds.

Take the Rind of Walnut-tree Root 1 Ounce and balf; bruise, and let it lie infusing warm  
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(in an Earthen or Glass Vessel) 8 Hours in Elder Vinegar, then dry it: To these Rinds thus prepared, add Caper Bark half an Ounce; Tops of Tamarisk, Agrimony, each 2 Handfuls; boil in Water and white Wine (added at last) each 1 Pint and half, till the Whole come to 1 Quart; which strain out for Use.

It's wholly Splanchnic, and ennobled with the same Vertues that the Splanchnic Decoction is, (which see) unless perhaps it have a more Specifick Respect to Affections of the Spleen: For Specificks, which are found by Experience to have respect to one Part more than to another, consist of such Particles, as being near of a Kin, and consequently easily associated to the Recrements to be strain'd out by that *Viscus*, are carried thither (as 'twere electively) together with them, and there perform their Operation. And besides this Similitude in Liquids, there seems to be an organical Kindred in the Solids also, whereby a Medicine may strike an Impression, particularly upon one Part, and not touch another. Thus, Dr. *Grew* tells us, white Helixore affects the Lips most; *Coloquintida* the Middle of the Tongue, wild Cucumber the Basis of the Tongue, deadly Night-Shade the Roof of the Mouth, and Jalap-root the Throat.

a Dr.

### A Decoction of Walnut Rinds Purging.

Take Walnut Rinds prepar'd as above said  
Half an Ounce; Agaric (tied up) 1 Dram;  
Cloves 15 Grains; Salt of Tartar half a Dram;  
boil in Water 10 Ounces to 4; to the strain'd  
add Elixir Proprietatis tartaris'd 60 Drops;  
Scammony powder 2 Grains; Oil of Anni-  
seed, Juniper, each 1 Drop; mix all for a Po-  
tion.

When Hypochondriac People are to be  
purged, this is a very proper Cathartic.

### A Decoction of the Woods.

Take Guaiacum 4 Ounces; Sassafras 2  
Ounces; Sanders both red and yellow, each 1  
Ounce; Ivory, Hartshorn, each half an Ounce;  
infuse and boil according to Art in Water 6  
Quarts to 3 Quarts; then strain, and sweeten  
with Sugar so as to make it grateful.

It warmeth, drieth, attenuateth, and pro-  
cureth Sweat: It's suitable to such as are of  
a cold, flabby Temperament, and is useful  
in Catarhs, Gout, Palsy, Dropsy, Leuca-  
phlegmatia, Ulcers, &c. Its Dose is 4 Ounces  
twice a Day.

But for such as are of a Bilious Constitu-  
tion, and have acrid Blood, the Quantity of  
Guaiacum and Sassafras ought to be di-  
minish'd, and Sarsa and China may make  
it up.

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## A Decoction of Parrow.

Take Parrow 2 Handfuls; Archangel with a white Flower, Hounds-tongue, each 1 Handful; red Sanders half an Ounce; boil in Water 2 Pints and half to 1 Quart; adding at last Japanese Earth powder'd 3 Deans; Mace bruised 1 Dram; strain.

It's design'd against a Fluor Albus. Give 3 Ounces mix'd with the White of an Egg beaten up, and as much Sugar as will make it palatable, Night and Morning.

## The White Diet.

Take Milk 2 Quarts; the Breast of a Capon boiled; Sweet Almonds blanch'd and well pounded 2 Ounces; beat and mash all in a Marble Mortar; strain and wring it out hard; to this add Rice Meal sifted 3 Ounces; boil it; and when it begins to grow thick, add white Sugar half a Pound; (perhaps that may be something too much, the Palate is the best Judge of the Quantity) red Rose Water 5 Ounces; boil it with a moderate Fire.

This is a Restorative in a Consumption; and also in a Gonorrhœa, and Tabes Dorsalis.

## An Aleripbarmac Draught.

Take Alexiterial Milk - Water 3 Ounces; Epidemiel, Compound Piony - Water; Syrup of Gilly-flowers, Syrup of Saffron, each 2 Drams; Diascordium 2 Scruples; Goa-Stone 1 Scruple; mix.

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In suspicious, ill-condition'd Fevers, it raises and supports the drooping Spirits, resists Malignity, drives it out from the Center to the Circumference, and provokes Sweat. It may be given every 6 or 8 Hours, according as the Case shall require.

### An Antemetemetic Draught.

Take Strong Cinnamon Water, Syrup of Lemons, each half an Ounce; Salt of Wormwood 1 Scruple; Oil of Nutmegs and Cloves, each 1 Drop; Liquid Laudanum 20 Drops; mix.

It's an approv'd, most useful, and seldom failing Remedy. In a Bilious Colick, with enormous Vomiting, and pertinacious Constiveness, we may add powdered Rhubarb half a Dram, or more, and repeat it till it makes its way by Purging.

### An Astringent Draught.

Take Waters of Plantain 3 Ounces; Mint half an Ounce; Strong Cinnamon 1 Ounce; Syrup of Meconium 6 Drams; Oil of Nutmeg 1 Drop; Diascordium half a Dram; Bole 1 Scruple; Batanistines half a Scruple; mix.

It comforts the Stomach and Bowels, retrieves the failing Tone of the Intestines, corrects their Slipperiness, and represseth their continual bearing downwards. To which may be added, that it pacifies the enraged Spirits, and drives the Radii of the Humours and Streams from the Center to the Circum-

Circumference of the Body, and thence carries them off.

### A Bechic Draught.

Take powdered Gum Arabick half a Dram; dissolve it over the Fire in Scabious and Baley Cinnamon Water, each 1 Ounce and half; then add Mithridate, Diascordium, each 1 Scruple; Lobach Sanans 1 Dram; Diacodium half an Ounce, or 6 Drams; mix.

It obrunds, incrassates, and restrains the acrid irritating Serum spewed out of the Glands into the *Larynx*: It defends those exquisirely sensible Parts with a mucous Coat, sweetly causes Rest, and exterminates by *Diaphoresis* the Lymphatic Recrements of the Blood; and so is (upon all Accounts) an apposite Remedy for such a Cough, as (proceeding from catching Cold) is unmercifully troublesome, especially at Night, just after lying down in Bed.

### Dur Bitter Draught.

Take Waters of Carduus 2 Ounces; of Mint and strong Cinnamon, each 2 Drams; of Gentian compound half an Ounce; powder'd Virginia Snake-root 1 Scruple; mix.

It's ennobled with the same Vertues that the *Decoctum Sacrum* is, which see. Moreover it strengthens the Stomach, stops Vomiting, and kills Worms.

**a Draught for a Braine.**

Take Canary 4 Ounces; Oil of Turpentine 10 Drops; Sealed Earth, Dragons Blood powder'd, each 1 Scruple; white Sugar 2 Drams; mix.

It absorbs acitious, extravasated Serum, preserves the due Mixture of the Blood, impresses on it a Balsamick Consolidating Character, and stints inward Bleeding.

**a Camphorate Draught.**

Take Camphire (ribbed, and dissolved in a Mortar with a few Drops of Oil of Sweet Almonds) 8 Grains; Corn Poppy Water 3 Ounces; Syrup of Marsh-Mallows 6 Drams; Sugar of Lead 2 Grains; mix.

It's highly applauded for Scalding and Dropping of Urine, occasion'd either by Epilpalsicks, or sharp Serum. Also (as I have heard) it's a praise-worthy Remedy against frequent Micturition, that dangerous Symptom in the Small-Pox.

**a Cardiac Draught.**

Take Black-Cherry Water, Alexiterial Milk-Water, each 1 Ounce; Mint-Water 1 Dram; Epidemial, Piony compound Waters, each 2 Drams; Confection of Alkermes 1 Scruple; Oil of Nutmeg 1 Drop; Syrup of Gilly-flowers 3 Drams; mix.

It's good in Failing of Spirits, Sick Fitts, and Fainting.

## A Draught for a Catarrh.

Take Colic-Fool-Water 6 Ounces, white Sugar-Candy powdered 6 Drams; the Tolk of 3 Eggs: Having beat them up together, and set them over a gentle Fire, stir and mix them well, and give it the Patient just as he goes to Bed.

This Draught usually gives great Relief in a (let me call it) Gutta, Rheumatick and Evening Cough, caused by catching Cold, which is pretty quiet all Day, but returns at Night, especially when one lies down in Bed, incessantly disturbing, and vexatiously hindering Rest: For, by reason of its sweet unctuous Mucilage, it so defends the *Larynx*, that it feels not the Pricking of the sharp irritating Serum, and so staves off the Cough, and dallies away the Hour, till at length the Time of Coughing is slipp'd, and Sleep steals on.

But in a Pectoral Cough (which comes deep, and arises from pituitous Blood, pouring out gross Feculencies into the Lungs) a too liberal Use of Sugar seems pernicious; forasmuch as it renders the Mass of Blood more feculent than it was before, and stuffs up the loaded *Bronchia* with a fresh Income of Filth, and affecteth the Fibres with a putridinous Disposition.

In the Isle of St. Thomas (saith *Garenciers*) under the Equator, they grind their Sugar-Canes;

Canes; and when they have pressed out the Juice, they throw the Remainder to the Hogs, which grow so fat and tender with it, that they may vie for Goodness with the *Spanish Capons*, and are given to People of weak Stomachs. Hence may be collected, that if Sugar hath a Faculty to produce such a Tenderness in Hogs Flesh, which is the grossest and hardest of all Flesh; for the same reason 'twill promote and hasten Corruption, and a *Sphacelus* in the Lungs, which are of a soft and spongy Substance: And on the contrary, that they may be preserv'd from it, by Stypticks and Astringents.

### A Cephalic Draught.

Take Black-Cherry Water 3 Ounces; Compound Piony Water, Syrup of Piony compound, each half an Ounce; Tincture of Castor 30 Drops; Liquid Laudanum 15 Drops; Cinna-ber of Antimony (or rather native Cinnamon) 1 Scruple; mix.

It's highly conducive in Idiopathic Convulsive Illnesses; that (beginning primarily in the Brain itself, or Nerves) are caused by an ill-ported *Copula*, forcing the Animal Spirits into ExploSIONs. But in such as are Symptomatic, and excited by meer Irritation, either of sharp Humours somewhere in the *Viscera*, or Worms, or painful Breeding of Teeth, although it may do some good, (by helping off the present ExploSION) yet any one may easily

easily perceive, the principal Remedies are to be fetch'd from elsewhere, according as the Variety of Causes requires.

For present Cure, give it (if it can be done) in the very Fitt. For Prevention, give it at Night, 3 Days successively, before the New and Full Moon.

### A Consolatory Draught.

Take Waters of Black-Cherries 2 Ounces; of Mint, 1/2 Damask-Roses, Orange-Flowers Celestis, each 1 Dram; strong Cinnamon, and compound Piony Waters, each 2 Drams; Confection of Alkermes, Gascain Powder, each 1 Scruple; Oil of Cloves 1 Drop; Syrup of Gilly-flowers 3 Drams; mix.

It notably succours the Spirits when sunk, and failing; and does eminent Service in Weakness, Faintings, and Palpitation of the Heart.

### A Diagrydium Draught.

Take Diagrydium finely powdered 12 Grains (to 15;) Antimony Diaphoretic half a Scruple; Salt of Tartar 6 Grains; Oil of Juniper 6 Drops; work all well in a Mortar with the Yolk of an Egg; then add by Degrees Syrup of Roses solutive, Milk and Cinnamon Water, of each half an Ounce; Mint-Water and Aqua Mirabilis, of each 2 Drams; Spirit of Salt Armoniac 12 Drops; mix s. a.

## A Diaphoretic Draught.

Take of Cardus Water 2 Ounces and half;  
Epidemial Treacle Water, Syrup of Meconium,  
each half an Ounce; Diaphoretic Antimony 19 Scruples; Venice Treacle 2 Scruples;  
Spirit of Sal Armoniac 10 Drops; mix.

It will not be perhaps an easy Matter for any one to find out a more certain, pleasant, and powerful Diaphoretick: For Opiates are most excellent Companions to Sudorificks, because they both increase the Evacuation, and also all the while prevent Fatigue and Turmoil. And then Cordials and Volatiles are very properly mix'd with Opiates, because they opportunely hearten up the Spirits, and give them such a Stoupness, that the Narcoticks cannot knock them down.

If Diaphoretick Antimony (saith Fr. Hoffman) be very well prepared, so as to partake plentifully of nitrous Earth, it may be kept good many Years, and given without any Harm at all: But if the Sulphur of the Antimony exceed, because 'twas not sufficiently calcined with Nitre; then, in Tract of Time, being exposed to the Air, 'twill contract scurvy, malignant Qualities, that discover themselves by proving Emetick. To avoid which, it must be faithfully and carefully prepared. See farther of this under the Warwick Potion.

Dr.

Dr. Grez says, That *Antimonium Diaphoreticum*, with Spirit of Nitre, and Oil of Vitriol, severally, makes a considerable Effervescence; wherefore, it's not a useless Preparation, as (from the Calcination and Ablution used therein) some have thought. I myself have tried the Experiment with Oil of Vitriol, and know not how I miscarried, for I could perceive no Effervescence at all.

### A Diuretic Aqua Draught.

Take Horse-Radish Water compound, 1 Ounce and half; Brandy, Juice of Lemons, each half an Ounce; Syrup of Violets, 1 Ounce; mix.

It takes away Thirst, tempers Choler, corrects the Acrimony of Salts, refrigerates, fuses, liquifies the Blood, and makes it shed off its Serum plentifully: It cuts, attenuates, and scours off slimy Phlegm, provokes Urine, and evacuates Gravel and Sand.

It's proper where there's a hot Scorbutick Constitution, a febrile Disposition, and where either viscid or gravely *Pituita* sticking in the Kidneys or Bladder (without Inflammation of Ulcer) hinders the Course of the Urine.

A total Suppression of Urine not caused by Stone, *Mucus*, Caruncle, or any thing obstructing the Urinary Passages; but by the Blood's being so confused as to its Parts, and so locked up as to its Texture, that it

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cannot let its Aquosity go from it; Observations of which Case we have in *Rivers, Willis,* and *Sylvius*; and I myself have met with three, and plainly descri'd it by this, that no Pain, either in the Loins, or *Pubes*, preceded, and the Bladder (by Proof of the Catheter) had no Urine in it.

This remarkable, and (if not timely helped) mortal Obstruction, hath sometimes been removed, by giving very liberally, in large Quantities of Water, Oil of Vitriol, or Spirit of Nitre. And I judge, more Certainty of Success might be expected from it, if Phlebotomy were premised, and cold Fomenting used afterward.

*Dr. Baynard* first hit upon this lucky Cure, and ought to be remembered with Honour for it. See what he saith (*Cold Bath*, Part 2. Pag. 351.) Observations well worth consulting, are to be found in *Philosoph. Transact.* N<sup>o</sup> 215. I have known the like Case where Chymical Acids prevailed. Whether Acid Spirit of Honey may have any Specifick Propriety there, I leave to Experience to determine.

But before I had any Hint of this Practice, I attended a Patient thus obstructed: I could get no Urine, and therefore constantly carried off what I could by daily Laxatives and Clysters: His Belly was not swelled, neither did his Veins seem over full; towards the last his Breath smelt plainly of Urine, and  
his

he had cold Sweats; the thirteenth Day he grew very drowzy; that Night there ran from him (as I judged) between two and three Gallons of Urine, and he died by Morning. I supposed at that time his Kidneys mortifying, and all the Urinary Parts and Passages losing Tone, his Water flooded away for that Reason just before Death.

### A Diuretic Pleese Draught.

Take French White (or Rheinisch) Wine 4 Ounces; Oil of sweet Almonds 1 Ounce; Oil of Turpentine 20 Drops; white Sugar half an Ounce; mix.

It potently expells Urine and Gravel, and is most commodious, when the Reins, Ureters, or Bladder, are (not much inflam'd and hot, but yet) excoriated and ulcerated; As also in Fits of Gravel and Sand (but not of the Stone) where the Urine looks limpid or blackish, turbid or bloody, or where it is chylous or purulent.

*Helmont* will by no means allow, that it's in the Power of Medicines to lubricate and relax the Urinary Passages, because they would then do so first to the Stomach and Intestines; and so they do, I think; and therefore his Reasoning hath nothing in it.

Now there have been many odd Instances, to make one more than suspect, that tho' Anatomy hath not discovered any other way for the Urine, but through the Blood; yet

there may be a nearer Cut from the Stomach and Intestines, by the Convenience of which, Remedies may come entire, or but little alter'd, to the Reins and Ureters. Among many such, *Hoechstetter*! (*dec. 3. cas. 4.*) tells of one that voided running Mercury with his Urine. And (to come to our very Purpose) I myself was called to a Patient, where they shew'd me Oil of Almonds, which had been that Day taken, and was brought off again by Urine: And when I doubted it might slip off the other way, the Party (who is one of great Veracity) assured me, and affirm'd positively, that there was no Mistake, and that it came really and truly by way of Urine.

*Diemerbroeck* saith, he hath more than once seen, where Lamb's Kidney-Fat roasted, had been almost all voided with the Urine a little after it had been eaten.

Authors give Accounts of Pins, Needles, a Bodkin 4 Inches long, an Iron Key, a Bullet, Quicksilver, Beards of Barley, Pieces of Mushrooms, Lettice, Smallage-Root, Raisin-Stones, whole Annise, Melon, and Winter-Cherry Seeds, coming away with the Urine. Now, since it is utterly impossible for these to pass round with the Blood, and through the Kidneys, it must needs be, that there are peculiar Water-Passages from the Stomach, or Intestines, which missing the Kidneys, fall directly into the Bladder; and tho' they are not

not yet discovered to the Eye, so neither are those that carry Milk to the Dugs.

In the *Philos. Trans.* N<sup>o</sup> 65. it is said, There is certainly another Passage of the Urine to the Bladder than by the Ureters; an Experiment having been lately made, whereby the Ureters of a Dog were so carefully tied up, that nothing could pass that way, and yet the Bladder (which had been implied before) was found full of Water. This Experiment is related at large in N<sup>o</sup> 67.

P. 2049.

### 2102 : An Epileptic Draught.

Take Salt of Amber 2 Grains; Oil of Rosemary 2 Drops; fine Sugar 1 Dram; having rubbed them well together in a Glass Mortar, add Waters of Black-Cherries an Ounce and half; of Rue, and Compound Piony, each 2 Drams; Spirit of Lavender comp. Spirit of Salt Armoniac, of each 6 Drops; (more or less according to the Age of the Patient) mix.

### A Febrifuge Draught.

Take Carduus Water 3 Ounces; Treacle Water, Syrup of Meconium, each half an Ounce; Diacordium half a Dram; Salt of Wormwood 1 Scruple; Spirit of Salt Armoniac 15 Drops; Oil of Cloves 1 Drop; mix.

It gives Relief in intermitting Fevers; especially in such of them as invade with cruel cold, shivering, shaking Fits, that

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continue long. Let it be given an Hour before the coming of the Ague; and presently going to Bed, let him do all he can to fall into a Sweat, and keep in it two Hours.

But this Sort of Cure by a *Diaphoresis* is not always certain; for I have observ'd in some, that while I had them in a full smothering Sweat, it hath strangely gone off all of a sudden, and the Horror and Rigor came on at the usual Time; and they were the worse for it, because they lay damp in the cold Fitt.

### Riverius's Febrifuge Draught.

*Take Succory Water 3 Ounces; Salt of Wormwood half a Dram; Spirit of Vitriol 20 Drops; or rather as much as is found sufficient to balance the Salt.*

This is a Medicine in no ways despicable for the Cure of Vernal Agues. Let it be drank an Hour before the Paroxysm, the Patient lying in Bed, and endeavouring to sweat: And let it be repeated likewise before every succeeding Fitt, till at length the Ague be extinguish'd.

This will be the more effectual, if it be given before the Luctation be ceased.

### A Draught against a Fluor.

*Take the White of an Egg; beat it up very well with strong Cinnamon-Water 1 Ounce.*

'Tis to be taken daily, Night and Morn, to restrain the white Fluor, and alleviate Weak-

Weakness, and Pain of the Back, occasioned thereby; but must never be used near the time of the Menstruous Returns.

### A Draught for Gravel.

Take Juice of Parsly 1 Ounce and half;  
Brandy half an Ounce; Oil of Anniseed 2 Drops;  
Spirit of Salt Armoniac 8 Drops; white Sugar  
2 Drams; mix.

It provokes Urine, potently expells pituitous Filth, Granulating Tartar, Gravel and Sand. But where there is a larger Stone than can pass the Parts, these strong Provokers must be by all means forborne, lest if it lie in the Kidney, they (by forcing it into the Ureter, and plugging up its Passage as close as with a Cork) occasion a fatal Suppression of Urine: And if it be in the Bladder, lest they scour and wash off the viscid *Mucus*, which casing over and sheathing up, as 'twere, its pricking Asperities, made it lie soft and easy before; and also lest it disturb and dislodge the Stone (that rested quiet in its place) and cause it to roll and rub, and excoriate, and so excite a most terrible, cruel Paroxysm.

### An Vermifuge Draught.

Take Plantain-water 4 Ounces; Wine Vinegar, Syrup of Comfrey, each half an Ounce; the White of 1 Egg beat up; mix.

This is, in truth, a Noble, Experimented, and

and easily parable Remedy. It mightily refrigerates, incrassates, and puts a Restraint on the vehement hot, bubbling, leaping Blood; constringes, purses up, closes and consolidates the Apertures of the Vessels.

### A Draught of Pounds Congue.

Take Juice of Hounds-tongue half an Ounce; Corn Poppy Water 1 Ounce and half; white Sugar 2 Drams; Oil of Anniseed 1 Drop; mix.

This is a good useful thing in thin Rheums and Coughs, to be taken just at going to Bed.

### An Hydragogue Draught.

Take Cambogium powdered, Cream of Tartar, each 14 Grains; Oil of Juniper (well mixed with white Sugar 1 Dram and a half) 3 Drops; white Wine 3 Ounces; mix.

For the Vertues, see the Hydragogue Pills.

### An hysterick Draught.

Take Penny-royal Water 2 Ounces; compound Briony Water 3 Drams; Tincture of Castor 1 Dram; Juice of Rue half an Ounce; Syrup of Mugwort half an Ounce; mix.

You may give it before, in, or immediately after the Fitt; also for Prevention, 3 or 4 Nights together before the usual Menstruous Seasons.

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## A Japanese Draught.

Take Frog Spawn Water 2 Ounces; Syrup of dried Roses 2 Drams; powdered Japanese Earth 1 Scruple; Sugar of Lead 4 Grains; Oil of Cinnamon 1 Drop; Liquid Laudanum 20 Drops; mix.

It hath marvelous Vertues against Vomiting of Blood, and Spitting of Blood, immoderate Flux of the *Menses*, and all other internal Bleedings.

*Tachenius* (*Hypoc.* p. 104.) saith in distilling Frogs Spawn, it rises all into Water, except some black, dry *Granula*, and it abounds with an occult Volatile *Alcali*, and precipitates the Lead out of a Solution of *Saccharum Saturni*, sooner, and more than any other refrigerating Water whatsoever. That 'tis to be highly esteem'd, for he knew it happily cure a desperate Hemorrhage of the *Uterus*, and tells us, that outwardly apply'd, it without fail takes away the Pain of the Gout and Stone.

*Ettmuller* (L. 1. pag. 1202.) tells us that Frog Spawn ought, for Distillation, to be gathered a few days before the New Moon, and then if it be carefully distill'd, 'twill yield good Water; but at any other Season, its Water will stink, tho' it be distilled a hundred times over.

A DRUG

## A Milky Draught.

Take Yolk of an Egg, brown Sugar Candy powdered fine 6 Drams; red Rose Water 1 Ounce; Oil of Nutmeg 1 Drop; mix these together well, make them Blood warm, and add Milk just from the Cow a quarter of a Pint.

Let it be taken and continued a long time (especially all the Month of May) for Supper and Breakfast in a Hætic Fever, Night Sweats, and such an Atrophy as does not arise from ulcerated Lungs, but acrid fermenting Blood, which cannot assimilate the Chyle, and turn it into Nutritious Juice.

## A Pituitous Draught.

Take red Poppy Water 3 Ounces; Salt Prunel powder'd fine 1 Dram; Syrup of Violets 1 Ounce; mix.

It refrigerates the Blood, cuts its Siziness, opens Obstructions, extinguishes Inflammations thence arising; quenches Thirst, moves Urine, and is chiefly prevalent against a Pleurisy, Peripneumonia, Quinsy, and such Inflammatory Fevers, as partake not of any Malignity.

## An Oleose Draught.

Take new drawn (not rank) Linseed Oil 3 Ounces; Oil of Aniseed 3 Drops; Syrup of Maiden-hair 1 Ounce; Spirit of Salt Armoniac 12 Drops; mix.

It's a Nonfuch for a Pleurisy, (where there is bloody Spittle) Inflammation of the Lungs,

Lungs, and Phthific, due Bleeding not neglected.

The Patient must not drink in an Hour at least after it, for the Oil will be apt to get uppermost in the Stomach, and be cast out by Vomiting.

We always crave for new-drawn sweet Oil, I suppose because it's not so offensive in tainting; but I believe that which is rancid is really better, as being more Digesting and Expectorating.

To depurate it, *Ettmuller* orders to put Water into it, shake it well about, set it by to settle, and pour off the clear; which Operation is to be repeated till it grow limpid and pure. I have heard it's a good way to put in to a Pint of Oil 1 Ounce of *Sal Nitre*, and shake it about till it be fine.

### A Common Paregoric Draught.

Take Black-Cherry Water 2 Ounces and half; Epidemial, and strong Cinnamon Water, each 2 Drams; Syrup of Meconium 1 Ounce; mix.

It's a very usual and useful Prescription to allay Pain, and procure Rest.

### A Refrigerating Paregoric Draught.

Take red Poppy-water 2 Ounces; Frog-Spaw water, Syrup of Lemons, each 1 Ounce; Liquid Laudanum 25 Drops; mix.

It's

It's for the same Uses with that next above, but respects a Feverish Heat and Drought more than it.

### A Peruvian Draught.

Take Carduus (or Alexiterial Milk) Water 2 Ounces; Epidemial Water, Syrup of Gilly-Flowers, each 2 Drams; Oil of Nutmeg 1 Drop; very fine powder'd Peruvian Bark 1 Dram; mix.

This is a good pleasant way of giving the Cortex for Intermitting Fevers.

### A Pleuritic Draught.

Take fine powder'd Olibanum (or instead of it fine black Rosin) 1 Dram; mix it well in a Mortar with the Yolk of an Egg, to which add Diacodium 6 Drams; red Poppy-water 1 Ounce and half; Oil of Anniseed 2 Drops; Spirit of Salt Armoniac 12 Drops; mix.

### A Preparing Draught.

Take Rhebiss (or French white) Wine 3 Ounces; powder'd Cream of Tartar 1 Dram; Syrup of the 5 opening Roots, and Oxy-mel of Squills, each half an Ounce; mix.

Let it be taken the Night before a Purge, where you judge the Ventricle and Intestines are smear'd over with viscid Phlegm, sticking to them like Gluc.

### A Saccharine Draught.

Take Damask Rose, and Barley Cinnamon Waters, and powder'd brown Sugar Candy, each

each a Ounce; dissolve it over the Fire for a Draught, to be taken at Bed-time.

It emulates the Vertues of the Draught for a Catarrh; for it lines the (exquisitely sensible and irritable) Parts with an agreeable Slime; defends them from the Injuries of sharp Rheums, incrassates thin, and obviates moriacid Serum. But in consideration of its extraordinary Proportion of Sugar, it must not be obtruded on those, whose Stomachs are dawb'd over and burden'd with a great Load of clammy Phlegm.

**A Saponaceous Draught.**

Take Venice Soap (scrap'd very thin) from 2 Scruples to 4; boil it in Cows Milk from 8 Ounces to 4; then add Sugar 3 Drams, and strain it.

Let it be given Mornings and Afternoons for 4 or 5 days. It's reckon'd a most prevailing Medicine against the Jaundice.

Barbette (de Epilepsia) tells of a Maid troubled almost a whole Year with Epileptic Fits, which used to hold her from 7 in the Morning till 9 at Night; after he had purged her once, he gave the following Draught twice a day; and in about 30 days entirely cured her.

Take Venice Soap half a Dram; boil it in Milk to 3 Ounces; strain it out for 1 Dose.

**A Saturnine Draught.**

Take Frog Spawen Water an Ounce and half; Vinegar half an Ounce; Juice of Nettle-tops 2 Drams;

2 Drams; Syrup of white Poppy heads 6 Drams;  
Sugar of Lead 6 Grains; Alum 3 Grains;  
Dragons Blood half a Dram; mix.

- It stoppeth Hemorrhages.

**A Draught in the Small pox.**

- Take Cocchineal from half a Dram to 1 Dram;  
boil it in Aleciterial Milk-water 4 Ounces to 3;  
in the strained dissolve Diastordium, from 21  
Scripule to 1 Dram; Didsodium 6 Drams; Oil  
of Nutmeg 1 Drop; mix.

This blows up the Fire a little, and at  
the same time restrains the Spirits from spark-  
ling too vigorously; it's a fine Medicine, if  
judiciously given. But Quacks and Nurses  
were best not venture upon it.

**A Styptic Draught.**

- Take Plantain, Frog Spawn Water, each 1  
Ounce and half; Barley Cinnamon Water, Wine  
Vinegar, each 3 Drams; Syrup of white Water-  
Lilies half an Ounce; Astringent Crocus of  
Mars half a Dram; Sugar of Lead 5 Grains;  
mix.

It succeeds happily against all the sorts  
of Hemorrhages; especially Overflowing  
of the Menfes, and Vomiting of Blood.

**A Draught of Cholatiles.**

Take Volatile Salt of Hartshorn half a Scruple;  
Salt of Amber 5 Grains; Canary Wine 4  
Ounces; Oil of Nutmegs 2 Drops; white Sugar 2 Drams; mix.

This

This is one of the most commodious Forms of giving Volatile Salts, without much Affront to a nice Palate, and is really a Sort of *Sol Volatile Oleosum*, prepar'd *ex tempore*: It supporteth and raiseth falling and prostrate Spirits, dissolves grumous, cuts fizey, moves Ragnating, and depurates feculent Blood: It is usually prescribed in Colds, with a dull heavy Head-Ach, Lethargy, Palsy, Fainting, Trembling of the Heart, Pleurisy, and Dropfy.

*A Draught in a Consuming Fever.*  
Take *Alexiterial Milk Water* 2 Ounces and half; *Treacle Water, Vinegar*, each 6 Drams; *Crabs Eyes* levigated 2 Scruples; *Diaphoretick Antimony* 1 Scruple; *white Sugar-Candy* 2 Drams; Oil of Turpentine 4 Drops; mix.

*Sylvius* gives a Caution against putting mucilaginous Syrups into such Mixtures as have Crabs Eyes and Acids in them, because they will grow roapy, and unfit for Use. And I myself have seen the like in a Inslep with Crabs Eyes and Acids; when it had been kept a while, though it were sweetned with nothing but Sugar.

### An Elixuary against Abortion.

Take Conserve of red Roses, Marmalade of Quinces, Candy'd Nutmeg, Juice of Kermes strain'd, Syrup of Quinces, Syrup of Coral, each half an Ounce; Species of Hyacinth 3 Drams; I

*Drams: Aromaticum Rosatum, Assringent Crocus of Mars, each 2 Drams; Sugar of Lead 1 Dram; Oil of Nutmeg 4 Drops; mix.*

It strengtheneth the Stomach, discuteth Wind, refresheth the Spirits, confirms the Ligaments and Tones of the Uterus, and egregiously comforts the *Fetus*. Half an Ounce is to be given twice a Day.

### An aeth Eleduary.

Take Conserve of Wood Sorrel 1 Ounce and half; Conserve of red Roses, and of Heps, each 1 Ounce; Syrup of Violets half an Ounce; Oil of Kitriol as much as serves to give it a grateful Tastsness; mix.

See the Refrigerating Julep, unto which it vies for Vertues.

### An Analeptic Eleduary.

Take powder'd Chorolate, 2 Sweet Almonds blanch'd, double-refin'd Sugar sacard, sweet Butter unsalted, each half an Ounce; Pulp of Conserve of red Roses pass'd through a Sieve 1 Ounce and half; Juice of Ketmes strain'd half an Ounce; Balm of Gilead 2 Scruples; Syrup of Balsam 2 Ounces; mix.

### 2. Analeptic Eleduary.

Take powder'd Chocolate 2 Ounces; Juice of Kermes strain'd half an Ounce; Ambergrise (ground with a little Loaf Sugar) 8 Grains; Oil of Cinnamon 1 Drop; Oil of Nutmeg 2 Drops;

*Drops; Syrup of Balsam 2 Ounces; or as much as needs to give it a due Consistence; mix.*

It nourishes and strengthens, repairs the wasted Flesh, recruits lost Spirits, and brings Assistance in pining Consumptions. But I have sometimes observ'd it safe too heavy upon weak Stomachs.

Let half an Ounce be taken at 8 in the Morning, and at 4 in the Afternoon, drinking after it Asses Milk.

### An Apoplegmatic Electuary.

*Take Betony Leaves powder'd 6 Drams; Root of Pellitory of Spain 2 Drams; Oil of Cloves (or of Sassafras, or of Origanum) 4 Drops; Honey as much as sufficent; mix.*

It draws out watery and pituitous Humours, by irritating and vellicating the Parts of the Mouth; and hath place in a Tumour and Inflammation of the *Columella* and Tonsils, Quinsey, Tooth-Ach, Stuffing of the Head, inveterate Cephalgie, Soporose Distempers, Epilepsy, Palsy, (especially of the Tongue) and all Sorts of cold phlegmatic Diseases of the Brain and Nerves.

For these Uses, let it be chew'd and rolled about in the Mouth, in the Morning fasting, for half an Hour, holding down the Head, and spitting it out. After it, let the Mouth be wash'd with warm Water; it may also be repeated 2 Hours before Supper Time.

## An Astringent Electuary.

Take Conserve of red Roses 2 Ounces; *Discordium* half an Ounce; powder'd Bole 2 Drams; Dragons Blood 1 Dram and half; *Balanstines* half a Dram; Oil of Nutmeg and *Cinnamon*, each 2 Drops; Syrup of dry'd Roses 1 Ounce; *mix*.

It comforts the Ventricle and Intestines, recovers the Tone of the Bowels, bridles their disorderly Peristaltic Motion, concentrates Acrimony, appeaseth Gripes; In a word, it's an absolute Medicine, furnish'd at all Points (where Astriktion is requir'd) to repress a *Diarrhœa*. But here it is to be observ'd, that as long as Appetite and Digestion remain sound, a *Diarrhœa* never doth hurt. The Dose is half an Ounce.

## A Balsamic Electuary.

Take Conserve of red Roses 2 Ounces; new unsalted Butter washed in Rose-Water 1 Ounce; Yolk of Egg half an Ounce; powder'd Balsam of Tolu 4 Scruples; Balm of Gilead 2 Scruples; *mix*.

It dissolves tough, thick Phlegm, besmearing the *Bronchia*, and renders all the *Meatus* slippery, and easily passable: It repairs and heals (as a Balsam) the Vesicles of the Lungs when tumid, and tense, and strained beyond their natural Tone. Therefore, those that labour under a dry Consumptive Cough, find a great deal of Benefit by it.

The

The Dose is 2 Dräms ever now and then, especially when the Cough is most urgent.

*Mr. Boyle's Electuary.*

Take white Poppy and Henbane-seed powdered, each half an Ounce; Syrup of Consolida Poppy, Conserve of red Roses, each 1 Ounce and half, mix.

It refrigerates the Blood, incrassates thin, and contempers acrid Serum; closes up the Mouths of the Vessels, quiets the Irritations and Spasms of the Minute Fibres. The Honourable Mr. Boyle gives it high and deserved Commendations against Spitting of Blood.

The Dose is the Quantity of a Walnut twice a Day, after due Bleeding, and gentle Purgings.

*A Camphorate Electuary.*

Take Conserve of Rue 3 Ounces; Venice Treacle 1 Ounce; Camphire 8 Grains; Oil of Amber 16 Drops; mix.

It reprimands the Animal Spirits when too furious, and ready for Tumult and Explosion; disciplines them into Order again, shakes off their heterogeneous Copula; and sometimes expells it quite. Upon these Accounts, it's found by Experience to be very serviceable to Hysteric Women, howbeit some cannot away with the odious Ructus, which Oil of Amber causeth.

The Dose is the Bigness of a Chestnut, 3 times a Day, with an Hysteric Julep.

### A warm Cardiac Electuary.

Take Conserve of Gilly-flowers, Conserve of the yellow Peel of Lemons, each 1 Ounce; candyd Citron-peel, green Ginger, Electuary of Sassafras, Juice of Kermes strain'd, each half an Ounce; Oil of Nutmeg 2 Drops; Oil of Cinnamon and Cloves, each 1 Drop; mix.

It operates primarily and properly upon the Stomach, comforting it, by being Aromatic and Warm; and from thence raising up the Spirits into a kind of Ovation, refreshes the languishing Heart, and recruits wasted Strength. Upon this Account (which I note by the by) all true Stomachicks, of right and due, ought to be accounted of the same Family with Cardiacks. Let half an Ounce be taken three times a Day.

### A temperate Cardiac Electuary.

Take Conserve of Gilly-flowers 3 Ounces; Conserve of Barberries, Juice of Kermes strain'd, each half an Ounce; Pearls levigated 4 Scruples; mix.

It's suitable for People in Fevers, that complain of Sinking of Spirits and sick Fitts; for restoring (after a kindly gentle manner) the failing Ferment, both in the Stomach and Blood, it puts the Spirits into a brisker Motion, without increasing the Fever. Let

two

two Drams be given every 6 Hours, with a proper Julep.

### A Cathartic Electuary.

Take powder'd Golden Root, Vervain, Savory, Marjoram, Thyme, Anniseed, each 1 Dram, common Rosin 6 Drams; Mitridate half an Ounce, clarify'd Honey 2 Ounces, or as much as needs; mix.

It corrects both crude and acrid Humours, warms the Stomach, promotes Urine. It hath been kept as a Family Medicine in a Gentleman's House, and is a notable experienced Thing against windy Pain in the Stomach, and flatulent Stitches in the Side. The Dose from 2 Drams to half an Ounce twice a Day.

### A Cephalic Electuary.

Take powder'd Male-Piony Root half an Ounce; Humane Cranium, Cinnamon of Anemomy (or rather Native) each 2 Drams; candy'd Nutmeg 1 Ounce; Syrup of Piony compound 2 Ounces, or as much as is requir'd; Oil of Rosemary and Sage, each 4 Drops; mix.

It cheers and roborates the Brain, depurates the foul, and fixes the too volatile Spirits, is beneficial in Convulsions, Epilepsy, Dizziness, and Idiopathic Cephalalgie.

The Dose is from 1 Dram to half an Ounce Mornings and Nights, especially about New and Full Moon.

### An Electuary with Cinnaber.

Take facitious (not adulterated) Cinnaber half an Ounce; grind it to the Alcohol; add to it double-refined Sugar powdered and searced an Ounce and half; Syrup of Elder-berries as much as suffices; make it up into an Electuary not too moist, lest the Cinnaber, being heavy, sink to the bottom.

Fred. Hofman tells us, that common facitious Cinnaber is not always to be trusted to, forasmuch as it's frequently prepared with Arsenick, that it may bear the more glorious Colour; And that we have for common Sale in our Shops, is usually mixed with red Lead.

Some have no Opinion of Cinnaber, and hold it for a meer Chip in Portage, of no manner of Effect, good or bad; and this, because they observe that it suffers no Alteration in the Stomach or Intestines, but comes off with the Excrements in a red Powder, just as 'twas taken in. But others magnify it highly, and say, since 'tis a Mercurial, it cannot well be suspected for an idle, unactive Medicine: But all the while it stays in the Ventricle, and Intestines, it influences Digestion, alters the Chyle, affects the Membranes, and from them the Brain and Nerves. Therefore they are of Opinion, that it dissolves and depurates the Blood, penetrates the utmost and secretest Recesses of the Body, deep-

deoppilates the Glands of Nerves, frees them from obstruſting Viſcoſity, corrects their morboſe Juices; and for theſe Reaſons they preſcribe it againſt all ſoul cuticular Eruptions, Arthritic Pains, *Tubercula cruda* of the Lungs, *Scrophule*, Ulcers (tho' venereal) and Convulſive Affections.

But by reaſon Mercury is no very good Friend to the Brain and Nerves, and the Membranous Parts depending on them; it's to be given cauſiouſly to ſuch Perſons, as naturally have weak Nerves and diſſipable Spirits; ſuch as are troubled with Tremors, and are liable to Palſies; and all ſuch as are extremely weakened by either great Fits of Sickneſs, or exceſſive Evacuations.

### An Electuary with Cinnamon.

Take good, well-ſcented, and biting Cinnamon in fine Powder 6 Drams; Oil of Nutmegs by Expreſſion 2 Scruples; Saffron half a Dram; Balauſtines, Cochineal, of each 1 Scruple; Flowers of Benjamin half a Scruple; Spirit of Lavender Compound, Juice of Kermes ſtrain'd, of each half an Ounce; Syrup of Raſberries as much as requiſite; make all up into an Electuary of a due Conſiſtence.

This is for Child-bed Women, when a Diarrhea happeneth, and the *Lochia* fail.

An

## An Electuary with Colophony,

Take Conserve of white Arch-Angel-flowers  
1 Ounce and half; Diaſcordium, green Ginger,  
powder'd Colophony, each half an Ounce; Oil  
of Cinnamon 4 Drops; Syrup of dried Roses  
as much as fits to make it up with; mix.

It conſtringes, corroborates, edulcorates,  
mundifies, dries, heals: Besides other its  
Uses, it's very specifically good in a *Fluor  
Albus*; but if the Malady be inveterate, I  
take it for incurable. After other things  
that ought to be done methodically, ac-  
cording as the Case shall require; let 3  
Drams of this be taken twice a day, for a  
long time.

## A Cretaceous Electuary.

Take fine soft white Chalk washed, Con-  
serve of Roman (or Sea) Wormwood, each 1  
Ounce; Oil of Wormwood 1 Drop; Oil of  
Mint 2 Drops; Syrup of Quinces enough to  
mix it with.

This merits a principal Seat among the  
noblest of the Stomachicks; it causeth a  
comfortable glowing Warmth in the Sto-  
mach, and breaks its Acidity. It's preva-  
lent against Heart-burning, Pain in the Sto-  
mach, Belching, Queasiness, Vomiting, In-  
appetency, *Diarrhœa*.

Let 3 Drams be given twice a day, when  
the Stomach is most empty.

An

An Electuary with Currants.

Take of the best Rhubarb (finely grated, without being dried) half an Ounce; Currants picked clean, and rubbed with a coarse Cloth, 3 Ounces; Syrup of Succory with Rhubarb half an Ounce; Oil of Anniseeds 2 Drops; beat it well in a Mortar, till it all be exactly mixed.

It's for 8 Doses to be taken 3 Mornings; after each let the Patient drink a Draught of Scorbutic Ale, together with Elixir Proprietary 20 Drops.

An Erttempozating Electuary.

Take Conserve of Rosemary-flowers 1 Ounce; green Ginger, Millepedes powder'd, (I fancy live ones are better) each half an Ounce; Flower of Sulphur 2 Drams; Flower of Benjamin, Saffron, and Virginia Tobacco, each 1 Scruple; Orris Root 1 Dram; clarify'd Honey, 1 Ounce and half, or as much as wants; mix.

It concocts cold, and cuts viscid Phlegm, opens the Bronchial Ducts, irritates the Lungs so as to provoke a Cough, and powerfully expectorates. The Dose 2 or 3 Drams thrice a day.

An Electuary with Ginger.

Take green Ginger 1 Ounce; Conserve of red Roses 3 Ounces; (Sometimes I order a like Quantity of each) Oil of Cinnamon 4 Drops; Oil of Cloves 2 Drops; mix.

It

It comforts the Stomach, cheers the Heart, assists Digestion, takes off Squeamishness, stops Vomiting, dissipates Flatus's, and upholds native Heat. Give the bigness of a Nutmeg an Hour before Dinner and Supper.

### The Grand Electuary.

Take Conserve of Gilly Flowers, Conserve of the yellow Peel of Orange, and Lemon, each 1 Ounce; Candied Citron, Candied Nutmeg, Candied Ginger, Electuary of Sassafras, Juice of Kermes strained, Spirit of Lavender compound, of each half an Ounce; Oil of Cinnamon, Cloves, of each 3 Drops; Oil of Anniseed, Mint, Wormwood, of each 1 Drop; Syrup of Raspberries sufficient to make it up with; beat it all well, and pass it through a pulping Sieve. This is a great Cordial.

### An Hydriopic Electuary.

Take Conserve of Roman Wormwood 2 Ounces; powdered Gutta Femon 2 Drams; Species of Aromat. Rosat. Oil of Nutmeg by Expression, of each 1 Dram; Syrup of Roses half an Ounce; mix all perfectly.

Let not the Apothecary take Conserve of common Wormwood; because 'twill make the Medicine so unpleasant, that most Patients will refuse it, or at least-wise will not repeat it so often as the Dropsy requireth.

Two Drams of it contain half a Scruple of the Gutta Femon.

An

An Dysenteric Electuary.

Take Conserve of stinking Orrach 4 Ounces ;  
Oil of Amber 48 Drops ; mix.

The Dose is the quantity of a Chestnut.

An Icteric Electuary.

Take green Ginger (pulp'd through a Sieve)  
6 Drams ; Andromachus his Treacle 2 Drams ;  
powdered Turmeric 6 Drams ; Saffron 2 Scruple ;  
Cloves, Anniseed, of each 1 Scruple ;  
Volatile Salt of Salt Armoniac half a Dram ;  
Salt of Tartar half a Scruple ; chymic Oil of  
Nutmeg 4 Drops ; Oil of Mint, and Worm-  
wood, of each 1 Drop ; Syrup of the 5 opening  
Roots as much as sufficient ; mix, and beat up  
with Art.

A Laxative Electuary.

Take powder'd Senna, Cream of Tartar,  
each 4 Scruples ; Pulp of Prunes pass'd thro'  
a Sieve 2 Ounces ; Syrup of Roses solutive as  
much as sufficient ; mix.

This pleasantly-tasted Medicine lubri-  
cates the Intestines, and procures a Stool or  
two without Sickness or Gripes, and may  
serve for four Doses to be taken at Night,  
for which the Party need not keep House  
the next day.

Lucatellus's Electuary.

Take Conserve of red Roses 2 Ounces ; Con-  
serve of Heps 1 Ounce ; Lucatellus's Balsam  
half

half an Ounce; Species of *Diatragacanth* frigid  
1 Dram; Syrup of Balsam 3 Drams; mix.

It incrassates, restringes, heals; and is profitable against Hoarseness, Cough, Spitting of Blood, and all inward Hemorrhages whatsoever: Is good even in a Consumption itself, provided it be not a confirm'd one too far gone.

Let the Quantity of a small Bean be exhibited thrice a Day.

### An Electuary of Balloons.

Take Conserve of common (or rather *Vervain*) Mallow Flowers, new Butter unsalted, each 2 Ounces; powder'd Nutmeg 4 Scruples; mix.

It's slimey, soft and oily, and therefore is a commodious Remedy against a dry husking Cough, Asperity of the *Trachea*, and all sorts of Maladies of the *Thorax*, and Organs of Respiration, that spring from acrid Humours. Moreover, it may be given to allay Sharpness of Urihe, and (because it anoints, as 'twere, and makes the Ureters slippery) to make an easy Descent for Sand and gravely Stones.

The Dose half an Ounce twice a Day, at a good distance from Meals.

### An Electuary with Ganna.

Take *Sperma Ceti* 2 Drams; work it with the Yolk of an Egg in a Mortar, till uniformly mixed;

mixed; then add Manna picked all of the clean sort; Extract of Cassia new drawn, Penids, of each half an Ounce; Oil of Almonds as much as it will well take up; beat it in by degrees; and make an Electuary according to Art.

Very good in the Thrush; and against a dry husking Cough; and is Laxative.

### An Electuary of Mars.

Take Conserve of Roman (or Sea) Worm-wood, and of Scurvy-Grass, each 3 Ounces; green Ginger 1 Ounce and half; Rust of Iron (made into fine Dust) 6 Drams; Oil of Cloves and Sassafras, each 6 Drops; Syrup of the opening Roots 1 Ounce; mix.

It exalts depressed Blood, and gives it a lively florid Colour; opens Obstructions, makes the Fibres strong and springy: Is convenient in a *Chlorosis*, Suppression of the *Menses*, Scurvy, Jaundice, Dropsy, and (to sum up all) in Cachexies of what kind soever.

The Dose is 3 Drams every Morning and Afternoon, at 5, for a whole Month or 6 Weeks together.

Custom indeed hath obtain'd to give Chalybeates Mornings and Afternoons, and strictly to enjoin Exercise to promote their Efficacy; but all Things are not equally expedient for all: For some have I known, in whom Steel Medicines, thus taken, would always stir up great Turmoil at Stomach, ridiculous

dorous Belching, and sick Qualms; and the way to prevent and escape these, was to take them at Night, presently go to Bed and sleep, and so would they bear them well enough. This is not only mine, and a Novel Observation, for *Claudius (de Ingressu ad Infernos,* p. 401.) saith, many have been cured that took Steel in Bed; and therefore it's not always necessary (as the common Opinion runs) to use Exercise after it.

If Chalybeates raise any great Perturbations, *Sydenham* adviseth to give *Landanum* dissolved in some Hysteric Mixture, every Night.

### An Electuary of Mastick.

Take Conserve of red Roses 2 Ounces; Raisins of the Sun passed through a pulping Sieve 1 Ounce; powder'd Mastick 1 Dram and half; Nutmeg half a Dram; Syrup of Meconium as much as suffices; mix.

It coats over the upper Parts of the Throat and Larynx with a Sort of Emplastick Slime, and so obrunds their exquisitely irritable Sense: It also prohibits the Exillation of too thin, sharp, and fluxile Serum from the Glands; remedieth a moist Cough, that troubleth most in the Evening, especially at first going to Bed.

Let the Quantity of a Nutmeg be taken dissolv'd in the Mouth, and gradually swallow'd at every Coughing Fitt.

A Di.

## A Mineral Electuary.

Take powder'd Gum Guaiacum half an Ounce;  
malax it with the Yolk of an Egg; then add  
powder'd Sulphur vive 1 Ounce; Syrup of the 5  
Roots enough to make it into a Consistence;  
mix.

I have known it prescribed, with Success,  
against Mischiefs occasion'd by the external  
Abuse of Quicksilver.

## An Electuary of Mint.

Take Conserve of the right Spear-Mint 4  
Ounces; Oil of Cinnamon 4 Drops; Oil of  
Cloves 2 Drops; Oil of Annise and Wormwood,  
each 1 Drop; mix.

It stops Vomiting, takes away Loathing  
of Meat, invites Appetite, helps Digestion,  
corrects nidorous Belching, astringes and  
corroborates a weak Stomach. Some hold  
that Mint hinders Conception; but perhaps  
that may be a fanciful Opinion, and grounded  
upon no Experience or Reason, as many  
others are, that Tradition hath handed down  
to us.

## An Electuary of Mistleto.

Take powdered Mistleto 1 Ounce; Native  
Cinnamon ground upon a Porphyry, Matthias  
his Spirit of Lavender, of each half an Ounce;  
Oil of Rosemary 8 Drops; Syrup of Cowslips  
2 Ounces and a half; when they are exactly  
mixed,

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*mixed, add Spirit of Salt Armoniac as much as will give it a quick biting Taste; keep it in a Gally-pot, tied over very close with a Bladder.*

For Cephalic Affections; but in a more especial Manner for such as are spasmodic, and vertiginous.

### An Electuary of Mustard.

*Take powder'd Mustard-seed half an Ounce; Conserve of Rue 2 Ounces; Syrup of Stechas 1 Ounce and half; Oil of Rosemary, Lavender, each 4 Drops; mix.*

It penetrates into the Nerves, opens their Obstructions, and puts a new Spriteliness into the clogg'd Spirits: 'Tis of Use in the cold Scurvy and Dropsy, but is principally design'd against soporous Illnesses and the Palsy. The Dose is from 2 Drams to half an Ounce thrice a Day.

### An Electuary with Myrrh.

*Take powder'd Myrrh half an Ounce; Olibanum 1 Dram; Saffron half a Dram; work them together in a Mortar with the Yolk of an Egg, and add fine powder'd white Sugar-Candy half an Ounce; Pulp of Raisins pass'd thro' a Sieve 1 Ounce; Syrup of Balsam half an Ounce; or as much as is sufficient to make it up with.*

It hath Vertues much like the Lobach of Myrrh, which see.

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## A Pectoral Electuary.

*Take powder'd Seeds of Flixweed, clarify'd Honey, fresh Butter, each 1 Ounce; powder'd Nutmeg 1 Dram; make it up with Syrup of Marsh Mallows.*

It admirably prevents and mitigates those Colick Pains, which commonly are occasion'd by a Fitt of the Stone in the Kidneys. For Prevention, let half an Ounce be taken Night and Morning for three Days together, before the New and Full Moon, and a Glass of white Wine after it. To alleviate the present Pain, let the same Dose be taken as soon as ever any Grudging of the Fitt coming is perceived, and let it be repeated every 4 Hours for 6 times; and let a quarter of a Pint of the *Magistral Decoction of Mal-lows* be drank after each Dose.

## A Pectoral Electuary.

*Take powder'd white Troches, clarify'd Honey, Conserve of red Roses, unsalted Butter, each 1 Ounce; Oil of Nutmeg 4 Drops; make it up with Syrup of Jujuves.*

It's an elegant Composition for a troublesome tickling Cough, arising from a thin, sharp Defluxion. Let it be taken from the Point of a Knife, and swallow'd leisurely as it dissolves, as often as the Coughing Fitt assaults.

## A Peruvian Electuary.

Take finely powder'd Peruvian Bark 1 Ounce;  
the blackest part of Japanic Earth 1 Dram;  
Balsam of Peru half a Dram; Oil of Nutmeg 2  
Drops; Syrup of Rasberries 3 Ounces; mix.

Sometimes (when there's no Fear of a *Diarrhæa*) I omit the Japanic Earth, and add fresh Butter half an Ounce; for its Oilyness and Smoothness makes the Bark much easier to be swallow'd, and then it sits not so hard upon the Stomach neither.

If it chance to occasion a *Diarrhæa*, I add Powder of Balauſtines; and to the Evening and Morning Doses, 15 or 20 Drops of *Liquid Laudanum*.

It's a true Specifick against any Sort of Intermitting, or fairly Remitting Fevers, and is contriv'd for 8 Doses, to be given every

3 or 4 Hours.

## A Peruvian Astringent Electuary.

Take powder'd Bark of Peru 1 Ounce; Balsam of Tolu, Japanic Earth, each 1 Dram; Mr. Boyle's Syrup as much as is sufficient; mix.

It's a Specifick and very effectual Remedy for Spitting of Blood; for it consolidates, and (as 'twere Hermetically) seals up the gaping or ruptur'd Vessels, and that without Danger of an Ulcer of the Lungs, which frequently happens upon taking other Medicines, to the irreparable Detriment of the Sick.

Sick. Also after due Phlebotomy, it extinguishes Colligative Hætic Fevers, as faith the Communicator.

It's for 10 Doses to be taken twice or thrice a Day, with two or three Spoonfuls of Plantain or Snail Water.

### A Peruvian Epileptic Electuary.

*Take powder'd Bark 6 Drams; Virginia Snake Root 2 Drams; Syrup of Piony as much as needs; mix it up into a soft Electuary.*

I (*i. e.* Dr. A.) have experimentally found it a most prevalent and most certain Remedy.

If (after due Evacuations) 1 Dram be given to adult Persons (and a less Dose to others) Morning and Evening, for three or four Months, and afterwards three or four Days before Change and Full of the Moon, it absolutely eradicates Epileptic and Hysteric Diseases; and also those odd Epileptic Saltations called St. *Vitus's* Dance, in which the Affected are vexed with a thousand ridiculous Gesticulations and Leapings, after the manner of those in *Apulia*, that are bitten by a *Tarantula*, as the Roman Physician, Dr. *Baglivi*, hath describ'd it.

But though the said excellent Author accuses the Bark, as being the Cause of incurable Mesenteric Obstructions; for my part, I could never yet observe any such Effect, provided the Body were rightly prepared for it: Yet I must acknowledge, that

in continual, malignant, petechial Fevers, Jaundice, and Child-bed Women, (during the Flowing of the *Lochia*) it's accounted destructive. Thus far Dr. A. But Dr. Morison is of another Opinion, (*de morbis acutis*, p. 139.) saying, *Cortex in Puerperio salubriter ministratur*; The Bark is a wholesome Medicine for Child-bed Women.

### an Electuary of Piony.

*Take Conserve of Piony-flowers 1 Ounce; powdered Piony Root 6 Drams; Piony-seed excorticated 2 Drams; Balsam of Peru 4 Scruples; Syrup of Piony 3 Ounces; mix.*

It's prevalent against the Falling-Sickness, and such-like Convulsive Diseases.

### Poterius's Electuary.

*Take Poterius his Antibetetic half an Ounce; Haly's Powder fresh made 1 Ounce and half; Syrup of Jujubes as much as suffices; mix.*

It destroys all manner of exotic, corruptive Sharpness, and Asperities of the Blood and Juices, and induces a balsamic, soft, and oleose Disposition. It's second to none in a Heftic Fever, and may be taken to two or three Drams twice a Day, with a Draught of Asses Milk.

### A Purging Electuary.

*Take Powder of Jalap Root 2 Drams; Rhubarb 1 Dram; Scammony (prepared with Sulphur)*

*pbur*) 1 Scruple; Cream of Tartar 2 Scruples; Oil of Anniseed and Cloves, each 2 Drops; Lensive Eleſtuary 1 Ounce; Syrup of Roses Solutive half an Ounce; or as much as ſerves to make it up.

The Doſe is from 2 Drams to half an Ounce, or 6 Drams in the Morning, with due Obſervance.

### The Quadrate Electuary.

Take powder'd Roſemary-leaves half an Ounce; Syrup of Stechas 1 Ounce and half; Baſam of Peru 12 Drops; Oil of Nutmeg and Roſemary, each 2 Drops; *mix.*

It's deſign'd againſt cold Affections of the Head and Breaſt.

### An Electuary of Rhubarb.

Take Conſerve of red Roses 6 Drams; Diaſcordium half an Ounce; powder'd Rhubarb 2 Drams; Oil of Nutmeg and Cinnamon, each 2 Drops; Liquid Laudanum 80 Drops; Syrup of Quinces half an Ounce; *mix.*

I like better of leaving the Laudanum out of the Compoſitions, and dropping it into each Doſe at taking.

It eaſeth the Pain of the Guts, very gently turns out the morbiſic Matter, and pins the Door after it, and ſtops a Loofneſs. The Doſe is 3 Drams, or half an Ounce, at Bedtime.

## An Electuary of Roses.

Take Conserve of Roses 2 Ounces; Sugar of Roses, (powder'd, and searced) Sweet Butter, (unsalted, and washed in Rose Water) of each half an Ounce; Expressed Oil of Nutmeg, Sperma Ceti, of each 1 Dram; the Yolk of 1 Egg; Oil of Anniseed 1 Drop; Tincture of Benjamin 80 Drops; make it up according to the Apothecaries Art.

It's Use is against Hoarsness, Rheumatick Cough, and the like Spiritual Distempers.

## The Royal Electuary.

Take Conserve of Gilly-flowers 2 Ounces; of Heps, Gelly of Rasberries and of Currants, Juice of Kermes strain'd, each half an Ounce; Ambergrise (well ground in a Mortar, first with Sugar-Candy 16 Grains, and after with Oil of Vitriol 4 Drops) 4 Grains; having wrought it up into an Electuary, and added as much Oil of Vitriol as may make it pleasant, pass it all through a pulping Sieve.

## An Electuary in a Rupture.

Take Conserve of Hypericon-flowers 1 Ounce; Pulp of Comfrey-root (baked in an Oven with Sugar Laying upon Laying) half an Ounce; the Stone called Hematites (reduced with Spirit of Wine on a Marble to an Alcohol) 2 Drams; Dragons Blood in Drops 1 Dram; Sugar of Saturn, Balsam of Peru, of each half a Dram; Oil

Oil of Anniseed, of Sweet Fennel-seed, of each 2 Drops; Syrup of Coral 1 Ounce; or as much as there is occasion for to make it up with; *mix.*

The Dose is 2 or 3 Drams.

### A Sanative Electuary.

Take Sperma Ceti 1 Dram; yellow Wax 3 Drams; Oil of Sweet Almonds 1 Ounce; having melted all together, and taken it from the Fire, keep it continually stirr'd, and when it's almost cold, and hath Consistence enough to stand, mix it in a Mortar with Conserve of red Roses 1 Ounce and half; clarified Honey 1 Ounce; and so make it into an Electuary.

It's very profitable against a tickling Cough, Erosions of the Mouth, and first Passages, Thrush, Dysentery, &c. The Dose 2 or 3 Drams four times a day, or oftener.

### An Electuary of Sarsa.

Take Meal of Sarsa searced 1 Ounce; Gum of Guaiacum half an Ounce; Oil of Juniper 16 Drops; the Yolk of 1 Egg; Syrup of Balsam 3 Ounces; or as much as requisite to mix it.

It doth good for running Joint-Pains, and in foul Ulcers.

### An Electuary of Satyrion.

Take candy'd Satyrion Root 2 Ounces; candy'd Eryngo Root 1 Ounce; candy'd Nutmeg half an Ounce;

*Onice*; Juice of Kermes, Spirit of Clary, each 2 Drams; long Pepper powder 16 Grains; mix.

It's an Aphrodisiac, and after a singular manner restores People that are Consumptive and Emaciated. The Dose 2 or 3 Drams, Evening and Morning, with a Glas of Old Malaga, or Tent Wine.

### A hot Scorbutic Electuary.

Take Scurvy-grass 3 Ounces; Currants, white Sugar searced fine, each 1 Ounce and half; Powder of Arum compound 6 Drams; Winters Bark 2 Drams; Oil of Sassafras 4 Drops; Syrup of Elder-berries 1 Ounce; or as much as needs.

It abounds with a smart, pungitive, volatile Salt; and therefore volatilizeth fixt and acid Salt; mends the Blood and Juices, when over-run with a scorbutick Dyscrasy, dissolves Coagulations, beats open Obstructions, carries away Feculencies both by Sweat and Urine; is available against the rancid Sort of Scurvy, Jaundice, Dropsy, Palsy, &c. Let half an Ounce be taken twice a day, for a Month running. Steel may be added, if the Case require.

### A temperate Scorbutic Electuary.

Take Conserve of Wood Sorrel 4 Ounces; of Heps 1 Ounce; Powder of red Coral half an Ounce; of Ivory, Harts-horn, each 2 Drams; Syrup of the 5 opening Roots 2 Ounces; mix.

It's

It's a well-suited Medicine to those that are Scorbutick, and of a hot Constitution; It restores the lost Ferment of the Stomach, assists the Ventricle and *Viscera* serving to Chylification, in the Performance of their Office; tempers and depurates the Blood, and adust Juices; discharges Stoppages, and promotes Urine. The Dose half an Ounce twice a day.

### A Spirituous Electuary.

*Take Volatile Salt of Salt Armoniac 1 Scruple; Oil of Rosemary 2 Drops; double refined Sugar searced 1 Ounce; Naples Bisket dried, powder'd and searced, an Ounce and half; Mustard Seed 2 Drams; Compound Piony Water, and Matthias his Spirit of Lavender, of each 6 Drams; mix all up into an Electuary.*

It consists of subtile Parts, is a brisk Medicine, comforts the Stomach, Head, Nerves; recreates the Spirits, and helps such as have a Tremor, or are in Danger of a Palsy.

### A Splanchnic Electuary.

*Take Conserve of Roman (or Sea) Wormwood, and of Scurvy-grass, each 2 Ounces; candyd'd Elecampane Root half an Ounce; Powder of Arum compound 3 Drams; long Pepper, Salt of Wormwood, each half a Dram; Syrup of Fumitory 1 Ounce; mix.*

It

It has the same Vertues with the *Splanchnic Decoction*, only 'tis hotter. The Dose 2 or 3 Drams twice a day.

### A Stomachic Electuary.

*Take Conserve of red Roses, and Roman Worm-wood, each 1 Ounce and half; Conserve of Mint, of yellow Orange-peel, green Ginger, Venice-Treacle, each half an Ounce; long Pepper 24 Grains; Oil of Cinnamon 4 Drops; Oil of Cloves 2 Drops; Syrup of Quinces sufficient to make it up; mix.*

When we would have Electuaries (or Powders) remain a good while in the Stomach, it's best to give them alone, without a Liquid Vehicle, and permit no Sort of Drink that may wash them off in an Hour after. Upon this Account also, it's requisite that such Electuaries be made of a grateful Taste, and soft Consistence, that they may be the better swallow'd down.

It corrects the Coldness, Crudity, and Laxity of the Stomach; breaks off Wind, restores Appetite, helps Digestion, cures Vomiting.

Let the Quantity of a Walnut be taken an Hour before Meals for an Appetite, and just after Meals for Digestion.

### A Styptic Electuary.

*Take Conserve of red Roses 3 Ounces; Afrin- gent Crocus of Mars 3 Drams; Sugar of Lead 1 Dram;*

1 Dram; Syrup of Quinces (or of dry'd Roses) half an Ounce; *mix.*

It stays immoderate Flux of the Menses, and all inward Hemorrhages. The Dose half an Ounce.

### A Sulphurate Electuary.

Take Conserve of red Roses 2 Ounces; Balsam of Sulphur Terebintinated 1 Dram; *mix.*

It resists Putrefaction, mundifies, consolidates, dries, roborates, and tempers Acids; is used for Defluxions into the Breast, Cough, and beginning Consumption: But when a Hætic is once begun, Sulphureous Medicines are too hot, and must be forborne. And some forbid Balsam of Sulphur in a Consumption, where there hath been a Breach in the Lungs, and Spitting of Blood. The Dose 2 Drams, twice or thrice a day.

### An Electuary of Tamarinds.

Take Pulp of Tamarinds, Extract of Cassia, of each 6 Drams; Manna (dissolved over the Fire in Rose Water, strained, and evaporated to the Consistence of Honey) an Ounce and half; Senna powdered 2 Drams and half; Cream of Tartar half a Dram; Syrup of Violets as much as requisite: Mix all up into an Electuary.

It's a gentle Laxative for Children, ancient People, and such as are weak.

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### An Electuary of Tartar.

*Take good Cream of Tartar, (not adulterated with Allum) Naples Bisket, of each half an Ounce; powder and sift both, then add Oil of Vitriol 8 Drops; and Syrup of Violets as much as needful; beat all up into an Electuary.*

*Angelus Sala* is very liberal in his Com-mendations of Tartar; saying, It refresheth the Tongue when parched and dry, extinguisheth Thirst, repreſseth the Fervor and Ebullition of Bile, restores Appetite, quieteth Pain of the Stomach, attenuates, and dissolves viscid, clammy, and mucilaginous Humours; opens Obstructions of the interior *Viscera*, dissipates Flatus's, incides crude tartareous Humours, and carries them off more commodiously, and benignly, than any other Medicament can pretend to do.

And he relates of himself, that when he was often, and most miserably racked with the Colick, and could not be freed from it by any other Medicines, he took 6 Drams of Powder of Tartar, by which he was purged, and released from his Torture; and at length, by many Repetitions of the same, entirely cured.

### A Cerebinthinate Electuary.

*Take Conserve of red Roses 4 Ounces; Oil of Turpentine 80 Drops; mix.*

It's

It's an excellent useful Thing for a Cough that is caused by thick Phlegm impacted in the Lungs; for purulent Exulcerations, where there is no great Hætic Fever; as also to deterge the Reins, and enforce Urine. Dose 2 or 3 Drams twice a day.

### An Electuary with Turmeric.

Take Conserve of Celandine-leaves 1 Ounce; powder'd Turmeric half an Ounce; Troches (or rather dried Flesh) of Vipers 3 Drams; Rhubarb, Saffron, each half a Dram; Syrup of Fumitory as much as suffices; mix.

It revives the *Sanguis* of the Blood, adds fresh Vigour to the depressed volatile Salt; stimulates, and gives Motion to the Bile stagnating in the Livor, and so happily cures the Jaundice. Dose the Quantity of a Walnut, twice a day, with a Glas of white Wine after it.

### 1. An Electuary of Zedoary.

Take powder'd Zedoary 1 Ounce; Balsam of Peru 2 Drams; Syrup of Piony 3 Ounces; mix.

It's for the Colick.

### 2. An Electuary of Zedoary.

Take Conserve of Marjoram 6 Drams; Balsam of Peru 2 Drams; long Pepper 16 Grains; powder'd Zedoary 1 Ounce; Diacodium 2 Ounces; mix.

It's

It's helpful in a Colick Fitt, and may be given after Way made through the Intestines by Catharticks: But its main Use is for Prevention of an habitual Hyſteric Colick, where the Stomach and Guts are cold, lax, and weak. The Dose 2 Drams twice a day, at a good distance from Meals.

### A Cardiac Eleosaccharum.

Take Oil of Cinnamon 6 Drops; Saffron, Musk, Ambergrise, each 3 Grains; white Sugar 45 Grains; make it into a Powder to be divided into 6 Doses, and given in a fitting Vehicle.

### An Anodyne Elixir.

Take Camphire, Myrrh, Saffron, each half an Ounce; Contrayerva Root, Cloves, each 1 Ounce; Opium 2 Drams; Spirit of Wine rectify'd without Heat (after describ'd) 20 Ounces; Digest in a Dunghil 6 Weeks, then decant the clear Liquor for Use.

It's one of the best Medicines to cure Colick and Nephritick Pains; it resists Poison, causeth Sweat, and is much esteem'd at Leyden, saith Dr. A.

The Dose is from 5 to 20 Drops in a fitting Vehicle.

### A Cathartic Elixir.

Take Senna 6 Drams; Rhubarb 2 Drams; Liquorice 1 Dram and a half; Anniseed, Carawayes,

ways, each 1 Dram; Cocineal 1 Scruple; Saffron half a Scruple; Brandy 12 Ounces; Aqua Mirabilis, Cinnamon Water, each 2 Ounces; *After due Infusion, strain and add Syrup of Roses, Solutive 2 Ounces; mix.*

I account of this as the best I ever met with of this kind. The Dose is 2 Spoonfuls at Night, and 3 the next Morning, or else 5 or 6 Spoonfuls in the Morning only.

### An Elixir with Cloves.

Take Elixir Proprietatis tartarized, Matthias his Spirit of Lavender, of each half an Ounce; Cloves, bruised 1 Dram and 4 Grains; Cocineal 8 Grains; Grains of Paradise 48 Grains; let all stand 3 Days cold; then strain.

The Dose is 15 or 20 Drops in a Glass of white Madera, Mountain, or Sherry Wine.

### A Stomach Elixir.

Take Elixir Proprietatis tartariz'd 3 Drams; Oil of Cloves, Nutmeg, each 6 Drops; Oil of Mint 2 Drops; Oil of Wormwood 1 Drop; *mix.*

The Dose is 15 or 20 Drops in a Draught of Sack, or Sherry Wine, in the Morning.

### A Stomach Elixir with Cinnamon.

Take Elixir Proprietatis tartariz'd 3 Drams; Oil of Cinnamon 12 Drops; *mix.*

The Dose is 15 or 20 Drops in a Glass of Wine.

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## a Colic Elixir.

Take Spirit of Lavender according to Matthi-  
as 2 Drams; Tincture of Benjamin half a Dram;  
Spirit of Salt Armoniac a Dram and half; mix.  
It refresheth the Spirits in Sick Fits, and  
Hysterick Faintness. The Dose is 20 or 30  
Drops in an appropriate Vehicle.

## Emetic Forms.

Take Luke-warm Water 1 Pint; Oil of Olive  
(or of Sweet Almonds) 4 Ounces; mix for a  
Draught.

Take green Tea half an Ounce; boil it in Wa-  
ter (or Ale) from 1 Pint to half a Pint for a  
Draught.

Take Oxymel of Squills 6 Drams; Salt of Vi-  
triol 4 Grains; mix for a Child 6 Years Old.

Take Oxymel of Squills 3 Ounces; drink it  
in a Draught of Posset.

Take Oxymel of Squills 1 Ounce; Salt of Vi-  
triol 15 Grains; Infusion of Crocus Metallorum  
3 Drams; mix.

Take Oxymel of Squills 2 Ounces; Salt of Vi-  
triol 1 Dram and half; Cinnamon Water 2 Oun-  
ces; mix, and let 2 or 3 Spoonfuls be taken  
twice or thrice an Hour, as long as Vomiting is  
desir'd to be continu'd.

Take Oxymel of Squills, Oil of sweet Almonds,  
each 4 Ounces; let 2 Ounces be taken, and re-  
peated till it operate.

Take

Take Groundsel 1 Handful and half; Currants half a Handful; Anniseed (added at last) 2 Drams; boil in Ale 12 Ounces to half a Pint, for a Draught.

Take inner Rind of Elder 2 Handfuls; boil in Milk and Water, each half a Pint, till balf be evaporated, and strain it out for 1 Dose.

Take green Assarabacca from 5 Leaves to 9; bruise and pour on them Ale (or white Wine) 3 Ounces; let them stand together cold an Hour, and then strain and squeeze out the Liquor for a Dose.

Take Emetic Tartar from 1 Grain to 5 or 6.

Take Emetic Wine (prepared with Crocus Metallorum, and Glafs of Antimony in white Wine) from 20 Drops (which Dose I have known given to a small Infant) to 6 Drams, 1 Ounce, or 10 Drams.

Take powder'd Root of Ipeca Coanna, from half a Scruple (for a Child) to half a Dram, 2 Scruples, or (at most for a grown Man) 1 Dram.

It were to be wished, that young Practitioners (for whose Sake I compil'd this Pharmacopœia) would be very cautious in the Use of, or rather would wholly forbear, the following Emeticks.

Tobacco Leaves.

All the sorts of Spurges.

White Hellebore.

Glafs

Regulus } of Antimony } in Substance.

Crocus Metallorum

Turbith Mineral.

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*Sulphur of Antimony.*

*Flowers of Antimony.*

*Aurum Vita.*

*Mercurius Vita.*, which hath been called

*Mercurius Mortis.*

*Hercules Bovii.*

### The Arabick Emulsion.

Take Gum-Arabick 1 Ounce; bruise and boil it in fine Barley Water 1 Quart, till it be wholly dissolved; with this Solution, and Mallow Seed, white Poppy Seed, and sweet Almonds blanch'd, each half an Ounce, make an Emulsion according to Art; to which add Sugar of Lead 16 Grains, Syrup of Marsh Mallows 3 Ounces; mix.

In any Scalding of Urine, caused either by Acrimony of the Blood, or by Epispasticks, or gravely Sand, it's a present Remedy. The Dose 4 or 6 Ounces, two, three, four, or more times a day.

### An Asthmatic Emulsion.

Take Millepedes alive 120; bruise them in a Marble Mortar, pouring on them by little and little, Penny-Royal Water 6 Ounces; in the Liquor strongly expressed dissolve Gum Armoniac 3 Drams; strain and put to it Tincture of Benjamin 3 Drams.

The Dose is a Spoonful in a Draught of Pectoral Decoction several times a day.

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## A Balsamic Emulsion.

Take Balsam of Tolu 6 Drams; decoct it in fine Barley Water 3 Pints to 1 Quart; when it's cold, strain it, and adding sweet Almonds blanch'd 6 Drams, Balm of Gilead 16 Drops, white Sugar 1 Ounce, make an Emulsion according to Art.

It's a fit Prescription for consumptive Persons; for it softens down harsh Juices, comforts the Lungs, dissolves crude Tubercles, corrects Putrefaction, and makes the Parts sound.

Give a Draught of 4 Ounces four times a day.

## Wunner's Emulsion.

Take Gum Ammoniacum 1 Dram and a half; having dissolv'd it cold in a Mortar, in Hyssop Water, 4 Ounces, and Rhenish Wine 2 Ounces, strain it out for 2 Doses.

In an Asthma it's accounted an extraordinary and never-failing Remedy, and puts off the suffocating Fitt so effectually, that I have not seen a better, saith the Author, Consil. 34.

## A Cathartic Emulsion.

Take Rosin of Scammony, (or Scammony powder'd fine) half a Scruple, or as much as suits the Patient's Constitution; Yolk of Egg 2 Drams; white Sugar 1 Dram; Damask Rose, and  
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and Barley, Cinnamon Water, each 6 Drams; mix for 1 Dose.

This Rosin is wont to be faulty upon two Accounts; either it will not dissolve in the Body, but be cast out again unaltered, without causing any Purgation at all; or it will stick in the Folds of the Ventricle, and Intestines, so as to work ruggedly, and cause Sickness at Stomach, Vomiting, Gripes, and Hypercatharsis: But thus broken into its minute Particles, and divided, and kept asunder by the Admixture of the Yolk, it's perfectly cicurated, and useth to do its Business effectually, and safely enough.

Dr. Jones (of *Opium*, p. 297.) when Rosin sticks at Stomach, for Remedy, giveth *Sal. Tart.* a Scruple in a Spoonful or two of Brandy, and repeats the same often: He also commends Yolks of Eggs.

### A Common Emulsion.

Take sweet Almonds blanch'd, Cucumber, and white Poppy Seeds, each half an Ounce; refined Sugar 1 Ounce; beat these all together in a Marble Mortar, till they are almost like Paste; then adding fine Barley Water, by little and little, a Quart, make an Emulsion, according to Art; which strain and squeeze out, thro' a Linen Cloth.

If the Sugar be thus beaten in with the Almonds and Seeds, it will fetch out their oily

oily Part, and make the Emulsion the whiter and better.

The Uses of this are great and many  
 1. For Heat, Estuosity, Erosions of the Stomach, and Thirst. 2. For Fervors and Torsors of the Bladder, scalding Urine, and *Gonorrhoea*. 3. For Ebullition and Acrimony of the Blood in inflammatory Fevers, Pleurisy, Rheumatism, Watchings, and *Delirium*. 4. To supply and restore *Serum*, when deficient in an ardent and in Hectick Fevers, the Body being parch'd and dry'd up; summarily to lenify, supple, refrigerate, and humect.

Let the Patient take a full satisfying Draught at Pleasure: If the Stomach be very tender and weak, let it be given warm.

### A Cordial Emulsion.

Take Epidemial and compound Piony Water, each 4 Ounces; Citron Seeds half an Ounce; make an Emulsion, to which (when strained) add Sugar of Pearl 3 Drams; Oil of Nutmeg 1 Drop; mix.

In malignant Fevers, let the Sick take 2 or 3 Spoonfuls twice or thrice a day.

### A Diuretic Emulsion.

Take fresh gathered Nettle Roots 4 Ounces; boil them in Spring Water 3 Pints to 2 and a half; to the strained Liquor add Seeds of Nettles half an Ounce; Parsley 1 Ounce; Annise, Mustard, L 4

*Mustard, of each 2 Drams; infuse bot 4 Hours; strain without squeezing; with 28 Ounces of it, and sweet Almonds, Melon, Gromwel, white Poppy Seeds, of each half an Ounce, white Sugar an Ounce and half, make an Emulsion according to Art; to which add Radish Water compound 4 Ounces; Egg Shell, ground to an impalpable Alcohol half an Ounce; mix.*

### An Emulcorating Emulsion.

*Take Gum Arabick 3 Ounces; dissolve it over the Fire in limpid Barley Water a Quart; when it's cold, add Crabs Eyes prepared by Levigation and Lotion an Ounce and half; double refined Sugar 2 Ounces; Oil of Nutmeg 2 Drops; mix.*

This is good in Heart-burning (so called) and Strangury.

### An Emulsion with Parts-horn.

*Take Decoction of burnt Harts-Horn (not clear but white) 1 Quart; sweet Almonds blanch'd, white Poppy Seeds, each half an Ounce; make an Emulsion, to which (when strained) add strong Cinnamon Water 2 Ounces; Oil of Nutmeg 1 Drop; fine Sugar 1 Ounce; mix.*

It's used with happy Success for constant Drink in such Fevers as are accompanied with a symptomatic Diarrhoea.

Calcin'd Hartshorn being a meer *Terra damnata*, wholly bereav'd of all Salts, must needs, as it boils in Water, imbibe the Salt of

of that Water, and leave its Pores empty and esurient: And then that esurient Water taken into our *Viscera* and Vessels, will greedily suck into it whatsoever Salts it finds, and will carry them out of the Body with it. And (as I judge) this is the Manner how it correcteth the Ventricle and Intestines, and edulcorateth the Blood and Juices.

Dr. *Mayow* (*de Thermis Bath*, 264.) lends us some Light in this Matter, saying, If Salt of Tartar be mix'd with Spring Water, a Precipitation follows, and it turns white; which is a certain Proof that Spring Waters have an acid Salt in them.

### An hysterick Emulsion.

*Dissolve cold in a Mortar Asa-fatida 2 Drams, in Black Cherry-Water half a Pint, and strain.*

It's an excellent *Euporison* in Hysterick Fitts or Faintings. The Dose a Spoonful.

### A Pacific Emulsion.

*Take white Poppy Seed 2 Drams; 1 sweet Almond blanch'd, with red Poppy Water 3 Ounces and half, make an Emulsion; to which add Mint Water 1 Dram; Diacodium 3 Drams; for a single Dose.*

It sooths up and composeth to Quiet the mad raging Spirits, and persuadeth Sleep: It's more temperate than *Laudanum*, and lieth not so heavy on the Stomach as *Diacodium*.

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## An Emulsion of Piony.

Take Piony and white Poppy Seeds, blanch'd Almonds, each half an Ounce; fine Loaf Sugar 1 Ounce; Oil of Nutmeg 2 Drops; when they are well beaten together, add by degrees, black Cherry Water 1 Quart; make an Emulsion according to Art; to which, when strain'd, add compound Piony Water 2 Ounces; mix.

N. B. After this manner may any Chymical Oil be commodiously mix'd up, and made fit to take: Or it may be done with the help of Yolk of Egg, as in the *Juniper Mixture*, which see.

It's given for the Epilepsy, and all Convulsive Diseases, but is especially of egregious Use in Fevers with Head-Ach, frightful Dreams, Snatching of the Tendons, &c.

The Dose from 2 to 4 Ounces every eighth or sixth Hour.

## A Styptic Emulsion.

Take Comfrey Root, cut into thin Rundles, 4 Ounces; boil it in Water 3 Pints to 1 Quart; strain out the Liquor, with which and sweet Almonds blanch'd, white Poppy and Henbane-seeds, each half an Ounce, white Sugar 1 Ounce, make an Emulsion, and dissolve in it Salt Prunel 1 Dram; Sugar of Lead 1 Scruple.

It refrigerates, contempers, and incrassates the Blood; closeth up the Mouths of the

the Vessels, pacifieth the unquiet Spirits, and is a useful thing to stay Bleeding at the Nose, Spitting of Blood, Flux of the Hemorrhoids or *Menses*. The Dose 4 Ounces twice a day.

### A Variolose Emulsion.

Take sweet Almonds blanch'd; Seeds of Melons, Cucumber, white Poppy, of each 2 Drams; double refined Sugar half an Ounce; when all are sufficiently beaten up in a Marble Mortar, pour on by Degrees Gelly of Harts-Horn and Ivory (made without Juice of Lemons) 4 Ounces; Alexiterial Milk Water 12 Ounces; strain and wring it out strongly, then add Epidemial, and Cinnamon Water, of each an Ounce; Diaphoretic Antimony rightly prepar'd 2 Drams; mix.

The Dose is 6 or 8 Spoonfuls.

### An aluminous Epithem.

Take burnt Allum powder'd half an Ounce; Nutmeg 1 Dram; Honey of Roses as much as sufficient to make it of the Consistence of an Ointment, which spread upon Paper, and bind upon that Side of the Face that is in Pain, with a convenient Cloth.

The Tooth-Ach is entitl'd to it, and it hath place when the Cause is not a hollow, rotten Tooth, but a sharp Rheum affecting the whole Jaw, and one Side of the Face, which bringeth a Conflux of Humours, and an Inflammation For: it repells very powerfully.

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## An Anodyne Epithem.

Take Brandy 4 Ounces; Camphire half a Dram; Opium 2 Drams; dissolve.

It comforts the Nervous Parts, by its Warmth appeaseth the raging Spirits, penetrates deep, sets open the Pores, attenuates, dissipates, obtrunds the dolorifick Matter, and drives it off by *Diaphoresis*.

## Avicenna's Epithem.

Take Wood-Asbes 2 Ounces; Vinegar 8 Ounces; make a Lixivium; into which strained, dip Linnen Cloths; wring them out, and lay them over the Head.

This is designed for cold Maladies of the Pericranium.

## An Epithem of Calx.

Take Calx 2 Ounces; thin Honey as much as sufficient to bring it to the Consistence of an Unguent, to be spread upon Leather, applied to the Part affected, and renew'd as often as it grows dry.

It must be mingled with Care and Artifice, (especially if the Calx be new calcin'd and unslack'd) otherwise 'twill rise into Bubbles, and grow into Lumps. I have sometimes added common soft Soap.

It's a notable Experiment, and well proved, against fix'd Scorbutick Pains and Joint-Rheumatisms. I never offer'd at it in the true Gout,

Gout, but am of Opinion 'twould be very available; and it may be the safer ventur'd upon, because it doth not repell. It's a good Thing to lay on Chilblains that are not broke,

### A Cordial Epithem.

Take *Queen of Hungary's Water* 6 Drams;  
*compound Spirit of Lavender, Spirit of Saf-*  
*fron,* each 2 Drams; *Apoplectic Balsam* 1  
Scruple; *Oil of Cloves* 10 Drops; *mix.*

It's a proper Prescription against Swooning Fitts, and Palpitation of the Heart; but is not agreeable to Hysteric Women, because of its Perfume, which few of them can bear.

### An Epithem of Sugar of Lead.

Take *Vinegar* half a Pint; *Sugar of Lead* 1 Ounce; *dissolve.*

Fold a Linnen Cloth, dip it into this Liquor, apply it absolutely cold to the Region of the Heart; and as often as it waxeth warm, repeat it cold again.

'Twas communicated to me by an eminent Physician, as a miraculous Experiment against Bleeding at the Nose: He told me, 'twill at first (by reason of its Cold) strike the Patient into a little quaking and shaking like the Horror of an Ague Fitt; and in a small time after, let the Flux of Blood be never so pouring, 'twill most certainly stop it.

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### A Saponaceous Epithem.

*Take the Spirit that comes over first in the Distillation of Magistral Worm Water 6 Ounces; Spirit of Scurvy-Grass 2 Drams; Spirit of Salt Armoniac 6 Drams; Venice Soap scraped thin 1 Ounce and half; Camphire 6 Drams; Opium 1 Dram; Saffron half a Dram; Give it due Digestion, and then decant the clear.*

It mightily relieves and succours Gouty People, where it proves not too hot; for it roborates the Part affected without any manner of Repulsion, streightens out painful Crispations of the Fibres, appeases wild rioting Spirits, sheathes up sharp Points of Salts, dissipates dolorific Ichor, and draws it off by Transpiration.

*John Conrade Rhumelius* hath given us the following pretty concise Prescript, which I suppose this was meant to be an Improvement of.

*Take Venice Soap 2 Ounces; Camphire from 2 Drams, to half an Ounce; Spirit of Wine as much as needs; give it due Digestion, then having separated it from its Feces, keep it for Use, and let it be applied to the pain'd Part with Linnen Cloths.*

### A Stomach Epithem.

*Take Spirit of Wine Camphorated 4 Ounces; Andromachus bis Treacle 2 Drams; Oil of Cloves 16 Drops; Oil of Nutmegs 8 Drops; Oil*

*Oil of Mint 4 Drops; Oil of Annise, and Wormwood, of each 2 Drops; mix.*

This is good against Coldness, Laxity, and Pain of the Stomach; as also against Nauseousness, and Vomiting.

### A Chymical Errbine.

*Take Turbith Mineral half a Scruple; Powder of Liquorice half a Dram; Nutmeg 1 Scruple; Oil of Rosemary 2 Drops; make it all into a Powder, to be snuffed up into the Nose in a very small Quantity.*

Errbines are to be us'd chiefly in the Morning, but (if need be) at any other Time also: They draw out of the Head and Nose abundance of Water, *Mucus*, and viscid Phlegm, and are pertinently prescrib'd against such Illnesses of the Head, as are caus'd by tough, clammy Matter, and have been of long Continuance and contumacious, such as gravative Head-Ach, Palsy, and drowzy Distempers.

This of Turbith is wonderfully powerful, brings off especially thin *Lympha* (as though it rais'd a Salivation through the Nose) so plentifully and streamingly, that none can imagine it who hath not seen it: But if repeated too often, 'twill fret the Membrane of the Nostrils, and make it sore; therefore, after every time of using it, it would not be amiss to snuff up warm Milk or Oil.

a Dr.

## A Deterging Errhine.

Take Decoction of Mother of Thyme 4 Ounces; Antiphtbific Tincture 1 Ounce; Tincture of Benjamin half a Dram; mix.

## An Errhine of Elaterium.

Take powder'd Elaterium 4 Grains; Langinus's Water 1 Ounce; Oil of Nutmeg 2 Drops; mix.

Make Tents of Tobacco Leaves, dip them in this Mixture, thrust them up the Nose, and let them there continue as long as they can be endur'd.

## An Errhine of Euphorbium.

Take powder'd Euphorbium half a Scruple; white Wine 1 Ounce; Spirit of Scurvy-grass 2 Drams; Oil of Marjoram 2 Drops; mix.

Dip Cotton into it, and having shaped it fitting, put it up the Nostrils.

Ludovicus (Pharmac. p. 147.) decocts Euphorbium half a Dram in Water half a Pint; then strains out, and uses it sparingly, because 'tis corrosive and semi-virulent.

## An Errhine of Juices.

Take Leaves of Honey-suckle 4 Handfuls; Primrose 3 Handfuls; Betony 2 Handfuls; Marjoram 1 Handful; stamp these, and strain out their Juice.

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Put some of it in the Palm of your Hand, and snuff it up two or three times, or let it be blown up with a Quill, or Tobacco Pipe.

A solid Erthine.

Take Confectio Hamech, powder d Scammony, each 2 Drams; Euphorbium 16 Grains; make it into a Mass like Paste, out of which form longish Pellets to be thrust up the Nose, and to be there kept an Hour with a Massifier.

A Vitriolic Erthine.

Take Marjoram Water (or Tea made with Marjoram) 1 Ounce; dissolve in it Salt of Vitriol half a Scruple.

Ettmuller takes white Vitriol 2 Drams, Water 8 Ounces, dissolves, and lets it stand to precipitate.

Sometimes he allows but 2 Scruples to 8 Ounces; but if it be too strong, it may easily be weakened to any Degree with Water.

'Tis one of the best Erthines to bring away Mucous, and Plenty of Rheum: And if it be made mild, it may be used to newborn Babes, when their Nostrils are stop'd.

A Citrine Essence.

Take Tincture of Salt of Tartar half a Pint; Powder of Rosinous Jalap 2 Ounces; Cloves 32 Grains; Saffron 16 Grains; infuse warm and close 4 or 5 days.

The Dose of the filtered Essence is from 2 Drams to half an Ounce.

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## A Capital Pyretic Essence.

Take Oil of Cloves 30 Drops; Oil of Anniseed 4 Drops; mix.

Or to these may be added Spirit of Salt Armoniac 2 Drams.

After the same manner may be contriv'd of Chymical Oils infinite other Essences, Stomachic, Carminative, Cephalic, Diuretic, &c. according to the various Intentions of the Prescriber.

Let 3 Drops be taken dropt on a Lump of Sugar, or Sugar-Cake, or in Beer, Wine, or other appropriate Vehicle.

## Githmatic Expression.

Take live Millepedes 128; bruise them in a marble Mortar, adding Waters of Hyssop 4 Ounces; of Penny-royal 2 Ounces; of Piony compound 1 Ounce; in the strained Liquor dissolve Gum Armoniac 32 Grains; strain again, and add Tincture of Benjamin 2 Drams; Syrup of Balsam 1 Ounce; Oil of Anniseed 1 Drop; Spirit of Salt Armoniac as much as will give it a pretty smart Acrimony; mix.

It's to be given a Spoonful at a time in the Paroxysm.

## An Expression of Booklime compound.

Take Booklime, Water-cresses, Borage, Plantain, each 4 Handfuls; having stamp'd them in a Stone Mortar, and pour'd on them Water

2 Quarts,

2 Quarts, let them stand cold an Hour; then strain out the Liquor, and drop into it as much Oil of Vitriol as will give it a convenient Tartness: This set by, and when it's settled and grown very clear, decant it, and keep it in glass Bottles for Use.

This easy Parable, and cheap Expression, hath the same Vertues with the temperate Scorbutic Expression, but refrigerates much more.

Among other its Uses, I esteem it a very admirable Thing against Bleeding at the Nose, and Inflammation of the Eyes, and it may be drank to half a Pint twice a day.

### An Icteric Expression.

Take Celandine 2 Handfuls; Juniper Berries 1 Ounce; to these well bruised, add Saffron (cut small with Scissors) 1 Scruple; white Wine (con Rhenish) 1 Pint; Aqua Mirabilis 2 Ounces; after it hath stood cold 12 Hours, strain out the Liquor, and sweeten it with Syrup of the opening Roots 1 Ounce and half.

After due Purgings (or Vomiting, if needful) give 3 Ounces 3 times a day, till the Jaundice wear off.

### An Expression of Millepedes simple.

Take live Millepedes, and white Sugar, each 3 Ounces; when they are well beaten and mixed together in a Mortar, add white Wine 1 Pint, and strain and squeeze out the Liquor.

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*Millepedes* abound in Volatile Salt (as all Insects do;) they incide, and dissolve rough clammy Phlegm, wheresoever it sticks, attenuate, exalt, and depurate the Blood; penetrate into the Glands, Nerves, Fibres, smallest Pipes and Passages, piercing through Obstructions, deterging, cleansing, and commoving, and are famous for their Diuretic Quality: They are used in Cases of Gravel, Sand, Dropsy, Jaundice, King's-Evil, Cough, Phthisic, Consumption at the beginning, Hypochondriac Affects, Scorbutic Joint-Pains, Dimness of Sight. They procure and preserve a good Skin and fine Complexion, and are much celebrated for an internal Medicine in sore Breasts, malign Phagedenic Ulcers, and Cancers.

They seem not convenient for such as have hot, thin Blood: (And I have heard, (but can't say much to it from my own Experience) that if they be given at Night in large Quantities, they will occasion Scalding of Urine; and when they do so, the true Remedy of it is Balsam of Capivy.

The Dose is 3 Ounces every Morning for a long time.

### An Icteric Expulsion of *Millepedes*.

Take live *Millepedes* 100; Saffron cut small half a Scruple; Nutmeg half a Dram; white Sugar half an Ounce; when these are all well beaten up together, pour on the Mass Celandine (or

(For Cleaver) Water 4 Ounces; Magistral Water 2 Ounces; and Strain out the Liquor, squeezing it hard.

The Title denotes its Vertues: Give half of it in the Morning, and the rest at 4 in the Afternoon every day.

### An Expector of Millepedes for a Cough.

Take live Millepedes cleansed 2 Ounces; Amvised 1 Dram; Nutmeg half a Dram; white Sugar 1 Ounce; having beat them well, and added Pennyroyal Water 6 Ounces, compound Briony and compound Piony Waters, each 1 Ounce, strain it out.

The strange Obstinacy of this Distemper calls for an equal Perseverance in the Use of Remedies. Bleeding being first performed, give Children a Spoonful after every Fit of Coughing, and give it unweariedly, till the Cough be conquered at last, and quite drove away.

### An Expector of Piony.

Take Male Piony Roots, (fresh taken up and bruised) 4 Ounces; Mistletoe cut small 1 Ounce; Canary Wine 1 Pint; give them a hot and close Infusion for 2 Hours; then having wrung out the Liquor, add to it compound Piony Water, and compound Syrup of the same, each 2 Ounces; Tincture of Cassia 2 Drams; Oil of Nutmegs 2 Drops; mix,

It clarifies and invigorates the Brain and Nerves, and it is of Use in Convulsive Maladies, Essential Head-Ach, Megrims, Vertigo, Palsy, and Hysteric Affections.

Give 3 Ounces every Night and Morning.

### A pleuritic Expector.

Take green Dandelion 4 Handfuls; bruise, and pour on it red Poppy Water 1 Pint; then strain, and add Salt Prunel 1 Dram; Crabs Eyes levigated 2 Drams; Syrup of red Poppies 3 Ounces; mix.

It gives a Check to the raging Orgasm of the Spirits, qualifies the Fervor of the rarsified boiling Blood, melts down gellied Lympha, and provokes Urine.

After needful Bleeding, (without which nothing will signify much) let 5 Spoonfuls be given each other Hour.

### A Refrigerating Expector.

Take Male Pimpernel 3 Handfuls; Borage 6 Handfuls; Roots of Borage cut into thin Rundles 2 Ounces; Pippins 3; Salt Prunel 2 Drams; white Sugar 1 Ounce and a half; Stamp, and pour on them Meadow Sweet Water 3 Pints; when they have stood a Night's space, strain out the clear Liquor.

It's dedicated to the Service of such melancholy Persons, as are of an adust, hot, and dry Temperament; for it corrects atrabilarious Blood, qualifies its Ebullitions, tempers

pers flatulent Effluviies of the Hypochondria, refrigerates the over-heated Brain, condenses rarified, and restrains boisterous Spirits, precipitates Salts, and carries them off by Urine.

The Dose is 6 Ounces twice or thrice a day, for a good long Course of Time.

### A Rosaceous Erpession.

Take the softest, free, white Chalk powder'd 2 Ounces, Bole Armoniac 1 Ounce; boil in Water 3 Quarts to 1 Quart; set it by to subside; then having decanted the clear, put into it Conserve of red Roses 6 Ounces; digest warm for 12 Hours; and so run it thro' a straining Bag, till it be clear.

This is truly a present and trusty Remedy for such a Diarrhea as ought to be stopp'd, whether it proceed from Acrimony and Permentation of Humours, or Weakness and Slipperiness of the Guts, either with or without Gripes. If any find it too cold for them, it may easily be help, with Cinnamon-Water, or Venice-Treacle.

The Dose is 6 Spoonfuls twice, thrice, or oftener, a day, as the Case shall require.

### A Scorbutic temperate Erpession.

Take Brooklime, Water Cresses, Dandelion, Cleavers, each 2 Handfuls; Oranges cut to pieces with their Peel 4; stamp and add white Wine, Elder Flower Water, each 1 Pint; when they have

have stood a while, strain out the Liquor, which when clear pour off, and sweeten with Sugar to make it palatable.

It's very advantageous for those Scorbutic People that are of a hot Constitution, and apt to be troubled with Erratic Flushings, Hætic Heats, and Wasting of Flesh. Let 4 Ounces be drank twice a day.

### A warm Scorbutic Expression.

Take Scurvy-grass, Water-creffes, Brooklime, Celandine, each 4 Handfuls; to these, when stamp'd, add white Wine half a Pint; Horse Radish Water compound, Magistral Worm Water, each 4 Ounces; after it hath stood an hour, strain out the Liquor, and add Spirit of Scurvy-grass 2 Drams; white Sugar 2 Ounces, or as much as will make it grateful; mix.

It emulates the Verrues of the hot Scorbutic Ale; (which turn back to) let 4 Spoonfuls be taken thrice a day in a Draught of Ale or Beer.

### A Styptic Expression.

Take common Daisie, Mouseear, Tarrow, Nettle, each 3 Handfuls; having stamp'd them, pour on Plantain Water 12 Ounces; after it hath stood an Hour, strain it, and add Salt Prunel 2 Drams; Syrup of dry'd Roses 2 Ounces; mix.

It refrigerateth, tempereth, depurath, and incrassateth the Blood; also it constringeth

geth the gaping, and healeth the wounded or broken Vessels; and upon these Accounts cureth Spitting of Blood, and all Sorts of Hemorrhages.

The Dose is 3 Ounces twice or thrice daily, till the Cure succeed; but Laxatives must be interposed at due times.

### A Pectoral Extract.

Take the best Malt can be got, (not burnt in drying) ready ground 1 Gallon and a half; Water 2 Gallons; make Ale-Wort according to Art. To this (drawn off clear) add Malaga Raisins stoned and stired small half a Pound; Liquorice 2 Ounces; powder'd Japonic Earb 1 Ounce; boil till it come to half a Gallon; then strain it out, and having added Cochineal 4 Scruples, set it on a moderate Fire, to evaporate till it come to the Consistence of Honey.

I have often caus'd this extraordinary neat and efficacious Medicine to be prepared, and ever esteem'd it the more excellent upon this Account, that tho' it be a thick, gluey Sort of Mucilage, yet, by reason of its grateful Austerity, it doth not (like all other Incrasfaring Pectorals) relax, and sit heavy upon the Stomach; but on the other hand, comforts it, and strengthens, and confirms its Tone.

Its Business is, to moisten the Membranes of the *Larynx* when parch'd, appease them when irritated, heal them when excoriated: To

To refrigerate the Glands when over-heated, soften them when swell'd hard, and constringe them when lax and spongy: To temper the Acrimony of the *Serum*, incrassate it when too thin, and restrain it when flying out. And so, upon these Accounts, it's a most substantial and adequate Remedy for a Rheumatick Cough, and Asperity of the Throat. To be taken like a *Linctus*.

### An Anodyne Foment.

Take white Poppy Heads (*cut, and bruised with their Seeds*) Dill Seeds, each 2 Ounces; Leaves of Herbane, Hounds-Tongue, common Night-shade, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts, and strain it out.

It explicates the corrugated Fibres, composes enrag'd Spirits, obtrunds acrid Humours, attenuateth Viscid, and returns Stagnating into the common circulating Channels.

Let it be used very hot, with Flannel Stupes, and repeated as often as Pains grow strong again.

### An Articular Foment.

Take Oil of Vitriol rectify'd, Spirit of Wine rectify'd, of each a like Quantity; mix these artfully, and digest in a temperate Heat 10 Days.

Infinite Caution ought to be used in external Applications to the Gout; as also all nervous Affections in the extreme Parts: For if the morbid Matter be thereby dislodged, and

and not corrected, nor carried off, it may shift to some noble Part, the Brain, or Stomach, as somewhere it needs must.

A certain Baronet's Daughter had a grievous Pain in her Loins, which (upon I know not what external Repellent) Ash'd suddenly up into her Head, and entirely took away her Senses, and laid her in a strange Sort of Amazement, with a Mixture of Fright and Fury: It also struck her as absolutely blind, as if her Eyes had been beat out; and tho' she opened, and turned them about freely, and they appeared clear enough; yet when I put a lighted Candle into the very Face of her, she had no Perceivance of it in the least. Dr. *Sloane* was joined with me for her; and upon Means used, in three or four Days, the Cloud upon her Brain broke, and by Degrees dispersed like a Fog in a Sun-shining Morning; and she found her perfect Senses and Sight again, but was astonish'd at her being, as 'twere, in a new World of Species; for every thing appeared black, and all so disproportionably magnify'd, that she knew Nothing by Sight.

But the Optick Nerves and Ophthalmick Membranes gradually ceasing to be spasmodically constringed, recovered free Passage for the Spirits, and regain'd their Natural Tone; and consequently the Eyes returned to their proper Figure, and just Convexity, and then officiated as formerly. But she came

came not to perfect Health till she had drank the Bath Waters, and thereby warmed, and strengthened the whole Nervous System.

### An Astringent Foment.

Take Oak Bark 2 Ounces; Pomegranate Peel half an Ounce; Balanstones, red Roses dry'd, each 1 Handful; boil in Water 2 Quarts to 1 Quart; strain, and add rough red Wine half a Pint; to these may also be added Allum 2 Drams, or half an Ounce.

It corrugates the relax'd Fibres, strengthens their Tone, shuts up the external Pores, and straitens the internal Passages, hinders the Afflux of Humors, and repells them off: It's good in the Beginning of Inflammations, during the time of Influx, and as long as the Matter is repassable; Also in OEdematous Tumors, Vomiting, *Diarrhaea*, immoderate Flux of the *Menses* or Hemorrhoids, Falling out of the Womb or Intestines, and in Ruptures, after the putting back of the Guts.

### A Foment with Bitters.

Take round Birth-wort Roots 1 Ounce; common Wormwood dry'd, Lavender Cotton, Tansy, Tops of Sagino, each 1 Handful; Bearsfoot half a Handful; *Coloquintida*, Aloes, each 1 Dram; make a Decoction in Water 3 Pints to 1 Quart, and strain.

It's no unusual thing for Worms to creep into the *Plicae* of the Intestines, and lie and lurk

lurk there so closely and securely, as to elude the Force, not only of altering, but purging Medicines also; which slip by, and never touch them at all. In this Case, Externals (and this Fomentation especially) are exceeding useful to disturb and drive them out of their Dens into the open Ways of the Intestines, where Purgers finding them, may kill and expell them by Siege.

Let it be used to the Region of the *Abdomen*, with Flannel Stupes hot, before Purg-  
ing.

### A Camphorate Foment.

*Take Vinegar 1 Pint; dissolve in it over the Fire Nitre 1 Ounce; Camphire 1 Dram.*

Apply it quite cold to the Region of the Breast, and 'twill marvelously stop enormous Bleedings at the Nose. Lay it to the Region of the Pubes and Testicles, and 'twill put off a drunken Fitt.

### A Colic Foment.

*Take Camomile Flowers 2 Ounces; Juniper and Bay-berries, each 1 Ounce; Crude Salt Armoniac half an Ounce; boil in Water 3 Quarts to 2 Quarts, adding at last Seeds of sweet Fennel, Caraway, Cummin, and Annise bruised, each half an Ounce; to the strain'd add Brandy 1 Pint; mix.*

This is useful, not only in a Flatulent or Wind-Colick, but also in the terribly torturing

turing bilious Colick; for when the Pain rages intolerably, as though the very Guts would break, and the Sick is so excessively costive and shut up, that even the strongest Catharticks cannot work their way through: Then it is that these Foment's come in to our Assistance, like Help sent from Heaven; for by gratifying the Muscles of the *Abdomen* with a pleasing warm Irrigation, reviving native Heat, driving off Flatus's, letting loose the spasmodic Knot, and re-establishing due Peristaltic Motion through the Intestines, they happily assist Purges to do their Business to purpose, and break off the Disease.

### A Corroborating Foment.

*Take Salt of Tartar half an Ounce; Shavings of Sassafras, Guaiacum, of each 1 Ounce; boil in fair Water 2 Quarts to 3 Pints; to the strained add Mother of Thyme, Marjoram, Rosemary, Lavender, of each 1 Handful; Mustard Seed half an Ounce; Nutmeg, Mace, of each a Dram and half; Cloves 1 Dram; infuse hot, and close 2 Hours; and strain. When you use it, you may drop in Spirit of Salt Armoniac enough to make it quick.*

It's to be used to the Head, or any Limb that is weak, or in Pain, from a cold Cause. After it, the Part may be wrapped up in a Cloth rubbed with Cephalic Liniment, and fumed with the Smoak of Frankincense.

## A Diuretic Foment.

Take Roots of Smalage 4 Ounces; Roots of Fennel, Linseed, each 2 Ounces; Herbs Pellitory of the Wall, Mallows, Ar, mart, Camomile Flowers, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the Strain'd dissolve Crude Salt Armoniac (or if you cannot get it, Salt Prunel) half an Ounce; common Soap 2 Ounces; mix.

It's used with laudable Success in the cruellest Fitts of the Stone in the Bladder, accompanied with most lamentable Torture and Suppression of Urine: But it doth not operate (as vulgarly believ'd) because it consists of Ingredients that are properly Diuretic, and endow'd with a Specific Gift of expelling; but partly, because it relaxes and creates (by its soft Foment and kindly Warmth) the Muscles of the *Abdomen* and Bladder, which the Pain and Afflux of Humors had render'd tense and rigid; and partly, because (by mildly pricking them up as 'twere, and stimulating) it provokes them to fall on a-fresh upon their usual Business of Constriction.

## A Dysenteric Foment.

Take Oak Leaves green 10 Handfuls; boil them in a close cover'd Pot in strong Wine Vinegar as much as needful for a Foment, with which let the Anus be fomented, and the hot Vapor received up into it.

This

This truly is *Rulandus* his Experiment; but (I declare it) I should scarce trust to such a slight Remedy alone, in so direful, calamitous, and hardly superable a Malady. Howbeit, I am not unwilling to allow it place, provided it put not by the Use of other proper Remedies.

### A Foment of Elder.

*Take green Leaves (or in the Winter Time, inner Bark) of Elder 4 Handfuls; boil in Water 3 Pints to 1 Quart; in the strain'd dissolve common Soap 1 Ounce.*

It's of great Effect and Specifick Vertue against an *Erysipelas*, powerfully stopping and subduing it. But when the Cuticle is corroded, and the Part raw like a Burn, it will cause such smarting Pain, that it can scarce be endur'd.

### An Emmenagogue Foment.

*Take Roots of white Briony 4 Ounces; round Birth-wort 2 Ounces; Zedoary, Bay-berries, each 1 Ounce; Herbs Feverfew, Mugwort, Savine Tops, Camomile Flowers, each 2 Handfuls; boil in Water 1 Gallon to 5 Pints; to the strain'd add Brandy 1 Pint; mix for a Foment, to be used very hot, to the Region of the Abdomen and Pubes.*

It warms and comforts the Parts, breaks open pituitous Obstructions, attenuates feculent gross Blood, moves it when stagnating,

ting, and inclines its Course to the Vessels of the Uterus.

### A Foment in Flux of the Hæmorrhoids.

Take Mullein, Yarrow, Plantain, Elder Leaves, each 4 Handfuls; Pomegranate Peel 1 Ounce; boil in Water and rough red Wine, each 3 Pints to 2 Quarts; in the strain'd dissolve Alum half an Ounce; Sugar of Lead 2 Drams; mix.

It doth a great deal of good, not only in this mention'd Case, but also in immoderate Flux of the *Menses*, *Diarrhæa*, and Beginning of Inflammations; for it wonderfully astringeth and repelleth.

### A Foment for Pain of the Hæmorrhoids.

Take Onions, Linseed, each 4 Ounces; Herbs Henbane, Toad-flax, Yarrow, Mullein, each 2 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the strain'd dissolve Opium 2 Drams; mix and use it luke-warm.

It relaxeth the cruel Tension of the Vessels, obrunds the Acuteness of Pain, melts down and discusses those viscid and grumous Feculencies that lay Obstructions and excite Tumors: And lastly, it repells the Inundation of the Blood.

### A Foment for Inflammations.

Take Roots of Marsh Mall<sup>w</sup>, white Lilly, each 1 Ounce and half; Ferbs Mallows, Mullen,  
N  
lein,

lein, Henbane, Flowers of Elder, Camomile, Melilot, each 1 Handful; Seeds of Flax, Fenugreek, each 6 Drams; boil in Water 3 Quarts to 2 Quarts, and strain.

It's Emollient and Anodyne, equals the next following; but the Difference is, it doth not discuss so powerfully.

### A Lateral Foment.

Take Marsh Mallow Roots, white Poppy Heads, (cut and bruised with the Seeds) each 2 Ounces; Seeds of Flax, Fenugreek, Cummin, Bay-berries, each 1 Ounce; Mallows, Feverfew, each 3 Handfuls; Camomile Flowers 2 Handfuls; boil in Water 1 Gallon to 2 Quarts, and strain.

It mollifies, discusses, eases Pain: Is certainly very helpful in a spurious, pituitous, or flatulent Pleurisy, where the Matter lieth outward, and there's no great Inflammation; for it relaxeth the rigidly tense *Fibrillæ*, quieteth the painfully agitated Spirits, attenuateth thick Phlegm, discusseth vaporous Steams; and as to the noxious Matter collected, it partly returneth it to Circulation, and partly calls it out by *Diaphoresis*. But in a true, internal, furious Pleurisy, with bloody Spitting, and rushing Afflux of unruly Blood, such a Foment is likely to do more Hurt than Good, because it may increase the Afflux, and Inflammation.

## An Ophthalmic Soment.

Take dried white Poppy-heads, (cut, and  
bruised with the Seeds) 2 Ounces; boil in Spring  
Water a Quart to a Pint; in the strained dis-  
solve Rases his white Troches half an Ounce;  
mix.

You may add a little Alum to it in some  
Cases.

## A Pacific Soment.

Take Vine and Willow-leaves, Lettuce, each 2  
Handfuls; white Water Lilly-flowers, red Roses,  
each 1 Handful; white Poppy-heads (with the  
Seeds) 2 Ounces; boil in Water 1 Gallon to  
2 Quarts; in the strain'd dissolve Opium 2  
Drams.

Use it warm with a Sponge to the Tem-  
ples, Forehead, whole Head and Feet: It  
deserves to be employ'd where 'tis not alto-  
gether safe to give Hypnoticks; namely, in  
Fevers that rage impetuously, with Fervour,  
and pulsing Pain of the Head, pertinacious  
Watchings, and Danger of a *Delirium*; for  
by its soft Cherishment, kindly Warmth, and  
temperate Humidity, it humects, mitigates,  
and appeases acrious, boiling Juices, and de-  
rives them from the Head, either by Perspi-  
ration or Circulation, and so disposeth the  
weary, worn-out Spirits to rest, and pro-  
cureth placid Sleep.

N 2

But

But in Fevers of a malignant Nature, where the Spirits, by the Venom being oppress'd, staggering, scarce able to sustain themselves in orderly Rank and File, and almost struck dead, are in danger of falling into Dozing or Convulsions: In this Case I advise it to be avoided as Poison.

### A Podagric Foment.

Take Ground Pine, Southernwood, each 4 Handfuls; boil in Water 3 Quarts to 2 Quarts; in the strain'd dissolve Salt of Tartar, and Salt Armoniac, each 2 Ounces.

It maintains and roborates the Tone of the Part, appeases the Irritation and Exacerbation of the Spirits, residing in the *Fibrille*, and either fastens upon the Arthritic Salts, draws them out, or else precipitates and hinders them from dolorific Effervescencies; And (which makes it safe) in the mean time repelleth not at all; for Repellents in the Gout are sometimes most exceeding dangerous, because they may drive the morbid Matter to the Stomach or Brain.

### A Scorbutic Foment.

Take Ground Pine, Henbane, each 2 Handfuls; Winters Cinnamon balf an Ounce; Horse-Radish root, Earth Worms, (added at last) each 2 Ounces; boil in Lime-water 3 Pints to 1 Quart; to the strain'd add Spirit of Scurvy-grass 2 Ounces; Opium 1 Dram; mix.

It's

It's prevalent in fix'd Scorbutic Pains, forasmuch as it sustains the Tone of the Parts, layeth the weary Spirits to rest, knappeth off the sharp Points of the Salts, and forceth the acrid *Ichor* to evaporate either by insensible *Effluvia* or Sweat.

### A Spirituose Foment.

Take *Queen of Hungary's Water* 6 Ounces; *Matthias his Spirit of Lavender*, *Spirit of Scurvy-Grass*, of each an Ounce and half; *Spirit of Salt Armoniac* 1 Ounce; *Camphire* 4 Scruples; *Oil of Terebintb* 80 Drops; mix and digest.

It attenuates, discusses, warms, corroborates; is available against Maladies (especially of the membranous Parts) occasion'd by pituitose Obstruction, relaxed Tone, or Overstraining of the *Fibrillæ*; it's commendable in the Palsy, Joint-Pains; as also in the Colick, and Iliac Passion.

### A Splenetic Foment.

Take dry'd Tobacco Leaves 1 Ounce; infuse warm 2 Hours in Water 2 Quarts; in the strained dissolve Gum Ammoniac half an Ounce.

Let the Region of-the Spleen be fomented with Flannel Stupes dipt into it, and wrung out as hot as can be endur'd.

## A Stomachic Foment.

Take rough red Wine 1 Pint; Brandy, Wine Vinegar, each half a Pint; dry'd Wormwood, Mint, each half a Handful; Bistort Root half an Ounce; Pomegranate Peel 2 Drams; Cloves, Mace, Nutmeg, Cinnamon, each 1 Dram; Venice Treacle half an Ounce; Macerate close in Balneo 2 Hours, and use the strain'd, as hot as can be suffer'd.

This is indeed a noble Remedy, notably comforting, warming, strengthening, and is used with good Success, when the Stomach being grown cold and flaccid, is troubled with *Flatus*, Pain, Queasiness, Vomiting, Loss of Appetite, and ill Digestion: It's good also in a *Diarrhoea*, *Hypercatharsis*, Dysentery, &c.

## A Foment for a Tympany.

Take Nitre 2 Ounces; Salt Armoniac 1 Ounce; Spirit of Wine with a great deal of Phlegm in it 1 Quart; mix and dissolve in a Glass.

Foment the Belly with Flannel Stupes dipt in it twice a day, for half an Hour at a time, and after Fomentation apply a Cataplasim of Cowdung, sprinkled over with *Album Græcum*; to which may be added our *Apertive* or *Splanchnic Ointment*.

## A Frontal with Camphire.

Take Camphire 8 Grains; Vinegar 1 Ounce; red Rose Water 7 Ounces; dissolve.

It's

It's useful in Watching, Head-Ach, and *Delirium*, in such Fevers as fetch their Original from Fervor and Rarefaction of the Blood, and not from Oppression and Confusion of the Spirits, as it useth to be in malignant Fevers: Which Distinction is to be accurately made and observ'd.

### A Frontal with *Opium*.

Take powder'd *Mastic*, *Frankincense*, each 2 Drams; white *Chalk*, Bean Meal, each half an Ounce; White of Egg well beaten, Oil of *Roses*, each 6 Drams; Vinegar as much as needs to make it fit for spreading on a Cloth.

It's to be used when the Eyes are afflicted with Rheums, and that for Prevention as well as Cure; for it sticks very fast, compreses, and constringes the little *Tubuli*, and internal Passages, and so hinders the Deflux of Humours: For you must know, that the Parts about the Eyes are so constituted, both by their spongy Fabrick and declivous Situation, as to be apt to receive whatever Humour flows down from either the *Pericranium* or Neighbouring Muscles. Yea (which tho' it be wonderful, yet) it's not unusual for a Blow upon the Head to settle down into a black Eye.

### A Frontal with *Opium*.

Take Breast Milk, White of Egg well beaten, each 1 Ounce; *Opium* 10 Grains; *Campfire* 5 Grains; mix and use it to the Forehead cold.

It hath the same Vertues with the *Camphorate Frontal*, unless perhaps it refrigerates the Humors less, and quiets the Spirits more.

### A Rosaceous frontal.

*Take red Rose-Water 4 Ounces; Vinegar of Roses 2 Ounces; Oil of Roses 1 Ounce; White of 1 Egg; mix.*

Let double Linnen dipt in this Mixture be laid to the Forehead and Temples cold, and be changed as often as it drieth.

It's a Remedy for very hot pulsing Pains of the Head, Watchings, and *Deliriums*, in such Fevers as are not malignant.

### 1. A Fume in a Catarrh.

*Take Olibanum, Amber, Benjamin, Storax Calamite, Gum of Guaiacum, Balsam of Tolu, each 2 Scruples; reduce all into a coarse Powder to sprinkle upon live Coals for a Smoak.*

If the Catarrh have brought on an Asthma, Fumes are to be avoided, for fear of Suffocation. I knew one strangled thus almost to Death.

### 2. Fume in a Catarrh.

*Take Gum-Guaiacum, Gum of Juniper, Mastick, Benjamin, Myrrh, Orpiment, each 1 Dram; Cloves 2 Drams; Balsam of Peru 16 Drops; make them into a gross Powder, to be strew'd on Coals to perfume a Night-Cap with.*

A Fume

## A Fume in a Consumption.

Take Fistic Nut Peel, Myrrh, Amber, each 2 Drams; Sulphur-vive, Orpiment, each 1 Dram; make all into a gross Powder, the Smoak of which is to be receiv'd into the Mouth, by the help of a Funnel inverted.

Whilst the Parenchyma of the Lungs is imbued and replenish'd with extraneous Juices, your stronger Sort of Fumes are by no means to be used, but milder ones are not to be omitted, saith Bennet.

Fumes are not to be taken immediately upon the Erosion of a Vessel, or Breach of Parenchyma of the Lungs, but 14 Days at least after the Spitting of Blood, saith the same Author.

## A Fume for falling out of the Anus.

Take Male Frankincense, Amber, Cloves, each half a Dram; red Roses, Balaustines, each 2 Drams; make a gross Powder, the Fume of which is to be receiv'd (after the Anus is put up) through a Close-Stool Chair.

Thus Use and Custom will have it; but as for me, I can scarce persuade myself to believe, that the Smoak of Balaustines, or any other (tho' never so Astringent) Vegetables, can retain any Astringent Quality.

## A Fume for falling out of the Uterus.

Take Beetles 3 Drams; Eel-skins minced small 1 Dram; make a Powder.

This

This odd thing was communicated to me, and said to be good also in the blind Piles.

1. An Odooriferous Fume.

Take Benjamin 1 Ounce; Storax Calamite half an Ounce; Laudanum 2 Drams; Musk, Ambergrise, each 1 Grain and half; with Mucilage of Gum Tragacanth, make Troches; of which, and Dust of Willow-coals being added, odoriferous Candles may be made.

Some things (saith Zwelfer) that are sweet enough of themselves, strew'd upon Coals, yield a Sunk: So Cinnamon, Cloves, Coriander, and Nigella Seed, Roses; yea, and Musk itself, if thrown upon a hot Fire, and burnt quick, are wont to give but an ill Scent.

2. An Odooriferous Fume.

Take Cyprus-roots 1 Ounce and half; Calamus aromatic, Willow-coals, each 1 Ounce; Storax Calamite, Benjamin, each 2 Drams; with Mucilage of Gum Tragacanth (extracted with Spirit of Wine) make Pastils according to Art.

Being put into a Chaffing-Dish of fresh Coals, they exhale a very sweet Odour, to correct the ill Smell of a Room.

A Fume in a Tenasius.

Take white Poppy-heads half an Ounce; Mullein half a Handful; red Roses, Balanstones, Frankincense each half a Dram; Mastic 1 Dram; make a gross Powder, the Smoak whereof (cast upon

upon Coals) is to be received through a perforated Chair.

### A common Gargle.

Take Plantain Water 10 Ounces; red Rose Water 3 Ounces; Syrup of Mulberries 2 Ounces; Honey of Roses strained 1 Ounce; Oil of Vitriol as much as serves to give it a fitting Acidity.

It's used in Fevers to wash, cleanse, cool the Mouth, and put off Thirst.

### A Detergent Gargle.

Take Verjuice 12 Ounces; Syrup of Rasberry 4 Ounces; mix.

It deterges, and scours off thick Viscosity, and slimy Nastiness sticking to the Tongue, and Parts of the Mouth; humects and refrigerates the Throat when dry'd up and parch'd; corrects the murtiac Acrimony of the Saliva, and extinguishes Thirst: But in Case of a sore Thrush, Erosions, and little Exulcerations, 'twill cause such Smarting, that it can scarce be borne; and then we must have Recourse to Refrigerants, Moisteners, Emollients, Mucilages, and Astringents.

### An Emullient Gargle.

Take Roots of Marsh Mallow, Liquorice, Pearl Barley, each 1 Ounce; Bran (ty'd up in a Bag) 1 Handful; inner Rind of Elm, Gum-Arabic, each half an Ounce; Figs 8. Boil in Water 3 Pints, in 28 Ounces of which (when strained)

*strained*) dissolve Syrup of Marsh Mallows, and of Jujubes each 2 Ounces; Loboch Sanans half an Ounce.

We use it in Fevers, against Inflammation, Siccity, Asperity, Chaps, Clefts, afflicting, parching, and burning up (as 'twere) the Tongue, Mouth, and Throat.

### A Gargle against Foetor.

Take Myrrh 2 Drams; Florentine Orris, Cyprus Aromatic Reed, and Spanish Angelica Roots, of each a Dram; Rosemary Leaves a Handful; Cloves half a Dram; white Wine 4 Ounces; Spring Water half a Pint; make warm close Infusion 2 Hours; to the strained Liquor add Hungary-Water 6 Drams; Tincture of Benjamin 2 Drams; mix.

It correcteth, and cleanseth Foulness and ill Smells of the Mouth and Breath.

### A Levigating Gargle.

Take Comfrey Roots 2 Ounces; Gum-Arabic 1 Ounce; boil in Barley Water 20 Ounces to 12 Ounces; strain and add red Rose-Water 1 Ounce; Syrup of Marsh-Mallows 3 Ounces; mix.

For Vertues it may compare with the next before, only it digests less, and refrigerates more.

### A Gargle with Mastick.

Take Mastick half an Ounce; boil it in Spring Water 12 Ounces; in 8 Ounces of it strain'd dis-

*dissolve Sugar of Lead 2 Scruples; Syrup of Balsam 2 Ounces; mix.*

'Tis to be used against Inflammation, Excoriation, Pustles, and superficial Soreness of the Mouth.

### A Gargle for Heat of the Mouth.

*Take Plantain Water 8 Ounces; red Rose Water 4 Ounces; Whites of Eggs beaten thin 4; Salt Prunel 4 Scruples; Syrup of Marsh Mallows 4 Ounces; mix.*

It refrigerates the Tongue, Jaws, and Parts adjacent, when burnt up with Heat; refreshes them with Moisture and *Mucus*, when dry and parch'd, and moderately repels acrid Humours flowing into them.

### A Mustard Gargle.

*Take fair Water half a Pint Brandy, Vinegar, of each 4 Ounces; Mustard-Seed powder'd half an Ounce; Sugar 1 Ounce; mix.*

These Things may easily be procured, and presently thrown together, in case of Haste, in soporose Distempers; and are useful also in a Paralysis of the Tongue.

### 1. Gargle with Myrrh.

*Take red Astringent Wine 1 Pint; powder'd Myrrh 2 Drams; mix.*

It detergeth, astringeth, repelleth, drieth, healeth: Is a most excellent Wash for swell'd, fungous, flaccid, bleeding, eroded, and putrid

trid Gums; cleanseth and freeth the Mouth from Foulness and ill Scents, healeth (even Venereal) Ulcers of the Jaws and Throat. Moreover, it may be injected, or snuffed up into the Nose, to good Purpose, in an *Ozena*, where putrid Matter, lodg'd in the little Cavens of the spongy Bones, sends forth abominably stinking *Effluvia*.

## 2. Gargle with Myrrh.

*Take powder'd Myrrh 1 Dram; dissolve it in a Marble Mortar with Yolk of Egg 2 Drams; add Honey of Roses strained 2 Ounces; white Wine half a Pint; mix.*

This for Ulcers of the Mouth and Throat.

## A Paralytic Gargle.

*Take white Wine half a Pint; Mustard made up as it comes to Table 2 Ounces; Savory (or Thyme) Water 4 Ounces; Honey of Roses 2 Ounces; Vinegar enough to render it pretty tart; mix.*

*Riverius* prescribeth thus. *Take Mustard Seed powder'd 1 Dram; Vinegar of Roses, white Sugar, each 1 Ounce; Water 3 Ounces; mix.*

Instead of Savory or Thyme-Water (if not at hand) may be substituted a Decoction of Sassafras.

## A Gargle with Pellitory.

*Take Pellitory of Spain half an Ounce; Seeds of white Poppy and Henbane, each 2 Drams; Cloves*

*Cloves half a Dram; white Wine half a Pint; Vinegar 4 Ounces; boil till it come to half a Pint; then strain and add Brandy 2 Ounces.*

By vellicating the Parts, melting down gross Phlegm, and making it flow, it powerfully draweth both it and sharp *Serum* out of the Gums and Glands: And by appeasing enraged Spirits, and composing their dolorific Conflicts, it extinguisheth the Sense of Pain; and then, by warming the Parts, dissolving the Tumor, and restoring their Elasticity, hinders any farther Afflux of Humors. And so Reason tells us, and Experience mostly confirms it, that 'tis a noble, and every way well appointed Remedy for the Tooth-Ach.

### A Gargle for Phlegm.

*Take Hyssop Water 10 Ounces; Rectified Spirit of Wine 1 Ounce; Spirit of Scurvy-grass half an Ounce; Spirit of Castor 2 Drams; Spirit of Salt Armoniac 4 Scruples; powder'd Pellitory of Spain 1 Dram; Honey 4 Ounces; mix and use it cold.*

By attenuating, inciding, vellicating and irritating, it powerfully draws and evacuates *Saliva* and viscous Phlegm out of the Glands and Emunctories of the Mouth; and therefore justly claims place in phlegmatic, cold, chronical, cephalic Diseases, in torpid, soporose Maladies. In the Lethargy, gravative Head-Ach, Palsy, (especially of the Tongue) Tooth-

Tooth-Ach, Elongation of the *Uvula*, Tumour of the Tonfils, Quinsey, &c.

And no body here need fear increasing of the begun Inflammation by the Use of so acrid and brisk a Medicine; forasmuch as it's caus'd (generally speaking) by gross, clammy Phlegm, impacted in the spongy Parts; which damming up the Blood, and stopping its Course, occasions an Inflammatory Inundation: And therefore most certain it is, that the true Cure of a Quinsey mainly consists in the Eliquation and Eduction of that same stagnating and obstructing Phlegm.

### A Quieting Gargle.

Take *Black-T born Rind*, Pellitory of Spain Root, of each half an Ounce; Cloves 1 Dram; boil in fair Water 12 Ounces to 8 Ounces; to the strained add *Hungary-Water*, Honey of Roses strained, of each 2 Ounces; *Laudanum Liquid* 124 Drops; Spirit of Salt *Armoniac*, as much as sufficeth to make it conveniently biting; mix.

Hold it cold in the Mouth, and spit out; be sure not to swallow it, because of the *Laudanum*. It takes off the Tooth-Ach.

### a Gargle for a Quinsey.

Take *Columbines* 2 Handfuls; inner Rind of Elm 1 Ounce; Jewels Ears, Liquorice, Album Græcum, each half an Ounce; boil in Water 2 Pints and half to 26 Ounces; in the strain'd dis-

*dissolve Salt Armoniac 2 Drams; Syrup of Raspberries, Honey of Roses, each 3 Ounces.*

It humects, foment, and mollifies the Muscles of the Throat when inflam'd, swoln up, till almost crack'd, parch'd, and scorch'd with Drought and Heat. It deterges the Glands and salivale Ducts when outwardly smear'd over with Slime, and opens them when inwardly stuff'd up with Phlegm.

But where viscid Phlegm is the main Cause, and the Glands suffer more than the Muscles, there's a Necessity of flying to such Medicines as attenuate powerfully and draw out.

### A Refrigerating Gargle.

*Take Waters of Frog Spawn, Plantain and Elder-flowers, each 4 Ounces; red Rose Water 2 Ounces; Whites of Eggs (beat up to Water) 4; white Sugar 1 Ounce; mix.*

It's a most grateful Thing in hot burning Fevers, and very commodious in Heat, Drought, Asperity, and Erosion of the Tongue and Mouth.

### A Gargle with Roses.

*Take dry'd red Rose Flowers 3 Drams; Pomegranate Flowers and Peel, each 2 Drams; Myrtilleberries, powder'd Bole and Japanic Earth, each 1 Dram; Alum 1 Scruple; boil in Plantain Water and rough red Wine, each 6 Ounces to 8 Ounces; in the strain'd dissolve Honey of Roses 2 Ounces.*

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It

It cleanseth the Tongue when besmeard and coated over with slimy Filth, and helps for the Laxity of the salivale Glands.

### A Scorbutic Gargle.

Take Madder Roots 1 Ounce; Pellitory of Spain; Winters Cinnamon, each 2 Dracms; Honey-Suckle Leaves, Sage, Sanicle, Columbines, each 1 Handful; boil in Lime-Water 2 Pints and half to 28 Ounces; to the strain'd add Spirit of Scurvy-grass half an Ounce; Honey of Roses 4 Ounces; mix.

It freeth the Gums, and other Parts of the Mouth, from the nasty Foulness of the Blood and *Saliva*, occasioning, in Scorbutic Persons, Corruption, Putrefaction, and Stench. And it drieth and healeth up the little Ulcers occasion'd thereby.

### A Gargle with Sedum.

Take common Sedum 4 Ounces; having bruised it, steep it warm all Night in Spring-Water 12 Ounces; then let it run through a straining Sieve, and dissolve in it Sugar of Lead (or else Salt-Prunel) 2 Scruples; white Sugar an Ounce and half; mix.

It refrigerates and repells.

### A Gargle in the Small Por.

Take French Barley, Liquorice, each half an Ounce; Marsh-Mallow Roots, Tares, each 1 Ounce; Figs 12; Jews-Ears 1 Handful; boil

boil in Water 2 Pints and half to 28 Ounces ;  
in the Strain'd dissolve Oxymel simple, and Ho-  
ney of Roses, each 2 Ounces; mix.

It mollifies, humects, and smoothes the  
Mouth and Throat when inflam'd, swell'd,  
distended, stiff, parch'd, rough and painful:  
It matures Pock-Pustules in the Throat, and  
helps on Salivation.

But towards the last Stage of the confluent  
Sort, when the Ptyalism begins to sink and  
go off, if it fall out, that the *Saliva* be so  
excocted and viscid, as to bring Hazard of  
Suffocation, (which is a not unusual Case)  
then Necessary calls for Medicines that pow-  
erfully attenuate and irritate; (such as the  
*Gargle for Phlegm* above describ'd) and when  
it is used, the Proportion of Spirit of Salt  
Armoniac is to be increased or diminished,  
according as the present Exigence requires,  
and the Patient can bear.

#### A Gargle for Cereb an Edge.

Take Purshane (a little bruised) 2 Hand-  
fuls; Spring Water 12 Ounces; let them stand  
together cold an Hour, strain the Liquor through  
a Sieve, without squeezing; to half a Pint of it  
add free Chalk washed 2 Drams; Salt of Tar-  
tar half a Dram; Hungary Water 1 Ounce;  
Tincture of Benjamin 2 Drams; mix.

**Gargle of black Thorn.**

*Take black Thorn Bark 2 Ounces; boil it in Water 2 Pints and a half to 24 Ounces; in the Strain'd dissolve Alum 4 Scruples; Vinegar 2 Ounces; Honey of Roses 6 Ounces.*

It astringeth most powerfully, and is a good Thing when the Gums are grown loose, putrify'd, ill-scented, eaten away, and apt to bleed: It fastens the Teeth, and brings up new Flesh on them; it heals Ulcers, and helps for stinking Breath.

Another notable Effect of it is, that when the Salivale Glands are so stuff'd up, as to be over-strain'd and lose their Tone, it, by constringing and squeezing them closer, (like a Sponge) presseth out the influx'd Phlegm, and makes them able to resist the Afflux of more.

But if it happens that the *Pituita* in the Glands be too thick and rough to be wrung out by Constrictants, then Recourse must be had to the above-describ'd *Gargle for Phlegm*, or such-like Medicines, as potently incide the Phlegm, and vellicate and open the Parts.

**A Gargle with Wine-leaves.**

*Take Vine-leaves, Sage, female Fluellen, Cinquefoil, Bramble Buds, each half a Handful; boil in Water 1 Pint and a half to 1 Pint; to the Strain'd add Alum 1 Dram and half; Vinegar, Honey,*

*Honey, each 2 Ounces; boil again and skum it.*

It most excellently refrigerates, washes, deterges, astringes, resists Putrefaction, cleanses out Filth, and purifies the Mouth, and merits place as well in Fevers as in the Scurvy.

And here I take occasion to observe, that Alum, and the like austere Things, do in no wise (as some may think) shut up the Salivale Passages, or hinder the issuing out of Spittle; but on the contrary (because they squeeze the Glands into less Compass, as I noted in the *Gargle of Black Thorn*) much promote the same; which may evidently appear to any one that minds Experience.

### A Gargle for Ulcers.

*Take Lime-water 8 Ounces; powder'd Mercury dulcis three times sublimed 1 Dram; Digest warm 12 hours; in the strain'd Water dissolve Syrup of dried Roses 1 Ounce.*

The Benedict Injection in Pharmac. Bat. hath *Lime-Water* half 3 Pint, and *Mercury dulcis* 3 Drams.

It potently drieth, and destroyeth ill Ferments; and is therefore prescribed in rebellious, and stubborn Ulcers of the Mouth and Throat.

I have known it tryed in Cancerous Ulcers of the Tongue; but, I must confess, with no manner of good Effect: For Mercurials (as far as I have observed) do more Hurt than

O 3 Good

Good in a Cancer; which Thing (tho' it be by the By) I thought fit to note here, for a Caution to young Practicers.

### A Gargle for the Uvula.

Take Columbines 4 Handfuls; red Roses dry'd, Balauſtines, each half a Handful; long Pepper 4 Scruples; Myrrh 2 Drams; boil in Water 1 Quart, and white Wine half a Pint, to 26 Ounces; to the ſtrain'd add Brandy, Syrup of Raspberries and Mulberries, each 2 Ounces; mix.

N. B. Black Currants make the pleaſanteſt Syrup that ever I taſted: I frequently uſe it, and prefer it, for ſore Throats, far before that of Mulberries.

It's preſcrib'd (and that to very good Purpoſe) when the *Uvula*, Tonſils, Muſcles of the Jaws, *Larynx* and *Pharynx*, are ſtuffed up, ſwolln and inflamed: For, partly by attenuating and vellicating, partly by conſtringing and expreſſing, it evacuates the pituitous Filth therein collected.

And then, by ſqueezing into leſs Compaſs the ſpongy, tumid, and tenſe Glands, and reducing them to their natural Bounds and *Craſs*, it cuts off any farther Afflux to the Parts.

### Of Gargles.

Now that I may gather up into one view, what I have before ſcatter'd under ſeveral Heads; I'll lay

lay down the following Rules, concerning the several Sorts of Gargles, and their skillful Choice, according to curative Intentions.

1. If extremely thick and tough Matter be to be brought out of the Glands, then acrids, penetrating, and irritating Things (such as Spirit of Salt Armoniac) are to be used.

2. If it be not so very tough, and yet stagnates by reason of the fungous Laxity of the Glands, austere constringing Things will perform that Office.

3. If slimy Filth coat over the Tongue and Mouth, Acids and Detergents are required.

4. If the Parts be excoriated, tender, smarting, dry and parch'd, Mucilages and Emollients are most commodiously prescrib'd.

5. If the Muscular Parts be a little (and but a little) inflam'd, and there be no great Fulness, or Afflux of Blood, Refrigerants and Repellents may be allow'd at first.

6. But if the Muscular Parts be inflam'd much, by reason of the Ebulition of the Blood, and the Inflammation be fix'd, Emollients will do the Business.

### An Anodyne Glyster.

Take new Milk half a Pint; Brandy 2 Ounces; Oil of Aniseed half a Dram; Diascordium 6 Drams; let it be given luke-warm, just before Sleep, and retain'd if possible all Night.

O 4

When

When the Intestines are besmear'd over with a glutinous Slime, and thereby refrigerated, relax'd, and tortur'd with Spasms, Wind and Gripes; this warms, comforts, eases, and reduces them to a sound *Crafsis*.

'Twould make one smile and vex both at the same time, to see the silly Pride and Magnignty of some of our little pert Scorners, who, though they have neither read, seen, nor thought much in Physick, are yet continually setting up for Judges, and condemning all, but their own dear selves, and Nations. Such Insolents as these I expect may fall severely upon me, for prescribing such Quantities of vinous Spirits and chymical Oils in Glysters: But were they to make due Trial of the same, there's no doubt on't, but Observation would teach 'em better, and happy Success would command them to applaud what they now oppose.

And though this be not a very vulgarly establish'd Practice, yet they may know it's not mine only, nor a new one neither: For *Rondeletius* (born above 200 Years ago, p. 895.) cured a Woman of a grievous Colick Fitt with a Glyster of nothing but *Hippocras* Wine, in which were infused Cinnamon, Pepper, Ginger, Grains of Paradise. And *Sanchez* (p. 123.) orders the same.

Dr. *Stubbs* (*Philo. Transac.* N° 37. p. 271.) relates, that in the Colick Bilious, they (in *Jamaica*) usually give Glysters of a Pint of Brandy,

Brandy, which will make them as drunk, and as mad, as if they had taken it at their Mouth. He observ'd, that less Brandy would fox them in a Glyster, than if drank by them: He try'd a Quarter of a Pint in a Glyster on himself; and it made him not dead drunk, but raging mad. And he saith, he remembers still how unruly he was, so as to be held in Bed, his Reason being depraved by these Fumes.

Upon this Observation, I would scarce ever exceed 2 or 3 Ounces of Brandy; and I declare, so far I have often gone with Safety and Success.

As to Chymical Oils, I find *Duretus (de Morb. Internis, cap. 41. p. 410.)* commends Oil of Juniper distill'd, half an Ounce, in Malvatic Wine. And *Claudius Deodatus* prescribes boldly thus.

*Take Malvatic Wine, Oil of Walnuts, each 3 Ounces; Spirit of Wine 1 Ounce; chymical Oils of Juniper and of Rue, each 2 Drams; mix, and put it up very hot.*

N. B. Half an Ounce of chymical Oil seems an extravagant Quantity: I never gave above 2 Drams, and seldom so much.

#### An Apoplectic Glyster.

*Take Pellitory of Spain half an Ounce; Coliquintida (tied up in a Rag) half a Dram; Rue 2 Handfuls; boil in Water to 12 Ounces; and to the strain'd add Infusion of Crocus Metallorum 3 Ounces;*

*Ounces; Tincture of Castor half an Ounce; Salt Gem, Oil of Amber, each 2 Drams; mix.*

If the *Coloquintida* be not tied up in a Rag, its little Dust that boils off will cause most horrid Gripings, which I should never have imagin'd it could, had not Experience assur'd me of it, saith *Etmuller*.

It's very conducive in soporose Affections, as Lethargy, Coma, Apoplexy, and the Palsy. But if it stay not with the Patient, it must be repeated again: For it's no unusual Thing in these Cases, for Glysters to come slip away presently, by reason that the Intestines having their Fibres benumbed, and paralytically relaxed, lose their retentive Faculty.

### A Balsamic Clyster.

*Take Broth of Sheeps Inwards (or Head) 10 Ounces; Yolks of Eggs 2; Lucatellus's Balsam 1 Ounce; Sheeps Sewet 2 Ounces; mix, and put it up just hot enough to keep the Sewet melted.*

By fomenting, anointing, and lining the Intestines, it cherisheth, composeth, appealeth, and healeth their Pervors, Corrugations, Tortors, Erosions and Ulcers: And is a most desirable Remedy for a Dysentery, after once Bleeding and Purgings.

### A Clyster of Bitters.

*Take Virginia Snake Root powder'd 1 Dram; Pulp of Coloquintida (tied up in a Nodule) 1 Scruple; Tansy, Savine-tops, each half a Handful;*

ful; decoct in Water to 6 Ounces; Strain and add Oil of St. John's Wort half an Ounce; clarified Oil of Wormwood half a Dram; Species of *Hiera Picra* half a Scruple; mix.

It kills and expells *Ascarides* which have their Residence near the *Anus*. But as to the other common long Sort of Worms, while they are well, and lively to creep about, and inclinable to ascend into the upper Guts and Stomach, the bitter Glyster is not to be administered, lest it force them upwards, where they may prove very troublesome and mischievous. But the true and effectual Way for them is, first to give Anthelminticks by the Mouth for some Days, to make the Worms weak and languishing, and to drive them down into the lower Guts; and then, after that, the bitter Glyster to fetch them out.

The *Ascarides* are but a feeble Nation, and yet so exceeding hard to be destroy'd, that tho' they should all and every Individual be drove out, yet there will not be an end of 'em so; for a new and numerous Off-spring will in a little time be hatch'd out of their Eggs, which they leave deposited in the *Intestinum rectum*. And therefore, assure yourself, it's of no great Avail to expell the Parents, unless their Off-spring and Seeds also be extirpated, and clean cast out.

And this may be best achiev'd, if we do not presently give over the Glysters, as soon as

as the *Ascarides* cease coming away, and are quiet; but repeat them every third Day; and after, once a Week, till they, their Nests, and Eggs are all torn off, and thrown out; which Piece of Practice I have not yet found in any Author.

Since I wrote this, in turning over Books, I met with several Observations to the same Purpose; as in *Frenagius (Auror. Chym. cap. 37. p. 360.)* As often as the Patient took a Purge, she brought away Worms, together with clammy Phlegm, always mix'd with many Seeds resembling the Eyes of small Fish; out of which, without doubt, the Worms were daily germinated.

And in *Mercurialis (Consil. 13. p. 71.)* *Id minime silentio prateriundum judico, ad consumendam omnem Ascaridum materiam; delendam Intestinorum proprietatem; nec non praevenendum ne malum redeat, detur Aloes Scrupulus unus singula quaq; hebdomade.* To prevent their Return, give every Week a Scruple of Aloes.

And I found in *Barboline (Act. Med. Vol. 4. cap. 46.)* an Account of a Woman of 50, who for many Years had a fresh Brood of *Ascarides* hatch'd every Month, and which (when numerously swarming) she easily expell'd with a Wormwood Glyster. She told him their manner was, to come at the New Moon, continue the first Quarter, and never trouble her all the rest of the Month.

From

From this Relation I conclude, that such an eradicating Glyster as this, given every New Moon, and First Quarter, for some Months, may probably destroy them quite.

### A Carminative Glyster.

Take *Camomile Flowers*, *Bay-Berries*, each half an Ounce; *sweet Fennel*, and *Cummin Seeds* (added at last) each 2 Drams; boil in Water to 12 Ounces; strain, and add Brandy 2 Ounces; Oil Olive 1 Ounce; Oil of Anniseed 2 Drams.

It's useful, and good for the Intestines when refrigerated, debilitated, relaxed, obstructed, lined with Phlegm, blown up, and tortured with Wind and *Flatus*: In particular, in the Wind Colick, in a general Dropsy, and *Marasmus* also, when it happens (without a Hectic Fever) upon the account of Want of Concoction, and Distribution into the Lacteal Veins.

For the better apprehending of this, I would have it understood, that Wind, or *Flatus*, and Vapours, are very different Things.

Wind is what is caused by either windy Diet, or else by bad Digestion, or by both: It's no where but in the Cavity of the Stomach, or Intestines; it happens presently upon eating, discovers itself by a little Sickness, and Fulness at Stomach, Yawning, and Drowsiness; which, in a while, either finds

Vent

Vent upward; or, if it pass into the Guts, puffeth up the *Abdomen*, rumbleth about a while, and so breaks away; or else, if it continue pent up there, causing a pinching Pain, it's what I call a Wind Colick, and is no great Illness, (provided the Stomach and Intestines be not organically depraved) but easily cured by Glysters, Carminatives, and Paregoricks.

Vapours (which *Helmont* calls *Gas Sylvestre*, an invisible, impalpable, and incorpible Spirit, and may perhaps be likened to that of bottled flying Ale, the wild Part of which no Chymist can catch) are produced by an acrid glandulous Juice, viciously fermenting with a crude viscidus Matter; and that not in the Cavity of the Intestines, so much as in their Membranes, the Mesentery, yea, and uttermost *Loculi* of the Body, where the Extremities of the Arteries have thrown out, and deposited it. This troubleth mostly when the Party is empty; and is what I mean by Hypochondriac and Hysteric Affections, such as unaccountable Uneasiness, Vermicularions, Flushings, Tension of the *Hypochondria*, Croaking of the Guts, Gripes, and what useth to be called Vapours, and Spleen Pains.

In this Case these Glysters do good, by appeasing the Spirits, comforting the weak Fibres, attenuating heavy Phlegm, correcting the Intestinal Glands, discussing the Fermenting

ing Combinations; and driving them out of the Body.

But when it rises higher, and the Case becomes downright Convulsive, as it doth in a true Hysteric Colick; then every extraneous thing that touches on the tender Membranes gives Offence, and irritates, and increases the exorbitant Explosions. Of which see more in the next ensuing.

### A Colic Glyster.

*Take Canary Wine, Linseed Oil, of each 6 Ounces; Oil of Amber half a Dram; to which may be added liquid Laudanum 40 or 60 Drops; mix.*

It brings good Assistance in horrid torturing Pains of the Bowels, and pertinacious (spasmodic) Costiveness; forasmuch as it recreates the Membranes of the Guts, expels cates Corrugations of the Fibres, expells Wind, softens Excrements, and empties the Intestines: And therefore it's proper, and useful in a Flarulent, and in a Bilious Colick.

But in the Hysteric Colick (unless the Intestines are extremely stuffed up with hard Excrements, and the Discafe be in its Beginning as yet, and not very raging) Glysters are generally to be avoided; for they provoke the tender Fibres, excite stronger Convulsions, and Dolours; render the Discafe more outrageous, and hard to be cured; and  
now

now and then raise it up to such a Degree, that it becomes mortal; which young Practicers may do well to take good Notice of. And because it's a Matter of great Concern for them to understand this rightly, I will not grudge my Pains in treating it more largely than my designed Brevity usually alloweth.

As we find nothing of the Small-Pox before the *Arabian* Authors; nor of the Rickets, before *Dr. Glisson*: And the *Romans* (as *Pliny* assures us, *lib. 26. cap. 1.*) knew not the Colick itself: before *Tiberius* had it; so neither did we ever read of the Hysteric Colick, as such, before *Dr. Sydenham*: And therefore, whatsoever others have said before him of the Cure of the Colick, must by no means be referred to the true Hysteric Sort.

I can't deny, indeed, but that *C. Piso* published (1618) his Opinion of the Colicks being Nervous: And our famous *Dr. Willis* made a much farther Advance since upon a like Hypothesis. But yet, it's manifest, neither of them had a clear Perception of this spirituous Colick, so as to distinguish it rightly from the other Humoral one. And therefore they never did, nor could establish a proper Method for its particular Cure.

No, this Achievement was reserv'd for the immortal *Sydenham*. He it was that first plainly describ'd it, and distinguish'd it, and determined it so essentially different from the

Bilious

Bilious Colick, that the self-same Method which cures one, heightens and enrages the other. And he being our peculiar Author for this Disease, (for none has written to much Purpose of it since, that I know of) I think it not Pains ill placed to give an Abstract of what he delivers.

Only, first, I crave Leave to produce a remarkable Passage out of *Lewis Duretus*, who, tho' he dy'd above 100 Years before *Sydenham*, and could not in those dark Times make out a thorough Discovery, yet went a great way with it, both as to Notion and Practice.

In *Hollerum* l. I. c. 41. p. 407.] *Aliquando dolor Colicus prænuncius est Arthritidis, & Paralysis; aut Translacione Materia ad superiores partes, aut temerariâ Curatione; ut si Clysteres Materiam discutiente primò injeceris. Nam si innascatur dolor Colicus à Repentinâ collectione materie; & injiciantur Clysteres Carminativi, fit Diffeminatio materie.*

A Colick is sometimes the Fore-runner of the Gout, or Palsy; and that either from a Translacion of the Matter to the superior Parts, or from Male Practice, as when Glysters are given that discuss: For where the Colick is caused by a sudden Collection of Matter, if Carminative Glysters be injected, they will disperse the Matter into other Parts.

Now, by superior Parts, it's evident he can mean nothing but the Brain, and its Appendices

dixes the Nerves. By sudden Collection of Matter, I think we may fairly understand (tho' he had not a clear and distinct Notion of) the Ataxy of the Spirits, whose spasmodic Explosions are as sudden as the Blast of Gun-powder: And in such a Colick, he saith Glysters are Male Practice, because they drive the Convulsions out of the Bowels into the *Genus Nervosum*.

But to come to *Sydenham*, he saith, (*Epist. to Cole*, p. 141.) It's manifest enough, that the Whole of Hysteric Affections is to be accounted for from the Animal Spirits being not rightly disposed, and not from corrupted *Semen*, or menstruous Blood, sending up malignant Vapours into the Parts affected, nor from (I know not what) perverse Depuration or Congestion of Humours. And if the *Fomes* lay in Matter, then Vomiting, Purging, Bleeding, Fasting, and the like, would prevent Hysteric Affects; whereas we see (on the contrary) they constantly excite them.

*De Morb. Acut.* p. 228. Bleeding and repeated Purging, which are most apparently indicated in the Beginning of the Bilious Colick, have no place here, except in Case of a very great Fulness of Blood and Humours; which sometimes (tho' seldom) I have found in Women of a mighty sanguine Temperament, and Viragoes: For Experience teaches, that the Pain, and all the other Symptoms, will

will be exasperated by the Tumult which Evacuations cause. And I have more than once observ'd, that the Repetition, even of the most mild Glysters, have brought on a continued Series of Symptoms.

And if we do but consider the Circumstances to which this Disease is mostly owing, such as too great Loss of Blood, violent Passions of the Mind, hard Labours of the Body, and the like; all which forbid such Things as may raise up a greater Perturbation of the Spirits, and instead call for Anodynes: I say, if we consider this, then Reason joins with Experience, and tells us, this Disease is produc'd rather by the Ataxy and inordinate Motion of the Spirits, than by any Fault of the Humours. And I doubt not in the least, but that this Disease (which tho' it bring bitter Pains, yet of itself no Hazard of Life) often becomes mortal, by Miscarriages of this Kind.

Epist. to Dr. Cole, p. 167. I affirm, That often repeated Evacuations (which are certainly much indicated in the Bilious) do in the Hysterick Colick not only not restrain the Pains and Vomiting, but irritate them farther, (by promoting the Perturbation of the Spirits, which Perturbation is the true Cause of these Symptoms) whence at length the Malady turns to Convulsions, and then quickly off goes the Sick.

P 2

Thus

Thus that great Man absolutely forbids repeated Bleeding, Purges and Glysters; speaks home to the Purpose, and positively, in the Case, urges Reason and Experience both: And his Opinion hath stood in his Works above 30 Years, and they have been printed in several Countries, as in *England* twice or thrice, in *Strasburg*, *Geneva*, *Leipsick*, *Amsterdam*. And I remember not any design'd Opposition to it in any Book in all this Time; only a little spiteful Libeller has of late (to defend an ill Cause) shew'd his Teeth, and bark'd at it.

And now, because this great Distinction of Bilious and Hysteric Colick, and their respective Cure, is so immediately Practical, and of such Concern in Practice; it were to be wish'd, that some Person, or Society, of sufficient Ability and Integrity, would be so publick-spirited, as to give us their Experience, Reason, and last Thoughts concerning it; to the end, that if it be an universally true Doctrine, they may establish it as such; or if it want distinguishing, they may clear it, and set us right. And this would be better Work, than running into Parties and Factions, and abusing and vilifying one another; and by that means (accidentally at least) ruining the Repute of (next to Divinity) the most Useful and Honourable Profession in the World.

We

We had a most lamentable Instance lately of a Symptomatic, Hysteric Colick; which, because it might occasion more Caution for the future, and has been falsely represented, merits a true Relation. But for the Sake of some, who were trick'd in to concern themselves, I draw a Veil over it. However, since an unknown Glyster was given, and a great deal depends upon it, perhaps I may strike some Light into the dark Case, by subjoining what follows.

*Ettmuller* (Vol. 1. p. 615.) saith, *Bartholine* observ'd, That a Glyster of the *Decoction of Tobacco* caused wonderful Disturbance, Convulsions, cold Sweats, and other most terrible Symptoms; and tells us, he himself had seen the very same in his Practice. And (p. 1301.) *Glyster ex Decocto Tabaci summe periculosus est, cum usum ejus (subito ac modo applicatus fuerit) Præcordiorum Anxietates, Lypotbymias, Vomitus, Sudores circa frontem, frigidos, totius feralem quasi Pallorem, atiaq; Symptomata insecta fuisse noverim.* A Glyster of the *Decoction of Tobacco* is a most extremely dangerous Thing; for I have known where there have followed (immediately, as soon as ever it was injected) Sickness and Anguish at Heart, Swooning, Vomiting, cold Sweats, cadaverous Paleness, and other the like frightful Symptoms. And I myself (who write this) had a Relation given me many Years ago, of one. *Mr Obelston*, near *Lewes* in

in *Sussex*, who, from a Glyster of Tobacco infused in Sack, when he had a Colick upon him, fell presently into horrid burning Pains, Convulsions, Faintings, and so perish'd miserably upon the Spot, as 'twere all in Flames,

### The common Glyster.

*Take of our Decoction for Glysters 12 Ounces; Syrup of the Juice of Groundsel, (or of Buck-Thorn) Salt Butter, brown Sugar, each 1 Ounce; Oil of Anniseed 8 Drops; mix.*

It's to wash out the Intestines, especially the great ones, and to discharge them of Wind and Excrements.

*Hildanus (Cent. 1. Obs. Chir. 77. p. 56.)* faith, in the Administration of Glysters, it's of Moment to place the Patient in a proper Position, respect being had to the Situation and Course of the *Colon*.

The *Colon* begins at the *Cæcum* in the Right Side; thence ascending by that Kidney, and bending to the Concave of the Livor, it runs under the Stomach to the Spleen on the Left Side; then turning a little backward, and descending to the Left Kidney (at which Place it's narrower, and without *cellulae*) it creeps downward; and so, having fetch'd two Compasses up and down like an S, it runs into the *Rectum*.

Now from this Description it's evident, that the Sick ought to be placed on his Right Side; for if he lie on his Left, the whole Bulk and Weight

Weight of the *Viscera* would press both upon the *Rectum*, and also the back Part of the *Colon*: And so the Glyster could not be forced up into the upper Part of the *Colon*, but would stay in the lower Turnings, and not be retained long. Whereas, if the Sick lie on his Right Side, the Glyster may easily be conveyed up to the Bending under the Spleen; and from thence without Obstacle even to the Valve; and so would remain the longer in the Body, and do the more Good.

### A Comforting Glyster.

Take *Canary Wine* 1 *Pint*; *Diascordium* half an *Ounce*; *Talks of Eggs* 2; *mix*.

But half the usual Quantity is prescrib'd; to the end that it may the longer be retain'd in the Body.

What Cordial Juleps are to the Stomach, the same this Glyster is to the Guts; for it so refreshes them, as to raise an universal Exultation of the whole *Synsars* of the Spirits, whereby they are rouzed up, and enabled to perform their Business briskly, and throw out whatsoever is offensive to Nature, and noxious, vigorously.

Besides many other Uses, it's eminently serviceable in malign Fevers; and that not only because it succours the fainting Spirits, but also because it defends the *Viscera* themselves, and driveth the *Radii* of the Miasm outward, from the Center to the Circumference.

P 4

I had

I had Acquaintance with a celebrated Physician, who sometimes prescrib'd this Glyster in the Small-Pox, to promote Expulsion. But I judge this Piece of Practice is rarely and cautiously to be imitated, because this Inflammatory Distemper oftener wants a Bridle to keep it back, than Spurs to prick it forward.

### A Corroboating Glyster.

Take dry'd Wormwood, Centaury, each 1 Handful; Camomile Flowers, Bay-berries, each 3 Drams; boil in Sheeps-head-Broth to 10 Ounces; to the strain'd add Brandy 2 Ounces; Oil of Turpentine and Juniper, each half a Dram; mix.

It (like an internal Fomentation) in the Intestines, repairs their natural Heat and Vigour, re-establishes the relax'd Fibres, refreshes the tir'd Spirits, deterges heavy Phlegm, breaks off Wind, and appeases Pains.

### An Emollient Glyster.

Take Milk 10 Ounces; Oil of Camomile 3 Ounces; Honey of Herb Mercury, Brown Sugar, and Pulp of Cassia, each 1 Ounce; Oil of Aniseed half a Dram; mix.

It softens hard Excrements and conglobated Scybala, lubricates the Bowels, and purges.

### An Epileptic Glyster.

Take Camomile-flowers 1 Handful; boil in Water to 3 Ounces; strain, and add Spirit of Hartshorn

born 8 Drops; Oil of Anniseed 5 Drops; Honey of Roses 3 Drams; the Author saith, there's no need of Yolk of Egg to mix it.

The Use of Volatile Salts in Glysters I take to be a new Practice, not thought of by our Fore-fathers in Physick: Yet *Ettmüller* (whose Prescript this is) writes, that a certain eminent Physician commends them (not without Success) in an Epileptic Paroxysm, and gives them as well to Children as to grown Persons; and this he order'd for an Infant of a Year old.

### A febrile Glyster.

Take Peruvian Bark fine powder'd 2 Ounces; boil in several Waters till it come to half a Pint; let it pass through a Sieve, so as to be turbid, and add *Dioscordium* half an Ounce; Oil of Anniseed 1 Drop; mix.

If the Patient cannot retain it long enough, boil in it Pomegranate-Peel (or Flowers) half an Ounce; and add Cinnamon Water two Ounces.

I have often experimented this Glyster, and found it egregiously prevalent against Intermitting Fevers, especially in Children in a less Dose: For I must ingenuously own, that I have known it fail of its Effect more common in grown Persons; and I never order it but to those Patients that either have a Prejudice against the *Cortex*, or are so tender  
Sto-

Stomach'd, or so Humourfome, that they cannot, or will not take it by the Mouth.

The Manner of using it is, to administer it presently after the Paroxysm, and as soon as it comes away, to give another of the same, and repeat it *toties quoties*, so as that the Intestines may be continually imbued with it, from Fitt to Fitt, till the Fever be driven.

*Ad. Helvetius*, a *Parisian Doctor*, perhaps found out this Sort of Remedy, and wrote a little Book of it. His Way is thus:

*Take Pulverized Bark 1 Ounce; mix it in a Pint of warm Water, without putting any thing to't besides.*

He gives it just after the Fitt, and repeats it three times a day, till the Patient is thoroughly well. After the Cure, he continues the same for the Space of 12 Days, viz. the first 6 Days one in the Morning, and another in the Evening. The last 6 Days, one in the Morning only.

He saith, when the Patient cannot hold the Glyster long enough, he adds to each Syrup of Meconium 1 Ounce, which will make it stay without Pain.

### A Glyster in the Clypes.

*Take powder'd white Chalk half an Ounce; Rue, Camomile-flowers, each half a Handful; boil in Water half a Pint to 4 Ounces; to the strain'd add Tincture of Castor 3 Drams; Dias-*  
*cordium*

*cordium 2 Drams; Syrup of Meconium half an Ounce: Oil of Anniseed 10 Drops; mix.*

It concentrates Acids, comforts the Intestines, dissipates Wind, eases Pain, takes off Spasms, and is superlatively good and convenient for small Children; when (by reason of hard breeding of Teeth, or acrious Humours) they have green griping Stools, and are troubled with Inquietude, Watchings, feverish erratic Flushings, and Convulsions threaten them.

### An Hysteric Glyster.

*Take round Birib-wort, and white Briony-roots, each half an Ounce; Rue, Feverfew, Penny-royal, Camomile-flowers, each half a Handful; boil in Water to 1 Pint, in which (when strain'd and cold) dissolve Asa-Fetida 1 Dram; Oil of Amber 2 Drams; brown Sugar 1 Ounce; mix.*

In the very actual Hysteric Fitt, it may be injected, powerfully to repress the Ataxy of the exploding Spirits. Perhaps it may be found too strong for some worn-out, weakly Constitutions.

### A Glyster for Infants.

*Take new Milk 3 Ounces; Oil of Sweet Almonds, Syrup of Violets, each half an Ounce; Oil of Anniseed 12 Drops; mix.*

It mollifies and loosens, dissipates Wind, and eases Pains,

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## A Laxative Glyster.

Take either Chicken, or Veal-brath 12 Ounces; Oil Olive, brown Sugar, each 2 Ounces; Oil of Anniseed, half a Dram; mix.

It comforts the Intestines, discusses Wind, softens the Excrements, and loosens the Belly.

## A Lenient Glyster.

Take new Milk 10 Ounces; Mucilage of Fleawort, and Quinces Seeds (extracted in red Poppy Water 3 Ounces; Yolks of 2 Eggs; Diacodium 2 Ounces; mix.

It hath place when the Sharpness of Choleric Humours vehemently stimulates, vellicates, pricks, and corrodes the Intestines: For it obrunds Acrimony, lines the Membranes with *Mucus*, and composes and appeases the irritated Spirits.

## A Glyster with Mullein

Take Mullein, and Elder Flowers, each half a Handful; Herbs, Hemlock, Henbane, each 1 Handful; boil in Smith's Forge Water to 12 Ounces; to the strain'd add the Yolk of 1 Egg; Linseed Oil 2 Ounces; Oil of Amber half a Dram; Balsam of Sulphur 2 Drams; mix.

It discusses the Swellings of the internal Hemorrhoids, effectually allays their Pain, heals the little Ulcers, and hinders a farther Afflux of Blood, and ill Humours.

A Row

## A Nourishing Glyster.

Take Broth made of Sheep's Inwards 10 Ounces; Yolks of 3 Eggs; Canary Wine 3 Ounces; Juice of Kermes half an Ounce; mix.

Some deny that there are truly Nourishing Glysters; but I incline to the contrary Opinion, 1. Because the Colon hath Lacteal Vessels implanted into it, tho' not many. 2. I have sundry Times observed, that the Glyster of Pomegrate-Peels hath been kept in the Body 24 Hours; and the next Stool that followed was not liquid, but hard and solid. 3. *Hildanus (Cent. 4. Obs. 30.)* tells of a certain Woman, who for 6 Weeks took in no Sustenance at her Mouth, but by the Benefit of such Glysters, was so well supported, that being great with Child, went but her full Time, and was happily brought to Bed. 4. *P. Borellus (Cent. 1. Obs. 56.)* saw a Person made drunk by a Glyster of Wine: And the like I noted before in *Anodyne Glyster*. I could produce many more Arguments; but I presume these may abundantly suffice, to prove that there are such Things as Nourishing Glysters.

## An Oily Bitter Glyster.

Take Linseed Oil 6 Ounces; *Coloquintida* tied up in a Rag 1 Dram and a half; boil a little, and strain it.

*Rulandus*

*Rulandus* anointed the Belly with Part of it, and injected the rest Glyster-wise into one that was most miserably afflicted with the Iliac Passion, and gave present Relief: But he is not to be rashly imitated, lest the Glyster should be forcibly driven up into the Ventricle, and increase the Vomiting, which was very enormous before, and so hasten Death. Yet, notwithstanding, when the Belly is obstinately bound up, before the Peristaltic Motion of the Guts is wholly inverted, and before the Intestines become inflamed and mortify'd (which *Dr. Willis* saith he found, by Dissection, in almost all that died of an Iliac Passion) I judge it may be a profitable Remedy.

But if a Colick (which often occurs) takes up its Stage high, either in, or just below the Ventricle; then Glysters (tho' never so powerful) signify little or nothing, because their comfortable Operation reacheth not up into the small Guts.

Nay, sometimes they mightily enrage the Pains, and render them more obstinate: For since the vermicular Protrusion of the Guts is set a-going, and determined downward, chiefly by the Plenitude and Graviry of the Excrements pressing, and aggravating; if those Intestines which are below the spasmodic Gripe be exonerated, and eased by a Glyster, their Motions downward will thereupon become languid, and seldom, and perhaps may

may quite cease: But at the same time, those above the Gripe being in exquisite Torment, and not able to drive the Motion down through the Convulsive Knot, will fly upwards in violent Explosions, and so render the Colick, which was sharp before, outrageous; and so much the more pertinacious, because the Peristaltic Motion below hath done working, for want of Excrements in them to provoke it.

*Sennertus* is of the same Mind (*de Colicâ*, p. 881.) where he saith, (and is quoted by *Riverius*) If Glysters (which is a common thing) do no good, and the Matter is fixed in the upper Intestines, they are not to be obstinately insisted on too long. 'Twas observ'd, that when a Patient had had thirty Glysters (which was a vast Number) without any manner of Relief, another Physician cured him presently, with Manna an Ounce and half, and Oil of sweet Almonds 2 Ounces, in fat Chicken Broth.

And *Cigto*, (*Consil.* 10. p. 85.) *Clysteria*, &c. If the Obstruction be fix'd above the Navel, Glysters reach not the Matter; and if they are often repeated, do Hurt.

The Ancients, in an Iliac Passion, when the Intestines were stuffed, and extended with hard Excrements and Wind, had a Practice of blowing into the *Anus* with Bel-lows, that the Guts, being thereby stretched open, might make room for the hard Lumps

to

to come away by the Help of Glysters, which had been before injected to make the Passage slippery. *Hippocrates* himself commends it; many since speak of it; I myself have heard good by it: And yet *Ettmuller* (Vol. 1. p. 98.) saith, it is *ridicula cura veterum*.

Some Neotericks, instead of this simple *Airy Flatus*, use the Smoak of Tobacco as a present Remedy in Flatulent Pains of the Guts, Convulsive Obstructions of the Belly, Colick, and Iliac Passion; and particularly *Sydenham* accounts it the most effectual of any Glyster he knows of.

Of Tobacco Glysters, and their ill Effects, See *Colick Glyster*.

### A Glyster of 4 Oils.

Take Oils of Linseed and Camomile each 6 Ounces; Oil of Scorpions and Turpentine each 2 Drams; mix.

It's commodiously prescribed against the Stone, and Sand in the very Paroxysm; for it lubricates the Passages, breaks the Spasm of the *Viscera*, softens hard Excrements, disburdens the Intestines pressing upon the Reins, Ureters and Bladder, and so openeth the Ways, and forceth small Stones, gravely Matter, and Sand, to descend, and be evacuated with less Difficulty and Dolour.

A Gly-

## A Glyster of Pomegranate.

Take Pomegranate Peel bristled half an Ounce;  
Flowers of the same 1 Dram; boil in Milk half  
a Pint to 4 Ounces; to the strained add Brandy  
(or Cinnamon Water) 2 Ounces; Disſcordium  
6 Drams; Oil of Nutmeg 6 Drops; mix.

That it may be the longer and eaſier retained, (which is of great Moment in this Case) foment the *Anus* with ſome warm Aſtringent Decoction; or at leaſt, apply hot Cloths to it, and let the Patient compoſe himſelf to ſleep as ſoon as he can. Perhaps alſo it might be well for him to lie upon his Right Side; for ſo the *Colon* will not be ſo much preſſed upon by the Weight of the other Inteſtines.

This (beyond almoſt all other Aſtringents) is prevalent in ſtopping ſuch a Loofeneſs as comes without Gripes, and is occaſioned, not ſo much by the Quantity and Sharpneſs of Matter, as Laxity and Lubricity of the Inteſtines.

## A Purgine Glyſter.

Take of the Decoction for Glyſters 12 Ounces;  
Mixture for Glyſters 3 Ounces; mix.

The Title ſets forth its Uſe.

I am of Opinion, that Glyſters (notwithſtanding the Valve of the *Colon*, which hinders their corporal Aſcent any higher) may purge not only the *Rectum* and *Colon*, but

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all the upper Guts also: For the Peristaltic Motion once begun in the lower ones, may very easily (and useth to) be continued successively up, even to the *Pylorus* itself; and by that means the Excrements are borne downwards, and squeez'd forwards, through the whole Tract of the Intestines; and this especially in those, whose Guts being wove up of fine-spun *Fibrille*, are touchy and irritable, and therefore easily purged.

### A Refrigerating Clyster.

*Take of the common Emulsion 12 Ounces;  
Oil of Lillies 4 Ounces; Salt Prunel 2 Scruples;  
Sugar of Lead 1 Scruple; mix, and inject it  
Milk-warm.*

It's advisable, when a very acrid fiery Bile being plentifully suffused into the Intestines, excites Fervor, Fury, and Dolour, as in the *cholera morbus*, and some Sort of Fevers.

Some have dared to inject Glysters actually cold, and some again condemn it as male Practice. But seeing the Stomach, (which is of a far more exquisite Sense, and hath such a sympathetic Influence upon the whole System of the Spirits) I say, seeing the Stomach can bear cold, yea even Icy Draughts, why should not the Guts the same, or more? But I never made any Experiment of this Matter; and therefore only propose, but not impose it.

Altho'

Altho' I propos'd thus modestly, yet I am inform'd some have scoff'd at me for it. Now, when a Man of Sense and Civility is not of my Opinion, he hath free Liberty to enjoy his own: But when a Ridiculing Buffoon makes Mouths at me, I look upon him as a Sort of Man-Monkey: He is welcome to play his Tricks, provided he bite me not. I shall therefore not answer a Fool in his Folly, but extract a Passage from *Vander Heyden*; who, in the Year 1649, put out a Tract of Whey, cold Water, and Vinegar; and tells us, 'tis the confirm'd Experience of his 53 Years Practice in *Gaunt*.

In Fluxes of the Belly, (accompany'd with Fever, or Gripings) after he hath order'd large Quantities of Whey, and repeated Purgation, he gives Glysters; and saith, To the end the Party may retain them the longer, I would have them always administred cold, and be often repeated, if there be an extreme Griping with the *Diarrhea*; and so much the oftener, in case the Party void Blood: But if that cease, and some purulent Matter only, or the same mixed with a very little Blood, be voided from some Ulcer, you must then give your Glyster a little warm.

And I have always, and to People of all Ages, administred cold: And for Instance to the Daughter of the Count *de Wachen*, who was sick of a Dysentery, and was not above a Fortnight old; by which her Health

was speedily restored: And even in the very Depth of Winter I have, with very good Success, done the like to Children of not above two or three Months old. And moreover, I have divers Times caused 2, 3, or 4 Spoonfuls of Vinegar to be put into the Glysters, and that where the Patient hath voided in one Day 2 or 3 Pints of Blood: Neither did my Expectation fail me; for the Blood, by reason of so piercing a Cold, was suddenly repelled, and the Orifice of the Vessels contracted and shut up.

This being a Practice not in Use with us, and so old that it's now new again, I was willing to lay it before the ingenious Reader, to the end he may consider, and make what Use he pleases of it: For a wise Man sometimes makes great Improvements from an odd Hint, which an unthinking Dolt will overlook, and a ridiculing Droll laugh at.

### A Saponaceous Glyster.

*Take Mallows, Golden Rod, each 1 Handful; Juniper and Bay-Berries, Daucus and Parsley-Seed, each 2 Drams; boil in Water to 12 Ounces; in the strained dissolve Castile Soap half an Ounce; Oil of Camomile 1 Ounce; Oil of Anniseed, 2 Drams; Syrup of Violets 2 Ounces; mix.*

It potently disperseth Wind, softeneth indurated *Fæces*, evacuateth the Intestines, lubricateth the Urinary Passages, expelleth Sand;

Sand; and therefore, upon all these Accounts, belongs especially to, and is very commodious for those that are troubled with Gravel and Sand.

### A Somniferous Glyster.

Take Opium 8 Grains; dissolve in the Yolk of 1 Egg; then add Erratic Poppy Water 6 Ounces; *Dioscordium* half an Ounce; mix, and inject luke-warm at Sleeping Time.

In acute, and other great Distempers, when Want of Sleep, (caused by Vehemence of Pain, Estuosity of Humors, or Restlessness of Spirits) grows to that Pass, as to weaken so much, that 'tis no longer safe to venture Opiates in the Stomach; then (that Nature may not be destitute of all Assistance) Authors advise to give them in Glysters. Thus *Smertus (de Phrenit.)* counselleth to mix Opiates in Glysters, where the Patient is weakened to the utmost Degree, and therefore may not take them by the Mouth. And *Riverius (de Phrenit.)* asserts, that *Laudanum* used in Glysters procures Sleep effectually enough, and more safely, than when swallowed.

Notwithstanding, young Practitioners may be careful in ordering it: For *Platerus* (lib. 1. Obs. p. 136.) tells us, he prescrib'd an Opiate Glyster to an old Man in a Fit of the Stone; upon which he slept, and waked easy; but the Nerves of his Tongue were so struck, that he stammer'd like a drunken Man; yet

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his Speech return'd again, as the Force of the Narcotick wore out. And *Salmuth* (Cent. 3, Obsl. 97.) writes of a *Coma Somnolentum*, occasion'd by 1 Dram of Opium dissolv'd in a Glyster, which was cured by another of Malvatic Wine.

### A Sweet Glyster.

*Take New Cows-Milk 6 Ounces; Melasses 2 Ounces; mix.*

This Glyster is to be made use of before the bitter one, whilst the Worms, lying in the small Guts, bite and gnaw, and cause the Belly-Ach: For they will greedily make to the Milk, which is sweet and delicious to them; and so leaving off biting, will come out of their lurking Holes, and crawl downwards, and lie ready and easy to be cast out by Sieve.

### A Cerebintbine Glyster.

*Take Urine of a Man in Health 1 Pint; Venice Turpentine (dissolved in 2 Yolks of Eggs) 1 Ounce; Oil of Aniseed 1 Dram; Melasses 1 Ounce; mix.*

It's but a Whimsy to prescribe Urine of Wine Drinkers, as supposing such most enrich'd with Spirits; whereas it has no vinous Spirits at all, and is not so pure, natural, and humane a Liquid, as the Urine of such as drink little, and let themselves be healthy.

Urine

Urine seems a very proper Ingredient in a Glyster, because it being lately a Guest in the Body, is now receiv'd again in a Friendly Manner, and supplieth the Place of Bile: For *Pecquet* is clear in it, and *Helmont* also, that the Salt of Bile, and of Urine, is the very self-same, and both most certainly Nitrous: as *Agallius* writes *U. bas. 206. b. 18. 209. f.*

*Terebinth* dissolv'd in Glysters is beneficial in the Dropsy, Colick, and Stone; not only because its Balsamid Particles comfort and heal the Intestines, but also, because taken up by the Veins, and circulating with the Blood, they move Urine: *in Olla 220. m. 17.*

*Ertnuller* reports, that when a Glyster of Milk and Turpentine, 3 Drams, dissolv'd with the Yolk of an Egg, had been given in the Morning, and retain'd all Day, it gave the Urine a sensible Violet Odour at Night, as Turpentine taken by the Mouth useth to do. *Experiments 30. 31. U. 209. f. 210. f.*

This Observation makes it more than probable, that the Balmy Particles of Turpentine get into the Mass of Blood, circulate with it every where, fly through the minutest Passages, and diffuse themselves into the inmost Recesses of the corporeal Frame.

And that they agitate and remove the stagnating morbid Matter, and where they find it degenerated into salt, acrid, fowr, poutic, putrid, viscid, feculent, &c. they correct, and reduce it to Freshness, Sweetness, and a better

better *Grass*; and that they separate from the Blood and Humours heterogeneous *Copula's*, and throw them off by *Diurefis*. This in the fluid Parts.

And as to the Solid; that they search, open, and deterge the Canalicular Fibres of all Sorts; Nerves, Glands, Bowels, *Vterus*, Reins, Bladder, and Urinary Passages; and by their Balsamic *Afflatus*, refresh, heal, and strengthen them.

It therefore promiseth well in the Belly-Ach, flatulent and humoral Colicks, Dysentery, Consumption, and other Thoracic Infirmities. Also in Maladies of the Nerves, either from Oppilation, or Laxity: In Cachexies, Dropsy, and all internal Ulcers. Also to prevent the Stone, cause Urine when the Passages are stopped up by Gravel, or gelatinous *Mucus*; help for a Dytyric, and may be useful in a white *Fluor*, and *Gonorrhoea*.

But then for this Use of altering and mending the Juices and Fibres, it must be given frequently, and in such small Quantities as will not purge itself off.

N. B. Turpentine taken at the Mouth are likely to have the same Effects; but they are apt to hurt the Stomach, if daily used.

### Deccoral honey.

Take Honey 1 Pound; Elecampane, Liquorice, of each 1 Ounce; Seeds of Cummin, Anise,

nise, Sweet Fennel, Flower of Sulphur, of each half an Ounce.

Put all into a glazed Pipkin, sit on its Cover; and having pasted it up close, set it into the Oven (after the Household-Bread is taken out;) and after it hath stood there 12 Hours, pour the clear Honey out through a Hair Sieve.

### Honey of Raisins.

Take Malaga Raisins freed from the Stalks and Stones 2 Pound; Currants pick'd and rubb'd clean with a Cloth 1 Pound; Fijubes half a Pound; beat all in a Marble Mortar, and boil in a convenient quantity of clear Barley Water, till the Goodness be boil'd out into the Liquor; then strain and squeeze it out, and having set it by to settle, and decanted the clear, and added to it clarify'd Honey, and white Sugar-Candy, each 4 Ounces, boil it again gently till it be reduc'd to a Mellaneous Consistence.

Here I desire the English Reader to take Notice once for all, that our Herbals give such poor, sorry, deficient, false, and undistinguishing Accounts of the Vertues of Simples, that he must not venture Practice upon their Authority. To instance in Raisins, when they are prescrib'd, Raisins of the Sun are generally made use of; whereas they and Malaga have their several Faculties and Uses no where to be found in such-like Books.

For Raisins of the Sun are pleasanter to the Palate, quench Thirst, and deopilate more than

Malaga, by reason of a delicate Tartarous Acidity mix'd with the Sweet; and so are better in thirsty Fevers, and Splanchnic Cases.

But Malaga incrassate, obtrund, and mature more than they, by reason of their mucilaginous Sweetness; and therefore are preferable in Catarrhs, Rheumatism, Small-Pox, Stone, and wheresoever a thin, acrid, crude Serum is to be corrected or ripen'd.

### **Mayer's Honey of Balsam.**

*Take Raisins stoned and chop'd small 4 Pounds; Water 6 Quarts; macerate them 24 Hours; then boil till but a third Part remains, which strain and boil again, till it become as thick as Honey.*

### **A Chartaceous Hydromela.**

*Take of the finest Writing-Paper cut small 4 Sheets; Naples Biskets 2; Spring-Water 2 Pints and half; having boil'd it to 1 Pint and half, and strain'd it, add Milk 1 Pint and half; then boil it again to 1 Quart; and at last, season it with fine Sugar and Nutmeg, according as may be grateful.*

It edulcorates, incrassates, obstipates; in particular, it succours those that are troubled with Diarrhoea, immoderate Flux of the Terms, or Morning Sweats.

### **Anthmatic Hydromel.**

*Take Fox-Glove Flowers fresh gathered, half 4 Pound; pour upon them Water boiling hot a Quart;*

Quart; stop it close up; after 12 Hours strain out the Liquor, and add to a Pint and half of it Gum Armoniac (dissolved in Vinegar 4 Ounces, and strained) 1 Ounce; Honey 4 Ounces; Tincture of Benjamin 2 Drams.

Let it be taken by a Spoonful at a time, adding (when judg'd expedient) some Drops of Spirit of Salt Armoniac.

### Calceous Hydromel.

Take Lime-Water 3 Pints; Chips of Guaiacum, Shavings of Sassafras, of each 2 Ounces; Malaga Raisins 2 Ounces; Liquorice 1 Ounce; Seeds of Caraway, and Coriander, of each half an Ounce; Macerate cold a Day's Time; then dissolve (over a gentle Heat) in the strain'd Infusion, Honey 8 Ounces.

The Lixirvium of Calx contains in it a notable Salt peculiar to itself; by which the sharp Particles of the Blood (as well muriatic as acrid) being precipitated, the whole Mass becometh mild; and so, by that means, easily receiving the new Chyle, and converting it into its own Nature, the Afflux of Humours to ulcerated Parts is prevented; and consequently the Cure of such Ulcers accelerated: It's good therefore in Consumptions.

### An Hydromel of Cherries.

Take Spring Water 6 Quarts; Honey 1 Quart; when it's boil'd to a perfect Despumation, add Juice

Juice of red Cherries 1 Quart; and boil it a little more, *scumming it carefully.*

It's a delicate pleasant-tasted Liquor, and may serve for usual Drink to quench Thirst, dilute and maturate.

### Hydromel with Comfrey.

Take Comfrey Roots 4 Ounces; Plantain Flowers 2 Handfuls; Seeds of white Poppy, and Henbane, of each 2 Drams; Decoct in depurated Barley-Water 3 Pints, to 28 Ounces; in the clear strained Liquor dissolve Honey 4 Ounces; Sugar of Saturn 24 Grains; when it is cold, add Whites of Eggs well beaten up 4; mix all very well.

For any Sort of Hemorrhage, give four Ounces.

After the same manner may be prepared Hydromels of Juice of Citron, or any other grateful acid Juices, saith Dr. Lister.

### A Diuretic Hydromel.

Take Roots of Madder, Fennel, each 1 Ounce; Parsley 2 Ounces; Bay and Juniper Berries, each half an Ounce; Daucus and sweet Fennel Seeds, each 2 Drams; boil in Water 2 Pints and half to 28 Ounces; to the strained Liquor add Juice of Pellitory of the Wall, and Honey, 4 Ounces; boil it again as long as any Scum ariseth.

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## A Diuretic Lebigating Hydromel.

Take Roots of Althea 1 Ounce; of Fennel and Parsley, of each half an Ounce; Mallow Leaves 2 Handfuls; Malaga Raisins 1 Ounce; Liquorice half an Ounce; boil in deputed Barley Water 3 Pints, to a Quart; in the strained Decoction dissolve Gum-Arabic 1 Ounce; Honey 3 Ounces; boil again, and take off the Scum.

Give a Quarter of a Pint, together with as much White Wine, 3 times a day.

## Joel's Hydromel.

Take Zedoary half an Ounce; Gum-Armoniac (not strain'd.) 2 Drams; Flour of Sulphur 3 Drams; clarify'd Honey 2 Ounces; Water 1 Pint; boil (without scumming it) to 12 Ounces; at the latter end, adding Saffron 12 Grains; and when it's quite cold, strain it off.

It very potently incides, liquifies, and brings off tough Phlegm, that by stuffing up the Pneumonic Passages, causeth an Orthopnea and moist Asthma: But whether it be convenient in a dry, convulsive, feverish Asthma, during the Fitt, I am scarcely satisfy'd; but I am inclin'd to believe in that Case, it may give the Blood too much Feror, increase the Orgasm of the Humors, and consequently make the Fitt greater.

You may give the Patient a Spoonful or 2 often.

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## 1. A Pectoral Hydromel.

Take Liquorice 2 Ounces; Malaga Raisins stowed and cut small 4 Ounces; boil in deperate Barley Water from 3 Pints to 1 Quart; to the strain'd add Honey 2 Ounces; and boil again till it be well despumated.

## 2. Pectoral Hydromel.

Take Pearl Barley, Malaga Raisins stoned, each half an Ounce; Figs 4; Liquorice 2 Drams; Roots of Elecampane, Orris, Calamus Aromaticus, and dry'd Tobacco, each 1 Dram; Colts foot, Ground Ivy, Rocket, Sanicle, each 1 Handful; Sweet Feenel and Anniseed (added towards the last) each 2 Drams; make a Decoction in simple Hydromel 3 Pints to 1 Quart, and strain it out for Use.

It almost equals that of Joel (above-described) for inciding and expectorating; but for mollifying, lubricating, digesting, and maturing, it goes beyond it. It's eminently beneficial in a deep, laborious Cough, where the inward Recesses of the *Thorax* are stuff'd up, and over-loaded with tough Phlegm: But in a feverish, thin, sharp Catarrh, perpetually dropping thro' the guttural Glands, 'twill prove prejudicial; for by fusing, heating, and tumultuously exagitating the Humours, 'twill most infallibly increase the Distemper.

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You may give 3 Ounces, or more, to be supped up as hot as Coffee, 3 times a day.

### Simple Hydromel.

Take pure Spring Water 2 Quarts; Honey half a Pound; boil it till it's thoroughly scummed.

Some make it of Water 5 Pints, and Honey 1 Pint.

This may serve to prepare any Compound Hydromel with, is seldom used alone; yet might be a good agreeable Drink, during the whole Fitt of an Asthma, for such as are troubled with an old Cough, or with Gravel or Sand.

Honey consists of a sweet, viscid Principle manifest, and of an acrid Volatile something occult. From its Acridness, it detergeth and drieth: From its Viscidness, digesteth and healeth.

*Zweelfer* highly disapproves of clarifying Honey by violent Boiling; and will allow only a little warming, and straining of it through *Hippocrates* his Sleeve. He affirms, there is no need of Despumation; and that thus cleansed, it's most pure, and may be so kept natural, and with its own proper Vertues entire and untainted: Whereas, if it be urged with a hot Fire, the Wax and *Protopolis* will be so boiled into its Body, and so ultimately mix'd, as to render it impure, and give it an unpleasant Taste and Smell, that can-

cannot be got out of it again, tho' it be clarified ten times over.

And moreover he acquaints us, that the whole Substance of Honey will at length be turned into Bubbles, and Air, and be evaporated and lost, if it be boiled apace, and long enough, and Water be continually put into it.

### An Anthelminthic Infusion.

*Take Wormseed bruised half an Ounce; Mint Water 4 Ounces; Gentian compound, and Cinamon Water, each 2 Ounces; infuse hot for an hour; then strain, and add Syrup of Succory with Rhubarb 2 Ounces; Oil of Nutmeg 2 Drops; mix.*

Give a Child 2 Spoonfuls twice a day for 3 days, and then after it a proper Cathartic.

*Ægineta* (Book 4. Chap. 57. Page 384.)  
faith, when Children will not take Medicines, if you lay them on their Backs, and bind them down, and hold open their Mouths with an Instrument, and put a Glyster-Pipe, down their Throats, you may inject what Bitter you please, in spite of their struggling.

### Araldine Infusion.

*Take Leaves of Polypody of the Oak, and of Fox-glove, each 4 Ounces; having cut, and put them into a glazed Pipkin, and poured on them Spring Water enough to extract their Virtue, put the Lid on it, close it up with Paste, and*

and let it stand in an Oven the day after Baking 12 hours. Then press the clear Liquor through a Sieve without squeezing, and keep it in a glass Bottle for Use.

'Tis commended for Convulsive Diseases. The Dose Night and Morning from one Spoonful to five.

### An Arthritic Infusion.

Take Ground-Pine (dry'd, wash'd and bruis'd) 1 Ounce; Lavender-flowers dry'd, Venice Treacle, each half an Ounce; Stout, strong, red Wine 1 Quart; infuse hot 2 hours, and strain.

To drive the Gout out of the Stomach and Intestines, let the Patient drink half a Pint, and repeat the same Draught as often as the Physician shall judge needful.

### A Bitter Infusion.

Take common Water distill'd 2 Quarts; Brandy half a Pint; Salt of Tartar 32 Grains; Gentian-root 2 Drams; tops of Carduus, Centory, Camomile-flowers, each 6 Drams; Cochineal 2 Scruples; Infuse in Balneo 12 hours, and strain.

Common Water distill'd in an Alembic will keep in the Shop as well as other distill'd Waters, and may serve as a cheap and general Vehicle in Juleps, Infusions, &c. and is divested of all Sorts of Salts.

I choose Carduus Tops rather than Seed, because the Seed, being oily, is apt to make  
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the Infusion muddy; but as here order'd, 'twill be diaphanously clear.

It's a little warmer than the common bitter Draught, because in a Quarter of a Pint of the Liquor there is about half an Ounce of Brandy.

I use to give it either alone, or with bitter Wine, sometimes prescribing equal Quantities, sometimes of the Infusion 12 Ounces, and of the Wine 4 Ounces, and so varying as I see fit. The Dose is 6 or 8 Spoonfuls twice a day.

### A Bitter Chalybeate Infusion.

Take *Alexiterial Milk Water* 1 Pint and half, *Mint, Gentian compound, Magistral Worm Water*, each 4 Ounces; *Gentian-root* 4 Scruples; tops of *Carduus, Centory*, and *Camomile-flowers*, each 8 Scruples; after 12 hours warm Infusion, run it through a Sieve without Squeezing, so as that it may be pure clear and fine, and mix with it *Chalybeate Wine* 1 Quart.

### An Infusion of Camomile.

Take distill'd *Water* 1 Quart; *Brandy* 4 Ounces; *Salt of Tartar* 2 Scruples; *Camomile-flowers* dry'd and bruis'd 2 Ounces; infuse warm 12 hours, and decant the clear through a *Flannel Strainer*.

See the bitter Febrific Decoction.

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# I C A Cardiac Infusion.

Take Conserve of red Roses 1 Ounce; Conserve of Borage-flowers 2 Ounces; candy'd Citron-peel beat to a Mass 6 Drams; pour on them Borage Water 9 Ounces; Meadow-sweet Water 3 Ounces; Damask Rose Water 2 Ounces; having mix'd all very well in a marble Mortar, and let them stand cold an hour, strain out the Liquor, and add to it Juice of Kermes half an Ounce; Juice of Lemon 1 Ounce; Syrup of Raspberries half an Ounce; and pass it all through Hippocrates's Strainer, till it be pretty clear and fine.

It restrains the Fervor, and allays the Impetuosity of the too inflammable Blood; at the same time it also clarifies and rouzes up the Spirits darkened and depress'd with atrabilarious Vapours. 'Tis a very grateful and comfortable Thing in a burning Fever, especially if the Patient be inclinable to Hypochondriacism and Melancholy. You may give a large Wine-Glass full thrice a day.

## A Cephalic Infusion.

Take dry Peacocks Dung (the white part) 4 Ounces; Miltepedes alive bruis'd 1 Ounce; black Cherry-water, white Wine, each 1 Pint and half; let them stand cold 24 hours, then having clarified it, by often passing it through a Flannel Bag, add Langius's Antiepileptic Water 3 Ounces; Spirit of Lavender compound 1 Dram and half; Oil of Nutmeg 3 Drops; Syrup of Piony compound 6 Ounces; mix.

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It cleanses out the *Meatus* of the Brain, when choak'd up and grown unpassable by reason of muddy Feculencies; roborates its Tone when flaccid and sunk, and defecates the Animal Spirits when clogg'd and incens'd with an heterogeneous *Copula*; refreshes and invigorates them when feeble and fainting; disscusses the Mists and Clouds of the Head, and procures Serenity and Sun-shine; Therefore we employ it with happy Success in an Idiopathic Head-Ach, Vertigo, Scotomy, &c. giving a Quarter of a Pint Nights and Mornings.

#### An Infusion for a Colic.

Take Zedoary-root contused 2 Ounces; Canary Wine, Brandy, each half a Pint; macerate in a gentle heat 12 hours. To the strain'd add Oil of Juniper 16 Drops; Oil of Cloves 4 Drops; fine Sugar 1 Ounce; mix.

In a Bilious Colick no Medicine will avail much, till the Body be wrought through with a Purge; and after it is so, this Medicine will be useful. In an Hysteric Colick Dr. Sydenham prescribes Zedoary between the Fitts. Two or three Ounces are to be taken 3 or 4 times a day.

#### An Epileptic Infusion.

Take Misselto cut and bruisd 4 Ounces; Juice of Rue 1 Ounce; Brandy 4 Ounces; Spring Water 28 Ounces; Salt of Tartar 2 Scruples; infuse in a gentle heat 12 hours: Let the strain-

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*ed subside, till depurated, which decant and sweeten with Syrup of Piony compound 4 Ounces.*

Mr. Boyle (Usefulness of Philos. p. 175.) relates an History of a radicated Epilepsy cured by Mistletoe of an Oak. But, for ought I know, it's only the Superstition of the Druids, and Scarcity of that of the Oak, which gives it the Preference before that of Hazel, white Thorn, Lime, Apple, or even Crab-tree.

### An Infusion of Nettles compound.

*Take Nettle Roots fresh gathered 4 Ounces; Nettle Herb 2 Ounces; Seeds of Nettle, Dancus Sylvestris, Anise, Cummin, each half an Ounce; Lime-Water 2 Quarts; set them into a warm Oven to infuse (close stopped up) 12 hours; decant the clear Liquor, and in 28 Ounces of it dissolve Gum Arabic 2 Ounces; Crude Alum 32 Grains; Mr. Boyle's Syrup (or Diacodium) 4 Ounces; mix.*

For bloody Urine, or Ulcers of the Reins and Bladder, give 4 Ounces for a Dose.

### A Purging Infusion.

*Take Senna 1 Ounce; white Tartar powder half an Ounce; Elder-flower-water, white Wine, each half a Pint; infuse warm and close in a glass or glazed (but not Brass) Vessel, 12 hours. To 12 Ounces of it clear strain'd, add Syrup of Succory with Rhubarb 4 Ounces; Oil of Anniseed. and Oil of Nutmeg, each 2 Drops; mix.*

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Senna

Senna (saith *Fr. Sylvius*) is a kindly gentle Medicine, if given either in Substance or Infusion; but decocted, is not so; for then it's apt to cause Gripes, especially in such as abound with austere and acid Humours.

This Infusion will fit Children, as well as grown People; for it operates very friendly, and yet effectually. If any Constitution call for it stronger, a few Grains of powder'd Scammony may be added (when cold) to each Dose. The Dose to grown Persons is 3, 4, or 5 Ounces. Hence it may easily be proportion'd for all Ages.

### A Red Infusion.

Take *Diascordium* half an Ounce; *Cochineal* 2 Scruples; *Cloves* 1 Scruple; *red Lisbon Wine* 6 Ounces; *Cinnamon Water* 2 Ounces; let all stand at the Fire stopp'd close 2 hours. Strain and add Syrup of Quinces (or of Meconium) 1 Ounce and half; mix.

It's for 2 Doses against a *Diarrhœa*.

### A Reserating Infusion.

Take green Fig-leaves 1 Ounce; common Daisy Roots 6 Drams; *Contrayerva* 2 Drams; Spring Water 1 Pint; Brandy 2 Ounces; Salt of Tartar 1 Scruple; make a warm and close Infusion, which strain and edulcorate with Sugar.

Its Use is to reserate the too close Compages of the Blood, that it may shed off its Serum and other Recrements.

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## An Infusion of Rhubarb compound.

Take Rhubarb sliced thin 2 Drums; yellow Meibellans bruised 1 Dram; Salt of Wormwood 15 Grains; Plantain and Cinnamon Water, each 2 Ounces; infuse warm and close a Night's Space; then having strain'd it out, add Oil of Anniseed 1 Drop; Syrup of Roses solutive half an Ounce; (or 6 Drums) mix.

Sometimes, where there are Gripes, I prescribe thus.

Take Rhubarb 2 Drums; Brandy 1 Ounce and half; Cinnamon Water 1 Ounce; infuse (over hot Coals) an Hour; to the strained add Syrup of Roses solutive 1 Ounce; Oil of Nutmeg 1 Drop; powder'd Rhubarb half a Scruple; mix.

It evacuates slimey, bilious, or any other Matter that offends, and provokes the Intestines; takes away Gripes, dissipates Wind, roborates the Bowels, corrects their Lubricity, fortifies their Tone; and so is thoroughly furnished with all Requisites, rightly and rationally to stop and cure a Diarrhea.

## An Infusion with Roses Compound.

Take Red Roses, Balanstones, each 2 Drums; Oak Bark half an Ounce; Spring Water 1 Quart; give it a warm Infusion for 12 Hours; then strain, and add Barley Cinnamon Water, 4 Ounces; White Sugar 2 Ounces; Oil of Nutmeg 2 Drops.

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It astringes potently, and therefore conduces in a *Diarrhœa* and Spitting of Blood. But, because it may possibly be mischievous in the Hands of the unskilful, or unwary, I am willing to put down here two Cautions worth observing,

1. In a Symptomatic Flux of the Belly, where an acute Fever is the primary Distemper, it's a difficult Case; and it's safer then to set upon it with direct Alexipharmacks, which may be able to grapple with the hostile Venom, and drive it outwards, than with Astringents and Opiates, which unpurposely concentrate, and shut up the malignant Humours, hinder the Depuration of the Blood, and ruin the weak Spirits.

2. In an *Hæmoptysis*, after the Eruption of Blood is actually stopt, there may be extravasated Gore, and grumous Clots remaining in the Lungs; and while they are so, Astringents are bad, forasmuch as they are an Impediment to Excretion, and cause Shortness of Breath, Suffocation, vehement acute Fevers, Inflammation of the Lungs, and Death itself.

The Dose is 3 or 4 Ounces, to be repeated till the Indication be answered.

#### An Infusion of Roses simple.

Take Conserve of Red Roses 4 Ounces; Oil of Sulphur 48 Drops; (or as much as suffices to bring it to a fit Acidity) Spring Water 1 Quart; mace-

*macerate warm all Night; in the Morning run it, till clear, through a Flannel Bag.*

It doth all that can be looked for from Tincture of Roses; namely, refrigerates overheated, restrains boiling, corrects salt, acrid, and incrassates thin Blood. It tempers Choler, satiates Thirst, refreshes the Stomach, restores lost Appetite, and moderately astringes. 'Tis a pretty pleasant Julep, useful in burning and malignant Fevers, in Hemorrhages at the Nose, Spitting and Vomiting of Blood, Flux of the Terms, bilious Diarrhæa, Dysentery, *Pica*, and Danger of Abortion.

A Wine Glas of it may be taken twice or thrice a Day.

After the same manner may be prepared an Infusion of Conserve of Wood-Sorrel, or Violets, against great Heat of the Stomach, and Thirst in Fevers.

### The Spanish Infusion.

*Take Spring Water 3 Pints; Salt of Tartar half an Ounce; Saffron (snip'd small with Scissors) half a Dram; Spanish Juice of Liquorice, sliced thin, 1 Ounce; digest warm and close 24 Hours; and then strain it.*

It edulcorates, maturates, incides, and expectorates. In a thin Defluxion, owzing out of the Glands of the Throat, whose Nature is to return mostly in the Evening, and then mo-

molest with a vexatious Cough, give half a Pint cold just at going to Bed.

But in a true Pectoral Cough, which is owing either to an acrid *Lympha* incessantly suffused, or to gross heavy Phlegm deposited, obstructing and oppressing the *Bronchia*, or lobular Appendixes of the Lungs, let a Quarer of a Pint be drank hot every Night and Morning.

In a feverish Catarrh, with frequent, uncertain Returns, and Changes of Shiverings and Flushes, Heaviness of the Head, Noise in the Ears, Redness of the Eyes, and thin running at the Nose; let it be sipped off hot, like Coffee, all day long at times, and let the Patient keep himself up in his Chamber, and avoid the cold Air.

### A Styptic Infusion.

Take stinging Nettle-Roots 4 Ounces; Salt Prunel half an Ounce; Juice of Nettles 2 Ounces; Spring Water 1 Quart; make a warm Infusion for 12 Hours; then strain, and add Syrup of Marsh-Mallows, (or of Meconium) 4 Ounces; mix.

### A Traumatic Infusion.

Take green Twigs of woody Night-shade (cut like Sarsaparilla) 4 Ounces; Cochineal 1 Scruple; White-Wine 1 Quart; infuse hot and close all Night; then having strained out the Liquor, add Syrup of Ground Ivy 4 Ounces; Venice-Treacle half an Ounce; mix.

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It's a singular Experiment in a Contusion; for it dissolves extravasated Clots of Gore after a marvelous manner, drives it again into the circulating Mass of Blood; and there, partly by *Diaphoresis*, partly *Diuresis*, and sometimes by Purgings, throws it out of the Body. It operates so powerfully and specifically, that upon the Use of it, I have sometimes (not without Astonishment) observed black Urine, which I supposed was made so by Clots of Blood dissolved, absorbed, and mixed in with the *Serum*. Let 6 Ounces be taken twice, or 4 Ounces thrice a day.

### Infusion of Zedoary compound.

Take Roots of Zedoary, Aromatic Reed, of each half an Ounce; Seeds of Caraway, Sweet Fennel, of each 2 Drams; Nutmeg, Cardium, Saffron, of each 1 Dram; Cloves, Grains of Paradise, of each half a Dram; Alexiterial Milk Water a Pint; Waters of Mint half a Pint; of Cinnamon 4 Ounces; of Gentian, and Wormwood (both) compound, of each 2 Ounces; Macerate close and moderately warm a day's space; then having strain'd and let it settle clear, decant, and add Spirit of Lavender compound, and Spirit of Salt Armoniac, of each 2 Drams; mix.

It's Stomachic and Cephalic; is a proper Medicine to drive the Gout out of the Stomach and Bowels, and is profitably given in the

the dry Belly-Ach, as it is called in the *West-Indies*.

### Attempering Juice.

*Take Dandelion, as much as you think fit, pound it to a Mass, put it into a glazed Pipkin with a Cover, stop it up with Paste, set it in an Oven after the Bread is drawn; let it stand in six hours, then putting it into a Hair Sieve, let the clear Liquor drain out.*

Thus may Juices be extracted from any other juicy Herbs.

Those who have a cold, weak Stomach, apt to Crudities and Belching, had need abstain from all manner of raw Juices; and therefore the most convenient Way of preparing them for such Persons is thus to bake them in an Oven.

This simple Medicine dilutes the Blood and Humours, corrects their acrid Salt, and is a principal Thing in a hot Scurvy, and cutaneous Affections. I have known where it hath done good, even in a *Lepra Græcorum*, so far as to keep it from itching, heating, and spreading, and made it tolerable, though it could not cure it.

Let four or six Ounces be drank thrice, or oftener, in a day.

### Juices for a Dropsy.

*Take green Plantain Leaves 4 Handfuls; Liverwort, Brooklime, each 2 Handfuls; ha-*  
*ving*

ving pounded them in a Stone-Mortar, add Horse-Radish Water compound, half a Pint; and wring it out hard through a Cloth.

Famous Willis asserts, he hath often prescribed it with Success. The Dose is three Ounces thrice a Day.

### Juice for the Vermorroids.

Take the Juice of Yarrow depurated, 1 Pint; White Sugar 2 Ounces; mix.

When the Flux of the Hemorrhoids is seasonable and moderate, it purgeth the Body of feculent gross Blood, and preserves from, and cures many ill Distempers, such as Pleurisy, Scurvy, Leprosy, Cancer, Melancholy, Hypochondriacism, Madness, Scirrhus, Tumors of the *Viscera*, &c.

But if by Loss of Strength, Pain in the Back and Thighs, Failing of Appetite, squallid Habit of Body, greenish or dusky Colour, and Deadness of Look, you are certainly assured, that the Flux is too much, and ought to be moderated; then this (easily procured) Styptick may bring good Assistance, and was the great Secret of a certain great Physician. And *Riverius* saith, the Decoction of Yarrow used as usual Drink, for three Days together, happily takes off the Pain of the Piles.

The Dose is 3 or 4 Ounces twice a day.

Of all Juices, I account that of Apples, beyond compare, the best; because Nature hath wrought

wrought it up to a much higher Degree of Generosity, and Maturity, than that of crude trashy Herbs, which afford nothing of that delicate Dulco-acid, Aromatic, and Odoriferous Liquor issuing from some of our fine Sorts of Apples, such as *Kentish* and Golden Pippins, &c. And what *Simon Paulli* hath said against them, I take to be from a mistaken Prejudice. They are not fit for Medicinal Use, till they have been gathered a while, and sweat in a Heap.

The best Way is not to drink their Juice, because that will gripe, and purge some People; but to eat them raw, or scoop out, and eat the Pulp for a long Course of Time every Morning.

Thus have they given more Help to Scorbuc and Splenetic Patients, (especially such as were of a hot dry Constitution, and apt to be costive) than any thing else the Shops or Fields could furnish out. I knew one that used to eat 30 every day for his Breakfast. *Dr. Baynard* highly cries them up as a most noble Pectoral, and cured himself of a confirmed Consumption by the Use of them twice. See *Cold Bath*, Part 2. Page 314.

Juices of Herbs may be preserved good for Medicinal Use three Ways.

I. By bottling, and putting sweet Oil upon them, as is used in Flasks of Wine.

II. By boiling away a Quarter Part, carefully scumming, and then adding to every Pint

Pint of Juice two or three Ounces of Brandy.

III. By letting them settle, decanting off the clear, and putting them into Bottles fumed with Sulphur. And this Way is judged the best of all.

### Scorbutic Juices.

Take Juice of Plantain, Brooklime, Water Cresses, Dandelion, each 1 Pint; of Sorrel, Lemons, and white Wine each half a Pint; let it stand (in a Cellar) till the thick part subside; then having decanted the clear Liquor, add to it Horse-Radish Water compound, Magistral Worm-water, fine Sugar, each 4 Ounces; Spirit of Scurvy-grass 6 Drams; mix.

The Juices of Herbs egregiously dilute, edulcorate, purify, and soften salt, harsh, torrid, and irritable Blood; convey off (by Urine) Saline and Bilious Recrements, refresh the estuating *Hypochondria* with a grateful *Refrigerium*, correct a dry strigose Habit with mollifying Moisture; and (in my Judgment) are the very first in the Family of Antiscorbuticks; and so much the more, because they are carried into the Blood in their true natural State, and full and entire Vertues, without being perverted and spoiled by Coction, or any other ill applied Artifice.

But they are more medicinal in the Spring than any other Time of the Year, and that not only because Nature in humane Bodies being

being then of itself upon raising a Zupus, and Renovation of the Blood, may be easily assisted in its Work; but also, because the Juices themselves are then, in their own Nature, really much richer, and efficacious, as *Simon Paulli* observes, saying, An evident Proof that Scorbutick Herbs are enrich'd with Volatile Salt, most especially in the Spring Season, is this; That if we prepare an Essence or Tincture of them at the End of *April*, or Beginning of *May*, 'twill look red like *Chio*, or Malvatic Wine, which it will not do in other Seasons of the Year.

Let a Quarter of a Pint be drank daily in the Morning, and at Four in the Afternoon.

### Viscous Juice of Scurvy-grass.

Take Garden Scurvy-grass, gathered in a dry time, as much as you please; press out its Juice; fill a Vessel with it, suppose of 4 Gallons; work it (like Ale) with Test 2 Spoonfuls; w'en it bath done working, bung it up close, and keep it in a good Cellar. At six Months end, 'twill be clear, and yellow like Sack; and then bottle it out, and it will keep good many Years, saith Willis.

For the cold, rancid Scurvy, Palsy, Dropsy, and flying Pains, drink 3 or 4 Ounces twice a day.

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## An Acid Julep,

Take pure Spring Water (boiled half away)  
28 Ounces; Syrup of Violet 3 Ounces; Syrup  
of Gillyflowers (or Raspberries) 1 Ounce; Spi-  
rit of Vitriol, as much as serves to make it plea-  
santly tart, & mixe.

Spring Water (when its Crudity is boiled  
off) drinks clean in the Mouth, and in ma-  
ny Cases I prefer it before Barley Water;  
which, being full of heavy, fulsome Muc-  
lage, is often found ungrateful both to the  
Palate and Stomach of weak People. *Riverius*  
tells us, Acids should never be  
omitted in bilious Fevers, because Bitters are  
dulcify'd by Acids: And if they be intense  
in their Degree, they will destroy the Bitterness  
even of Aloes, and *Colocynthis* itself. And  
when Choler is despoiled of its Bitterness,  
it's mortified, and can do no Hurt.

And at another Place he says, it ought to  
be minded of Spirit of Vitriol and Sulphur,  
that the Use of them is great in putrid Fe-  
vers, because they nobly refrigerate, open,  
resist Putrefaction, hinder Inflammability of  
Humours, and quench Thirst. Yet, not-  
withstanding, in a Pleurisy, Peripneumony,  
Coughing of Blood, Consumption, and the  
other Pulmonary Affects, in Inflammation of  
the Ventricle, Dysentery, bloody Urine,  
and Ulcers of the Kidneys and Bladder, they  
are very pernicious, and must be forborne.

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This (elegant, and delicately pleasant) Ju-  
lep may be given cold in burning Fevers, to  
three or 4 Ounces, four times a day.

That I may the more amply illustrate the  
Efficacy of chymical Acids, I'll communi-  
cate an Observation; which, tho' it may look  
incredible, yet is in every Part precisely true:  
And, for the Satisfaction of any that will en-  
quire, I set down Place and Names.

*J. T. Coachman to Mr. Dixon, Recorder  
of Maidstone in Kent*, fell ill of a fiery  
Fluxing Small-Pox. The tenth Day, after  
Eruption, his Fever running high, he fell  
into a Frenzy, and bled at Mouth, Nose,  
Eyes, and Ears; his Pocks also all about his  
Body bled, and he made bloody Urine.

I chancing to be that Day at their Town,  
*Mr. Finch*, his Apothecary, consulted me.  
The Case seeming utterly desperate, I desired  
to be excused; but when he would not be  
denied, I ordered plentiful Bleeding, and a  
powerful Styptic, and Paregoric. These  
availing nothing at all, we gave 40 Drops of  
*Oleum Vitrioli* in a large Vehicle, and half an  
Hour after repeated the same. As soon as  
ever he had taken these, marvelous was the  
Alteration! After he recovered, he remem-  
bered he underwent Conturbations and Strug-  
gles unexpressible, and Dolours and Anguish  
so intolerable, that, he said, if it were to be  
done again, he should much rather die quietly,  
than endure such Pangs to save his Life.

But

But immediately all the Slices of Blood were shut up; anon he slept, after awaked perfectly in his Senses, without any Fever; and from that time gradually amended to a perfect Recovery.

### An Alexiterial Julep.

Take *Alexiterial-Milk-Water*, *black Cherry Water*, each 4 Ounces; *Rue Water* 3 Ounces; *Epidemial* 2 Ounces; *Tincture of Saffron* (extracted in *Treacle-Water*) 1 Ounce; *Syrup of Gilly-Flowers* 2 Ounces; *Gua and Contrayerva Stone*, each 1 Dram; *Confection of Alkermes* 2 Drams; mix.

It's useful and necessary in putrid and malignant Fevers; where the Spirits are overborne, and almost slain by a deleterious and mortifying Venom; namely, to give them a lively brisk Expansion, and to rouse 'em up, and make 'em able to recover the due Mixture of the Blood, vanquish the Venom, and expell it.

For these Purposes it may be allowed to; Spoonfuls ever 8th, 6th, or 3d Hour, as the Case requires.

But it's heedfully to be observed, that as soon as ever the *Phlogosis*, and Vigor of the Spirits and Blood is thus regained, we must immediately desist, or at leastwise diminish its Dose, and give it seldomer, lest so raging a Fire be kindled, that it ruin the humane Fabrick.

## An amber Julep.

Take Waters of Parley and Fennel, each 4  
Ounces; Magistral Worm and Horse-Radish  
compound Waters, each 1 Ounce; Syrup of the  
5. Roots 2 Ounces; Salt of Amber half a Dram;  
mix.

Aperients, Dissolvents, and Diureticks, do  
much in an *Anasarca* (tho' not in an *Ascites*.)  
For this Malady ariseth from a morbose Re-  
dundancy of *Lympha*, soaked into the mi-  
nute Hollowneses and Interstices of the Fi-  
brille, of which (disposed like little Pipes)  
the whole System of the Body is wove up  
and constituted: And 'tis increased by that  
*Lympha's* growing thick, gelatinous and sly;  
whereupon it dams up the small Aqueducts,  
and occasions the rest of the *Lympha*, that  
comes streaming after, to break over its Banks,  
and lay all under Water about it.

Therefore, such Things as have Power to  
liquify and thin that same Size, thrust it out  
from the Filaments, bring it back into the  
circulating Mass, and at last turn it out by  
Urine, are apparently of mighty Efficacy and  
Advantage.

Which Things being to be expected, espe-  
cially from Aperients and volatile Diureticks,  
this present Julep must be looked upon as a  
Medicine of much Avail against an universal  
Dropfy, provided it have not gone on too  
far, and be as yet only an Affusion in, or  
among

among the fleshy Fibres, and have not burst the Lymphatics, and fallen into the Cavity of the *Abdomen*.

Due Purgings, not omitted, 4 Ounces are to be drank thrice a day.

### An Antemetic Julep.

Take Oak Buds, and Barley Cinnamon Water, each 3 Ounces; Gentian and Wormwood Waters (both compound) Syrup of Lemons, each 2 Ounces; Salt of Wormwood 2 Scruples; Liquid Laudanum 40 Drops; mix.

The constituent Elements of this are, a fix'd Salt put to an acid, and turn'd into a third of a neutral Sort, Aromatics, Astringents, and *Laudanum*. Therefore it obtains the acridous Ferment, recalls the Vigor and Tone of the Stomach, regulates the Purges of the Spirits, charms the Spasms of the *Fibres*, and effectually stops Vomiting.

The Dose is 3 Spoonfuls, often repeated; for the retching Stomach will bear but small Quantities.

### An astringent Julep.

Take Waters of Plantain, and Oak Buds, each 4 Ounces; Mint Water half an Ounce; strong Cinnamon Water 2 Ounces; Syrup of dried Roses 2 Ounces and half; Diastordium Bole, each 4 Scruples; Japanese Earth 2 Scruples; Oil of Nutmeg 2 Drops; mix.

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It's designed against a *Diarrhœa*. Now a Symptomatic *Diarrhœa* (and that is ever such an one which breaks out at the Beginning of Fevers) is always bad. 1. Because it impedes the Concoction of the morbid Matter; or (in other Terms) the legitimate Separation of Humours by natural Fermentation. 2. Because it very much wastes the Spirits, and weakens. 3. Because it's an Effect of Febrile Colliquation, as appears by the Excretions, which are then always remarkably fetid. And therefore, such a *Diarrhœa* is certainly to be stopped, or at least so far restrained, as that it may not grow exorbitant.

You shall commonly have Physicians think, that Purging is then indicated: But *Lindanus* saith well, they don't rightly consider the Nature of it, when it supervenes another Distemper. For since such a *Diarrhœa* is occasioned from extreme Crudity and Acrimony, and often Malignity of the Matter, and from the Confusion and Colliquative State of the Humours, assuredly it ought not to be irritated, and exasperated more by Purgers; but either be wholly stopt, or at least kept under within due Bounds.

The Dose is 3 Ounces every six Hours, or oftener, if need be, until the Symptom be moderated. And after that, twice or thrice a day, according as the Case shall require.

A Cam-

## A Camphorated Julep.

Take Water of Elder-Berries and Black Cherries, each 6 Ounces; Compound Briony Water 1 Ounce; then fire 4 Scruples of Camphire, and quench it in this Mixture; fire and quench it again and again, till the Camphire be quite consumed; at last add Syrup of Elder Berries and Black-Cherries, each 1 Ounce and half; mix.

Often repeated Experience hath approved this to be one of the most excellent among the Hystericks; for by wonderfully charming the frenetic Spirits, restraining the desultory, condensing and fixing the dissipable, it breaks off a present Paroxysm, and prevents the Return of any more. Yea, if it be used but long enough, it sometimes extirpates it radically. The Dose is 2 or 3 Ounces.

## A Carminative Julep.

Take White-Wine 4 Ounces; Waters of Camomile Flowers and Rue, each 3 Ounces; compound Piony Water 1 Ounce and half; White Sugar 6 Drams; Oil of Juniper 24 Drops; mix.

It incides tenacious Phlegm in the Ventricle and Intestines; breaks the Froth and Bubbles in it, occasioned by Convulsive Twitching and Conquassation; dissipates the Wind and Vapours included therein, recalls the defective Heat of the Viscera, and takes off the spasmodic Agitation of the Membranes. 'Tis

usefully prescribed against Belching, and against Wind distending and racking the Ventricle and *Hypochondriacs*, against the Wind-Colick, Womens After-Pains, Verrigo, &c.

The Dose 3 or 4 Ounces, the Glass being well shaken before it be poured out.

### The Castor Julep.

Take Rosemary Tops fresh gathered, and cut small 1 Handful; pour upon it scalding hot Water 12 Ounces; stop it up close for an Hour; then strain without squeezing; to 8 Ounces of this Infusion put Waters of Rue, Penny-Royal, Briony compound, of each 1 Ounce; of Piony compound, Tincture of Castor, of each half an Ounce; Salt of Amber half a Dram; double refined Sugar 6 Drams; mix and shake all together.

Against Hysteric Affections give 5 Spoonfuls, together with Spirit of Salt Armoniac, from 5 to 10 Drops.

### A Cephalic Julep.

Take Waters of Black-Cherries 4 Ounces; of Rue 3 Ounces; Piony compound 2 Ounces; Briony compound 1 Ounce; Tincture of Castor, Spirit of Lavender compound, each 2 Drams; Oil of Nutmeg 4 Drops; Syrup of Piony compound, 1 Ounce and half; Powder called de Gutteta, 4 Scruples; mix.

It's used with Benefit against the Epilepsy, all Kinds of Convulsive and Soporose Affections, the Head-Ach, Giddiness and Palsy.

Five

Five Spoonfuls may be given before, in, or immediately after a Paroxysm; but for Prevention, near the Lunary Periods; for about these Times the Brain suffers wonderful Alterations; insomuch, that at the Full Moon it groweth so turgid (which appears by Wounds of the Head) as to fill up the whole Capacity of the Skull; yea, hath often been seen to thrust out through a Wound. And as the Moon waineth, it proportionably again subsides to the New; and then it's in its least Appearance. Thus we see Oisters, and all Shell-Fish, are fuller and better at the Full, and the contrary at the New Moon.

### A Chalybeate Julep.

*Tale Fennel and Parsley Water, each 12 Ounces; Salt of Steel 2 Drams; having thoroughly dissolved it at the Fire, set it by 24 Hours, and poured off the clear, add to it compound Radish Water, Syrup of the 5 Roots, each 4 Ounces; Spirit of Scurvy Grass, Elixir Prietatis tartarized, each half an Ounce; mix.*

Begin with a small Quantity, as 3 Spoonfuls, and by degrees increase the Dose to six or seven.

Whilst this is a taking, let the Physician observe whether the Steel be carried off, which is to be known by the Blackness of the Stools; and if it be not, he may order a Glyster, or Eccoprotic, to cleanse the Intestines. Yea farther, he may mix Purgers with

with Chalybeates, to the end that the Body being open, the Steel may not remain stopp'd up, saith *Prinrose, de morb. mulier.* 176.

### A Clove Tulep.

Take Cloves bruised 24 Grains; Saffron clipped small 12 Grains; Waters of Black-Cherry 4 Ounces; of Cinnamon, and Mirabilis, each 1 Ounce; of Piony Compound half an Ounce; digest warm and close an Hour; to the strained Liquor add choice Canary 4 Ounces; Syrup of Clove Gilly-Flowers an Ounce and half; Spirit of Lavender compound 48 Drops; Oil of Vitriol 4 Drops; and 1 Leaf of Gold; mingle all together.

'Tis Stomachic, Cardiac, Cephalic.

### A Cordial Tulep.

Take Waters of Balm, Black-Cherries, each 3 Ounces; of Barley Cinnamon 2 Ounces; Epidemial 1 Ounce and half; of Piony compound, Syrup of Gilly-Flowers, each 1 Ounce; Syrup of Lemons half an Ounce; Confection of Alkermes 4 Scruples; mix.

As soon as these Sorts of Spirituous Cordials come to touch upon the Stomach; yea, sometimes as soon as ever tasted in the Mouth, they exert their Vertues; for, by a grateful Appulse, they refresh and restore the Spirits waiting in the first Rooms, or Porch, as'twere, of the Body: And then these Spirits affecting others contiguous to them, and they likewise

wise others successively onward, the pleasing Ovation undulates in a trice through the whole System of the sensitive Soul; and so the Brain and *Præcordia* being recruited and irradiated with a full Influx of exulting Spirits, perform their Business of vital Functions with a new Briskness, and fresh Alacrity; and the Pulse that lay before weak and wavering, rouseth up, falls a vibrating lustily, and drives round the Wheel of Life vigorously.

But this same ascititious Vigor wholly depending upon the meer Blast of so fleeting and fugitive a Thing as Spirit of Wine, is found false and fading, and flies off in a Moment; and then the poor sick Man (his fine Julep nothing availing) falls sadly back into his late sick Fitts and Languors.

Upon this Consideration (if the common Custom of Practice would permit) I should willingly, in the place of these little deceitful Juleps, substitute your generous Electuaries; which being rich with Aromatic Oils, would not soon go off the Stomach, but by their gratifying Warmth, and delectable *Essuvia*, would put as much Joy and Exultation in the Spirits, for the present, as the customary Juleps could, and would continue so to do a great deal longer than the best of them can pretend to.

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## A Temperate Cordial Julep.

Take Demask Rose-water 8 Ounces; strong Cinnamon Water 2 Ounces; Rhenish Wine 4 Ounces; Juice of Orange and White Sugar-candy, each 1 Ounce; burnt Harts-horn finely levigated 4 Scruples; mix.

It brings Comfort and Help in Fevers, when the Sick is parched and scorched up with fervent Heat, and lieth failing and languishing with unsupportable Thirst: Also, when burnt, bilious, acrid Recrements, being scummed off from the boiling Blood, and shed into the Ventricle, cause miserable sick Fitts, Torture and Anguish.

The Dose is 4 Ounces thrice, or oftener, in a day.

## The Diapente Julep.

Take white (or Rhenish) Wine 8 Ounces; fresh Spring Water 18 Ounces; Juice of Lemons squeezed out at the Time of using, 2 Ounces; Gelly of red Currants, Syrup of Rasberries, of each 4 Ounces; mix well, and strain.

This is a very grateful refreshing Julep in burning thirsty Fevers.

## A Diuretic Acid Julep.

Take Rhenish Wine 1 Pint; Depurated Juices of Pellitory of the Wall, and of Lemons, each 2 Ounces; Cleaver Water, French Brandy, Syrup of the five opening Roots, each 4 Ounces; mix.

Acid,

Acid, diuretic Salts, fuse the Blood, and precipitate it into *Serum*, just as four Liquors do when poured into boiling Milk. But this Effect is not wrought upon all alike, nor equally upon any. In a sound Constitution, or one not far from it, the Salt of the Blood is partly fix'd, partly nitrous, and partly volatile: Also in some Scorbutic, and some Hydropic Persons, it's mostly fix'd; wherefore in all these recited Cases, your Diuretics consisting of an acid Salt, are used with Success.

But in Rheumatic Affections, and those Scurvies where the fix'd salt Particles of the Blood are carried up to a State of Fluxion, and the Volatile deprest (which is an usual Case) acidulate Remedies are apt to do more Hurt than Good, forasmuch as they farther pervert the Blood (which was too much degenerated before) from an healthy *Crafft*. And here Medicines that partake of fix'd and volatile Salts ought rather to be made use of. The Dose is 4 or 6 Ounces.

#### A Diuretic Aromatic Julep.

Take White Wine 8 Ounces; Fennel Water 4 Ounces; Radish Water compound 3 Ounces; Tincture of Salt of Tartar half an Ounce; Oil of Juniper 24 Drops; Oil of Anniseed, Oil of Nutmeg, each 8 Drops; White Sugar 1 Ounce; mix.

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Aromatics, consider'd as Diureticks, do not operate so much upon the Blood as upon the Organs themselves: For it seemeth not to be in any-wise their Business to unlock the too close Contexture of the Blood, and liquify it till it lets go its Hold of the *Serum*. But their principal *Ratio Operandi* (most assuredly) consists in this, that by their Volatility, Tenuity, and Heat or Activity, they open, deterge and comfort the Reins and Ureters, and encourage and stimulate them to the Performance of their Office.

And therefore this Medicine hath place; not in a Fever, Scurvy, &c. to fuse, and (by that means) deplete the Blood, but most chiefly in Fits of Gravel, to remove Sand and Slime obstructing the Urinary Passages, and so to regain a Freedom of making Water. But in a Nephritic Fitt, where there's great Incalescence and Dolour in the Kidneys, we must wholly forbear such hot and stimulating Things, lest the Membranes and Ureters be driven into Spasms and strong Constrictions, and so the Descent for Sand and Stones be quite shut up and stopt.

But it's a good serviceable Medicine in other Cases also, besides Gravel and Sand; for being 'tis of subtle Parts, and endowed with a Faculty of opening, stimulating and comforting, it liquefies the congealed *Lympha*, scours out feculent Rubbish deposited in the Recesses of the Canalicular Habit of the Body, sweeps

sweeps it into the Common-Sewer of the Circulating Blood; and so (tho' but secondarily) evacuates by *Diuresis*, and is profitable in the Dropsy; and that it is eminently so also in Obstructions of the *Menses*, hath been found by good Experience.

The Dose is four or six Ounces twice or thrice a day.

### A Diuretic Nitrous Julep.

Take *Water of Cleavers* 20 Ounces; of *Horse-Radish compound*, Syrup of *Marsh Mallows*, each 6 Ounces; Salt *Prunel* half an Ounce; Salt of *Amber* 2 Scruples; mix.

It eliquates the Blood, dilutes the Juices; dissolves and drives out the tartarous Salt, and aggested *Mucus*; refrigerates, opens, deterges the Reins and Ureters. This seems a safer Medicine, when the Region of the Loins rageth with Heat and Pain, than the above-said Aromatic one. But it's to be observ'd, that the too liberal and frequent Use of such kind of nitrous Diureticks, useth to weaken the Tone of the Kidneys. Give to drink 4 or 6 Ounces 3 times a day.

### An Emmenagogue Julep.

Take *Waters of Penny-royal* 3 Ounces; of *Briony compound* 2 Ounces; *White-wine* 6 Ounces; Oil of *Savine* 12 Drops; Oil of *Cloves* 8 Drops; *White Sugar* 1 Ounce; mix.

It

It moves the *Menses*, by exagitating the Blood, unlocking Obstructions, and stimulating the *Uterus*: And it's then especially most convenient, when the *Menses* are not totally stopt, but flow too sparingly, slowly and uneasily, with Pain of the Back, Belly, and Womb; but where the Blood is much diminished in Quantity, or impoverished, where there is a total Suppression, the Maltady confirmed, and above six Months standing, it's wholly in vain to give it.

The Dose is 3 Ounces (together with *Pil. de Myrrha*, or the like) twice a day, two Days before the expected Term, and during the Evacuation.

#### An Epileptic Julep.

Take fine powder'd Bark of Peru 6 Drams; and Virginia Snake Root 2 Drams; Waters of Black Cherries, and of Lime Flowers, each 8 Ounces; of Rue and Goats Rue, each 3 Ounces; of Piony compound 2 Ounces; Epileptic Tincture (after described) 3 Drams; Syrup of Piony compound 3 Ounces; mix.

The Title indicates its Use. This was communicated to me. Let the Patient take three Ounces Morning and Evening, before New and Full Moon, shaking the Glass.

#### Golden Julep.

Take Canary Wine 1 Pint; Cloves bruised half 4 Dram; Saffron clipped small half a Scruple;

ple; digest close in Balneo an hour; to the  
strain'd add Spirit of Clary (ennobled with Es-  
sence of Ambergrise) half an Ounce; Spirit of  
Lavender compound 1 Dram; Syrup of Gilli-  
flowers 1 Ounce and half; Juice of Kermes  
strain'd half an Ounce; Leaves of Gold 3;  
mix.

This is a very rich, comfortable Cordial.

### St Julop with yonkeek.

Take Frog Spawn Water 8 Ounces; Juice of  
Honsleek depurated, Syrup of Lemons, each 2  
Ounces; mix.

It powerfully refrigerates, checks the Estu-  
osity of the boiling Blood, recreates a burn-  
ing Stomach, alleviates Thirst, and Heat of  
the Mouth.

I never knew it used in Gravel or Stone;  
but am much inclined to believe it might do  
good, by cooling the Kidneys, which heat  
and throb by reason of Pain; and also by  
roborating their Tone, which in these Cases  
is generally flaccid.

And here I'll produce our of *Casp. Hofman*  
(*de Med. Offic.* l. 2. cap. 162.) what he cal-  
leth *pulcherrimum præceptum*; and saith he had  
it of his Tutor *Baubin*.

If we did but rightly distinguish (saith he)  
in our Choice of Remedies, we should not  
have the Stone so much among us: For they  
that continually tamper, and take Diureticks,  
properly so called, especially when the first

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Passages are not clear, do by that means force a great deal of calculous Matter into the Parts, and so increase the Malady. How much better do they, who, when they design Prevention, cleanse the first Passages every three Months, and then drink an Emulsion several Days after? And when they are upon the Curative Part, in the Fitt, do before all other Things gently purge; and after use Diureticks, improperly so called, which refrigerate, and add Tone to the Kidneys: And as such he mentions *Syrup of Lemons*, &c.

And in great Stoppage and Pains caused by Gravel in the Reins, I myself have prescribed successfully *Simple Waters 2 Ounces and half; Diacodium an Ounce and half; and Spirit of Nitre (or in want of it, Oil of Vitriol)* enough to render it as tart as the Patient could well drink it.

### An Dyshenteric Julep.

*Take Waters of Black Cherries, Mugwort, Penny-royal, each 3 Ounces; of Briony compound 1 Ounce and half; Tincture of Castor half an Ounce; Oil of Amber (ground very well together with white Sugar, 1 Ounce) 24 Drops; mix.*

This, and other fetid Medicines, take off Hysterick Fitts, by handling the Spirits roughly, and driving and dispersing 'em: For when they grow mutinous, and unequally dispersed, running in tumultuous Crowds in some Places, and leaving others almost ungar-

ungarrisoned, and so either intermit their Duty within the Precincts of the Brain, or *Præcordia*, or else do it perversly; then the best Course is, to send such a stern Remedy among them as may use severe Discipline, and lash and scourge them till they are glad to leave their Disorders, and run to their proper Posts, and fall to their Charge again: But this Medicine is not equally agreeable to all; for we meet with some, in whom Oil of Amber raises such abominable fetid Belching, and makes them so sick, that they cannot possibly away with it. The Dose is two or 3 Ounces.

### A Musk Intep.

Take Waters of Damask Roses 6 Ounces; of Orange Flowers, Piony compound, each 1 Ounce; of Barley Cinnamon 2 Ounces; Cælestis half an Ounce; Musk, Ambergrise (both ground with Salt of Harts-Horn 1 Grain) each 2 Grains; Saffron (clipped small, and tied up in a Muslin Rag) 1 Scruple; Confection of Alkermes 2 Drams; Oil of Cloves 1 Drop; Syrup of Gilly-Flowers 1 Ounce and half; mix.

Its delectable Gas wonderfully gratifieth the Spirits, allureth them plentifully into the Stomach, and refresheth them when harassed and languid. 'Tis a temperate, indeed, but a most noble Cordial; and I never knew a better Medicine in Fevers of a suspicious ill-kind, which sending deleterious Vapours in-

to the Ventricle, insult the sick Spirits, push them into Confusions and Convulsions, and so excite an Hiccough. But to be ingenious, the, this Remedy hath sometimes (like Succour from Heaven) totally vanquished a *Singultus*; yet I must confess, I have more often observed this Symptom so desperate and deadly, that neither this, nor any other Means I could find out of myself, or learn of others, was able to grapple with it; And when we had strove with all our Strength, we found it in vain to struggle with the Fates.

Let five Spoonfuls be admitted every third Hour, or else (which I think more advisable) let one Spoonful be given every half Hour; so shall the weak Stomach not be over-charged with Quantity, and be continually imbued with the Medicine.

### A Musk Julep for Children.

*Take Black Cherry-Water 2 Ounces and half; compound Piony-Water half an Ounce; compound Spirit of Lavender 12 Drops; Musk (ground on a Marble with Salt of Harls-Horn 1 Grain, and white Sugar Candy 1 Dram and half) 6 Grains; Pearl well levigated 1 Scruple; mix.*

Let two or three Drams be given to a newborn Infant, thrice, or oftener a day, against Convulsions; and so more proportionably to the respective Ages of Children two or three Years old, for the Chin-Cough.

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**A pectoral Julep.**

Take Waters of Fennel 6 Ounces; of Penny-royal, Hyssop, each 2 Ounces; Sweet Tincture, and Tincture of Saffron (made in Treacle Water) each 1 Ounce; Oil of Anniseed 12 Drops; white Sugar 6 Drams; Spirit of Salt Armoniac 12 Drops; mix.

I commonly add Tincture of Gum Armoniac (made in Spirit of Wine) to twelve or twenty four Drops.

It consists of Volatile, Oleose, and Balsamic Particles, lodged in, and incorporated with a pulpos Body of Sweets: Upon which Accounts its Operations are divers and different; it incides, yet lenifies; attenuates, yet maturates; corrects salt Serum, melts down thick Phlegm, roborates the springey Tone of the Lungs, frees the *Bronchia* from stuffing: In a word, it's a most excellent Thoracic, and convenient in any Sort of Cough. The Dose two Spoonfuls presently after every Fit of Coughing.

**A Pearl Antipneustic Julep.**

Take of our Pectoral Snail Water 8 Ounces; Barley Cinnamon Water 6 Ounces; Syrup of Balsam 2 Ounces; Pearl prepared 4 Scruples; Oil of Nutmeg 1 Drop; mix.

Barley Cinnamon - Water is Cinnamon-Water without vinous Spirits in it: And I

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look upon Barley-Water not much better for that Use than common Water would be.

It's useful to refresh the Spirits, support Strength, retund the Acid of the Stomach, and preserve its Tone; to dissolve the crude Tubercles in the Lungs, conglutinate the Mouths of the Vessels, sweeten the Acrimony of Humours, correct the colliquative *Diathesis* of the Blood: Lastly, to extinguish Hectic Heats, and hinder the *Lympha's* being plentifully spewed out of the Glands into the *Trachea* and Lungs. The Dose is four Ounces thrice a day, or 5 Spoonfuls in sick Fits.

### A Temperate Pearl Cordial Zulep.

Take Waters of Burrage, Woodsorrel, each 4 Ounces; Damask Rose, and Barley Cinnamon Water, each 2 Ounces; Pearl prepared 1 Dram; white Sugar-Candy 3 Drams; Oil of Nutmeg 1 Drop; mix.

It brings an exceeding grateful and present Relief to those that are troubled with sick Fits, and Anxieties in Fevers: For it neither exagitates nor rarifies the Blood; neither doth it promote or increase its Effervescence; and yet, nevertheless, succours the Ventricle, labouring and almost sinking under the Oppression of sharp Feculencies, and adult Humours flowing from the Blood, endeavouring Despumation, and excocted by preternatural Fermentation. And all this it does, by imbu-  
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being the Stomach with a sweetly pleasant Gust and Flavour, whereby it being recreated and rejoiced, the Spirits (both indwelling and infusing) through the whole Machine are inspired with fresh Vigor, at an Instant recruited, and mightily supported. The Dose is 6 Spoonfuls at Pleasure.

**A Warm Pearl Cardial Julep.**

Take Black Cherry, and Alexiterial Milk Water, each 4 Ounces; Barley Cinnamon Water 2 Ounces; Epidemid, compound Piony Water, each 1 Ounce; Pearl prepared 1 Dram; white Sugar-Candy 3 Drams; mix.

It hath the Vertues of the last foregoing; but because it's a little warmer, spirituous and active, it's fitter than it to be prescribed, when not only the Stomach is grieved and sick, but moreover, the due Fermentation of the Blood declines, the Pulse fails, the Spirits droop, and the Animal Regimen universally languishes. Let 5 Spoonfuls be given in the sick Fitts.

**A Pearl Hysteric Julep.**

Take Waters of Black Cherries, and Mugwort, each 3 Ounces; Pennyroyal, Rue, Briony compound, each 2 Ounces; Pearl prepared 1 Dram; white Sugar Candy 3 Drams; mix.

The Use of this is indicated, not as the two last, when the Stomach or Blood are primarily and principally affected, but when the

T 4 Spirits

Spirits themselves, being either inordinately clustered together, are spasmodically exploded, or being over-press'd with heterogeneous Combinations, sink under it, and give out; as it happens when vaporous and hysterick Languors, trembling, twitching, and convulsive, or comatous Affections, either assault or threaten in Fevers.

Let 5 Spoonfuls be taken, thrice or oftener a day, as the occasion shall call for it.

### A Pleuritic Julep.

Take Erratic Poppy Water 6 Ounces; Coltsfoot Water 4 Ounces; Syrup of Erratic Poppies 2 Ounces; Salt of Prunel, Goats Blood, each 4 Scruples; mix.

To alleviate Thirst, refrigerate the Blood, dissolve fizy Coagulum, break through Obstructions thence proceeding, relax dolorific Crispations of the Membranes, recover due Circulation through the Part, and promote Expectoration and Diuresis. Let 4 Ounces be offered thrice a day.

### A Julep of Propriety.

Take Canary Wine 10 Ounces; Mint Water 2 Ounces; compound Gentian Water 4 Ounces; powdered Cloves 2 Scruples; Spanish Angelica-Root 4 Scruples; give it a warm and close Infusion for 3 Hours; to the strained, add Elixir Proprietatis tartarized 2 Drams; mix.

To

To excite an Appetite, take off Nauseousness, and assist Digestion, drink 2 Ounces half an Hour before, and immediately after Dinner, daily.

### A Julep with Raspberries.

Take Canary Wine 4 Ounces; Orris-root sliced thin 4 Scruples; infuse in a gentle heat an hour, to the strain'd add Waters of Damask Rose 4 Ounces; of Barley Cinnamon 2 Ounces; Celestis, Spirit of Clary, Juice of Kermes strained, each 2 Drams; Syrup of Raspberries 1 Ounce and half; Leaves of Gold 2; mix.

This is a good, pleasant, and temperate Cordial, proper against sick Fits, Swooning, and Palpitation, where they proceed from meer Lowness and Poverty of Spirits, and not from hysteric Depression.

### A Refrigerating Julep.

Take Waters of Purslane, Borage, Wood Sorrel, each 4 Ounces; Damask Rose Water, Juice of Lemons (fresh drawn, clear and not musty) 1 Ounce; Syrup of Raspberries 2 Ounces; mix.

It's a very desirable Medicine in Fevers, to temper adust Filth and Relicts in the Ventricle, incide its tough Phlegm, extinguish its Fervor, alleviate unquenchable Thirst, and repress enormous Ebullitions of the Blood.

But too much of any thing is never good; for of the Juice of Lemons (saith Riverius) this is to be noted, That we ought to be cautious

tious in the Use of it; because if it be given too frequently or liberally, it makes *Aphtha* in the Stomach, and Excoriations, whence succeeds a Lientery; which thing may much more be said of strong Mineral Acids. The Dose 3 or 4 Ounces thrice a day.

### A Scorbutic Julep.

Take Elder Flower Water 20 Ounces; *Honſe-Radiſh* Water compound, Syrup of Elder-berries, each 6 Ounces; Spirit of Scurvy-graſs half an Ounce; Oil of Sassafras 4 Drops; mix.

The Title points out its Vertues. Of the Ratio Operandi of Scorbuticks, ſee Scorbutic warm Ale, Decoction againſt the Scurvy, warm Scorbutic Eleſtuary. The Dose is 4 Ounces twice a day.

### A Saffron Julep.

Take Saffron clipped ſmall 18 Grains; Cochineal (bruised, and tied up looſly in Muſlin) 2 Scruples; Waters of black Cherry 4 Ounces; of Mint 2 Ounces; having given it a cloſe and warm Digestion for an hour, pour to it good Cinnamon 4 Ounces; then ſtrain, and ſqueeze out the Liquor, and add to it Oil of Cinnamon, Nutmeg, Cloves, of each 2 Drops; the Tolk of one Egg; *Matthias his* Spirit of Lavender a Dram and half; Juice of Kermes ſtrain'd, Syrup of Raſberries, of each half an Ounce; Syrup of Clove Gilly-flowers 1 Ounce; and 2 Leaves of Gold; mix up all together in a glaſs Mortar.

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It's a generous Cordial, and is particularly good against Palpitation of the Heart.

### A Splanchic Julep.

Take Waters of Cuckowpint, Fumitory, Elder Flowers, each 6 Ounces; Gentian compound, magistral Worm-water, Syrup of the 5 opening Roots, each 4 Ounces; Tincture of Salt of Tartar 1 Ounce and half; Spirit of Scurvy-grass, Elixir Proprietatis tartarised, each 2 Drams; mix.

It corrects the acid nidorous Juice of the Ventricle, cuts its Phlegm, confirms its Tone, cures the Scurvy. But as to its other Effects in the Region of the *Viscera*, and Mass of Blood, that I may not make nauseous Repetitions, I remit the Reader to the *Splanchnic Ale*, and *Decoction*. The Dose is three or four Ounces, Mornings and Afternoons, to be continued for some Weeks.

### A Stomachic Julep.

Take Sherry Wine, Barley Cinnamon Water, each 4 Ounces; Waters of Mint, Gentian compound, Wormwood compound, Syrup of Quinces, each 2 Ounces; Oil of Cloves, Nutmegs, each 2 Drops; mix. Venice Treacle 2 Drams may be added upon occasion.

It incides and removes heavy Slime, and putrilaginous Filth sticking in the Folds and *Villæ* of the Ventricle, polluting, and loading it; imbues its feeble and flaccid Fibres with

volat-

volatile oleous Salt, and corroborates them; encourages Spirits to flow in plentifully, and refreshes them; and by so doing, repairs the Tone of the Stomach, restores its natural Heat, recalls lost Appetite, helps Concoction, cures Belching, dissipates Wind, takes off Loathing and Vomiting.

Let 3 or 4 Ounces be drank half an Hour before Dinner, to raise Appetite in a cold Stomach, or immediately after it, to help Digestion.

### A Styptic Julep.

Take Plantain Water 6 Ounces; Frog Spawn Water 4 Ounces; Syrup of Coral compound 2 Ounces; Japanese Earth, Astringent Crocus of Mars, each 2 Scruples; Sugar of Lead 6 Grains; Liquid Laudanum 40 Drops; mix.

It takes down the inordinate Turgescence of the Blood, and gives a Stop to its mad Career; corrects the too sharp Serum by Precipitation, makes it rough and austere, and so prevents its Eruption, and closeth up the Gappings and Apertures of the Vessels: And therefore is available in Hemorrhages at the Nose, Coughing up of Blood, Flux of Hemorrhoids, *Menses*, and bloody Urine. Let 3 Ounces be given cold twice or thrice a day.

### A Volatile Julep.

Take of the best Canary a Pint; Cinnamon Water 2 Ounces; sweet Fennel, and Caraway Seeds,

Seeds, of each 2 Drams; Nutmeg, Cubebs, Cardamon, of each 1 Dram; Cloves, Saffron, of each half a Dram; after it hath been an hour in warm Digestion, strain and add Syrup of Balsam of Tolu 2 Ounces; Matthiæ's Spirit of Lavender, Spirit of Salt Armoniac, of each 80 Drops; mix, and stop up very close.

This well deserves Esteem for its Stomachic, Cardiac, and Cephalic Vertues; for it mightily comforts the Stomach, kindly expagitates the Blood, and eavenly expands the Spirits.

### A Julep for Child-Bed Women.

Take Waters of Balm, and Black Cherries, each 3 Ounces; of Barley Cinnamon, and Dr. Stephens's Waters, and Syrup of Meconium, each 2 Ounces; Liquid Laudanum 40 Drops; mix.

It's a blessed and well-experimented Remedy for Puerperial After-Pains: And none here need fear stopping the *Lochia*, for that most frequently is occasioned by intense Pain, which by troubling the orderly Motion of the Spirits, convulsing the Fibres, constringing the Membranes of the *Uterus* and *Vagina*, and purging up the Mouths of the Vessels, suppresses the Efflux by these Ways: And therefore, Opiates that take off those Pains, Hurry of Spirits, and Constrictions of Fibres, must needs promote the Purgation, and render it placid and plentiful.

And

And this is not a Practice only excogitated in a Study, and there deemed rational; but is sufficiently vouched by undoubted Experience, and particularly my own. I know many are against it, and especially a late Author, whom I honour; and therefore shall not name. But Dr. *Willis* saith, If there be a Suppression of the *Lochia*, together with a violent Perturbation of the Blood, Vomiting, Thirst, and Watching, I have often known *Laudanum* (mix'd with Saffron) given with happy Success.

Dr. *Sydenham*, after Trial of Emmenagogues to no purpose, gives one single Dose of *Laudanum*, joined with Emmenagogues; and saith, however astringent *Laudanum* may be of its own Nature, yet, since it composes the Perturbation of the Spirits that interrupted the due Evacuation, it sometimes helps mightrily, and recovers the desired Flux, when forcing Things would do nothing. But (which ought to be heeded carefully) if upon giving it once, the *Lochia* do not follow, the Opium is not to be repeated; for if it be, 'twill so perfectly stop them up, that they cannot be provoked again by any Art.

Perhaps this Caution of his may be right enough, in case of a total Suppression from Loss of Spirits, and Failure of Nature, occasioned by a hard Labour, and Flooding; But otherwise, when the *Catamenia* flowed not freely enough, and Strength was not wanting

wanting, I have seen where *Laudanum* daily repeated hath brought them down fresh again, quell'd Hysteric Vapours, caused Rest, and supported more than the highest Cordial could do. The Dose is 4 Ounces, to be repeated as the Occasion requires.

### An Hydropic Labament.

*Take rectified Spirit of Wine 3 Ounces; Spirit of Lavender 1 Ounce; Pil Cocbie the greater, half an Ounce; Crude Opium 2 Drams; mix.*

It may be used alone, or (which is better) with an equal Quantity of Oil of Elder-Flowers by Infusion, and is to be well rubbed upon the Parts, at the Fire, twice a day.

This was communicated to me as an efficacious Remedy against watery Tumours, Children's great Bellies, and Hydropical swelled Feet. Neither is there any fear of a Gangrene from its Use; for (by reason of its spirituous Particles) it cherishes native Heat, opens the Pores of the Parts, and causes the viscous stagnating *Lympha* either to evaporate, or be sucked into the circulating Blood.

### An Hysteric Laudanum.

*Take London Laudanum, Asa Fetida, each 2 Grains; Oil of Amber 1 Drop; make 2 Pills or one Dose.*

### A Cephalic Liniment.

*Take Oil of Nutmeg by Expression, and Palm Oil, each 1 Dram and half; Chymical Oil of Cloves,*

*Clowes, Rosemary, and Sage, each 1 Scruple; mix.*

It's us'd externally for Debility, Pain, Dulness, Phlegmatic, and Catarrhus Affections of the Head.

Now, whether outward Applications affect the Meninges and Brain, or not, truly I doubt; for those are so closely and securely shut up in the *Cranium* (as 'twere in a Bone-Box) that I suspect they can scarce have any Communication with the *Pericranium*.

But be that as it will, there may yet be sundry Cases, where the *Pericranium* itself being primarily affected, permits and requires the Use of Externals. And tho' the Matter of a Catarrh do not really flow down out of the Brain, yet the Original of Distensions is commonly from the *Sinciput* and *Vertex*, where the Humour is collected on the outside of the *Cranium*, and under the Skin, and thence distilling through the *Pericranium* into the adhering Membrane, falls down into the Eyes, Ears, Cheeks, Neck, Teeth, *Ungula*, &c.

Neither is it strange, that these thin Humours should be able to descend thus, since there are Passages open enough for the Blood itself (tho' much thicker) when thereabouts suffused into the Parts, by reason of a Contusion and Rupture of the Vessels. For thus saith *Meekren* (in his Epist. to *Barbette*) when we opened the *Cranium* of *P. James*, we found

found *Tulpius* his Opinion true, That in Wounds of the Head, the Blood, which commonly is seen to run out at the Ear, descends from the upper Part of the Head, between the *Cranium* and *Pericranium*; and so entering the Space that is between the *Os Parietale* and *Petrosum*, goes on and strains itself (as through a Sieve) into the Auditory Passage.

### A Frontale Liniment.

Take Ointment of Alabaſter 2 Drams; Oil of Roses 6 Drams; Opium 16 Grains; Camphire 8 Grains; Oil of Nutmeg 4 Drops; mix.

Let it be used to the Forehead and Temples, to procure Sleep, and ease the Head-Ach. But it hath place, not when the Cause is in the Brain itself, but in the outward Parts only: And that we may be surely satisfied of, if the Forehead be extremely hot to feel to, the Pain be pulsing, and the Eye-Balls do not ake.

### An Hemorrhoidal Liniment.

Take Poplar Ointment 2 Drams; Oil of Eggs 6 Drams; Sugar of Lead 2 Scruples; Opium 8 Grains; Oil of Amber 16 Drops; mix.

The blind Piles are caused by reason of mucous, thick, stagnating Matter obstructing the Vessels, and hindring Circulation, and so necessarily exciting Tumour, Tension, Inflammation and Pain. And this Liniment is there-  
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therefore very profitable, because it attenuates, discusses, quiets Pain, abates Inflammation; and by contracting the vaicous Vessels, reduces them to their due Tenor and Size.

### A Lateral Liniment.

Take Ointment of Marsh-mallows 6 Drams;  
Oil of Lillies and Bricks, each 3 Drams; Camphire half a Dram; mix.

It smooths, lubricates, and composes into Order the *Fibrillæ*, which by dolorific Spasms being torn and racked, strained and stiff, tangled in their Series, and confusedly corrugated, deprave the internal Channels, by distorting them, and shut up the cutaneous Vents, by purging them up: Also it liquifies, exagitates, and discusses the gelatinous *Lympha*; which, by stuffing up the minute Passages of the Parts, and hindring the Course of the Blood, occasioned the Inflammation. And by these Means, namely, composing the *Fibrillæ* into Order, opening the Pores, restoring Circulation, taking down Inflammation, and quieting Pain; it must needs conduce very much in Pains of the Side, especially when the Muscles and outward Parts are affected.

But in a true, internal, membranous Pleurisy, or Peripneumony, I don't remember that I ever yet saw it to do the least Good at all; and 'tis probable it cannot penetrate so far as to touch upon the Part.

Anoint

Anoint an Issue-Paper with it, lay it warm on the Place, cover it with a Piece of Flannel, and repeat it twice a day.

Just before we use Liniments and Inunctions, it were good to foment the grieved Part with a Flannel or Sponge dipped in attenuating and dissolving Decoctions, actually hot, that the Unguents may penetrate deeper; and the Matter, being attenuated and actuated by the both actual and potential Heat, may either be dissipated and returned again into the Blood, or brought out of the Body by Evaporation.

### A Paralytic Liniment.

Take Ointment called *Martiatum* 2 Ounces; Oil of Spike, *Petroleum*, each 3 Drams; powdered *Enphorbium* 1 Scruple; Oil of *Amber* 1 Dram and half; Oil of *Rosemary* half a Dram; mix.

Let the relaxed Member be rubbed strongly with this Liniment two or three times a day; namely, to remove Dams and Obstacles in the Nerves stopped up with viscid Juice, reintegrate the wonted Irradiation of the Spirits, bring the slack Fibres into Order, and recover their Tonic Tension, exagitate the Blood, and give it a rapid Motion through the Part, and so resuscitate natural Heat, Sense and Motion.

But here it's to be heedfully observed, that sometimes the paralytic Part, by the ill Use

of Externals too intensely hot, shrinks up and withers, to the irretrievable Damage of the Patient. And this happens mostly (as I conceive) when the Temperament is hot, and the Cause of the Resolution not in the relaxed Part itself, but in the Brain, or some Member at distance, whence the Part, which is found enough of itself, and rightly conformed, suffers by way of Eclipse, being depriv'd of the Rays of the Spirits: For in that Case, if such heating and drying Things be administered as are immoderate, and beyond what the Temper of the Part can bear; then they scorch, dry, and shrink up the *Fibræ Motrices*, dissipate their indwelling Spirits, and occasion an incurable Contraction; for these *Fibræ Motrices* are not fit to perform the Function of Motion, unless they remain soft, flexible, moist and slippery.

#### A Spinale Liniment.

Take Urine of a healthy Person, Tent Wine, Neatsfoot Oil, each 2 Ounces; Sperma Ceti 2 Drams; Mace 1 Dram; boil to 4 Ounces; and strain.

A certain Physician kept this as a Secret for the Rickets, and was wont to use it on the Spine of the Back, beginning first at the Neck, and so rubbing downwards.

Since this Malady ariseth from Obstruction of the *Medulla Spinalis*, and Debility of the Members, such Ointments as are aperient and

and corroborant, must needs be useful. And since it seizeth none but tender Infants, whose Flesh is limber and flabby, Things that are over-hot must not be applied.

A Uolatile Liniment.

Take Oil of sweet Almonds 1 Ounce, Spirit of Salt Armoniac as much as will bear a Consistence; mix in a Mortar by way of Nutrition.

It penetrates marvelously, and doth good Service against Cold, Laxity, Obstructions, and Pains of the nervous Parts.

A Litus with Alum.

Take crude, and burnt Alum, of each 2 Drams; Bole, Japonic Earth, of each 1 Dram; Oil of Sassafras 6 Drops; Honey of Roses as much as suffices; mix.

It's for scorburic, putrid, spongey, loose, bleeding Gums, that scarce cover, or stick to the Teeth. Powder'd Gum Lac may be added,

A Litus for the Face.

Take Ox Galls 3; rectify'd Spirit of Wine 3 Pints; having extracted a Tincture, and exhaled to the Consistence of Honey, dissolve it in Juice of Lemons 2 Ounces; and add powder'd Calomel 3 Drams; Salt of Vitriol 2 Drams; Venetian Borace 1 Dram; Fecula of Cuckow-pint 1 Dram and half; Digest in the Sun 4 Days; Strain and evaporate to a mellaginous Consistence.

For Sun-burning, Freckles, Spots, Pushes, Pimples, Redness, *Gutta Rosacea*, and all Blemishes in the Face whatsoever. Strike it over the Part thrice a day.

#### A Litus for Infants.

Take Damask Rose Water 2 Ounces; the Yolk of an Egg, and fine Sugar searced as much as will serve to bring it to a due Consistence.

It's profitable in Erosions of the Mouth, and against Aphthæ.

#### Joel's Litus.

Take Verdigrise 1 Dram; Honey of Roses strain'd 1 Ounce; Vinegar half an Ounce; boil to the Consumption of the Vinegar, and when it's cold, add powder'd burnt Alum 2 Scruples; Mastick, Frankincense, and Myrrh, of each 1 Scruple; mix all together.

It's for ulcerous, putrid Gums. Let a Rag dipped in it be often applied, after washing with a proper Gargle.

#### A Litus with Gum Lac.

Take Gum Lac finely powdered a Dram and half; burnt Alum 1 Scruple; Bay Salt 15 Grains; Honey of Roses strain'd 6 Drams; incorporate all together in a Mortar.

It's for the Scurvy in the Gums.

#### A Litus for the Throat.

Take Sperma Ceti 2 Scruples; Oil of Nutmeg by Expression 1 Scruple; sweet fresh Butter half

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an Ounce; the Yolk of 1 Egg; free white Chalk washed in Rose Water 1 Dram; Honey of Roses strained, as much as sufficient to bring it to a right Consistence.

### A Calceous Lixive.

Take Ashes of Wormwood (not old nor overmuch dried, but thoroughly burned) 12 Ounces; Calx Water, and white Wine, of each 2 Quarts; infuse in a gentle Warmth 12 Hours; let stand to settle cleer, and decant through a Flannel Strainer.

It corrects the Mass of Blood when overseasoned with a muriatic Salt, and cleanseth it by way of Diuresis: For these Reasons Hydropic Persons find Good by it.

### An Hydropic Lixive.

Take sifted Ashes of Broom and Bean Stalks, each 2 Ounces; Juice of Parsley 4 Ounces; white Wine 2 Quarts; make a Lixivum, to which (when strain'd and clear) add Salt of Tartar 1 Dram; Sassafras 1 Ounce; Bay and Juniper-berries, Seeds of Dandelion, Mustard, Cummin and Annise (all bruised) each half an Ounce; infuse cold 2 Days; then strain, and add compound Radish Water 4 Ounces.

Let a Quarter of a Pint be drank twice a day, with 30 Drops of Spirit of Soddy-grass in each Dose.

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### An Apoplegmatic Lobeck.

Take Syrup of Hyssop 2 Ounces and a half;  
Oil of sweet Almonds 1 Ounce; Oil of Anniseed  
2 Drops; Tincture of Myrrh 1 Dram; powdered  
Orris Root 4 Scruples; Flower of Benjamin  
half a Scruple; Tobacco 4 Grains; mix.

By pricking the Parts, drawing the limpid Saliva, inciding thick Phlegm, exonerating the Glands, and lubricating the Passages, it brings viscid Phlegm up out of the Throat, and is useful whensoever the *Uvula*, *Parotides*, and internal Parts of the *Gula* are swell'd, and oppress'd with mucous Filth; and when Secretion is to be provok'd, and a failing Cough to be recover'd.

### An asthmatic Lobeck.

Take Syrup of Ground Ivy, Horeboud, each  
1 Ounce and half; Oxymel simple 1 Ounce;  
Powder of Arum compound, of Orris and Gum  
Ammoniac (dissolv'd in Cinnamon Water, and  
strain'd) each 1 Dram; Elixir Proprietatis  
(prepared with Oil of Sulphur by the Bell) half  
a Dram; Flower of Benjamin 12 Grains; mix.

It's eminent for the same Vertues with the  
*Lobeck of Garlick*, (after describ'd) namely,  
it powerfully incides, provokes a Cough,  
and expectorates: But hath this farther Privilege,  
That it neither acuates, nor actends  
the Mass of Blood; and therefore is more  
proper for such as are of a hot Constitution,

tion, or actually Feverish, as Phthical Peo-  
ple generally are.

### A Balsamic Lobeck.

*Take Balsam of Tolu (powder'd, searced and  
subacted with Yolk of an Egg) half an Ounce;  
Lobeck Sanans 1 Ounce; Balsam of Peru 4  
Drops; Syrup of Coltsfoot-flowers, as much as  
needs; mix.*

It entirely possesses all the Vertues that are  
after to be rehearsed of the *Balsamic Elestu-  
ary*; but with this Advantage, that being  
much more grateful to the Palate; it may be  
more commodiously offer'd to the Nice and  
Nauseous, that abhor the oily Bitterness of  
Capive.

### A Bechic Lobeck.

*Take powder'd and searced black Bechic Tro-  
ches 2 Drams; Lobeck Sanans half an Ounce;  
Syrup of Fijubes as much as sufficient; mix.*

It obrunds Acrimony, appeases Irritation,  
coats over, lubricates, incrassates and matu-  
rates. It's then especially useful, when acrid,  
salt, thin *Serum*, dropping out of the Glands,  
continually tickles the *Larynx*, and cruelly  
fatigues the Patient with a perpetual return-  
ing Cough.

### A common Lobeck.

*Take powder'd white Bechic Troches 3 Drams;  
Oil of sweet Almonds, Syrup of Marsh-Mal-  
low, each 1 Ounce and half; mix.*

It

It refrigerates, humects, and lubricates the Gullet, and Parts of the Throat, when burnt up, parch'd and rough, more than the Bechic preceding: But it coats over, incrassates and matures something less. It's prescrib'd (to very good Purpose) in Fevers with Asperity of the Throat, Difficulty of Swallowing, and Hoarseness; as also in such a Cough as is caus'd by Matter of a middling Consistence, between thick and thin.

#### A Lobotch with Elecampane.

Take powder'd Elecampane, Orris, Liquorice, Japanic Earth, each 2 Drams; Oil of Annised 2 Drops; Syrup of Meconium 3 Ounces, or as much as sufficient to mix.

It operates after a mix'd Manner, viz. First it attenuates, and brings away Matter gather'd in the Throat, and then quiets Irritation, and stops the farther Exillation of sharp Serum. And is then principally indicated, when the Catarrhus Matter flows slowly, and the Cough is excited rather by Aggession than Acrimony; such as that Cough is, that makes it return mostly in the Morning, and is troublesome a while, till the Load of Phlegm be coughed up, and entirely clear'd off, but then yields to a Truce for all day; and is scarce at all vexatious, till a new Flow of Filth rise up to a Turgescence, and provoke it again.

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### A Lobach with Garlick.

Take Lobach Sanans 1 Ounce and half; Garlick candy'd (as in the Pharmac. Bat.) half an Ounce; Gum Ammoniac (dissolv'd in white Wine, and strain'd) 1 Dram; Powder of Arum compound, Myrrh, each half a Dram; mix.

It powerfully incides thick Matter impacted in the Tubes of the Bronchia, and even the uttermost Vesicles of the Trachea; and by pricking the *Fibræ Motrices*, and provoking a Cough, causes it to be forcibly cast out.

For Garlick is endu'd with such acrid, volatile, wonderfully penetrating, all searching and stimulating Particles, that we find (saith Bennet) upon eating it, Issues will plainly smell of it, and grow sore and painful. And (*Lower* observes) if bruisd Garlick be laid to the Feet, the Breath will stink of it.

But this Medicine is in no wise convenient, where there's a thin, acrid Defluxion, *Hæmoptesis*, Estuation of the Blood, or *Præcordia*, and hot Constitution of Body.

### A Green Lobach.

Take fine Venice Soap Scraped thin 2 Scruples; Oil of Sweet Almonds, Syrup of Violets, each 1 Ounce; mix.

It recovers a Cough by irritating the *Larynx*. And the whole Republick of Medicine can scarcely produce a more effectual thing,

to

to lubricate the Passages, and render Excretion facile, prompt and expedite.

### Haly's Lobach.

Take Haly's Powder, *fresh made up, balf an Ounce; Diacodium 1 Ounce and half, or as much as is sufficient; mix.*

It most potently incrassates, obtunds Acrimony, gratifies the Parts, quiets a tickling Cough, and is precisely appropriated to a thin Catarrh. It's good for Consumptive People, I don't deny; but 'tis so only secondarily, namely, as it appeaseth a guttural Cough, which, by continual Succussion, useth to agitate the Lungs, and pump out acrid Serum into them; but it does not primarily affect the Lungs, into which it cannot descend. For the *Aspera Arteria* (by the wise and careful Providence of Nature) is lin'd with a Nervous Membrane, of so exquisite a Sense, that it cannot admit of any thing to enter it but meer Air, not one Drop of clear Water, no not so much as Spittle itself (tho' a Liquor so near a-kin to what the Glands spew into it) without grievous Offence, and Resistance, and Coughing violently, and Struggling, and almost Strangling, till it's thrown out again.

Let it be then an establish'd Article, that no Eclegme, or any other Medicine (except Vapours and Fumes) can be sent directly and immediately into the Lungs. And whatsoever the Remedy be, that affects them most, (as

(as Balsamicks and Volatiles) it's convey'd mediately only, by the Curricule of the Blood, into the Tracheal Duets; and Nature never knew any other way.

### An Hemoptoic Lohoch.

Take Damask Rose Water, Sharp Vinegar, of each half an Ounce; Whites of Eggs well beaten up 2; Mr. Boyle's Syrup 1 Ounce; as you work it together in a Mortar, strew in powder'd Starch by little and little, till it become of a due Consistence.

### A Lohoch for Hoarseness.

Take Sperma Ceti half an Ounce; white Sugar searced, 1 Ounce; beat them in a Mortar, adding as you work it all along, Syrup of Toluane Balsam 3 Ounces, or as much as shall be requisite to give it a due Body.

### A Japonic Lohoch.

Take powder'd and searced Japonic Earth 2 Drams; White of Egg beaten 6 Drams; Syrup of Comfrey sufficient to give it due Consistence; mix.

It's a good serviceable Thing against an Hemoptoe; for it refrigerates and incrassates the Blood, stops a Catarrhus Cough that strains and tears the Lungs, and shuts and seals up the gaping Mouths of the ruptur'd Vessels.

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## An Infraciating Lohoch.

Take powder'd Marsh-Mallow Root 3 Drams;  
Flower of Sulphur 1 Dram; Gum Arabick half  
a Dram; White of Eggs beaten up 1 Ounce;  
Syrup of Marsh-Mallows as much as wants to  
mix it into due Consistence.

It's egregiously advantageous in all hot,  
thin, sharp, salt Rheums, falling from the  
exterior Parts of the Head upon the *Larynx*,  
and hindring Sleep by incessant Coughing.

## A Levigating Lohoch.

Take Syrup of Marsh-Mallows, White of Eggs  
beaten to Water, each 1 Ounce; Sugar Penids  
half an Ounce; mix.

In Fevers it's a singular Help and Comfort  
against Heat, Siccity, Roughness, Hardness,  
Excoriation, Soreness and Smart of the  
Tongue, Mouth, and Throat, caus'd by ei-  
ther Deficiency or Depravation of the *Saliva*.

## A Lohoch with Linseed Oil.

Take Linseed Oil new drawn, white Sugar-  
Candy powder'd and searced, Syrup of Ground  
Ivy, each half an Ounce; powder'd Orris 1  
Dram; Flower of Sulphur half a Dram; Tin-  
cture of Gum-Ammoniac 12 Drops; Oil of An-  
niseed 4 Drops; Salt of Harts-Horn (or Volatile  
Salt of Salt Armoniac, or Flowers of Benjamin)  
6 Grains; mix.

It

It incides and expectorates thick Phlegm, and is of excellent Service against a Pleurisy and Straitness of Breath.

*Lucatellus's Lohoch.*

Take Conserve of Red Roses 2 Ounces; Conserve of Heps 1 Ounce; Lucatellus's Balsam (made with Dragons Blood instead of Sanders) 3 Drams; Syrup of Comfrey sufficient to give it a due Body; mix.

Though I have (in Haly's *Lohoch*) utterly denied the immediate Descent of Lambatives into the Lungs, yet I positively assert their Admission into them by the Mediation of the Blood.

And here I am willing to subjoin, that our true Pulmonicks consist of such Particles, as being brought into the Blood, cannot be digested, subdued, and assimilated by it; and because they are immiscible, are presently (as Circulation brings them to the Place) thrown out of the Pneumonic Arteries, and so penetrating into the Tracheal Ducts, have there, according to the Diversity of their Nature, a respective different Operation. Thus Volatiles incide, open, stimulate: And Balsamicks discuss Tubercles, ease Distensions, and heal Ruptures.

But to speak particularly and briefly of this Balsamic *Linctus*, it stoppeth a guttural Cough, violently exagitating and rending the Lungs, and it detergeth and healeth the tumid, tense, broken and injured Tracheal Vessels.

Q. 991.

## A Mucilaginous Lohoch.

Take Seeds of Fleabane and Quinces, each 1 Dram; decoct in a due quantity of Rose-water to the Extraction of the Mucilage; to 4 Ounces of which strained, add one White of Egg beaten, and white Sugar Candy powder'd and searced, 5 Drams; mix.

This for Efficacy equals, and it may be excells the foresaid Levigaring Lohoch.

## A Lohoch with Myrrh.

Take Myrrh well powder'd 2 Drams; Saffron half a Scruple; Nutmeg half a Dram; Honey 2 Ounces; mix.

This trusty Thoracic has the Privilege to be readily admitted (the Blood introducing it) into the inmost *Penetralia* of the Lungs, there to dissolve thick impacted Matter, de-terge the Canals and Vesicles, dissipate Tubercles, heal Excoriations and little Breaches, imbue the whole Body of the Lungs with Balsam, impart Tone and Strength to its Fibres. In short, it's truly a most desirable and gallant Medicine for such a Consumption as is not yet gone beyond its first Stade.

## An Oleose Lohoch.

Take Oil of sweet Almonds, Syrup of Maiden Hair, each 1 Ounce and half; white Sugar Candy powder'd and searced 1 Ounce; powder'd Liquorice half an Ounce; mix.

A Lo-

**A Lohoch with Diacorum.**

Take powder'd Olibanum 1 Dram; Balan-  
stines 1 Scruple; Honey of Roses 2 Ounces;  
Spirit of Vitriol, enough to give it a convenient  
Acidity; mix.

It serves very commodiously for the heal-  
ing of Excoriations in the Mouth and Throat.

**A Peruvian Lohoch.**

Take Lohoch Sappans 1 Ounce and half; Bal-  
sam of Peru 1 Dram and half; Tolk of Eggs  
half an Ounce; mix.

See Lacatellus's Lohoch.

**A Pleuritic Lohoch.**

Take Syrup of Erratic Poppies, Linseed Oil  
each 2 Ounces; Oil of Anniseed 2 Drops;  
white Sugar 2 Drams; mix.

It's convenient in a true Pleurisy and pe-  
ripneumony, accompanied with Difficulty of  
Breathing and Spitting of Blood; assuages  
Pain, opens, maturates, lubricates the Pas-  
sages, and expectorates.

**A Lohoch for a Quinsy.**  
Take Album Græcum (finely powder'd, and  
searced) 1 Ounce; liquid Honey 3 Ounces; or  
as much as serves for a right Consistence; when  
they are mixed, put them into a Glass Viol,  
with a pretty large Mouth; then drop into it  
Spirit of Salt Armoniac, as much as will give  
it

it as great an Acrimony as can be well borne in the Throat; keep in bed till it is healed; if it alternates grow flat with keeping, quicken it again with more Spirit.

### A Red Loboch.

Take Conserve of Heps. half an Ounce; Syrup of Elder-Berries, Oil of Sweet Almonds, each 1 Ounce; mix.

This fine-coloured and pleasant-tasted Loboch anoints, as 'twere, with a grateful Mucus, and imbues with a lenifying Oleosity the Mouth and Throat, when parched, rough, hard, contracted, scorched up, chapped, cracked, and excoriated; takes away ill Tastes in the Mouth, corrects the Acrimony of the Saliva, palliates Thirst, makes the Parts smooth, slippery, and flexible, and so facilitates Deglutition.

I remember one in the Small-Pox, who lying miserably bad, rather devoured than took this *Linctus*, and clamoured, and even roared out for it, saying, he could not live without his Golden Medicine, as he call'd it.

And I knew another, a Child of about a Year old, that was presently and perfectly cured by it of a most violent Cough that was like to kill him.

### A Loboch with Sperma Ceti.

Take white Bechic Troches, Sperma Ceti, each 1 Dram and half; Oil of Sweet Almonds, Sy

*rup of Balsam, each 1 Ounce and half; Conserve of Heps 6 Drams; mix.*

It's given, with happy Success, for a Ferine, Catarrhus Cough, that makes the Breast cruel tender, sore, and excoriated; for it obrunds Acrimony, lubricates the Parts, and wonderfully heals.

### A Ægyptic Lohoch.

*Take Syrup of Comfrey, Linseed Oil, each 1 Ounce; Astrigent Crocus of Steel 4 Scruples; Sugar of Lead 1 Scruple; powder d white Sugar Candy 1 Dram and half; mix.*

It's extraordinarily useful in Vomiting and Spitting of Blood: But be cautious concerning Astringents in Hemoptysis. See in the Infusion of Roses Compound.

### A Attelline Lohoch.

*Take Sperma Ceti 2 Drams and half; Sublimate it in a Mortar with one Yolk of Egg; and add Oil of sweet Almonds, and Syrup of Althe, of each an Ounce; work it up according to Art.*

It's useful against Heat, Driness, Erosion, and Fistulas of the Mouth and Tongue; as also against a Catarrh Cough, and Hoarsness.

### A Lohoch for Child-bed Women.

*Take Sperma Ceti 2 Drams; Balsam of Tolu powdered 1 Dram; Balsam of Peru, Tincture of Benjamin, of each half a Dram; one Yolk of Egg; double refined Sugar scarc'd 2 Ounces; white Syrup as much as needful; mix.*

X 2

And

And here, for a Conclusion to the Lamentations, I freely communicate two or three Notes concerning Pectorals, which perhaps are not clearly and distinctly understood by every one, and may possibly be worth taking Notice of by young Practitioners.

1. Sweet, mucuginous, incrustating Things, tho' they may help Excretion out of the Throat itself, may render the Blood softer, and dispose the Humours for Maturation and Evacuation: Yet, nevertheless (to speak properly) it is not their Talent to fetch up any thing that lies deep in the Chest. And therefore, when the Blood and Habitus of the Body is foul, and a Load of thick Phlegm is to be brought out of the Lungs, such Things as these are very wrongly and noxiously prescribed; for they will farther pollute the Blood with a mucous, heavy Chyle, and stuff up the Lungs with a greater *Colluvies*.

2. Brisk, acridous, stimulating Things, which do not really descend into the Lungs, but only by tickling, pricking, and irritating the Fibres, excite a Cough; and by Means of it, exagitate the Lungs, and shake the Humours out of them; and so do it not primarily, but secondarily. These, I say, pump out of the Pneumonic Pipes only such Matter as lies loose and fluid: And therefore are in vain attempted, when a great Mass of tough Phlegm is deposited, and sticks fast in the *Bronchia*, and inmost Vessels. Yea, oftentimes

times their Use is not only in vain, but hurtful also; because they raise a Cough, and rirre out the Lungs to no Purpose, and weaken their Tone to no Advantage.

3. There are no such Things as Expectors, properly so called, except Volatiles and Ballamicks: And these do not slip down directly by the *Trachea*; but being first conveyed into the circulating Blood, are thence suffused into the Pneumonic Vessels, and their inmost Recesses. And it's such only that have the Power to remove and cast clamy Phlegm, purulent and gypseous Matter out of the *Bronchia*, Vesicles, and crude Tubercles. And so, when a Physician conjures the Foundations of a true Consumption are laid in the Lungs, all other insignificant Pectorals, and little Cough Medicines set aside, let him in good earnest insist on these primarily and chiefly; and he that doth not, shall be convinced at last of his Misriage by sad and mortal Experience.

### An Aromatic Lotion.

Take Salt of Tartar half an Ounce; Shavings of Sassafras 2 Ounces; boil in Spring Water 5 Pints to 2 Quarts; pour the strained Liquor (Scalding hot) upon Thyme, Marjoram, Rosemary, Lavender, of each a Handful; Mustard Seed bruised half an Ounce; Mace, Nutmeg, of each a Dram and half; Cloves a Dram; give

X 3

give it a warm and close Infusion for 2 Hours; and then strain it out.

This is designed against cold Affections of the Pericranium.

It's to be used either by way of hot Foment, with a Sponge, or Stupe, or else by pouring in a Stream, out of an Ewer, upon the Head, when the Stomach is empty. After its Use, it may do well to cover the Head with a Cloth fumed with Frankincense, and rubbed with Cephalic Liniment.

### A Camphorated Lotion.

Take Camphire cut into thin Slices 2 Drams; grind it in a Glass Mortar, pouring into it (by little and little) Juice of Lemons 1 Ounce; when it's dissolved, add White Wine 1 Pint; strain, and having tied the remaining part of the Camphire (that would not quite dissolve) up in a Rag, hang it up into the Bottle.

It's to clear the Face of Spots, Redness, and other Blemishes.

### A Cephalic Lotion.

Take Bay Leaves, Betony, Vervain, Majoram, Rosemary, Lavender, each 2 Handfuls; boil in Lixivium of Wood-Asbes 3 Quarts to 2 Quarts, adding at last powdered Cloves and Nutmeg, each 2 Drams; mix.

Its Vertues may be seen under the Cephalic Liniment; but it discusses more powerfully than it, and evacuates by Diaphoresis.

I have

I have been told of Stammering in Children cured with such an Application, whereby the Organs of Speech were strengthened.

Let the Head be shaved and fomented a Morning (for a Quarter of an Hour at a time) with a Sponge dipped into this Liquor hot, and squeezed out again. But when there be great Cate taken against catching Cold from the Use of it, but blood is visible.

*A Lotion for the Teeth.*

Take Ceruse powder half a Pound; Sharp Wine Vinegar, Elder Flower Water of each a Quart; boil away 1 Pound in an Earthen Vessel; let it clarify by precipitation, then decant through a Flannel Strainer.

It greatly extinguiſhes external Inflammations, Eryſipelas, &c. and repells hot cuticular Eruptions: But one of Judgment ought to adviſe it; for it may do Miſchief when ill applied.

*A Lotion for Eruptions.*

Take common Engliſh green Vitriol 2 Ounces; Crude Alum half an Ounce; boil in an Iron Pot (for it will run through an Earthen glazed Pipkin) in Spring Water 12 Ounces, to 8, carefully taking off the Scum; let it ſtand, and when perfectly clear, put the Water up into a Glaſs Bottle; it will keep good a long Time.

*A Lotion for an Eryſipelas.*

Take Brandy half a Pint; Sugar of Saturn a Dram; mix.

*Take Litharge of Silver powdered, half an Ounce; Vinegar 4 Ounces; boil to the Evaporation of a third Part. And in another Kessel*

*boil Alum and Salt, each half an Ounce, in Rosewater half a Pint. It will be despumated; and then mix both Liquors together.*

Litharge of Gold and Silver are the same Thing, only the yellow Sort hath undergone a greater Degree of Fire than the White, and perhaps may be a little more drying and restrictive. Both are but a Spume blown off in the refining of Silver from Lead, and perhaps meer burnt Lead; for they may be reduced again into Lead, by melting with Charcoal. And that which Vinegar takes out of Litharge, is scarce at all different from *Saccharum Saturni*.

It washeth away Spots, destroys foul cutaneous Ferment, repells and drives in the Matter, and then shuts the Pores, that it break not out again. Let the Face be washed, and gently rubbed with it, twice a day, suffering it to dry in of itself.

#### A Lotion for the Feet.

*Take White Poppy Heads (bruised together with their Seed) 4 Ounces; Willow Leaves, Lettuce, Mallows, and Violet Leaves, each 2 Handfuls, boil in Water and Milk, each 5 Pints, to a Gallon; strain and dissolve in the*

*Liquor*

*Liquor Nitre 4 Ounces; and put it into a convenient Wash-Pot.*

Let the Patient sit with his Feet in it (as hot as can be endured) for half an Hour, and so go to Bed, and compose himself for Rest, and try to sleep. *Foel* would have, that after the Lotion, the Soles of the Feet should be rubbed hard with Salt and Vinegar; and then, that the Patient should stand on an Oak Board, heated very hot; for this (he says) will wonderfully draw down Rheums from the Head.

In violent, hot, raging, effluating Fevers, when the acrid, fervent, boiling Blood gets a head, and tumultuously breaks in upon the Brain, and accends the Spirits, and drives them into Distraction and Fury; thereby exciting in the Head, Ardor, Hissing, Humming, Crackling, unexplicable Conturbation, frightful Fancies, Terror, Frenzy, *Delirium*, and Warching. I say, in such a Case, a Pedilave that is potentially cold, and actually hot, useth to bring great Relief; forasmuch as it inclines the Motion of the Blood downwards into the inferior Parts, and at the same time does not enkindle or flutter it e'er the more, but rather, on the contrary, refrigerates and quiets it.

For you must know first, there are two perfectly distinct great Provincial Circles of the Blood: One by the ascending Artery, through the Parts situate above the Heart, and the other

ther by the descending Artery through the Parts below. Secondly, that by how much the more rapidly, and with greater Stream, the Blood rusheth through the inferior Province, by so much the more placidly, and with less Current, of Necessity will it flow through the opposite superiour Province, and so on the contrary. And upon this Foundation is grounded the rational Doctrine of universal Revulsion.

But here, it's of great Concern to observe, that in such Fevers as are *Mali Moris*, where the Blood doth not boil and rage, and rush violently, but rather is too sluggish and dead, and scarce irrigates and vivifies the Brain, Nerves and Muscles enough: And also where the Poverty, Weakness, broken Ranks, Desertion and Dissipation of the Spirits produce Watching, Phrenzy and Twitchings: In such a Case (I say) *Lotion of the Feet* is found utterly pernicious; because, by how much the more it increases the inferior Circle, just so much the more doth it diminish the superiour, and so consequently defrauds the Brain of Blood and Spirits, which fail'd too much for want of them before.

*Herm. Vander Heyden* saith, In violent Bleeding at the Nose, when the Blood hath issued forth in manner of a Torrent, the speediest and most certain Remedy (when all other Means have failed) hath been, to put the Patients Feet into warm Water, as far as

to the very Knees: As it happened to one that was at the very Point of Death; whence by the Trial of this Experiment he was happily recovered, when both his Legs and Thighs, for want of Blood, had now grown cold; and no Marvel, for his Blood flying up to his Head, he had lost no less than 18 Pints of it at the Nose, as by most exact Observation was found. And *Vigo* adviseth the same in a Quinsey.

### A Mercurial Lotion.

*Take Mercury sublimate powder'd 1 Ounce; put it into a Pewter Pot with Water 3 Pints; let it stand (now and then stirring it with a Stick) 24 Hours till it look black, and continue so; at last filtre it through Cap Paper, that it may become clear and limpid.*

Dr. Harris acquaints us, that the Way of knowing true Sublimate from Arsenical is, by rubbing a little of it with Salt of Tartar. For if it then proves yellow, it is true Sublimate; but if black, 'tis most certainly an Adulteration with Arsenic.

This Medicament doth signal Service against any Sort of Cutaneous Foulness; forasmuch as it fetches out Humours impacted in the Pores and Spaces, be they never so small, dissolves the inveterate and pertinacious Combinations of Salts and Sulphurs; and wherever it is applied, rectifies all the ill form'd Meatus's of the Skin, and makes it freely

freely passable. Upon which Account it's an useful Thing, not only for deterging the Face, and clearing it from Spots, but also for Pushes and Redness; as also for Erysipelatose Affections, black Specks, and little Worms that nestle there, and may be squeezed out with ones Fingers.

But nevertheless, it's to be used with great Caution, because it hath sometimes dismal Consequences. For the Particles of the Quicksilver coming at the Face together with the Salts (by which they are divided and acuated) do indeed remove the noxious and detensing Matter residing in the Pores, and drive it back, but then they enter in together with it; and so nimbly insinuating themselves into the Blood and Nerves, grow desperately mischievous, and break and destroy their Crasis: Yea, oftentimes impress an indelible Virulency upon the Brain, *Præcordia*, Teeth, and other Parts.

*Hoechstetter* (*Dec. 3. Cas. 4. Pag. 233.*) relates, that *Rumlerus* was wont to use the following *Diaphoretic* and *Diuretic Decoction*, to expell the Mercury, when it hath been used in Ointment for the *French Pox* too freely.

Take *Roots of Elecampane* 2 Ounces; of *Fennel* 1 Ounce and half; white Wine 2 Pints and half; hewing let it stand infusing 24 Hours, boil away to 1 Quart, which strain. And let the Patient take half a Pint Morning and Evening, and

and lie in Bed close cover'd, and try to sweat. He saith, the Sweat will be yellow; and its Use must be continu'd, till that Colour disappear and be no more seen.

And sometimes when the Mercury doth not enter into the Blood, yet it causeth a great Phlogosis and Tumour in the Part, with extreme, both Pain and Peril: And when it doth so, it must be very well fomented with warm Milk, or a Decoction of *Liquorice* and *Mallows* in Milk; and after that with the following, lukewarm.

Take *Lime Water* 14 Ounces; *Brandy* 2 Ounces; *white Troches of Rases* half an Ounce; mix.

*Wepfer* (de *Cicutâ aq. Cap.* 20. Pag. 296.) saith, it's a memorable Thing which *Kunkel* delivers, viz. that a tender young Child was ordered this Liniment to kill Lice.

Take *Mercurius dulcis* 1 Dram; *Mercurius vitæ* 1 Scruple; *Pomatum* 1 Ounce; mix.

But an unskilful Apothecary making a vile Mistake, put in Sublimate instead of *Mercurius Dulcis*; upon which the Head became so grievously tumefy'd and inflam'd, that the poor little Innocent must necessarily foment-rish'd, had not a Physician presently foment-ed it with a strong *Lixivium*; by the Help of which proper Anridote, it soon recover'd indeed, but yet so as to lose all the Hair of its Head.

Apo-

## Apoplectic Lozenges.

Take Ambergris half a Dram; Oil of Rosemary, Cinnamon, Nutmeg, of each 2 Drops; Oil of Cloves, Annise, of each 1 Drop; Matthis his Spirit of Lavender 4 Scruples; of the finest Sugar 4 Ounces; make all up into Dram Lozenges with Mucilage of Gum of Goats Thorn.

Morning and Night are fittest times to use them; but no time is amiss.

## Balsamic Lozenges.

Take fine Dragons Blood (in Drops) 2 Scruples; Flower of Benjamin 16 Grains; Balm of Gilead 24 Grains; fine Sugar scarced 4 Ounces; Mucilage of Gum Tragacanth as much as requisite; make Lozenges according to Art.

They are good for such as are in danger of a Consumption, to be carried always about, and taken frequently.

## Lozenges for a Catarrh.

Take Spanish Juice of Liquorice 2 Ounces; white Sugar 4 Ounces; Opium 1 Dram; beat all exactly well, so as to mix the Opium intimately; and with Mucilage of Gum Tragacanth, form the Mass into Lozenges.

A Dram of these contains about 1 Grain of Opium; but great Care must be taken in the well mixing of the Opium, that it lie not in Lumps.

## Cephalic Lozenges.

Take Powder called de Gutta, Native Cinnamon, each 2 Scruples; Oil of Rosemary and Nutmeg, each 2 Drops; fine Sugar 2 Ounces; make all up into Lozenges with Mucilage of Gum Tragacanth.

These are proper in an Idiopathic Cephalalgia, Megrim, Epilepsy, and all manner of Convulsive Affections.

## Demoptic Lozenges.

Take Earth from Japan 2 Drams; Astrigent Saffron of Steel 1 Dram; Sugar of Lead, Starch, each half a Dram; fine Sugar 4 Ounces; Mucilage of Gum Tragacanth, enough to make up Lozenges with.

## Lozenges of Opiment.

Take Opiment ground fine, Sulphur vive, Syrrax Calamite, Benjamin, of each a Dram; Frankincense, Myrrh, of each 2 Drams; form all up into Lozenges.

These are not for inward Use, but for a Fume in the first Stage of a Consumption.

## Patalytic Lozenges.

Take fine powder'd and searced Sugar 1 Ounce; Spirit of Lavender compound 60 Drops; Oil of Rosemary 4 Drops; make it up with Mucilage of Gum Tragacanth into little Lozenges.

De.

**Pectoral Lozenges.**

Take powder'd Roots of Orris, Liquorice Ele-  
campane, each half a Dram; Flower of Sulphur  
1 Scruple; Flower of Benjamin half a Scruple;  
Oil of Amber 2 Drops; Oil of Anniseed 4 Drops;  
fine powder'd and searced Sugar 4 Ounces;  
make it into Lozenges, with Mucilage of Gum  
Tragacanth. These are excellent.

I am of Opinion that Pectoral Lozenges do  
good, not properly because they act as Pecto-  
rals, (for if the Quantity of Orris, and other  
Ingredients contained in one Lozenge, be  
computed, 'twill be found too inconsiderable  
thus to operate) but because being to be car-  
ried about in Pocket, and therefore very fre-  
quently taken, they constantly appease the  
Epiglottis, and keep it from flying into such  
Twitches as raise a Cough: And also cause  
frequent Swallowing, whereby all the Mo-  
tion of the Oesophagus tending downwards,  
no sympathetic Offence is thence offered to  
the Larynx.

**Black Pectoral Lozenges.**

Take fine powder'd Sugar 1 Pound; Spanish  
Juice of Liquorice 4 Ounces; Balsam of Sulphur  
annisated 1 Dram; make it into Lozenges with  
Mucilage of Gum Tragacanth, extracted in Feu-  
nel Water.

Pec-

## Perfume Lozenges.

Take Musk 6 Grains; Ambergrise 4 Grains; white Sugar Candy half a Scruple; grind them with 10 Drops of Spirit of Roses, upon a Porphyry; then having added Powder of Orris of Florence 4 Scruples, and Starch 2 Ounces, make a Mass with Mucilage of the Gum of Goats Thorn, and form it into proper Lozenges.

## Peruvian Lozenges.

Take fine powder'd Bark of Peru 1 Ounce and half; Balsam of Capive 2 Drams; Sugar of Roses (dissolv'd in compound Wormwood Water) 8 Ounces; with Mucilage of Gum Tragacanth make Lozenges, each weighing 2 Drams.

The Communicator of these saith, Lozenges are a pretty pleasant Sort of Medicines, and fit for delicate nice Persons, that must have their Palates complimented, as well as their Distempers cured. These are good in Hætic Fevers, Consumptive Coughs, Difficulty of Breathing, and the like Symptoms.

Let the Patient eat one four times a day, and drink after it a Draught of Pectoral Decoction made of Colts-foot, Ground-Ivy, Oak Lungs, &c. Bleeding being premised where needful.

## Stomach Lozenges.

Take Spanish Angelica Root, Dragons Blood, of each a Dram; Oil of Cinnamon, Nutmeg, Cloves,

Y

Cloves, of each 2 Drops; Oil of Mint, Worm-wood, of each a Drop; fine Sugar 4 Ounces; Orange-flower Water enough to dissolve the Sugar in; with Mucilage of Gum Tragacanth make Troches.

### Emollientes.

Take Pellitory of Spain powder'd half an Ounce; Mastich 2 Drams; Oil of Cloves and of wild Marjoram, each 3 Drams; Oxymel of Squills, and Wax, each as much as needful to make it into Pellets.

They are convenient in Catarrhal Affections of the Head, and Parts adjacent, in Elongation of the Uvula, and Tooth-Ach. And although they do not procure an immediate Evacuation from the Brain itself, yet inasmuch as they bring away *Lympha*, they thereby avert it from the Brain; and so by Consequence do good in a Cephalalgia, Megrim, Lethargy, Apoplexy, Palsy, &c.

### An Aconitic Mixture.

Take Tincture of Castor 2 Drams; Oil of Sage, Rosemary, Cloves, Marjoram, each 2 Drops; mix.

It roborates the interior Parts of the Ear, new braceth the relaxed Tympanum, cleareth the obstructed Auditory Nerve, opens a free Passage for the Spirits through it, and availeth much against Noise in the Head and Ears, and Thickness of Hearing.

But

But if the Ear be stuffed up with Wax, or other Foulness, it must be syringed and cleansed with a proper Injection, before this can do any good.

Let 3 Drops be put into the Ear with Cotton, or Wool, every Night at Bed-time.

*Simon Paulli (quadripart. Botan. de Amygd.)*  
saith, Oil of bitter Almonds is commended for Deafness and Noise in the Ears; but ought to be used sparingly, by reason of the winding Passage; for when it gets up to the *Tympanum*, and cannot easily be thence deterged, 'twill relax that Membrane, and turn a Thickness of Hearing into Deafness.

*The following general Rules, to be observ'd in all Maladies of the Ears, are taken out of Sennertus.*

1. Let Medicines to be put into the Ears be lukewarm, not intensely hot, nor cold.
2. Put no new Medicine into the Ear, till it be well clear'd from the foul Relicks of the former.
3. Three or four Drops are enough at a time.
4. When a Medicine is put into the Ear, let the Patient lie down upon the well Ear.
5. Let the Medicines to be put in be neither too unctuous nor viscous.
6. In all Sorts of Deafness, let the Head be carefully roborated, by both internal and external Medicines.

The two following are out of *Wedelius*.

7. Fumes are best for Exsiccation, humid Vapours for Mollifying and Easing, oleose and spirituous Things for Discussing and Rorating. But in all, ever bear it in Mind, that too much of any thing is good for nothing.

8. When Topicks are put into the Ear, it's convenient to masticate, that the Medicine may penetrate the deeper.

### An Alcalisate Mixture.

*Take red Coral (levigated into an Alcohol) 2 Drams; Salt of Wormwood half a Dram; Waters of Milk Alexiterial, of Spearmint, Cinamon, compound Gentian, compound Wormwood, each 2 Ounces; Spirit of Lavender compound, Spirit of Salt Armoniac, of each 80 Drops; mix.*

To stop Vomiting, and Help for Sicknes, and Pain at Stomach, give 2 Spoonfuls often.

### An Armoniac Mixture.

*Take Gum Armoniac, Spanish Juice of Liquorice, of each 2 Drams; dissolve them in Hyssop Water 2 Ounces; then strain, and add Syrup of Juice of Ground-Ivy, Oxymel simple, of each 2 Ounces; Oil of Anniseed 2 Drops; Tincture of Benjamin 2 Drams; mix.*

In an *Orthopnea* give a Spoonful often.

An

## An Apoplectic Mixture.

Take natural Balsam of Peru 32 Drops;  
Oil of Nutmeg 4 Drops; Oil of Cloves 2 Drops;  
fine Sugar 2 Drams; and 1 Yolk of Egg;  
when they are well wrought together, add Mat-  
thias's Spirit of Lavender 1 Dram; Spirit of  
Scurvy-grass half a Dram; Waters of black  
Cherry an Ounce and half; of Piony compound  
half an Ounce; Spirit of Salt Armoniac 18  
Drops; mix.

Give a Spoonful at a time,

## An Aromatic Mixture.

Take Tincture of Salt of Tartar 6 Drams;  
Oil of Cinnamon, Cloves, Nutmeg, each 6  
Drops; Oil of Pepper, Wormwood, Mint, each  
4 Drops; mix.

Or you may make it a volatile Aromatic,  
by taking Tincture of Salt of Tartar half an  
Ounce; Spirit of Salt Armoniac 2 Drams;  
and the aforesaid Oils.

It's a very useful Thing for a cold and  
weak Stomach; cherishes its natural Heat and  
Strength, discusses crude Inflammations, stirs up  
Appetite, promotes Concoction.

The Dose is 20 Drops in a Glass of Cana-  
ry, or White Wine,

## An Asthmatic Mixture.

Take erratic Poppy Water 9 Ounces; Oxymel  
of Squills 3 Ounces; mix.

Y 3

In

In this Disease, for the most part, the Blood boils vehemently, the *Bronchia* are clamm'd up with Phlegm, and the Fibres spasmodically constringed. Upon all which Accounts this is a direct Remedy. Let 4 Ounces be given twice or thrice a day, in the time of the Paroxysm.

### A Balm of Gilead Mixture.

*Take true Balm of Gilead a Dram; Tincture of Benjamin, Spirit of Lavender compound, of each a Dram and half; when they are all well malaxed with the Yolk of an Egg, add Syrup of Tolutane Balsam an Ounce and half; Malaga Wine 4 Ounces; mix.*

Consumptive Persons may take a Spoonful at a Dose in Milk, or any other proper Vehicle.

### A Balsamic Mixture.

*Take Balsam of Capive half an Ounce; dissolve it in the Yolks of 2 Eggs, and add white Syrup 2 Ounces; white Wine 8 Ounces; at last strain it.*

Copayba I know, by great Experience, to be a most noble Medicament, and had I the placing of it, it should stand in the Fore-front of the very best of Balsams: But because it's not commonly known so well as it deserves, I shall not grudge a little Pains in setting forth, and briefly explaining some of its Properties.

It

It hath a bitter, hot, Terebinthine Taste, very penetrating and durable in the Mouth; and though it seems to be of the Turpentine Class, yet it gives not the Violet Smell to Urine, but imbues it with a manifest bitter Taste, and wonderfully takes off the muriatic Saltiness of it, and of the *Serum* of the Blood, and of the *Saliva*.

It impresseth a Balsamic Character on the Mass of Blood; cures its scorbutic, rancid, and putridinous Cachexy: Is prevalent (both externally and internally) against Ulcers, the Palsy, Gout, Weakness and Pains of the Back; as also *Fluor Albus* and *Gonorrhoea*.

It in a wonderful manner deterges the Reins, Ureters and Bladder, when obstructed with Sand, *Mucus* or *Pus*; strengthens them when relaxed, and heals them when ulcerated.

It provokes Urine, extinguishes its Heat, and cleanses off its bloody, foul and purulent Contents, more effectually than any thing I ever yet met with. A Patient of mine (now living) who voided meer Chyle instead of Urine, and not one Drop of Water with it, and had great Pains and Weakness, was restored to perfect Health and Soundness by the Use of this Medicine.

It may very justly be accounted the best of all Thoracics; deterges the *Bronchia* and Vesicles, recovers the Tone of the Lungs, heals their Breaches, and (as I have thought) even dissolves the *Tubercula cruda*; for I have

seen where this Balsam alone hath (beyond all Expectation) perfectly cured dry, deep Coughs, that appear'd horribly dangerous, and manifestly threatned a Consumption: And I have more than once cured with it Coughing up of Blood and *Pus* in frightful Quantities. At this very Time of Writing, I have a poor Workman that is an eminent Instance of it.

And notwithstanding it is intently bitter, and manifestly hot, yet (which is an admirable Advantage of it) I have found it mighty agreeable to Hætic Persons, and rather abates than augments their Heats, as one might fear it would: The Reason of which is, I suppose, because it so powerfully subdues Saltness and Acrimony, and obliterates putredinous Inquinations.

If it be given to 2 or 3 Drams, in the Form of a white Potion, it purges like Turpentine.

Some cry it up for a *Diarrhœa* and Dysentery; but of these Vertues I know not much yet by Experience.

But to conclude, this Mixture cannot be accus'd of any Inconvenience, except you'll blame it (forsooth) because, tho' it's an honest benign Medicine, yet it's not very complaisant to the Palate.

Let a Spoonful be given every Night and Morn daily, for a long time together. If it loosen the Belly more than you would desire, either

either lessen the Dose, or now and then at times omit it.

### A Balsamic Cephalic Mixture.

Take natural Peruvian Balsam, 1 Dram;  
Oil of Nutmeg, Cloves, of each 3 Drops; Oil of  
Rosemary 6 Drops; work all these together in a  
Mortar with Yolk of one Egg; then add fine  
Sugar powdered 6 Drams; Matthias's Spirit  
of Lavender 2 Drams; Waters of Bryony, and  
Piony (both compound) of each an Ounce and  
half; of Black Cherries 8 Ounces; Spirit of  
Salt-Armoniac 60 Drops; mix.

Let the Dose be 4 Spoonfuls.

### A Balsamic Nephritic Mixture.

Take Balsam of Capive half an Ounce; Oil  
of Juniper half a Dram; dissolve it in the  
Yolks of 2 Eggs, and add Syrup of Marsh Mal-  
lows compound 2 Ounces and a half; Arsmart  
Water 10 Ounces; mix.

The Communicator saith, it's endow'd  
with most noble Vertues in the Cure of in-  
ternal Ulcers, the Gout, Weakness and Pain  
in the Back, *Fluor Albus*, and *Gonorrhœa*.

Also it provokes Urine, and expells Stones,  
as well out of the Gall-Bladder as the Kid-  
neys, of which we had an amazing Instance  
of late in a certain Artificer at our Town of  
*Peterborough*, who being horridly tortur'd  
with Nephritic and Colick Pains, fell into  
such strong Convulsions of all his Members,  
that

that several strong Men could not hold him in his Chair. When I had consider'd the Symptoms, I judg'd that volatile Salts and Antepilepticks would never reach the Case: And therefore I thought with myself I'd give this Mixture. Well, upon taking a few Spoonfuls, he brought away a great Quantity of Urine, together with Gravel and Sand: And (which is the remarkable thing) several Stones, as big as Capers, by Stool; which, without doubt, must come down by the Choler Passage out of the Gall-Bladder. And thus was he (to the Wonder and Satisfaction of his Friends) restored to his former Health.

### A Balsamic Pectoral Mixture.

Take Balsam of Capive 4 Scruples; Balsam of Peru 16 Drops; Oil of Nutmeg 4 Drops; of Anniseed 2 Drops; Tincture of Benjamin 8 Scruples; the Yolk of one Egg; to these, when thoroughly incorporated, add Syrup of Tolutane Balsam 2 Ounces; common Pectoral Decoction 30 Ounces; mix.

The Dose is 4 Ounces; into which may be dropped (when expedient) Spirit of Salt Armoniac 12 Drops.

### A Mixture with Balsam of Peru.

Take natural Peruvian Balsam, Oil of Mace by Expression, Tincture of Benjamin, of each 4 Scruples; Oil of Anniseed 1 Drop; the

*Yolk of 1 Egg; when they are all perfectly mixed and mixed, add of the sweet Tincture 8 Ounces; (or else good Canary Wine 8 Ounces; and Sugar an Ounce;) mix.*

*Ettmuller* tells us, that when Balsam of Peru is dissolved with the Yolk of Egg, it is much quicker and penetrating, and vellicates the Mouth a great deal more than when taken *per se*.

The Dose is a Spoonful in any grateful and appropriate Vehicle.

### A Pectoral Mixture.

*Take Syrup of Meconium 1 Ounce and half; Fracastorius's Electuary, Mithridate, each 1 Dram; Loboch Sanans 2 Drams; Penny-royal Water 4 Ounces; mix.*

It's a great Remedy against such a Cough as proceeds from catching Cold, whilst it's recent, and a thin Rheum distills out of the Glands: For it incrassates, obrunds, lubricates; and it pacifies the Fury of the Spirits, takes off the Irritation of the Fibres, and advances *Diaphoresis*. Let it be taken at one Draught at Bed-time.

### A Mixture with Bole.

*Take Barley-Cinnamon Water 4 Ounces; Mint Water, Syrup of Myrtle (or of dried Roses) each 1 Ounce; finely powdered Bole 2 Scruples; Diascordium 2 Drams; Oil of Cloves 1 Drop; Liquid Laudanum 30 Drops; mix for 2 Doses.*

It

It comforts, corroborates, and moderately constricts the Intestines, qualifies their griping, spasmodic Plunges, tempers and absorbs Acidity, drives the Streams of acrid Humours to the extreme Parts, and so away by *Diaphoresis*. Thus it is a Remedy, every way well appointed for the Cure of a symptomatic *Diarrhœa*, and *Hypercatharsis*.

Now Bole (which is an *Alkali*) being one of the Ingredients of this Mixture, I'll here, by the By, take this Opportunity of translating the following Paragraph out of *Wedelius*, for the great Patrons of, and Sticklers for, *Acid* and *Alkali*, to read and consider of.

It's to be noted, and Experience testifies it, that Medicinal Earths precipitate Bile, as well as absorb acid and serous Juices; whence it cannot absolutely be concluded, that wherever Alcaline Medicaments do good, there an Acid did the Mischief; for common Experience assures us, that Earthy ones give Relief to many Patients in divers Distempers, where by the Consent of all, an Acid is not in Fault, but Bile is, being too much excocted; whereupon it regurgitates, flies, foams, and makes wild Mischief, and these Earths mix in with it, and dissociate it, and put a Restraint upon its preternatural Exestuation.

To which Sir *John Floyer's* Experiment is Consistent, That the Species of the bitter Decoction being boil'd in a *Lixivium* of calcin'd Oyster-shells, lay by their Bitterness, and

and become sweetish. But since the writing of this, I have made the Experiment, and did not find it so.

### A Cardiac Aquose Mixture.

Take Black Cherry and Alexiterial Milk Water, each 12 Ounces; Barley Cinnamon, Epidemial Water, each 8 Ounces; Aqua Cælestis 2 Ounces; mix.

### A Cardiac Edulcorating Mixture.

Take Syrup of Gilly-flowers 4 Ounces; of Raspberries 1 Ounce and half; Confection of Alkermes half an Ounce; Oil of Nutmegs 4 Drops; mix.

These two Mixtures were invented for Expedition sake, that a Cordial Julep may be thrown together in an instant; for if both be kept ready in the Shop, the whole Composition will not cost a Minute's time to put it up thus.

Take of the Aquose Cardiac Mixture 10 Ounces and half; of the Cardiac Edulcorating Mixture 1 Ounce and half; mix.

### A Cardiac Dietsie Mixture.

Take the Yolks of 2 Eggs; Oil of Cinnamon, Nutmegs, each 4 Drops; refined Sugar half an Ounce; Juice of Kermes 2 Drams; Canary Wine 8 Ounces; mix and strain.

Give 3 Spoonfuls in sick Fitts, and when the Spirits want Support.

A Card.

## A Carminative Mixture.

Take Canary and white Wine, each 6 Ounces;  
Spirit of Wine rectify'd 2 Ounces; the Yolk of  
1 Egg; fine Sugar 1 Ounce; Oil of Juniper 32  
Drops; Oil of Nutmeg, Caraway, Fennel and  
Anise, each 8 Drops; mix.

A full Dose is 5 Spoonfuls.

## A Carminative Anodyne Mixture.

Take Marsh Mallow Root 2 Ounces; boil it  
in Spring Water a Quart, to a Pint; strain  
out the Liquor, without squeezing; then take  
Juniper-berries well bruised, half an Ounce;  
Seeds of Anise, sweet Fennel, Caraway, Cori-  
ander, of each 2 Drams; Waters of Rue, Pen-  
ny-royal, Gentian compound, of each 4 Ounces;  
Bryony, and Piony compound, of each 2 Oun-  
ces; macerate close and warm 4 Hours; then  
having strained it, and mixed it with the fore-  
said Decoction, add Syrup of Meconium 4  
Ounces; Sydenham's Liquid Laudanum 40  
Drops; mix.

'Tis to be given to ease Pain, and cause  
Rest in the Colick, and in the Stone, to 4 or  
6 Ounces. If the Patient be Feverish, the  
Berries and Seeds may be infused in Barley-  
Water.

## I. A Colic Mixture.

Take Tincture of Rhubarb simple 1 Ounce  
and half; powder'd Rhubarb half .a Dram;  
Syrup of Roses solutive half an Ounce; pow-  
der'd

*Red long Pepper 3 Grains; Oil of Annise 2 Drops; mix.*

Sometimes it may be expedient to add Spirit of Salt Armoniac 10 Drops, and sometimes (as the Case may require) *Liquid Laudanum* 20, or even 30 Drops, or Salt of Wormwood half a Scruple, namely, when there are enormous Vomittings, and horrid Pains and sick Fitts.

## 2. Colic Picture.

*Take Mint Water half an Ounce; Strong Cinamon Water 1 Ounce and half; Elixir Proprietas tartarized 1 Dram; Oil of Juniper 2 Drops; powdered Rhubarb 1 Scruple (or half a Dram;) Salt of Wormwood half a Scruple; Spirit of Salt Armoniac 15 Drops; mix, for 1 single Draught.*

## A Picture for Concretions.

*Take Waters of Hyssop, Fennel, of each 2 Ounces; distilled (or boiled) Vinegar 6 Drams; Brandy half an Ounce; Crabs Eyes 1 Dram; Sperma Ceti, Mummy, of each a Scruple; London Laudanum 4 Grains; Syrup of the 5 Roots an Ounce and half; mix.*

If Wine Vinegar be boiled in an earthen glazed Pipkin till a Quarter of it be evaporated, 'twill be much the same with distilled Vinegar, and may serve for the same Uses.

*Sylvius* (whose Prescript this is) saith, if it be timely given, it prevents extravasated Blood from

from running into Concretions: And afterwards, when it is in a concreted State, this incides and attenuates the grosser Parts, and discusses and sends off by Sweat, or insensible Transpiration, the thinner: And not only so, but also all the while it corrects Acrimony, and so assuages Pain; upon which several Accounts, it dissolves, totally removes, and absolutely cures Inflammatory Obstructions. And when it hath been given early enough, and plyed constantly, it hath very often cut off beginning Pleurisies, Peripneumonies; and Inflammations of other Parts, occasioning grievous Dolours and Anxieties. He gives a Spoonful at a time frequently.

### A Consolating Birture.

*Take Sherry Wine half a Pint; Strong Cinamon Water 4 Ounces; Rose Water, white Sugar Candy, each 2 Ounces; Juice of Kermes Strain'd 1 Ounce; Species called Lætificans Galeni 2 Drams; Leaves of Gold 4; Oil of Nutmeg 4 Drops; mix.*

This Medicine I fish'd out of a very worthy Gentleman, in whose Family it had been kept as a sacred *Depositum*, and great Secret, and was religiously delivered down, from Mother to Daughter, in a constant Succession of several Generations.

It helps Concoction, corrects Crudities, dissipates *Flatus*, cherishes native Heat, specifically recreates Women with Child, when droop-

drooping and languid, comforts the weak, feeble *Fetus*, prevents Miscarriages from Dejection of Spirit, and cold Flaccidity of the Womb, and supplies desired Strength, Vigour and Ability, for the happy Performance of the great Work of Child-birth.

It's proper for such only as are cold, weak, and languishing. I should by no means advise it to any of a strong and hot Constitution, nor to those that are Plethoric, or apt to Flooding.

Let 2 Ounces be allow'd Night and Morn, whensoever Faillure of Spirits makes it needful; and more especially the last Month of Ingravitation, even till Delivery.

### a Corallate Dilture.

Take red Coral finely levigated 2 Drams; Salt of Wormwood 4 Scruples; Juice of Lemons fresh drawn 4 Ounces; strong Cinnamon Water 2 Ounces; mix in an open Glass, and let them stand uncork'd, lest their Fermentation break the Bottle.

It wonderfully, and almost miraculously (like a God in a Machine, as they say) represseth Subversions of the Stomach, and Motions to vomit. I have many times observ'd, that in continual Fevers miserably afflicting with Anguish at Stomach, and symptomatic Vomiting, more Good hath been done with this Medicine alone, than with all that ever

Z. I could

I could by anxious Study and various Trials find out.

Let 2 Spoonfuls be given every Hour, or a Spoonful every half Hour, till the Symptom be overcome, the Glass being first well shaken.

### A Mixture with Crabs Eyes.

Take good sharp Wine Vinegar 4 Ounces; Crabs Eyes reduced to an Alcohol half an Ounce; mix these in a glass Mortar, and when the Ebullition is pretty well over, add Alexiterial Milk Water 4 Ounces; Treacle Water by Distillation 2 Ounces; then strain, and sweeten with Syrup of Tolutane Balsam 2 Ounces; mix.

In an intermitting, vagous, irregular, or a vulnery Fever: Also in Hypochondriac Conturbations, and Pains, the Dose may be 3 Ounces.

### A Diuretic Mixture.

Take white Wine 12 Ounces; Oil of Juniper 24 Drops; Oil of Annise 12 Drops; white Sugar 1 Ounce and half; mix.

Let it be for 4 Doses, with 20 Drops of Spirit of Salt Armoniac in each: To force away Sand, Gravel, and Mucus.

### An Cephalic Mixture.

Take Pine-tops cut small 6 Handfuls; boil in Water 2 Quarts to 1; strain, wringing it hard through a Cloth; add to the Liqueur depurated Juice of Scumy-grass 1 Pint; of Brooklime, Water-Cresses, and Dandelion, each half a Pint;

Radish

*Radish Water* compound 1 Pint and half. In this whole Mixture dissolve Vitriol of Mars 8 Scruples; set it by a Night, till the yellow Feces are settled, then decant the clear Liquor, to which add Salt of Wormwood 4 Scruples; white Sugar 12 Ounces; mix.

It enricheth the Blood when impoverish'd, depurath it when feculent, new mixeth it when run asunder into Parts, and quickeneth it when sluggish.

Also it dissolves scorbutic or atrabilarious Ferulencies, deposited and fixing Obstructions in the Mesentery, Spleen, Livor, Ureters, or Habit of the Body; opens the Pores and Passages for the Fluids, scours the common Sewers, procures a free Circulation through the minutest Conveyances of the Humane Machine, sets all the Offices of the vital Functions at work again, and enables them to do it well. The Dose is 4 Ounces Mornings and Afternoons.

### An Epileptic Mixture.

Take Lime-tree Flower and Fennel Waters, each 2 Ounces; Syrup of Stechas and of Meconium, each 1 Ounce; Spirit of Salt Armoniac 1 Scruple; mix, for 2 Doses.

See the Cephalic Draught and Julep. This Prescript was sent me from *Leyden*, and said to be a Secret of *Fred. Decker*, which he highly esteems, and frequently orders. And truly such Things as dissipate *Flatus*, depu-

rate the Spirits, repress Explosions, and corroborate the *Nervosum Genus*, (which are the manifest Intentions of this Remedy) seem rightly contriv'd for the breaking off of a spasmodic Paroxysm.

### An Erysipelas Mixture.

Take Spirit of Wine half a Pint; Venice Treacle 2 Ounces; long Pepper, Cloves, each 2 Drams; mix.

Dr. Sydenham (whose Prescript this is) due Phlebotomy and Purging premised, useth an Emollient, Discutient, and Diaphoretic Foment, and then binds upon the Part Cap-Paper dip't into this Mixture, to the end that he may vent and discuss the impacted Matter.

For such Things as are emplastick, refrigerant and repellent, are (especially if the Erysipelas seize the Face or Head) extremely dangerous. But Spirit of Wine is very agreeable (saith Heide) by reason of the Subtlety and Motion of its Particles, which reduce the distorted *Tubuli* of the *Cutis*, and the entangled Fibres into their natural Order, and so set open the Pores, and bring forth the Matter by *Diaphoresis*.

And here I'll drop in a small Observation, which perhaps may not be quite useless; and that is, that this Medicine useth to change the Colour of the Part, and turn it black, which may possibly impose upon young Practisers (that never used it before, and don't con-

consider the Reason) as tho' it were sphac-  
lated; whereas that Blackness portends no  
Ill, for it proceeds not from the Distemper  
mortifying the Spirits, but the Medicine stain-  
ing the Skin.

### I. Expectorating Mixture.

Take Tincture of Benjamin half an Ounce;  
Tincture of Saffron, extracted in Spirit of  
Wine 1 Tincture of Myrrh, of Gum Am-  
moniac, and Spirit of Salt Armoniac, each 1 Dram;  
Hyssop Water 6 Ounces; Magistral Worm Wa-  
ter 3 Ounces; Syrup of Horehound 2 Ounces;  
mix.

It's made up of volatile, brisk, acridous,  
penetrating, gummy, and balsamic Things;  
and its Title denotes its Vertues. Let 2  
Spoonfuls be taken as often as clammy, tough  
Phlegm, sticking in the Throat or Breast, oc-  
casion's Shortness of Breath, or a laborious  
straining Cough.

### 2. Expectorating Mixture.

Take Hyssop Water 8 Ounces; Tincture of  
Benjamin half an Ounce; Tincture of Gum Am-  
moniac, Spirit of Salt Armoniac, each 40 Drops;  
Oil of Annise 8 Drops; white Sugar 1 Ounce;  
mix.

### A Mixture for Clysters.

Take Domestic Syrup 2 Ounces; Levistoe  
Electuary 1 Ounce; Species of Hier 1 Dram;  
mix.

Concerning this, see the *Purging Glyster*.

### A Golden Mixture.

Take Juice of Kermes strain'd half an Ounce;  
Syrup of Gilly-Flowers and Raspberries, each 2  
Ounces; Oil of Nutmeg 2 Drops; Oil of Cloves  
1 Drop; Leaves of Gold 5; mix.

This Medicine (truly Golden, more from  
its Vertue than Substance) does so singular-  
ly refresh the Mother and Child, and gives  
to both such a Vigour and Vitality, that (as  
saith my Communicator) if a Spoonful be  
taken twice a day, for a Month before Lying-  
in, 'twill produce an happy Delivery, and  
a lively Child.

### A Mixture for Gravel.

Take Syrup of Marsh Mallows, Oil of sweet Al-  
monds (or rather Nut Oil) of each 3 Ounces; Spi-  
rit of Wine tartariz'd (or Queen of Hungary's  
Water) an Ounce and half; the Yolk of 2 Eggs;  
Oil of Anniseed 8 Drops; Spirit of Salt Armo-  
niac 60 (or 180) Drops; mix.

The Dose may be 3 Spoonfuls each other  
Hour.

### A Mixture for Colics.

Take Waters of Mint, Cinnamon, Dr. Ste-  
phens, of each an Ounce; Syrup of Meconium 2  
Ounces; the Yolk of 1 Egg; Oil of Juniper,  
Spirit of Salt Armoniac, of each 20 Drops;  
Salt of Wormwood 16 Drops; mix for 2 Doses.

Against the Wind Colick and Belly-Ach,  
from Crudities and Wind,

**An Hysteric Aquose Mixture.**

Take Whites of Mugwort, Black Cherries, each 12 Ounces; of Rue, Penny-royal, Briony compound, each 8 Ounces; mix.

This would I have kept always ready mix'd in the Shops, to make up Hysteric Julaps with, in an Instant, without Expence of Time, like these Formule, viz.

Take of the Hysteric Aquose Mixture, 12 Ounces; Pearl prepared 1 Dram; white Sugar Candy 3 Drams; mix. Or,

Take of the Hysteric Aquose Mixture 10 Ounces and half; Tincture of Castor 4 Scruples; Syrup of Gilly-flowers (or Balm, or Mugwort, or Stechas, or Piony compound) 1 Ounce and half; mix.

**An Hysteric Spirituose Mixture.**

Take Tincture of Asa Fœtida (extracted with Spirit of Wine) Tincture of Galbanum, of Castor, and Spirit of Salt Ammoniac (or Harts-horn) each 1 Dram; Oil of Amber 3 2 Drops; mix.

Because the Elements of this are Heterogeneous, they can't be so perfectly mix'd, but that they'll easily run asunder, and after a little standing appear separate; but this is no great Inconvenience, 'tis but just shaking the Glass, and they'll all run in Order, and unite again into a white Liquor like Milk.

It's an extraordinary Medicine for Hysteric People, and is singularly to be noted for

Z 4

Women

Women in Labour, whensoever the Spirits being Hyfterically confused, do not flow in plentifully, and powerfully enough to the Muscles of the *Abdomen*, and other Parts promoting the Birth; and so the necessary Pangs thereupon slacken and fail, and the Womb itself riseth not up to make strong Efforts of Expulsion. In this Case, I say, this useth to bring, as 'twere, Divine Help, beyond almost any thing else, if 20 or 30 Drops be ministred in an appropriate Vehicle, and repeated at due Times.

### A Juniper Mixture.

*Take Oil of Juniper 1 Dram; Subigate it perfectly with the Yolk of 1 Egg; mix in white Syrup 2 Ounces; and strain.*

By the same Artifice may most efficacious Mixtures be contriv'd, of any Sort of Chymical Oils, according to the various Intention of the Prescriber.

It very signally relieves the Ventricle and Intestines when refrigerated, relax'd, troubled with Wind, Pains, and Sicknes. It egregiously refreshes, stimulates and cleanses the Reins and Ureters, when being debilitated and obstructed, they perform not their Office duly.

The Dose is a Spoonful twice or thrice a day, upon an empty Stomach.

a pair

## A Distillure with Liqueur.

Take Spanish Juice of Liquorice 2 Drams;  
dissolve it over the Fire in Hyssop Water 4  
Ounces; strain, and add Syrup of Meconium 4  
Ounces; mix.

Thus I prescribe it commonly; sometimes  
I have added to it, whilst the Juice is a dis-  
solving, Saffron clipped small 16 Grains; and  
when it is strained, Oil of Anniseed 2 Drops;  
Tincture of Benjamin 2 Drams; and instead  
of Syrup of Meconium, Oxymel simple.

Against a tickling Cough from a thin  
Rheum, give 4 Spoonfuls at Bed-time; or  
else (if it trouble much in the Day-time) now  
and then a Spoonful after a great Coughing  
Bout.

## A Distillure for Ulcers of the Mouth.

Take Balaustines, Alum both crude and  
burnt, of each half a Dram; boil in Plantain  
Water from 8 Ounces to 5; strain, and add Ho-  
ney of Roses half an Ounce; Egyptian Oint-  
ment half a Dram; mix.

It's common to use calcined Vitriol, Ver-  
digrise, and *Ægyptiacum*, in Ulcers of the  
Mouth. But *Fabricius* warns us against them,  
as very contrary in cancerous Ulcers: And  
*Myrs* (*Podagr. p. 71.*) saith, *Ægyptiacum* must  
never be used in exulcerated Cancers; for  
'tis wonderfully pernicious.

A Distill

## A Musk Mixture.

Take depurated Juice of Mint 4 Ounces; Compound Wormwood and strong Cinnamon Waters, each 1 Ounce; powder'd Castor 1 Dram; Musk 4 Grains; white Sugar Candy 3 Drains; mix.

It's design'd against Pain of the Stomach, Vomiting, and especially a Singultus. See the Musk Fulep. Let 3 Spoonfuls be exhibited and repeated as shall be judged needful.

## An Oleose Mixture.

Take Oil of Sweet Almonds (or rather Oil of Walnuts) 2 Ounces; Syrup of Marsh Mallows 4 Ounces; Water of Pellitory of the Wall 6 Ounces; Salt Prunel 1 Dram; mix.

It lubricates, relaxes, obtunds Acrimony, and moderately promotes Diuresis. It's ever to be observ'd, that in a Nephritic Paroxysm, the greater the Pain is, the less ought Diureticks to be used, and the milder must they be. The Reason of which is to be found under the Title of Draught for Gravel, and Diuretic Aromatic Fulep. The Dose is 3 or 4 Ounces.

## A Pacific Mixture.

Take Liquid Laudanum tartarized 2 Drains; Oil of Nutmeg and Cinnamon each 4 Drops; mix.

It has the common Vertues of Laudanum, but in a more especial manner respects Vomiting

miting and Looseness; besides which, it's a good Blind for *Laudanum*, to hide it from the Knowledge of the Patients and By-standers; which Trick is sometimes exceeding necessary, when they are curiously impertinent and meddling, or have taken up a foolish Aversion to Opium.

The Dose is 15, 20, or 25 Drops.

### A Papaverine Mixture.

Take *Alexiterial Milk Water* 2 Ounces; *Cinnamon Water* 1 Ounce; Syrup of dried white Poppy Heads (rightly prepared according to the Apothecary's Art) 3 Ounces; Gold 3 Leaves; mix.

This is a good Purgative. Its Dose four Spoonfuls in an appropriate Vehicle.

### A Paralytic Mixture.

Take Spirit of Scurvy-grass 2 Drams; compound Spirit of Lavender, Tincture of Castor, each half a Dram; Elixir Proprietatis tartariz'd 1 Dram; Oil of Nutmeg 4 Drops; Oil of Cinnamon and Cloves, each 2 Drops; Spirit of Salt Armoniac 2 Drams; mix.

It quickens the flat Ferment of the Stomach, repairs its decay'd Vigour, attenuates the Blood when polluted with a pituitous Colluvies, prepares pure fine defecated *Materia Subtilis* out of it for the Brain, recovers the Elasticity of the Spirits, deoppilates the obstructed Nerves, and deterges the *Fibræ Morrices*.

It's

It's most commodious for a weaken'd or relax'd Stomach, occasion'd by reason of the Nerves being somewhere obstructed, or overstrain'd, for a Palsy, (especially a scorbutic one) and in a word, for all Sorts of Maladies depending on the Failure of the Animal Spirits, and Imbecillity of the Nerves.

But these high, hot Medicines, that abound with mighty active Particles, are so far from being agreeable to Choleric Paralytics (whose Blood is acrid and fervid, without much *Serum* to temper it) that they often do Hurt, whereas they are signally serviceable to the Phlegmatic, whose Blood being colder, holds much *Serum*, and but little active Elements.

You may allow 30 Drops in a proper Vehicle thrice a day.

### A Pectoral Mixture.

*Take of the Pectoral Decoction 30 Ounces; Tincture of Saffron (made in Treacle Water) 6 Drams; Tincture of Benjamin 2 Drams; Syrup of Ground Ivy 1 Ounce and half; Oil of Annise 1 Drop; mix.*

The Pectoral Decoction (by means of its mucilaginous, incrassating, and mollifying Substance) generates soft Juices, retunds the Acrimony of the Blood, freshens its murietic Saltnefs, and hinders its Colliquation. And then *Saffron*, *Benjamin*, *Anniseed*, and *Ground-Ivy*, (upon account of their Aromatic, Balsamic, and Volatile Parts) roborate the

the Lungs themselves, delicately stimulate and instigate them to excretory Efforts.

And so this Mixture prevents the Breeding of such irritating Humours as provoke a Cough, frees the Lungs from the offensive Load of Phlegm gathered in them, and fortifies 'em against the Incurſion of more of the ſame.

Let 6 Ounces be ſupped up as hot as Coffee thrice a day.

### a Peruvian Mixture.

Take very finely powder'd Peruvian Peel 1 Ounce; Alexiterial Milk Water 1 Pint; Mint, Cinnamon, Epidemial Waters, and Syrup of Gilly-Flowers, each 4 Ounces; Oil of Nutmeg 4 Drops; mix.

This is ſuch a neat and agreeable Form of giving the great Medicine in Subſtance, that it ſeldom goes againſt any ones Stomach, and very rarely exciteſh a *Diarrhæa*, which are two deſirable Advantages.

Let a Quarter of a Pint be adviſed every 3 or 4 Hours, in the Abſence of the Fitt. See the *Peruvian Electuar*.

### Plateris's Mixture.

Take Spirit of Wine (or Hungary Water, or Tincture of Caſtor) 2 Drams; Juice of Onion 1 Dram; Oil of Spike 2 Drops; mix.

For Noiſe, or Pain in the Ears.

a pleu-

### A pleuritic Mixture.

Take Waters of Hyssop 2 Ounces; Fennel 1 Ounce; Epidemial and Treacle Water, each half an Ounce; Crabs Eyes, Bezoar Mineral, each 1 Scruple; Spirit of Salt Armoniac 15 Drops; London Laudanum 2 Grains; Syrup of the Juice of Erratic Poppy 1 Ounce; mix.

The Communicator saith, it's (after due Bleedings) convenient in a Pleurisy, takes away the pricking Pain and short Cough. The Sick may take a Spoonful or two every Hour. But as to my own part, I advise no Body to trust to Pleuritic Internals, so as to neglect, or be too sparing of Bleeding; for upon it depends Safety, and in a manner the whole Cure.

### A Saline Mixture.

Take Penny-royal Water 6 Ounces; Salt of Tartar 2 Drams; mix.

Let it be taken by Spoonfuls in Broth, so as that the Stomach be continually imbued with it: Thus it's good to stop Vomiting. Taken a Mornings for some time, it lays a good Foundation for a Course of Steel in the Green-Sickness.

### A Saponaceous Mixture.

Take fine Venice Soap scraped thin 1 Dram; mix with it Oil of Anniseed 3 Drops; add Syrup of Maiden-Hair 3 Ounces; Syrup of Hore-  
bound

bound 1 Ounce; Penny-royal Water 2 Ounces; mix all according to Art, and strain.

It most effectually lubricates, attenuates, removes, stimulates, and expectorates from the bottom, and inmost Recesses of the Lungs. Let 2 Spoonfuls be given often for tough Phlegm, *Orchopnea*, and straining laborious Cough.

It's good also to provoke Urine, and bring away Gravel.

### A Saturnine Mixture.

Take Spirit of Turpentine half an Ounce; Sugar of Saturn 1 Dram; Camphire 2 Scruples; mix.

In a *Gonorrhœa* (from turgescient Geniture) Impurity nocturn. and *Furor Uterine*, give from 15 to 30 Drops in an appropriate Vehicle.

### A Scorbutic Mixture.

Take Horse-Radish Water compound half an Ounce; Spirit of Scurvy Grass 3 Drams; Elixir Proprietatis tartariz'd 2 Drams; Spirit of Salt Armoniac 1 Dram; Oil of Juniper 40 Drops; mix.

This Aromatic, Volatile Mixture, is used with much Advantage by such Scorbutic Persons as are troubled with a Relaxation of the Ventricle, Want of Appetite, ill Digestion; also Lifflesness, Weariness of the Body, and Strupor or Resolution of the Members.

Let

Let 30 Drops be taken, if it be to rectify the Stomach, an Hour before Dinner and Supper, and that in a small Quantity of a solid Vehicle. But if an Alteration of the Fluids in general, and of the Habit of the Body be intended, then in a pretty large liquid Vehicle, every Morning and Afternoon, fasting 2 Hours after.

### A Mixture with Sperma Ceti.

Take Canary Wine, Linseed Oil, each 3 Ounces; Oil of Turpentine 10 Drops; Sperma Ceti, Crabs Eyes, each half a Dram; white Sugar 3 Drams; mix artificially, and give it warm for one Dose.

It's profitable (after due Bleeding) for those that being hurt by a Fall, and bruised, have Blood extravasated, settled and coagulated.

### A Stomachic Mixture.

Take strong Cinnamon Water 1 Ounce; Oil of Vitriol 1 Dram; Oil of Cloves 24 Drops; mix.

It excites Appetite, roborates the Stomach, takes off Nauseousness, stays Vomiting; and in a word, performs all that can be expected from that operose Elixir of *Mysicht*.

Let 40 Drops (more or less) be given in a Glass of Canary upon an empty Stomach.

### A Succinated Mixture.

Take Lisbon white Wine a Pint; Canary Wine, Radish Water compound, of each half a Pint;

a Pint; Salt of Amber, Salt of Harts-horn, Salt Prunel, Salt of Tartar, of each from half a Dram to a Dram; Oil of Turpentine 40 Drops; white Sugar an Ounce; Syrup of the 5 Roots 2 Ounces; Spirit of Scurvy-grass 160 Drops; mix.

To force Diuresis give 4 Ounces Night and Morn; and to the Night Doses add (when needful) Liquid Laudanum 20 Drops.

### A Sulphurate Mixture.

Take Syrup of Juice of Hounds-tongue 4 Ounces; Balsam of Sulphur annisated 80 Drops; mix.

It's for a Cough that troubles mostly a Nights, and proceeds from a thin, sharp Rheum. The Dose is a Spoonful Night and Morn.

### A Tartareous Mixture.

Take Spirituous Cinnamon Water 6 Ounces; Oil of Tartar by Deliquium 3 Drams; Spirit of Salt Armoniac 90 Drops; mix.

Let it be taken by a Spoonful at a time in a bilious Colick after Purging, Liquid Laudanum being added, as the Case shall require.

### A Cerebinthine Mixture.

Take fine clear Venice Turpentine an Ounce; the Yolks of 2 Eggs; Oil of Anniseed 3 Drops; when they are well wrought together into an uniform Mass, add Syrup of Marsh Mallows, Malaga Wine, of each 6 Ounces; mix.

A a

To

To provoke Urine, bring away Gravel, cleanse and cure Ulcers of the Kidneys and Bladder, give 3 Spoonfuls either with, or without *Laudanum*, according as the Case shall require.

### The Thebaine Mixture.

Take Thebaine Juice (or for want of it, *Londan Laudanum*) 12 Grains; dissolve it in black Cherry Water 12 Ounces, and rectify'd Spirit of Wine half an Ounce, add white Sugar half an Ounce; strain, and drop in Spirit of Salt Armoniac 36 Drops; mix.

It's for 6 or 9 Doses, the Glass being well shaken before it be poured out.

### A Mixture for the Throat.

Take Seeds of Flea-wort and Quinces, each 2 Drams; decoct in Water half a Pint to 4 Ounces; to the strain'd Mucilage add one White of Egg well beaten; Damask Rose Water 2 Ounces; Syrup of Raspberries 1 Ounce and half; mix.

This is for Heat, dry Parchedness, Asperity and Soreness of the Throat. Let a Spoonful be taken after every time the Mouth is gargled.

### A Volatile Mixture.

Take Balsamic Syrup 5 Ounces; *Matthias his Spirit of Lavender*, Spirit of Salt Armoniac, of each half an Ounce; Oil of Nutmeg 12 Drops; Oil of Cloves 6 Drops; mix.

'Tis

'Tis Cephalic, Stomachic, Cardiac. Give a Spoonful (well shaken) in an agreeable Vehicle.

A Mixture for Child-bed Women.

Take Sperma Ceti one Dram; Peruvian Balsam 10 Drops; Oil of Nutmeg 4 Drops; Oil of Aniseed 1 Drop; the Yolk an of Egg; white Sugar 3 Drams; beat them up together to an uniform Body, and then add Waters of black Cherry an Ounce and half; Mint, Penny-royal, Treacle, each an Ounce; of Cinnamon half an Ounce; Spirit of Salt Armoniac, Liquid Laudanum of each 30 Drops; mix for 2 Doses.

An hysterick Rodule.

Take Asa Fetida half a Dram; Castor, Camphire, each 1 Scruple; Oil of Amber half a Scruple; mix, and tie it up in a Rag, or piece of Silk.

Being often held to the Nose, it helps Vapours and Fits; for it represses the raging Spirits, drives them back from their wild Excursions and Exorbitances, forces them into Order, and hinders 'em from running into Tumults and Convulsive Explofions.

An Acoustic Oil.

Take Oil of bitter Almonds 1 Dram; Oil of Nutmeg, Cammin, Marjoram, Petre, each 4 Drops; Civet 2 Grains; mix.

A a 2

It

It hath the same Vertues with the *Acouit-  
fic Mixture*, but is more durable in the Ear.

### A Cephalic Oil.

Take Balsam of Peru 1 Dram; Oil of Rose-  
mary, Sage, Marjoram, Nutmegs, each 4  
Drops; Camphire half a Dram; *mix.*

Outwardly used it warms, discusses, and  
roborates; and therefore is of use for cold,  
catarrhus Affections of the Head, especially  
of the *Pericranium*.

### A Paralytic Oil.

Take Oil of Amber, *Sassafras*, each 1  
Dram; Oil of Rosemary, Pepper, each 1 Scr-  
ple; *mix.*

Let it be rubbed hard with a warm hand  
on the Part primarily affected; but it signi-  
fies not so much on a Member that suffers at  
second hand by Consent. See the *Paralytic  
Liniment*.

### Oil of Rhubarb.

Take Oil of sweet Almonds and Rbubarb pow-  
der'd, each as much as you please; put it into a  
glazed Pot Laing upon Laing; give it a warm  
Digestion for a Night's space, and then press out  
a golden colour'd Oil, strongly in a Press, as you  
would do Oil of Almonds.

As I have heard, it's frequently in use at  
Heidelburgh, for the Colick, Dysentery, and  
Worms: They give to a Child half an Ounce.  
Indeed

Indeed I never used it; but because it's an odd Medicine, and has something singular in it, I would not omit it.

### An Asthmatic Drymel.

Take Zedoary 1 Ounce; boil in Water 1 Quart to 1 Pint and half; in the strained Liquor, mix Gum Ammoniacum (first dissolved in Vinegar 4 Ounces) 1 Ounce; strain, and add Honey 4 Ounces; boil, scum, and strain it out.

This is the Experiment of Dr. Sir J. F. (a late Author) for Persons labouring under an Orthopnea and Asthma. It attenuates tough Phlegm, clears out Obstructions of the Lungs, and maintains and fortifies their Tone. Let 3 Spoonfuls be given Night and Morn for some Months.

### A Chalbeate Drymel.

Take Water half a Pint; Honey a Pound; boil at a gentle Fire to perfect Despumation; then having added Chalbeate Vinegar (after described) half a Pint; boil, till it acquire a due Consistence.

### A Purging Pectoral Drymel.

Take Raisins of the Sun stoned and cut small, Orris Root, each 1 Ounce; Elecampane, Calamus Aromaticus, each half an Ounce; Sen-na 2 Ounces; Agaric (tied up in a Rag) half an Ounce; white Horehound, Savory, Hyssop, Groundy Ivy, each 1 Handful; Tobacco dried  
A 2 3 1 Dram;

1 Dram; Ginger 3 Drams; Spring Water 2 Pints and half; Vinegar half a Pint; boil away to 1 Quart, throwing in at last Anniseed 2 Drams; strain, and add Honey 1 Pint; boil it again to a fit Consistence, carefully scumming it.

It powerfully attenuates, removes, and carries out thick slimy Phlegm, which sticking in the Stomach, Guts, Lungs, or Habit of the Body, and occasioning various Obstructions, produces an OEdematous, Catarrhus, Consumptive, or Paralytic Diathesis.

The Dose is 3 Ounces every, or each other Morning, as the Case calls for it.

### An Drymel of Tobacco.

Take Tobacco Leaves (powder'd and tied up in a Rag) 1 Ounce and half; Agaric (likewise tied up) Liquorice, each 1 Ounce; Senna, Raisins of the Sun, each 2 Ounces; Vinegar 2 Quarts; boil to 2 Pints and half; adding, towards the last, Thyme, Hyssop, each 2 Handfuls; Anniseed half an Ounce; Cloves 3 Drams; boiling strained and clarif'd it, add Honey 1 Pint and half; and then boil it up to a due Consistence.

When you have occasion to use it (saith Quercetan, who had composed a mighty oporose Oxymel of Tobacco, of which this is an Epitome) give *Cocblearia aliquot* some Spoonfuls, either alone, or with a Pectoral Water.

Truly this Medicament most excellently and strongly purges, exhausts, deterges, expurges

tiſrupts the *Saburra*, and *Eluvies* of depraved Humours out of the whole Body in general, and the Ventricle and *Thorax* in particular, and is moſt accommodated, and ſpecifically peculiar to Aſthmatic People.

But in giving it, there's need of Caution and Diſtinction to increaſe or diminish, and nicely adjust the Doſe, ſo as to fit the Age and Strength of the Sick.

Sometimes (becauſe of the Tobacco) it provokes Vomiting; but then the other Purgers that are mix'd with Vinegar (which is itſelf a prime Corrector and Mollifier) divert its Vehemence, by drawing it downward, and ſo render it a good and eſſectual Remedy for pituitous Maladies of the Ventricle and *Thorax*. Thus he.

### A Paſte for Apthæ.

*Take new Butter juſt out of the Churn, unſalted (and waſhed in Roſewater) 1 Ounce and half; Liquorice Powder 1 Dram and half; white Sugar Candy powdered, and paſſed through a Searce, as much as ſerves to make it up like Paſte; mix.*

Let a little Pellet of this be put into the Mouth to diſſolve by degrees: It's good againſt the Thrush, Parchedneſs, Heat, and Roughneſs of the Tongue, Foulneſs in the Mouth and Throat, Wheezing, and painful Breathing. It may alſo be put up the Noſe when ſtopped and ſore.

A a 4

Gal.

## Gallic Paste.

Take Bole 1 Ounce; burnt Alum, burnt Crust of Bread, powdered Tiles, Porcelane Ware, each 2 Drams; clarified Honey as much as is sufficient to give the Consistence of Paste; beat all up together.

This is used in France, to cleanse, scour, and whiten the Teeth, to take off Filth, the *Lapis dentalis*, and all manner of Inquinations and ill Smells. Every Morning put a little on a fine Woollen Rag, and rub the Teeth with it. But the Teeth especially, rather than the Gums, are to be rubbed; for frequent and hard rubbing the Gums will wear and waste them away.

## Pellets for the Teeth.

Take *Asa Fætida* 8 Grains; Camphire, Dragons Blood, each 1 Grain; Oil of Pepper 2 Drops; mix.

It's to stop a hollow Tooth; 'twill oftentimes ease the most sharp Pains, and prevent their Return.

## Pessaries.

Take powdered Myrrh 2 Drams; black Helibore (or Savine Tops) Oil of Anniseed, of each half a Dram; (to which may be added, if need be, some Grains of Musk or Civet) with Yolk of Egg reduce it to the Form of an Unguent, with which anoint Pieces of Gentian Root, cut for the Purpose,

*Sylvius*

*Sylvius* useth a Radish Root only.

### Alesterial Pills.

Take powdered Virginia Snake Root 1 Dram and half; Camphire, Salt of Amber, each half a Dram; thin *Dioscordium* as much as needful; beat it up into a Mass, and make every Scruple into 4 Pills.

### Amber Pills.

Take *Ambergrise* 2 Grains; Musk, Salt of Hartsborn, each 1 Grain; Opium 3 Grains; Balsam of Peru as much as is sufficient; bring it into 3 Pills for 3 Doses; but be sure to beat it well, that the Opium may be well divided.

These are serviceable against a Singultus. But when this Symptom happens in continual and malignant Fevers, we must be very wary how we give Opium. See the *Musk fulep*.

Most Hysteric Women, and many Hypochondriac Men, cannot away with the Smell of Musk; for their Animal Spirits being of too fine and rare a Texture, are greatly agitated with such strong Odours; and so running into inordinate Motions, easily produce Spasms in the *Plexus Nervosi*, and internal Viscera. See *Solenander's Pills*.

### Antemetic Pills.

Take powdered Mint 2 Drams; Wormwood 2 Scruples; Balanstones 1 Scruple; Oil of Cinnamon

*namon 2 Drops; Diascordium (or Venice Treacle) 1 Dram; reduce into a Pilulary Mass with Syrup of Quinces.*

### **Pills Antipthitic.**

*Take Saturnine Sugar 1 Dram; Vitriol of Mars half a Dram; Dragons Blood in Drops, a Dram and half; Copeyba as much as sufficient for 4 Mass; out of which make 48 Pills, for 12 Doses.*

*See Antipthitic Tincture.*

### **Arthritic Pills.**

*Take powdered Ground Pine 6 Drams; Ems Veneris 2 Drams; make it up into Pills with Venice Turpentine for 16 Doses.*

They assist Nature in the Business of Chylification and Sanguification, brace up the relaxed Fibres to a due tonic Tension, break and subdue tumultuous, fermenting Salts, and turn them out by Urine.

Let the Patient swallow 4 Dose Mornings and Afternoons, and drink upon them the edulcorating Decoction, Decoction of Woods, or the Sacred, according as the Case and Constitution shall make most eligible.

### **Asihmatic Pills.**

*Take Gum Armoniac strained 1 Dram; Saffron, Salt of Harts-born, Salt of Amber, Flower of Benjamin, of each half a Dram; Oil of Rosemary 6 Drops; Balsamic Syrup as much as needful; make up 48 Pills.*

The

The Dose is 3 Pills 3 times a day.

### Astringent Pills.

Take true fine Bole, Dragons Blood in Tears, red Coral, Amber, Mastich, Astringent Crocus of Mars, each 1 Dram; Oil of Cinnamon, Nutmeg, each 6 Drops; make all into an Alcohol, and then with Turpentine, a Pilulary Mass, out of every Scruple of which form 3 Pills, and dust them with Powder of Dragons Blood.

They exsiccate, absorb, edulcorate, stop up, astringe, and roborate; they restrain a Diarrhea and Dysentery, stanch Spitting, Vomiting, and Pissing of Blood, Overflowing of the Menfes, Flooding in Child-birth, give ease in a Lumbago, when it proceeds from either great Loss of Blood, or Fluor Albus. Three may be given twice, or oftener, a day, till the Indication be satisfied.

### Balsamic Pills.

Take Millepedes prepared 3 Drams; Gum Ammoniac strained (with Spirit of Wine) 1 Dram and half; Flowers of Benjamin 1 Dram; Saffron, Balsam of Peru, each 15 Grains; Balsam of Sulphur, enough to embody it into a Mass fit for Pills.

These are excellent and most approv'd Pills in a chronic, scrophulous, consumptive Cough, where the Glands and Passages of the Lungs are stuffed up with Slime and Phlegm, and where

where we may conjecture that Tubercles are a growing.

Let 3 be taken thrice a day, together with an appropriate Decoction.

### Pills with Bees.

Take powdered Bees, Rhubarb, of each 2 Drams; Oil of Anniseed 6 Drops; Venice Turpentine, as much as expedient; make all up into Pills of a commodious Size.

To force away Urine and Sand, give a Scruple twice a day.

### Bennet Pills.

Take of the very finest Aloes half an Ounce; Senna 2 Drams; Asa Fetida, Galbanum, Myrrb, each 1 Dram; Vitriol of Mars 6 Drams; Saffron, Mace, each half a Dram; Oil of Amber 40 Drops; Syrup of Mugwort sufficient to beat it up with into a Mass of Pills, for 40 Doses.

They exalt and brisk up the depauperated, vapid, heavy Blood, attenuate and purge off muddy settling Humours, open and stimulate the Vessels and Fibres of the Uterus, when daub'd up with Slime, and unfitted for their Functions. They are properly Women's Physick, and a truly experimented, and scarce failing Remedy, for such Obstructions of the *Menses*, as (tho' they are inveterate) are yet curable: And have moreover this good Property, that Women mostly bear them well enough,

enough, notwithstanding they purge, because they repell Vapours and Hysteric Fitts.

Let one Scruple be given either every, or every other Night, for some Weeks, according to the Judgment of the Physician.

### Black Pills.

Take powder'd Elecampant, Orris, Anniseed, Sugar Candy, each 1 Dram; Liquid Pitch 2 Drams, or as much as is sufficient; make it into 36 Pills.

They attenuate, incide, warm, are admirable, and approved by good Experience, to bring off crude, tough Phlegm, sticking in the Throat and Chest; and to restore a tonic Vigour to the Lungs. But where there's a Defluxion of thin Rheum, or a Catarrhal Fever, they are not to be used. The Dose is 6 Evening and Morning.

### Cathebic Pills.

Take fine pick'd Ammoniacum in Drops, pure Aloes, each 6 Drams; Steel prepared with Sulphur 5 Drams; Oil of Cloves and Anniseed each 10 Drops; Spirit of Wine (or Elixir Proprietatis tartariz'd) sufficient to reduce it to a Mass.

These are taken out of the *Leuwaeerden* Dispensatory; and as the *Bennet* Pills are more especially appropriate to Women, so are these to Men, because they do not so directly respect Hysteric Vapours. But yet, <sup>being</sup>

being hotter than those, they more strongly exagitate and exalt the Blood, open Obstructions as well, recover the lost Tone of the Fibres, exonerate the Habit of the Body, and mend its *Crafsis*. They are to be given in the same Dose and Manner with the *Bennet Pills*.

I am not ignorant that the everlastingly famous *Sydenham* holds, Catharticks are to be forborne all the while Chalybeates are taken, because the Vertue of the Chalybeate is infringed by the Cathartic; and when the main thing aim'd at is, that the System of the Spirits be reintegrated, repair'd and confirm'd. All that is built by Steel in 8 Days Space, is ruin'd and slung down in 1 by a Purge, tho' never so mild an one. And it's no doubt at all to him, but that the giving now and then a Purge, during the Course of the Chalybeate Mineral Waters, renders them much the more ineffectual.

But on the contrary, I have very often observ'd Effects happy enough from Chalybeates and Catharticks join'd together: And all Practical Books and Bills on the Apothecaries Files (till perhaps of late) are full of it. To solve this Difficulty, I judge we ought to distinguish thus.

If when we give Steel, we have but this one Intention only, viz. to exalt the *Crafsis* of the depress'd Blood, and consequently corroborate the System of the Spirits, then I hold

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I hold with Sydenham, that we ought wholly to abstain from Catharticks.

But put Case, that together with the Exaltation of the Blood and Spirits, there are also Obstructions to be removed, and muddy Settlements to be carried off; then Catharticks, assisted with Chalybeates, operate best, and with united Forces, do their Business to purpose. And that this is right, we have the constant Practice of all our former Physicians to vote for it; and certain and undoubted Experience hath seldom fail'd to confirm it.

### **Campbore Pills.**

Take powder'd Liquorice, Sugar, Camphire, each 2 Scruples; with Venice Turpentine, make it up into Pills.

### **Carmenative Pills.**

Take Gum Ammoniacum strain'd 2 Scruples; Myrrh, Amber, Mastick, each 1 Scruple; Olibanum, Saffron, Castor, each half a Scruple; Salt of Mars (calcin'd to Whiteness) half a Dram; Oil of Nutmeg 8 Drops; Elixir Proprietatis as much as sufficient; make it into 40 Pills.

This is Sydenham's Prescript, and excellently compos'd to attenuate and scour off Phlegm, smearing and oppressing the Ventricle and Intestines, exciting Pain, Wind, and a thousand Mischiefs.

Things that discuss Wind are not at all different from such as incide Phlegm, saith Rive-

*Riverius*, and very rightly: For Wind is generated by the Conquassation of Phlegm, after the manner as we see Whites of Eggs beat up, and whisk'd, till it stand all in Froth and little Airy Bubbles. Those Things therefore that correct the Viscidity of Phlegm, slay the very Parent of Wind, and so prevent its Birth.

Let 5 Pills be given twice a day upon an empty Stomach.

### Pills with Castor.

Take *Castor* 2 Scruples; *Salt of Harts-horn*, *Salt of Amber*, of each 1 Scruple; *Balsam of Peru* 16 Drops; make all up into Pills with *Diafcoordinum*.

They are very friendly to Hysteric Women; and may be made chalybeate, by adding to every Dose 3 Grains of *Vitriol of Mars*.

### Catarrh Pills.

Take *Pil. Ruffi* 1 Scruple; *Storax Pills* 6 Grains; *Oil of Anniseed* 1 Drop; make it up into 5 Pills.

They hinder the Transudation of *Lympha*, attenuate acrid, vellicating *Serum*, blunt the Sense of Irritation, stop a Cough, procure Sleep, and the next day very gently carry off the Matter by Stool.

But in Catarrhs, all strong Catharticks are to be religiously avoided, forasmuch as they not

not only debilitate Nature, but also (by ac-  
cuating and exagitating the Blood) augment  
the Coſſiquation, and raiſe the Fever.

Let them be taken at Night, without any  
Obſervance the next day, and be repeated  
each, or each other Night.

### Catholic Pills.

*Take Pill Cochie the greater 1 Dram; Ru-  
dus's Extract 2 Scruples; Roſin of Jalap 1  
Scruple; Oil of Annifeed 2 Drops; with Bal-  
ſam of Peru, make all up into 20 Pills for 4  
Doſes.*

They purge well and briskly. Take 'em  
very early in the Morning in Bed, and ſleep  
an Hour after them.

### Cephalic Pills.

*Take Pill Fœtid 15 Grains; Roſin of Jalap,  
Caſtor, Salt of Amber, each 5 Grains; Oil of  
Amber 2 Drops; Spirit of Lavender compound  
as much as ſufficient to make all up into 5 Pills.*

There's a common Opinion, which takes  
with moſt, that Pills are more proper than  
Potions for Purging of the Head; and the  
Reason is given, becauſe they lying longer in  
the Stomach before they diſſolve, irritate  
longer, and conſequently draw Humours  
more forcibly from the Head and remote  
Parts.

These are of a middle Operation, neither  
weak nor ſtrong, and are extraordinarily a-  
greeable, B b

greable, where Persons, obnoxious to the Head-Ach, Paralytic, Soporose, Convulsive, or Hysteric Affections, have need of Purgings.

Swallow two at Bed-time; and the other three the next Morning, keeping within Doors that Day, but without any great Ob-servance.

### Chalybeate Pills.

Take Cloves half an Ounce; Mace, Cinna-mon, each 45 Grains; Virginia Snake-root, Steel prepar'd with Sulphur, each 2 Drams; Vitriol of Mars 1 Dram; Oil of Nutmeg 24 Drops; reduce all to a subtile Powder, and with Liquid Honey make it up into Pills of an usual size, for 24 Doses.

These are fit for cold Stomachs and Con-sistutions.

### Chalybeate Balsamic Pills.

Take Vitriol of Mars 1 Dram; Gum of Guai-acum, fine Aloes, of each 2 Drams; Scammony, Gum Ammoniac, of each half a Dram; Peruvian Balsam as much as requisite; make all into 60 Pills, 5 of which may be a Dose.

### Chalybeate Foetid Pills.

Take Vitriol of Mars half a Dram; Galba-num 1 Scruple; Asa fetida half a Scruple; Myrrh, Castor, of each 15 Grains; Powder'd Zedoary (Virginia Snake-root, or Peruvian Bark, according to the design of the Physician)

a Dram

a Dram and half; Extract of Gentian (or of Rue, or Venice Treacle) 2 Drams; Oil of Amber 4 Drops; Syrup of Piony as much as useful to make up a Mass; whereof form 60 Pills, for 12 Doses.

### 1. Purging Chalybeate Pills.

Take Ruffus, Pill 1 Scruple; Vitriol of Mars 5 Grains; make it up into 5 Pills with Balsam of Peru.

### 2. Purging Chalybeate Pills, by Dr. G.

Take Gum Armoniac (strain'd with Rhenish Wine) 2 Ounces; Vitriol of Mars (calcined to a little Redness) half an Ounce; Scammony sulphurated 10 Drams; Oil of Mint 12 Drops; Syrup of Buckthorn as much as sufficient to make all up into a Mass.

They are good in Hypochondriac Melancholy, Cachexy, and pernicious Obstructions.

The Dose is from 5 Grains to 1 Scruple; for when Catharticks are joined to Chalybeates, a small Dose is best.

### Chalybeate Volatile Pills.

Take Vitriol of Mars, Saffron, of each 2 Scruples; Myrrh 2 Drams; Salt of Hartshorn, Salt of Amber, of each 16 Grains; Peruvian Balsam 8 Drops; Oil of Nutmeg 4 Drops; Oil of Cinnamon, Cloves, Rosemary, and Origanum, of each 1 Drop; with Balsamic Syrup make up 80 Pills for 16 Doses.

B b 2

Cin.

## Cinnaber Pills.

Take Native Cinnaber reduced into an Alcohol, Humane Cranium, each 2 Drams; Castor, Salt of Amber, each 1 Dram; make all into an exquisite fine Powder; to which add Oil of Marjoram 12 Drops; Balsam of Peru 1 Dram; Syrup of Piony as much as sufficient; beat all up in a Mortar into a Pilular Mass.

It's against an Epilepsy and Convulsion Fitts, for 24 Doses.

This Prescript is in Compliance with the Custom of Practice; but for my own part, I declare I abominate it: For I take Man's Skull to be not only a meer dry Bone, void of Vertue, or any manner of Effect, but also a nasty, mortify'd, putrid, carrionish Piece of our own Species, Man: And to take it inwardly, seems such a horrible, execrable Fact, that even the *Antropophagi* would shiver at it: And therefore, in my Opinion, 'twould be decent, and almost pious, to carry them all out of the Shops, and *Ossa sepulchrali contumulare domo*.

## Cochineal Pills.

Take Cochineal 2 Drams; Saffron 1 Dram; with Honey bring it to a Mass for Pills.

They are Alexipharmac, and may be properly prescrib'd in malignant Fevers, especially such as are accompanied with a Symptomatic *Diarrhæa*.

**Colic Pills.**

*Take Pills è duobus half a Dram; Calomel half a Scruple; Oil of Amber 2 Drops; London Laudanum 2 Grains; Diacodium as much as useful to make 5 Pills.*

All Purging (and even Glysters) are found hurtful in a Hysteric Colick. But in a Bilious Colick, when a cruel Pain is fix'd in one Place, (especially the Ventricle and upper Intestines) and the Belly is absolutely shut up, and no Glyster may be injected, because of the Spasms drawing up the Intestines: Then these Pills come in as a seasonable Aid, for they first appease the Pain and dissolve the Spasm, and after, strongly stimulate and turn downwards the Peristaltic Motion, and exterminate the morbose Matter.

But if it chance (as it often doth) that they fail of their Business the first time, then use Garminative Fomentations, and repeat the Pills again, that the Operation may follow; for as soon as ever they make their way through the Intestines, (and not before) the Spasm, together with the Main of the Distemper, is broken, and goes off.

**Crato's Pills.**

*Take Cubebs, Nutmeg, Cloves, Mastick, Calamint, each 1 Dram; Ambergrise half a Dram; Musk 6 Grains; with Juice of Marjoram, make Pills.*

B b 3

T 9

To prevent an Apoplexy, give 1 Scruple Night and Morn every New and Full Moon.

### Diachalcitæus Pills.

Take roch Alum calcined 12 Grains; white Vitriol .8 Grains; with Venice Turpentine make up 12 Pills, for 6 Doses.

These are to put a Stop to Flooding, and too great Fluxes of the *Menses*, and must be given with Judgment, according as the present Case requireth: For general Rules are too large to fit particular Cases.

When we visit an Author, we are not obliged to put off our Senses, and leave them at his Door, and afterwards swallow all he treats us with, without Taste or Thought. *Schroder* is a very good Author; he presents us with what he calls *Clossæus* his Diuretic Pills, made of only white Vitriol and Turpentine. Now I suspect, neither *Closs* nor he ever experimented them, because they prescribe such a monstrous Dose as 2 Drams, and say they will not vomit. Nay, I am persuaded, they never so much as made them up, because their Expression is *non fit sine labore*; whereas the Mixing of them hath no Difficulty nor Labour in it.

Many like Instances might be found; but this seems sufficient to evince the Folly and Mischief of implicit Faith, and the Use and Necessity of Reasoning, wherever there is Room for it,

Wedelius

*Wedelius* hath something remarkable (*Aur. renit. lib. 2. Sect. 2. Cap. 16.*) I have known some who successfully used white Vitriol, giving at least 1 Grain a Day for many Days together; which being not enough to cause Vomiting, raised a gentle Sort of Salivation, by exciting a Nauseousness.

### Diaphoretic Pills.

*Take Virginia Snake-root 1 Dram and half, Saffron, Camphire, Salt of Amber, each half a Scruple; make all into a subtle Powder, of which with the thin Part of Diascordium, make up 30 Pills.*

Some have a great Aversion to Powders and Bolus's, especially if bitter, who yet can swallow Pills well enough; and these Pills are composed for the Use of such, and design'd against such Fevers as are suspected of Malignity: As for the Manner and Reason of their Operation, turn back to the Decoction called *Sacrum*.

Let 5 be given every 3, 4 or 6 Hours, as the Occasion requires, in a fit Vehicle.

### 1. Diuretic Pills.

*Take powder'd Bees 2 Drams; Salt Prunel 1 Dram; Salt of Amber, Mustard-seed, each half a Dram; Oil of Anniseed 12 Drops; Venice Turpentine sufficient to make all up into Pills for 12 Doses.*

B b 4

They

They liquify the *Compages* of the Blood, deterge the Glands and interior Recesses of the Body, stimulate the Reins, scour out *Mucus* and Sand, and powerfully provoke Urine.

Moreover, given at Night, they egregiously assist the *Tunbridge* Water Drinkers, whensoever the Waters (either by reason of pituitose Obstructions, or the Sluggishness of the propelling Fibres) remain in the Habit of the Body, and pass not off, as they ought to do.

But as to Water-drinking, young Practisers must observe, that there are two Cases in which such acrid Medicines as this are in no wise convenient.

*First*, When the Waters stagnate in the Habit of the Body, because of some Febrish *Intemperies* or acrid *Diatbesis* of the Blood; which, by troubling the Spirits, and irritating the Fibres, contract and crisp up the *Tubuli*, and shut up the little Passages. And in this Case, Bleeding, Laxatives, Refrigerants, Liniments and Demulcents, come in opportunely.

*Secondly*, When the Waters are stopt, not in the Habit of the Body, but in the Ventricle itself, and first Passages, and are felt as an oppressive Fulness and Weight; for then Diureticks are not indicated, but Aromatics, Carminatives, warm Stomachicks, and such Things as heat and comfort, and revive the Function

Function of Expulsion. This Reason persuades, and Experience teaches.

## 2. Diuretic Pills.

Take Egg-Shells calcin'd half a Dram; Camphire 1 Scruple; Cantharides half a Scruple; Venice Turpentine sufficient to form out of it 9 Pills.

Of the internal Use of Cantharides, see Dr. Groenvelt. Let 3 be swallow'd every 3 Hours.

## Pills of Dragons Blood.

Take fine Dragons Blood in Drops 2 Drams and half; Sugar of Saturn, crude rock Alum, of each 15 Grains; with Venice Turpentine beat up and make 48 Pills.

These are notably Styptic. The Dose 4.

## Dysenteric Pills.

Take true Bole powder'd 2 Drams; Oil of Peper 4 Drops; Galbanum strain'd, as much as will make it into a pilular Mass. I suppose there will be need of some Syrup to bring it to a Body.

A certain Outlandish Physician communicated this Prescript to me, and protested upon his Word, he had ample Experience of their Vertues when he was in the Army in Ireland. And it seems to me, that Bole may retund the Acrimony, and stop the Afflux of Humours: And then Galbanum, and Oil of Paper,

Paper, may appease the dolorick Corrugations of the Intestines. The Dose is one Scruple.

### Œsophagic Pills.

*Take Stomach Pills with Gum, Aloephagine Pills, powder'd Rhubarb, Gum of Guaiacum, Salt of Steel, each 4 Scruples; Salt of Wormwood, Extract of Gentian, each 2 Scruples; Elixir of Propriety as much as needs to make up a Mass for 16 Doses.*

They have the same Vertues with the Ecphraetic Mixture, and Cachectic Pills, which see. Let them be taken either every, or each other Night, for a Month together.

### Emmenagogue Pills.

*Take Venetian Borace, Myrrh, each 45 Grains; Birthwort-root, Saffron, each 15 Grains; Oil of Pennyroyal, Savine, Cloves, each 2 Drops; with Syrup of the 5 opening Roots make 18 Pills, for 6 Doses.*

The Title tells their Design. Let them be given (after the Bennet Pills have been used) about the Menstruous Time, when Nature is slothful, and wants Stimulation, twice a day.

### Expeditating Pills.

*Take Gum Ammoniac strain'd (or rather the fine Grains of it picked out) Millepedes, each 1 Dram and half; Castor, Flower of Benjamin, Salt*

Salt of Amber, each half a Dram; Camphire, Saffron, each 15 Grains; with Balsam of Sulphur beat it up into a Mass, and form three Pills out of every Scruple.

### Pills for Fainting.

Take Musk 6 Grains; Cinnamon, Nutmeg, each 1 Scruple; Cloves, Saffron, each half a Scruple; make it up for 3 Doses of Pills, with Confection of Alkermes.

They inspire the Spirits, that have their Station about the Stomach, with fresh Vigour; and an exulting Undulation thence arising, the whole System, that was sunk before, and fallen, becomes roused up and recruited.

### Febrifuge Pills.

Take powder'd Camomile-flowers 2 Drams and half; Diaphoretic Antimony 1 Dram; Salt of Wormwood half a Dram; with Mucilage of Gum Tragacanth, make up Pills for 12 Doses.

I have known these more than once (tho' not always I confess) put off an Intermitting Fever (without a Relapse) when I had before attempted it in vain, with the Cortex. Let them be taken every three Hours in the Absence of the Paroxysm.

### Pills for a Fluor.

Take Calomel 2 Drams; Saturnine Sugar 1 Dram; Camphire, Starch, of each half a Dram; with

with Balsam of Capive make 36 Pills, for 12 Doses.

Against a Gonorrhœa and Fluor Albus.

### Garlic Pills.

Take Juice of Garlic half an Ounce; Gum Ammoniac 1 Dram and half; Millepedes prepared 1 Dram; Saffron 1 Scruple; Flowers of Benjamin half a Scruple; Oil of Anniseed 4 Drops; Elecampane Powder, as much as serves to give it a Pilular Consistence; mix.

They most powerfully incide, attenuate, and expectorate.

### Gentian Pills.

Take powder'd Gentian 2 Drams; Salt of Wormwood 2 Scruples; Extract of Gentian 1 Dram; Syrup of dried Roses as much as needs; mix.

They are leveled against Intermitting Fevers, and Weakness of Stomach.

### Gilead Pills.

Take white Sugar Candy powder'd and sear'd 2 Drams; the cold Species of Gum Tragacanth 1 Dram; Balsam of Tolu 2 Scruples; Flower of Benjamin 1 Scruple; bring these to a fine Powder, and with Balm of Gilead beat it up into Pills for 12 Doses.

They are a commodious Prescript for such as are in danger of falling into a Consumption, are troubled with a chronical Pain of the

the Side, and an old dry Cough: For they correct the Acrimony of the owzing *Serum*, expedite Pulmonary Infractions, discuss crude Tubercles, establish the Tone of the *Fibrilla*, and heal up the Ruptures of the minute Vessels. They are to be given Night and Morn with a suitable Vehicle.

### *Guaiacum Pills.*

Take Gum of *Guaiacum*, Aloes, each 1 Dram and half; Balsam of Peru enough to make them up; mix.

The Manuscript, out of which I fetched them, will needs have it, that the Aloes in this Mixture loses all its Bitterness. I think it a fine Pill for cold Distempers of the Stomach, and I fancy it much for Prevention of the Gour. The Dose is half a Dram before Suppers.

### *Hæmoptois Pills.*

Take powder'd Harts-Tongue-leaves, as much as you please and make it up into Pills with Balm of Gilead.

The Physician that communicated these, assured me they were very effectual against Spitting of Blood, and sufficiently experimented. The Dose is one Scruple thrice a day.

### *Palosanthine Pills.*

Take *Sperma Ceti* 1 Dram; white Sugar-candy 2 Drams; grind these very well together in a Mortar;

*Mortar; and then with a warm Pestle beat all up into a Mass with Balsamic Syrup.*

These are serviceable for such as are bruised, and for Lying-in Women. The Dose may be half a Dram, or a Dram.

#### *Hydragogue pills.*

*Take Gamboge powdered 12 Grains; Oil of Juniper 2 Drops; Mitbridate as much as suffices, and make them up into Pills for one Dose.*

These Pills commonly begin their Operation on those that are not used to 'em with something of Qualms and sick Fitts, and two or three Vomits: But after a few Doses taken, they leave their Vomiting Quality, and purge only downwards; and they work so strongly and fast, that I have often wondered to see them bring off 12 or 15 great watery Stools, and the whole Operation, from the Time of taking, performed in two Hours Space.

Though the fashionable Opinion of late runs, that there is no such thing in Nature as Eleſive Purgation, and no Cathartic respects one Humour more than another, yet irrefragable Experience proves to the very Senses, that these Pills draw off especially and specifically watery Humours; yea, so watery, that sometimes the Stools are very little tinged. And therefore in an *Anasarca* (where the Bowels are found) one would bless himself to see how much Good they do, as also in OEdematous Swellings, and running Ulcers. They

They also very strangely put a Stop to those Sweats which are owing (not to the Crisis of a Fever, but) to a plenty of Serum, and Fusion of the Blood: And I know nothing else in all the *Materia Medica* that will do the like.

*Note*, They are proper Physick for Persons of a cold, moist Constitution, but are pernicious to those of a hot and dry Temperament.

Concerning the Manner of purging Dropsical People, see the *Purging Hydropic Potion*, hereafter described.

### Hysteric Pills.

Take Galbanum strained, Asa Fetida, each 1 Dram; Castor, Camphire, Salt of Amber, each half a Scruple; Oil of Amber 4 Drops; Balsam of Peru as much as needs, and so beat them up. *Note*, if the Galbanum be of a soft Consistence, there will be no need of the Balsam.

They seem to exert their Force, by driving the exorbitant and deserting Spirits into their proper Stations and Ranks, which is more largely explained under the Title of *Hysteric Fulep*.

If they chance to purge (which in some Bodies that are easily moved, they will do, because of the Gums) they must be forborne, for vaporous Persons cannot bear Purging.

Let one Scruple be exhibited for a Dose with the *Hysteric Pearl Fulep*.

N. B.

*N. B.* If two Scruples of Salt of Steel be added, they are called *Hysteric Chalybeate Pills*.

### *Japanic Pills.*

Take *Japanic Earth* powdered 2 *Drams*;  
*Oil of Cinnamon* 4 *Drops*; *Syrup of dried Roses* sufficient to make a *Mass of Pills*.

They notably corrugate and astringe, mend the Laxity of the Stomach, and Slipperiness of the Intestines, stop Vomiting, repress a *Diarrhea*, and stanch inward Bleedings, especially bloody Urine. *Laudanum* may be added, as the Case shall call for it. The Dose is one Scruple thrice a day.

### *Tætic Pills.*

Take *Cream of Tartar*, *Cochineal*, each half a *Dram*; *Venetian Soap* 2 *Drams*; beat these up into *Pills*. Or instead of *Cochineal* may be used *Barbadoes Indigo*.

I have experimented these, and recommend them for an excellent *Anticætic*. Let half a *Dram* be given thrice a day till the Disease be conquered, which will be in a short time, unless some almost invincible Tumour, or Obstruction in the Livor or Gall-Passages, hinder.

### *Pills of Crude Mercury.*

Take *crude Mercury*, cleansed well, 6 *Drams*;  
*Turbit* 2 *Drams* and half; *Aloes*, *Rhubarb*, *Coloquintida*, *Diagrydium*, *Agaric*, each 2 *Drams*;

*Drams; Hermodactyls, Myrrh, Mitbridate, each 1 Dram and half; Musk, Ambergrise, each 15 Grains; Leaves of Gold 12; Venice Turpentine 1 Ounce and half; make up a Mass of Pills, with Syrup of Lemons as much as sufficient, according to Art.*

Mercury *vive* for medical Use had need be purged, and separated from the Saturnine, Antimonial, Bismuthine, or Arsenical Concretions that adhere to it: And is done several Ways.

1. By working it well in your Hands with the Crumb of hot Bread, so will it deposite its Plumbage.

2. By squeezing and straining it through *Ghamois* Leather.

3. By washing it with Spirit of Wine.

4. By first rubbing it well in a Glass Mortar with Vinegar and Salt; then washing it with hot Water; and at last, clearing it off with Spirit of Wine.

5. By distilling it out of an earthen Retort, with an equal Weight of *Salt of Tartar*, and *Calx vive*; and repeating the Process three or four times.

6. But the very best way of all seems to be, by reviving it out of Cinnaber, Sublimate, Precipitate, or an *Amalgam*.

To prove whether Mercury be pure, hold a little of it in a Silver Spoon over a Chafing-dish of hot Coals, till it fly off in Smoke; if then it leave any kind of Substance that

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will

will not evaporate, or a black or dark Spot in the Spoon, it is adulterated; but if it leave nothing behind it but a white or yellowish Spot, you may believe it fine and good.

The Dose is from half a Scruple to two Scruples.

### Pills of Mercury Dulcis.

Take powdered Mercury Dulcis half a Scruple; Radins's Extract 15 Grains; Resin of Jalap 5 Grains; Oil of Cloves 1 Drop; Syrup of Roses enough to make 5 Pills.

Taken in the Morning, they work very well, and may be given wheresoever a Load of Phlegm burdens the Intestines; slimy Matter settles in the Habit of the Body; mu-riatic Salt causeth the Scurvy; acrid Juices make painful Ulcers; filthy Ichor blemishes the Skin; and where there are Worms.

I make a doubt whether it's proper to prescribe Salt of Tartar (or any Lixivial Salt) together with Mercury Dulcis; for seeing Sublimate (of which Dulcis is made) is Mercury coagulated with an Acid, if the Lixivial Salt break the Acid, perhaps the Compost may be dissolved, and the Mercury let loose thereby.

Ettmuller hath a remarkable Passage (in Ludovic. Tit. 4. Pag. 1077.) Mercury Dulcis is an admirable Thing to prevent the Small-Pox. He gives to a Child of 5 Years old Mercury Dulcis 5 Grains, Powder of Fa-

lap

*lap 1 Grain*, (which seems an inconsiderable Dose) *made up into a Bolus with Conserve of Roses*. I have often (saith he) admired the Effect of it for this Purpose; and from this Prospect have constantly ordered it in the Beginning of the Small-Pox as the very best of Laxatives, forasmuch as it is the genuine Corrector of that Disease.

### **Myrrh Pills.**

*Take Myrrh 1 Dram; Saffron 1 Scruple; Balsam of Peru half a Scruple; Yolk of Egg as much as sufficient to bring all into a Mass.*

They are Pectoral, Stomachic, Alexiterial, and Emmenagogue. The Dose is two Scruples.

### **Reputitic Pills.**

*Take Millepedes, Crude Salt Armoniac, Venetian Soap, each 2 Drams; Gum of Ivy 1 Dram and half; Saffron half a Dram; Oil of Juniper 16 Drops; make all up into Pills with Venice Turpentine.*

A certain Physician in great Vogue and Practice used very much, and set a great Value upon these Pills, to expell Urine, Mucus, Gravel and Sand. Hitherto may be referred what was above said of *Diuretic Pills*. Dose half a Dram.

### **Olibanum Pills.**

*Take Olibanum powdered and scarced, 4 Scruples; Salt of Harts-horn 1 Scruple; with Yolk of Egg, make a Mass.*

C c 2

These

These are commodiously, and to good Purpose prescribed for flatulent, flying, pinching Pains in the Side, and Stitches, with Difficulty of Breathing, no Fever or Inflammation present: As also in the Pleurisy itself, after due Bleeding. But the Trusting to Spasmodicks in a Pleurisy, to the Neglect of Bleeding, hath been (I fear) the Death of many a one. Let this be a Caution to the young Practitioner. The Dose is half a Dram three times a day, with the *Pleuritic Decoction*.

### **Pectoral Pills.**

Take powder'd Elecampane, Orris, Liquorice, each 1 Scruple; Saffron, Flower of Benjamin, each half a Scruple; white Sugar Candy 2 Scruples; make it up into a Mass with Balsam of Sulphur annisated.

They open, cleanse, and free the Chest and Lungs when stuffed up and clogg'd with heavy Phlegm; are extraordinary convenient in a wheezing Cough, with difficult short Breath, and Consumption itself, whilst yet in its first Stage, and before the Hectic Fever begins to burn. The Dose is half a Dram thrice a day.

### **Pleuritic Pills.**

Take Goats Blood prepared 1 Dram and half; Volatile Salt of Salt Armoniac (or of Hartshorn) Salt of Amber, Camphire, each half a Scruple; with Venice Turpentine make a Mass. They

They answer the same Intentions with the *Tar Pills*; (after described) moreover they seem useful for those that are bruised, for they dissolve coagulated Gore, and carry off by Urine. The Dose is 1 Scruple every four or six Hours.

### **Polychrest Pills.**

Take *Lucid. Aloes*, *Scammony prepared*, each 3 Drams; *Troches of Albandan* 2 Drams; *Mastic*, *Saffron*, each 45 Grains.

Let the *Aloes*, *Mastic*, and *Scammony*, be powdered severally, and brought into a Mass with Spirit of Wine, and then mix the other Powders with it.

It's borrowed from the *Leuwaerden Pharmacopœia*, purges strongly, and is to be given in the Morning from 15 to 25 Grains, or half a Dram.

### **Poteries's Pills.**

Take *Flower of Sulphur*, *Liquorice*, *white Sugar Candy*, each 1 Dram; *Balsam of Sulphur* enough to reduce it into a Mass.

They correct, edulcorate, temper, incrassate, and make fit to be spit forth, thin, sharp, hot Rheum; which falling upon the *Larynx*, or into the Lungs, tickles, and causes a troublesome Cough.

For Sulphur is called the Balsam of the Lungs; and nothing stops a Catarrh so much as Sulphur and Sulphurare Things. *Wallers* saith, upon the Use of Sulphur, the Spittle that

that is coughed up will be globous, as we see any moist Mass is converted into Rotundity by Heat.

*Sennertus* asserts, That Sulphurate Medicines are not convenient for Women with Child, for fear of Miscarriage. And *Etmuller* upon *Schroder* (p. 928.) saith Sulphur and Myrrh suffice (without any more) in a hard Labour, and expell a dead Birth, and Secundines. And for this Reason Women with Child had need be very cautious how they take Sulphur. But I cannot tell whether Fancy or Experience produced this Caution.

### Resinous Pills.

*Take common Resen, Sugar of Saturn, of each a Dram; Camphire, Balsam Capive, of each half a Dram; Oil of Turpentine 12 Drops; with Yolk of Egg make 48 Pills.*

These are good against Heat of Urine, white *Fluor*, and *Gonorrhoea*. The Dose from a Scruple to half a Dram.

Tho' Pills for a *Fluor*, and these Resinous, are said to be good in the same Maladies; yet are they very different in their Nature and Use, and prove safe and effectual only in the Hands of a skilful Physician. Such therefore as are not qualify'd to make a Judgment of Medicines, and their Powers; and also why, to whom, when, and how they are respectively applicable, according as particular Persons and Cases admit and require, should not

not be so presumptuous as to practise upon the Body of Man, from Herbals, Books of Prescript, and Vertues there set down.

### Rhubarb Pills.

Take good Rhubarb powdered 1 Dram; Gum of Guaiacum 2 Scruples; Salt of Amber 1 Scruple; Oil of Anniseed 6 Drops; with Venice Turpentine make up 30 Pills; of which give 5 at Bed-time.

### Saffron Pills.

Take Extract of Saffron 16 Grains; Flower of Benjamin 24 Grains; Spanish Juice of Liquorice 2 Scruples and half; Oil of Anniseed 2 Drops; make with Elixir of Propriety 12 Pills.

The Vertue of these is carried (by the Vehicle of the Blood) into the Lungs themselves; and there, partly by tempering the Acrimony of the *Lympha*, and hindring its Transudation, partly by attenuating gross, and removing stagnant Phlegm, and partly also by irritating the Membranes of the *Bronchia*, and invigorating their Tone, they potently succour the Lungs when stuffed up and oppressed.

Take a Pill 3 times a day, and sup up after it some appropriate Draught.

### Salt Gem Pills.

Take powdered Rue, long Pepper, Salt Gem, Camphire, each half a Dram; Oil of Cummin 4 Drops;  
Cc 4

Drops; Balsam of Peru 1 Dram; Diacodium sufficient to make it into Pills.

These are good in a Colick.

### Saline Pills.

Take Salt of Wormwood 2 Scruples; Oil of Anniseed, Cloves, and Amber, each 1 Drop; with Venice Turpentine make 8 Pills for 4 Doses.

They are against Vomiting, Wind, and Belching.

### Salt of Steel Pills, the greater.

Take Salt of Steel, Gum Ammoniac, each half a Dram; Zedoary, Extract of Gentian, each 2 Drams; with Syrup of the 5 Roots make a Mass, and out of it 60 Pills.

The Dose is six twice a day.

### Salt of Steel Pills, the less.

Take powdered Salt of Steel 2 Drams; Galbanum strained, as much as needful, and a little Syrup of the 5 Roots; all which beat up into Pills for 24 Doses.

I have sometimes brought Salt of Steel into Pills with only Honey. It may also be done with Mucilage of Gum Tragacanth; and then one single Pill may suffice for a Dose, and be not very ungrateful to the most nice, or nauseous Palate.

Pills

**Pills called Sanctæ.**

*Take Gum of Lignum Sanctum, Resin of the same Wood, of each a Dram and half; chymical Oil of the same Wood 1 Scruple; with Balsam of Peru make a Mass for Pills.*

They are a singular Balsamic, prevent and correct Putrefaction, cause Sweat, do very well in the first Stage of a Consumption, in Spurious Arthritic Affections, and in the Venereal Distemper. To some People they are a little Purging.

The Patient may take, at Bed-time, half a Dram, and drink after a Draught of the Sanctum Decoction.

**Saturnine Pills.**

*Take Sugar of Saturn, Camphire, of each 2 Drams; Calomel half an Ounce; with Venice Turpentine make 120 Pills.*

Against a Gonorrhœa, and white Fluor. The Dose 5. But let the Tools be never so good, none but an Artist will make good Work.

**Scammony Pills.**

*Take powdered Jalap Root, Scammony prepared, Calomel, each half a Scruple; Oil of Cayaway 1 Drop; Honey enough to make 5 Pills.*

They are almost of the same Vertues with Pills of Mercury Dulcis.

**Pills**

**Pills against Scrophulous.**

Take Sponge calcined 1 Dram; Cuttle Bone half a Dram; Sugar of Saturn 24 Grains; Camphire 6 Grains; with Venice Turpentine make 30 Pills.

The Dose is 5.

**Emegmatic Pills.**

Take Venetian Soap 2 Drams; Oil of Anniseed 8 Drops; beat them up together, and make 24 Pills.

They singularly cleanse the Passes of the Reins and Ureters, and are egregiously prevalent against a Dysfury and Jaundice.

The Dose is six; after which, let a Draught be taken of Tincture of 1 Dram of Saffron, made in White Wine 1 Pint.

**Solenander's Pills.**

Take Musk 8 Grains; Dragons Blood, white Sugar, each 1 Scruple; make all up with Balm of Gilead into Pills, for 4 Doses.

These are conducive for such as are troubled with Vomiting, Hiccough, Fainings; and sometimes, also, Mother Fitts.

The Smell of Musk and Civet makes Hypochondriac and Hysteric Persons swoon away; but when they are taken in Substance, they are so far from being injurious to them, that they most effectually stop and restrain Hysteric Fitts, saith Ettmuller.

Now,

Now, I conceive, they are most especially agreeable, not where the Spirits are furiously exploded, upon the Account of their Plenty and Turgescence, but where they fall into Confusion, and are put out of Array, because of their Want and Weakness: For Musk excites the Blood after a potent manner, and mightily refreshes the Spirits.

### 1. Splenetic Pills.

Take Spikenard 1 Dram; *Asa Fetida*, *Ens Veneris*, each half a Dram; Oil of Amber 8 Drops; with Balsam of Peru, reduce them into a Mass, and form 3 Pills out of every Scruple.

### 2. Splenetic Pills.

Take *Ens Veneris* 4 Scruples; Saffron, long Pepper, Virginia Snake-root, Spikenard, each 1 Scruple; Galbanum 4 Scruples; with Tincture of Myrrh, make 24 Pills.

These are much hotter than the former, and so are fitter for a cold lumpish Constitution.

### Stomach Pills.

Take powder'd Cinnamon, Mace, Nutmeg, each 1 Scruple; Cloves, long Pepper, Balanstones, each half a Scruple; Extract of Gentian 1 Dram and half; Elixir of Propriety, as much as will reduce them into a fit Mass, whereof roll up large Pills, that they may remain, and be the longer a dissolving in the Stomach.

They

They warm, comfort, and strengthen the Stomach, disperse Wind, restore lost Appetite, take away Loathing of Meat, assist Concoction, and stop Vomiting.

He that helps a weak Stomach with hot Things, must leave them off again as soon as ever he perceives the Urine grow high coloured, saith *Wallens*. But, I suppose, this is rather spoken of vinous Spirits, than Aromaticks and Bitters.

### Stomach Pills with Aconiac.

Take Gum Ammoniac strained, Aloes, each 1 Dram; Myrrh, Senna, Saffron, each half a Dram; Oxymel of Squills, as much as will bring it into a convenient Consistence.

There may be added, according to the Intention of the Prescriber, Salt of Steel, Oil of Juniper, Annise, Caraway, Wormwood, Mint, Cloves, &c.

The Dose a Scruple at Bed-time.

### Stomachic Pills Purgings.

Take *Ruffus's Pill* 1 Scruple; Resin of Jalap, Salt of Wormwood, each 5 Grains; Oil of Wormwood, Mint, each 1 Drop; with Elixir of Propriety tartariz'd, make 5 Pills.

They not only incide, scour off, and benignly purge out viscid Phlegm sticking to the Folds and Villæ of the Stomach, and occasioning a thousand Mischiefs, but also warm and roborate the Stomach into the Bargain.

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Let two be taken over Night, and the other three the next Morning.

### Septic Pills.

Take *Astringent Saffron of Mars* 2 Scruples;  
*Sugar of Lead, Camphire, each half a Scruple*;  
*Oil of Amber* 1 Drop; make up into Pills with  
*Venice Turpentine.*

These are against immoderate Flux of the  
*Menses, or Lochia.*

### Sulphur Pills.

Take *Powder of Liquorice* 2 Drams; *Mastic*  
 1 Dram; make up Pills with *Balsam of Sul-*  
*phur annisated.*

They are for Distempers of the Breast.

### Sylvius's Pills.

Take *Gum Ammoniac strained* 2 Scruples;  
*Vitriol of Mars (gently calcined to Whiteness)*  
 1 Scruple; *Myrrh, Castor, each* 15 Grains;  
*Saffron half a Scruple*; *Troches of Albandel* 1  
 Dram; *Resin of Jalap, Scammony prepared,*  
*each* 1 Scruple; *Oil of Fennel* 5 Drops; *Elixir*  
*of Propriety, as much as sufficient, to make*  
*the Mass into 50 Pills.*

They are mainly serviceable to cut viscid  
 Phlegm, discuss Wind occasioned thereby,  
 and kindly purge it off. I have used these  
 often, and esteem them much.

Let the Patient take three, or more, at Bed-  
 time. Or he may take five in the Morning,  
 or

or as many as shall be found agreeable to his Constitution, so as to evacuate vicious Humours gently and benignly.

### Tar Pills.

Take hard shining Wood Soot 1 Dram and half; Salt of Harts-horn half a Dram; Tar as much as you want to bring it into a fit Mass.

They melt down fizy Blood, discharge Obstructions caused thereby, restore the circular Course through the Part affected, refresh the sinking Spirits, and promote Expectoration. Therefore they are given in Pleurisy (after due Bleeding) with good Advantage, to 1 Scruple every fourth Hour.

### Cessaceous Pills.

Take Egg-shells newly calcined 1 Dram; Cream of Tartar, Salt Prunel, of each 18 Grains; Salt of Tartar, Salt of Amber, of each 12 Grains; Oil of Anniseed 3 Drops; with Venice Turpentine make Pills for 6 Doses.

They powerfully provoke Urine, and are good in Intermitting Fevers.

### Tolutane Pills.

Take Balsam of Tolu powdered 1 Dram; Gum of Guaiacum 2 Drams; Flower of Benjamin, Balsam of Peru, of each half a Dram; Oil of Juniper 8 Drops; with Yolk of Egg make up 60 Pills for 12 Doses.

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## Turmeric Pills.

Take powdered Turmeric Root 1 Dram; Saffron 18 Grains; Volatile Salt of Salt Armoniac, Salt of Amber, of each half a Dram; long Pepper 12 Grains; Venice Treacle a Dram and half; Oil of Rosemary 4 Drops; Spirit of Lavender compound, half a Dram; with Syrup of the 5 Roots beat up a Mass for Pills.

They are of use in an ill Habit of Body, jaundice, Obstruction of the Livor, and Spleen. The Dose from a Scruple to half a Dram, and may well be joined with a Chalybeate.

## Turpentine Pills.

Take Venice Turpentine (cocted in Plantain Water to a due Consistence) half an Ounce; Amber, Dragons Blood, Bole, each half a Dram; make Pills.

They are Styptic and Restraining.

## Volatile Pills.

Take Salt of Harts-horn, Salt of Amber, of each 1 Scruple; Crum of white Bread newly baked 2 Scruples; Oil of Lavender 4 Drops; with Balsamic Syrup make all up into 20 Pills for four Doses.

They extimulate the Spirits, open obstructed Nerves, and are serviceable in Soporose, Paralytic, and Hysterie Maladies.

Vola-

### Volatile Oleose Pills.

Take Oil of Rosemary, Lavender, Nutmeg, of each 10 Drops; of Cinnamon 2 Drops; Peruvian Balsam 16 Drops; Salt of Wormwood, Volatile Salt of Salt Armoniac, of each 16 Grains; Tolk of Egg 1 Dram; with powdered Gentian as much as suffices, make 5 Pills out of every Scruple, for 4 Dose.

These strengthen the Fibres of the Stomach, when Paralytically, or otherwise weak; incide viscidus Phlegm; deterge the Crusta Villofa; discuss Flatus; appease Vomiting; help Digestion; and are of excellent Advantage where the Head suffers, by Sympathy, from a cold infirm Stomach.

### The Womens Pills.

Take powdered Savine, Dittany of Crete, each 1 Dram; Myrrh, Galbanum, Gum Armoniac, Castor, each 2 Drams; make all into a Mass with Syrup of Mugwort.

These are forcible to bring the necessary Pains in Child-Birth, to expell the After-Birth when left behind, and increase the Cleanings. But let nothing be over-done: As soon as ever Matters answer, and the Intention is satisfi'd, you must hold your Hand, and give no more: And always remember this necessary Rule, never to give any Forcers, where the Child lieth not right for a Birth. The Dose is 1 Scruple, or half a Dram.

℞.

## Yellow Pills.

Take Resin of Jalap 1 Dram; Oil of Juniper 6 Drops; Saffron 8 Grains; Myrrh 12 Grains; with Yolk of Egg make up 16 Pills for 4 Doses.

## 1. Plaster against Abortion.

Take Plaster for Ruptures 1 Ounce; Cerate of Sanders, Countesses Unguent, each 3 Drams; Oil of Myrtle 3 Drams and half; Wax half an Ounce; to these (when melted) add the following Powder, viz. Dragons Blood, Mastick, Bole, Galls, Bistort Root, each half a Dram; Amber, red Coral, Nutmeg, each 2 Scruples; at last cast in Cyprus Turpentine, as much as needful to make it into an Emplastic Mass.

Let it be worn upon the Region of the Loins, to prevent Miscarriage.

My Opinion is, That Bole, Coral, Plaster of Paris, and the like, in Plaisters, do no Good, upon the Score of their being properly Astringents; for they touch nothing but the outward Part where they lie; and (having nothing of Volatile Streams) send no Medicinal Effluvia inward. But they make the Composition to be of a more Compact Body, and as 'twere better Mortar, to stick and cleave faster on: For Astringent Plaisters, (as I judge) do nothing at all but adhere strongly, and compress the *Cutis*; and like a Bandage, constrict the Fibres, and so give the Part,

D d

as

as 'twere, an artificial Tone, and new Strength; and all this, without heating, or discussing, or sitting uneasy on the Parts, as Bandages are apt to do.

## 2. Plaster against Abortion.

Take Plaster for Ruptures, (or Caesar's) Diapalma, each 1 Ounce; Cyprus Turpentine half an Ounce; make it into 2 Plasters, one for the Back, the other for the Belly.

## Aloetic Plaster.

Take powder'd Aloe, 2 Drams; chymical Oil of Wormwood 8 Drops; with Bullocks Gall reduce it to a right Emplastie Consistence, which when spread upon Leather lay to the Navel.

This is used against Worms.

## An Anodyne Plaster.

Take Red Lead Plaster 4 Ounces; Oil of Lillies half an Ounce; Venice Turpentine 2 Drams; Opium, Camphire, Sugar of Lead, each 2 Scruples; mix.

It refrigerates, and to a wonder appeases Pains and Tortures; yea sometimes (laid to the Back) even Nephritic Pains.

Although a little Opium taken inwardly can so affect the Spirits, as to stop their Activity, and thereby stupify Pain; yet I must confess, I have a secret Doubt with myself, whether outwardly applied, it be Anodyne: For

For it abounds with a fiery volatile Salt, and strong fetid Sulphur, is inflammable, bitter, acrid, and so very hot, that perhaps it's in the highest degree of Dicutients, and almost a Caustic. And so it seems but ill-suited for an Anodyne, whose Business is to cool the Fervour that Pain raised in the Part, to afford a benign Moisture to dilute and temper the Acrimony of irritating Salts, and supple and mollify the tense, distorted, and divulsed nervous *Fibrille*: So that the solid Parts returning to their due Laxity, Temper and Position, the Fluids may freely flow again through them, as Nature appointed.

#### An Apopleptic Plaster.

Take Galbanum, Opopanax, Pellitory of Spain, Mustard Seed, long Pepper, Castor, each 1 Dram and half; Venice Turpentine 3 Drams; or as much as sufficeth; adding Oil of Amber 1 Scruple; mix.

Shave the Head, and apply it all over in soporose Distempers, not occasioned by a Fever, and in a Palsy.

#### An Armoniac Plaster.

Take Volatile Salt of Salt Armoniac (just made Liquid with Water) 2 Drams; Venice Turpentine 6 Drams; mingle by degrees in a Mortar.

It's like the Volatile Plaster; and is good for Weakness of the nervous Fibres, and in Pains that lie deep.

## An Arthritic Plaster.

Take Gum Elemi, Colopbonia, Burgundy Pitch, each 2 Ounces; powder'd Red Lead, Mastich, Olibanum, Bole, each 2 Drams; Oil of Petre, Spike, Annise, each 1 Dram and half; mix.

It obtunds sharp gnawing Pains, attenuates thick obstructing Humours, and calls them out through the Pores: Also it gently relaxes spasmodic, dolorific Tensions of the *Fibrillæ*; and at the same time wonderfully comforts and corroborates the Nerves and Joints.

## A Plaster of Balaustines.

Take Galbanum strain'd a Dram and half; powder'd Mastich 3 Drams; Cyprus Turpentine half a Dram; hard Pitch 2 Scruples; work them together in a warm Mortar, adding expressed Oil of Mace 15 Grains; powder'd Balaustines 45 Grains; bring all to a Plaster artificially.

This elegant Salve mightily corroborates, and comforts the Head, Stomach, Abdomen, and Uterus.

## A Balsamic Plaster.

Take Diapalma 2 Ounces; Cyprus Turpentine, yellow Wax, each half an Ounce; melt these together, and add Oil of Nutmeg 16 Drops; powder'd Balsam of Tolu 1 Ounce; mix.

Lay

Lay it to the Back for Pain and Weakness, and *Fluor Albus*. If it cause a troublesome Itching, it must be pulled off for a few Days, till its volatile Parts are a little flown off, and then put on again.

### A Carminative Plaster.

Take fine Turpentine 1 Dram; Volatile Salt of Salt Armoniac 2 Scruples; Camphire 1 Scruple; Chymical Oil of Cummin 16 Drops; these when mixed together, are to be incorporated with the following.

Take Plaster of Cummin (or of Bay-berries) half an Ounce; common Resin 1 Dram; yellow Wax half a Dram; melt these together at the Fire; and when the Mass is growing cool and thickish, unite the abovesaid with it.

### A Cephalic Plaster.

Take Plaster of Betony half an Ounce; Caran-na, Tacamahacca, each 3 Drams; powdered Balsam of Tolu 2 Scruples; Balsam of Peru (or Capive) 1 Scruple; mix.

It warms and roborates the Head, is accounted good in a cold Head-Ach, Giddiness, Night-Mare, Epilepsy, Palsy, Deafness; and useth to be prescribed for Convulsive and Soporose Affections.

### A Dorsale Plaster.

Take Rupture Plaster, Diapalma, each as much as you please, and melt them together.

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It's

It's for Pain and Weakness of the Back, and *Fluor Albus*. Applications are made to the Loins in these Cases, not because the Kidneys are there situated, but because the Arteries that bring the Blood to the *Pudenda* issue out of the *Aorta* at this place: And also because of the relaxed Muscles and Ligaments of the same Part.

### An Epispastic Plaster.

*Take white Pitch 8 Ounces; Venice Turpentine, Cantharides finely powder'd and searced, each 2 Ounces and half; mix.*

Among the many Receipts every where about for Blistering Plaisters, I account this far the best; for it doth its Business in 10 or 12 Hours, and never fails: And then (for which I think it valuable) 'tis of so right a Consistence, and so adhesive a Nature, that (if an Artift have the managing of it) it brings off all the Skin with it clear at once.

Epispasticks are proper for such as are pitting with a cold Constitution, and abounding with *Serum*. They may be applied at the very first Attack of Fevers, by way of Prevention, to secure the Head from ill Symptoms: As also in its Augmentation, State, or Declension, by way of Cure, when the Spirits being struck with Sleepiness, Vertigo, grievous Head-Ach, Convulsions, and the like dolorous and dangerous Affections, require a particular Regard.

But

But in very hot Constitutions, where there is not much *Serum*, and the Blood is adust: Also in such Fevers as are accompanied with intolerable parching dry Heat, Restlessness, and Phrensy, Epispasticks seem not so agreeable. Neither are they allowable for Women great with Child, for such as have the Stone, or are apt to Sharpness of Urine.

Dr. Baynard (of *Cold Baths*, Part 2. Pag. 199.) saith, Intemperate and over Blistering hath destroyed many Men, (especially upon a *Crisis*) by altering the Juices, disturbing Secretions, mixing venomous *Effluvia* with the Blood, acuating the Pulse, bringing the Strangury; and they act so according to the Nature of the Devil, that he believes old *Belzebub*, that Prince of Flies, to be nothing else but a great *Cantharid*.

#### *Euphorbium Plaster.*

Take Burgundy Pitch 2 Drams; Venice Turpentine, *Asa Fetida*, of each a Dram; *Euphorbium*, Grains of Paradise, Camphire, of each half a Dram; Volatile Salt of Salt Armoniack 1 Scruple; Oil of Amber half a Scruple; make all up for Plaisters for the Soles of the Feet.

They promise Assistance in Fevers, that occasion Head-Ach and soporose Affections.

#### *Farinaceus Plaster.*

Take powder'd Frankincense 1 Ounce; the Yolks of 8 Eggs; Barley Meal as much as will bear to come to a just Consistence; mix.

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This

This for Weakness and Pain at Back, and is not over-heating.

### A sebastic Plaster.

Prick a Piece of white Leather all over with the sharp Point of a Knife; shew upon it powder'd Frankincense, melt it with a hot Spatula, and then over that spread Turpentine.

Let it be worn upon the Navel till it grow dry, and fall off of itself.

### A Plaster for the feet.

Take Cephalic Plaster 3 Drams; hard Pitch 2 Drams; powder'd Euphorbium 2 Scruples; Camphire and Oil of Amber, each 1 Scruple; mix.

It's useful and necessary in such Fevers as are accompanied with Head-Ach, Doziness, Watchings, Phrenzy, &c. forasmuch as the estuating Blood is then circulated unequally, and more impetuously thrown up into the Head, than the lower Parts: Concerning which, see *Lotion for the Feet*.

### A Frankincense Plaster.

Take Frankincense 2 Drams; Tacamahacca 1 Dram; Saffron powder'd half a Scruple; Venice Turpentine sufficient; mix.

'Tis a very slightly, neat Plaster, and is to be put on the Wrists in Fevers.

A Plaster

A Plaster with *Viera*.

Take *Aloes*, *Myrrh*, each 1 Dram; Species of *Hiera*, *Venice Treacle*, each half a Dram; Chemical Oil of *Wormwood* 4 Drops; Ox Gall 1 Scruple; Honey as much as sufficient.

Lay it to Children's Bellies against Worms.

An *Hydropic* Plaster.

Take the Soap Plaster 2 Ounces; Oil of Anniseed, Petroleum, each half a Dram; mix.

It attenuates, removes, and carries out, by *Diaphoresis*, the *Lympha*, which is collected and coagulated in the Habit of the Body: But as to the Water shed out into the Cavity of the *Abdomen*, it signifies nothing at all. Lay it all over the Belly.

An *Iaeric* Plaster.

Take powdered Saffron 2 Drams; make a Plaster of it with Honey, which spread upon a piece of Leather, and lay it so as to cover the Region of the *Livor* and Navel.

It was the Experiment of an eminent Physician, for small Children affected with the *Icterus*, who can take little.

An *Ischiatic* Plaster.

Take white Pitch 2 Ounces; Galbanum 1 Ounce; Sulphur vive 2 Drams; Amber 1 Dram; *Hermodactyls*, *Orris Root*, Cummin-seed,

*seed, Camomile-flowers, each half a Dram; make it up into a Mass with Petroleum.*

It attenuates gross, and sweetens saline, acrid Juices; it roborates the nervous Parts, and qualifies Arthritic Pains without Repulsion.

### A Lateral Plaster.

*Take Cummin Plaster 1 Ounce; Campfire 1 Scruple; Oil of Anniseed 16 Drops; mix.*

It penetrates, attenuates, discusses, and dissipates Flatulencies, eases Pains, and takes away Stitches.

### A Plaster for the Loins.

*Take Vigo's Plaster of red Lead 2 Ounces; Diapalma (prepared with Oil of Roses instead of Hog's Lard) 1 Ounce and half; Caranna (dissolved in Vinegar of Roses, and strained) half an Ounce; Bole, sealed Earth, Mastick, each 4 Scruples; Cyprus Turpentine 1 Ounce; mix.*

It hinders the Afflux of Humours, and repells; withall, it's friendly to the nervous Parts, comforting and corroborating them. And it eases Pains in the Back.

### A Plaster with Marjoram.

*Take white Pitch half an Ounce; powder'd Marjoram half a Dram; Euphorbium 5 Grains; mix.*

It's

It's to be laid behind the Ears, or in the Nape of the Neck, for a Catarrh, Tooth-Ach, and Head-Ach.

### **Stitch Plaster compound.**

Take *Mastic*, Gum *Juniper*, Nutmeg, Cloves, each 1. Scruple; Labdanum 6 Drams; work it with a hot Pestle and Mortar, with a sufficient Quantity of Oil of *Mastic*, into a Plaster.

Lay it all over the Top of the Head, to restore Heat and Tone to the *Pericranium*, when having suffered Prejudice by cold Air, or ill Humours, it is weak and relaxed: For it stops the Stream of the Rheumatic *Colluvies*, which hath its Fountain there; And so it's convenient in a Cephalalgia from a cold Cause, Deathtalgia, Tumour of the Temples, Inflammation of the *Uvula*, Asperity of the *Gula*, &c. See the *Cephalic Liniment*.

### **A Plaster with Mercury.**

Take Hemlock Plaster, with Gum *Ammoniac*, 3 Drams; strained *Galbanum*, Venice Turpentine, Crude Mercury, of each a Dram; Balsam of Sulphur half a Dram; mix up all according to Rules of Art.

It resolveth hard Tumours, and helpeth for internal Pains that lie deep.

**A Plaster.**

### A Nephritic Plaster.

Take powder'd Opium 2 Drams; Soft Soap 1 Ounce; Oil of Juniper half a Dram; mix, and lay it to the Region of the Reins.

Whether Opium externally used be Anodyne, or not, one may lawfully doubt, as before-said of Anodyne Plaster.

### A Ruchale Plaster.

Take white Pitch 2 Drams and half; Strained Galbanum, Venice Turpentine, of each half a Dram; Mustard Seed, black Pepper, Volatile Salt of Salt Armoniac (ground with Oil of Origanum 2 Drops) of each half a Scruple; mix.

It hath the Vertues of the Marjoram Plaster, yet with some Variety, which one that can look into the Inside of Medicines may easily perceive.

### A Pectoral Plaster.

Take Tacamahacca strained half an Ounce; Venice Turpentine 2 Drams; melt together, and add powder'd Benjamin, Storax Calamite, each 1 Dram; Saffron half a Scruple; Oil of Anniseed 8 Drops; Oil of Nutmeg, Cloves, each 4 Drops; mix artificially.

It warms, attenuates, discusses, roborates, comforts the Thoracic Muscles, when clogged up and hindered in their Motion by a tough, cold, Phlegmatic, or Lymphatic Colluvies; and is then especially of use, when the Violence

lence of Coughing hath made the Breast sore and tender, and painful.

### A Plaster with Pellitory.

Take Galbanum colated, Sagapenum, Ammoniacum (dissolved in white Wine, and strained) each 1 Ounce; powder'd Pellitory of Spain, Mustard Seed, each half an Ounce; Wax 1 Ounce and half; Venice Turpentine a sufficient Quantity; mix.

It warms, deobstruets, and roborates the nervous Parts, stimulates the sluggish Animal Spirits, and puts them into Motion. It's great use is, for Paralytic Members. It's a Sinapism, or Phænigm, which the Ancients used much, and might be serviceable yet, if actionally applied.

### A Pleuritic Plaster.

Take Stictic of Paracelsus, Soap Plaster, each 1 Ounce; Poplar Ointment 1 Ounce and half; melt them over a gentle Fire, continually stirring with a Spatula; then take off, and when it begins to grow coldish, add Camphire in Powder 3 Drams; and make it up into a Soft Plaster.

The Communicator saith, it's very Anodyne, appeases Pleuritic and Podagric Pains, dissipates Inflammatory Tumours, and the Quinsy, without any danger of Repercussion.

### A Quinsy Plaster.

Take Diachylon simple 3 Drams; Chymical Oil of Wormwood 18 Drops; mix.

Lay

Lay it to the Throat, from Ear to Ear, but trust to no inward nor outward Remedies, without good Bleeding.

### A Roborating Plaster.

Take Magistral Stomach Plaster 3 Drams; Oxycroceum (rightly made up, with its due of Saffron) 2 Drams; Gum Catanna, Tacamahacca, of each a Dram; powder'd Balsam of Tolu 2 Scruples; Balsam of Peru 1 Scruple; Oil of Cinnamon, Cloves, Nutmeg, of each 2 Drops; Oil of Mint, Wormwood, of each 1 Drop; mix all with Art.

You'll scarce find out so noble a Plaster as this to comfort the Stomach, or any cold weak Part. Its only Fault is, 'tis something costly.

### A Spinale Plaster.

Take Diapalma half an Ounce; Oxycroceum 2 Drams; Oil of Amber 12 Drops; mix.

'Tis excellent in Pain and Weakness of the Back, where 'tis not too hot, and in Obstructions of the Spinale Marrow. Let it be laid to the Back Bone of Rickety Children, all along, from the Nape to the Os Sacrum.

### 1. Splenetic Plaster.

Take Plaster of Cummin, Melilot compound, Gum Tacamahacca, each 2 Drams; Plaster of Hemlock, with Ammoniac, Balsam of Peru, each 1 Dram; mix.

It

It returns into the Channel of Circulation, at a bilious Feculencies collected, and stagnating in the *Hypochondria*: And also quiets and composes the Corrugations, Tensions, and spasmodic Affections of the Fibres.

## 2. Splenetic Plaster.

Take Plaster of Cummin 3 Drams; Oxycocum. Tacamahacca strain'd, each 1 Dram and half; Oil of Sassafras 3 Drops; mix.

## 1. Stomach Plaster compound.

Take Magistral Stomach Plaster half an Ounce; Tacamahacca colated 2 Drams; melt, and then add powdered Balsam of Tolu 1 Dram; Dragons Blood, Balsam of Pern, each half a Dram; Oil of Nutmeg, Cloves, each 2 Drops; Oil of Anniseed 1 Drop; mix.

It warms and helps Concoction, represses Queasiness and Vomiting, frees the Stomach of Crudity and Flatulency, and remedyeth its Laxity, Imbecillity and Distension.

## 2. Stomach Plaster compound.

Take Tacamahacca colated, 7 Drams; powdered Mint, Balauftines, each half a Dram; Oil of Cloves, Nutmeg, Annise, Amber, each 2 Drops; mix.

The Left Orifice of the Ventricle is tied to the Diaphragm, about the 11th Vertebra of the Thorax, and inclineth toward the hinder Parts. Hence Doctor *Higmore* argues, that in

in Debility of Stomach, it's of most Advantage to lay the Stomach Plaster to the Back; which Thing also *Riverius (de Appetitu Canino)* noteth: And *Bartholine*, in his *Anatomy de Ventriculo*, pag. 68.

### A Plaster for the Temples.

Take *Caranna* 1 Dram; Spread it upon a fitting piece of Leather, and put in the middle of it *Opium* 2 Grains; Oil of Amber 4 Drops.

It's an Anodyne; applied to the Temples, it hath Power against Restlessness and Head-Ach: Behind the Ears, it takes away Pain of the Teeth.

Two Twigs of the external Carotid Artery running under the Ear, and entring into the inferior *Maxilla*, are disseminated thro' all its length into the Roots of every Tooth, to carry Blood for their Nourishment. In these Vessels, acrid Humours (together with the Blood) pass to the Teeth, and gnaw and vellicate the exquisitely sensible Membrane, that coats their interiour *Medulla*, and are the Cause of the intolerable shooting, twingeing Pain. And from this Origine of the Arteries that run to the Teeth, it is, that Remedies behind the Ears are found more successful in the Tooth-Ach, than at the Temples, saith the same *Highmore*.

### The Chapour Plaster.

Take Strained Galbanum 3 Drams; *Asa Fætida*, yellow Wax, of each 2 Drams; Camphire

phire (malaxed with Oil of Amber & Drops) half a Dram; Castor, Salt of Harts-horn, of each 15 Grains; make all up duly into an Emplastic Mass.

### A Volatile Plaister.

Take fine Venice Turpentine 1 Ounce; work it with a Pestle in a Mortar, pouring in by little and little, Spirit of Salt Armoniac, till it hath taken up its own Weight of it; labour it very well, till it unite into a white Emplastic Body.

### A Volatile Foetid Plaister.

Take strained Galbanum half an Ounce; Asa Fetida, yellow Wax, of each a Dram; melt them all together at the Fire; then take off, and when the Mass beginneth to cool, and stand, add to it the following, &c.

Take Venice Turpentine 1 Dram; Salt of Harts-horn 2 Scruples; Camphire 1 Scruple; Oil of Amber half a Dram; mix.

### A White Plaister.

Take Rapture Plaister, Diachalcit Plaister, of each 3 Drams; White Ointment camphorated 4 Scruples; Sugar of Lead 2 Scruples; mix. Opium may be added where the Physician seeth needful.

Lay it to the Back, to allay Heat, and ease Pain.

### Posset with Tamarinds.

Take Tamarinds 2 Ounces; put to them (in a Marble Mortar) a little Milk; work it about

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*with a Pestle, till the Tamarinds are dissolved; then pour it into boiling Milk 1 Quart; and strain the Whey from the Curd, through a Sieve.*

This is a little more acid than the following of Wood-Sorrel, and therefore quenches Thirst more; but because it should be taken in less Quantity, it does not so effectually dilute the Blood. That of *Lujula* is best when a *Diarrhœa* is feared, and this when the Belly is too much bound. You may give to half a Pint 3 or 4 times a day.

### **a Posset with Wood-Sorrel.**

*Take new Milk 1 Quart; good fresh Small Beer 1 Pint; White-Wine half a Pint; make Posset, boiling in it Wood-Sorrel 2 Handfuls.*

In burning Fevers, it doth not only dilute and temper bilious acrid Humours miserably burning in the Stomach, exciting intolerable Thirst and bitter Anguish; but also refrigerates the fervent Blood, represses its Ebullition, liquifies its gross Contexture, and exterminates its adust Recrements by Urine.

Let it be drank plentifully at pleasure.

### **An Ammoniac Potion.**

*Take pure Gum Ammoniac 2 Scruples; dissolve it in Hyssop Water 2 Ounces and half; to the strained add Lentive Electuary half an Ounce; Syrup of Roses solutive 1 Ounce; Salt Prunel 2 Scruples; mix.*

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## A Colic potion.

Take Waters of Mint, 1 Ounce; Dr. Stephens, Cinnamon, of each half an Ounce; Syrup of Meconium, from 6 Drams to an Ounce and half; half the Tolk of an Egg; Oil of Juniper 10 Drops; Salt of Wormwood 2 Grains; when all are well mixed, drop into them Spirit of Lavender compound, and Spirit of Salt Armoniac, of each 10 Drops.

## A Lentive potion.

Take Cream of Tartar powdered 2 Scruples; first dissolve it over the Fire in Elder-Flower Water 4 Ounces; then dissolve Manna 1 Ounce and half in the same; and strain, and add Syrup of Roses solutive half an Ounce; for one Dose.

It's a pleasant-tasted, and very gentle Medicine to loosen the Belly, and empty it a little.

## A Purging hydropic Potion.

Take Powdered Jalap Root half a Dram; Ginger 2 Grains; Salt of Tartar 12 Grains; White-Wine 3 Ounces; Syrup of Roses solutive 1 Ounce; Domestick Syrup half an Ounce; mix.

As to the Method of Purging Dropical Persons, our famous Sydenham would, First, That such Catharticks only be used, as work smartly, and apace. Secondly, That they

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be given daily, unless it be found reasonable to omit now and then a Day or two, when the Patient is too weak to go through with it, or when the preceding Purge worked almost too much. Thirdly, That Purging be continued on in a Course, without ceasing, (except upon some urging Necessity) until all the whole Mass of Water be drained off.

I know not whether that of *Ettmuller* will be thought of Use, where he saith, It's best Purging those that have the Dropsy in the Decrease of the Moon: For in the Increase, the Disease increases also; on the contrary, in the Decrease, it decreases. And Purging will do most Good when we have Nature helping us.

#### A Purging Pepsitic Potion.

Take *Mallows* 1 Handful; *Senna* 2 Drams; Salt of Tartar 1 Scruple; Boil in Water half a Pint to 3 Ounces; strain, and dissolve in the Liquor, Manna 1 Ounce and half; Oil of Sweet Almonds half an Ounce; Oil of Juniper 10 Drops; mix.

#### A Purging Resinous Potion.

Take Resin of Jalap 12 Grains; Oil of Aniseed 1 Drop; having mixed these well with the Yolk of an Egg, add Syrup of Roses solutive 6 Drams; White-Wine 2 Ounces; mix. It may be farther enforced with Gamboge, if needful.

#### A Rhubarb Potion.

Take powdered Rhubarb 1 Scruple (or half a Dram;) Mint and Cinnamon Water, each 1 Ounce

*Ounce and half; Oil of Nutmeg 2 Drops; Syrup of dried Roses 6 Drams; mix.*

It happily cures a Flux of the Belly, by recreating the weak Intestines, moderately correcting their Slipperiness, and gently drawing down and carrying forth the acrid material Cause.

### The Potion called *Sanda*.

*Take powdered Gum of Guaiacum 1 Dram and half; dissolve, and subigate it with the Yolk of an Egg; add Cinnamon Water half an Ounce; Funitory Water 1 Ounce and half; Syrup of Roses Solutive half an Ounce; mix.*

After the same manner may Potions be prepared of any Sort of Resins.

This is said to be a prevailing Specifick against Gouty, and flying vagous Pains. It purgeth pretty strongly and roughly, mostly by Stool, tho' sometimes by Vomit.

### The Ulnery Potion of *Arctæus*.

*Take powdered Rhubarb half a Dram; Madder, Mummy, each 1 Scruple; sealed Earth half a Scruple; Juice of Pomegranate, Waters of Scabius and Bugloss, each 1 Ounce; mix.*

### The *Clartwick* Potion.

*Take Scammony sulphurated, Diaphoretic Antimony, Cream of Tartar, each half a Scruple; Succory Water 3 Ounces; Cinnamon Water 2 Drams; Syrup of Roses Solutive 1 Ounce; mix up a white Draught.*

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Diapho-

Diaphoretic Antimony, (as saith *Zwelfer*) if exposed to the Air, puts on in tract of Time a most scurvy and malignant Nature; and being taken into the Body, produces Anguish, Heart-burning, Swooning, Vomiting, and the like bad Symptoms; all which may yet be easily avoided, either by making it fresh every two or three Months, or by calcining the old, either *per se*, or with the Addition of Nitre; and then (if Nitre be used) washing it and reverberating it a little.

It's a certain Thing, (saith *Hofman*) That Antimony Diaphoretic, join'd to Purgers, adds to their Purgative Vertue, and prevents Gripping. Thus, if you take Jalap-root half a Scruple, and throw into it 3 or 4 Grains of Diaphoretic Antimony, its Energy will equal a Dose of 1 Scruple of Jalap.

Some have been fearful of using Diaphoretic Antimony at all, by reason of its uncertain Operation. *Riedlin* reports, That he gave it a Woman, and it caused above 20 Stools: And he gave the very self-same Preparation to a Man, and it provoked Sweat, and not one Stool. He quotes *Welschius* for it, and tells us, *Cornachines* Powder was forbid at *Rome*, upon Pain of being condemned to the Gallies.

This Portion differs little from the *Warwick* Powder. Among other its Vertues, it's a seldom-failing Remedy for Vernal Tertians, if given so as to begin Work just before the  
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Invasion of the Pitt: Sometimes 'twill give a Vomit or two, when the Stomach is weak or foul.

### The White Potion.

Take Venice Turpentine 3 Drams (or half an Ounce;) Oil of Nutmeg 2 Drops; Subigate these with the Yolk of an Egg; then add Syrup of Marsh Mallows 1 Ounce; White Wine 3 Ounces; and strain it. Syrup of Violets may be added instead of that of Marsh Mallows.

### Powder against Abortion.

Take Kermes Berries 1 Dram; red Sanders, Tormentile Root, each half a Dram; Cloves, Pearl, red Coral, each 1 Scruple; pearled Manns Christi 3 Drams; Leaves of Gold 3; make all into a Powder.

### Acid Powder.

Take vitriolated Tartar 2 Drams; Cream of Tartar half an Ounce; Oil of Cloves 6 Drops; Sugar of Roses 3 Drams; make of all a Powder, to be divided into 6 Doses.

Several such Forms of Powders as this are to be met with in a certain modern Author, who seems to imagine, that most Diseases are occasioned by an Alcalifate Salt, and consequently must be cured by an Acid. As many have been of the direct contrary Opinion, ever blaming Acids, and advising Alcalies. Now, as to myself, I believe these opposite

Theorists are both wrong; for Nature's Operations are, if not infinite, yet indefinite; and therefore its Principles may be so too. And I have always thought, that our scanty Way of limiting all Things to Alcalý and Acid, and the four Aristotelian, the five Chymical, or any other positive System of Elements, hath been one main Obstacle to the Progress of Natural Philosophy; which (if it must be owned) hath hitherto produced but little Satisfaction as to the true Causes of Things, and few Inventions for the real Use of Man.

### Alexipharmac Powder.

*Take Goa-Stone, Contrayerva Stone, Gascoign Powder, Virginia Snake Root, each 5 Grains; make a Powder.*

It's a Champion against malignant and pestilential Fevers; for it encourageth the Spirits, and drives out the Enemy by Sweat.

And here I would not have this most noble Antidote thought the worse of, because it's jumbled up of such a vast Number of Ingredients: For the Vertue of an Alexipharmac, or Counter-Poison, doth not consist in this alone, That by reason of a certain occult Quality, it opposes Poison (as they phrase it) *totâ substantiâ*; but especially, because it stirs up a fresh Ferment in the Body; by means of which, the sinking and almost dying Spirits being rouz'd up again, and the Blood recovering

vering its due Mixture, and being brought off from Coagulation and Putrefaction, Nature makes a brisk Effort, and expells the dete-  
 lerious Matter. Now, to produce such a Fermentation, there are necessarily required Heterogeneous Particles, that cannot be intimately mix'd with, or subigated by the Blood. And the greater Number of Ingredients there are, so much the greater likewise will be the Heterogeneity, and consequently the Fermentation. Thus we see, the great Alexipharmacs (such as Venice Treacle) are a huge Hodge-podge of Things wonderfully unlike each other; which, because Experience hath establish'd for standing Medicines, somebody hath this Expression, *That a wise Man will make use of that which none but a Fool could have invented.*

#### Amber Powder.

*Take Species Diambre, Powder of Crabs Claws compound, each 1 Dram; Oil of Cinnamon 1 Drop; mix for 6 Doses.*

It's good against Trembling of the Heart and Syncope.

#### Powder of Angelica compound.

*Take Spanish Angelica Root 5 Grains; Japanic Earth 15 Grains; Species of Hyacinth half a Scruple; Oil of Cinnamon 1 Drop; make all into Powder.*

It recreates the Spirits that want Support, drives morbid Matter outwards, comforts  
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the Intestines, and notably represes a symptomatic *Diarrhœa*, breaking out in the Small Pox or malignant Fevers.

### Powder of Annise compound.

Take Seeds of Annise, sweet Fennel, of each a Dram; Cinnamon, Nutmeg, Cloves, Saffron, of each half a Dram; make all into a Powder, for 4 or 6 Doses.

### Anthelmintic Powder.

Take Coralline prepared 1 Dram; Mineral *Æthiops* (made without Fire) half a Dram; Oil of Wormwood 1 Drop; make it into Powder.

I thought the Preparation of *Æthiops Mineralis* without Fire had been an Invention of this Age; but I find it in *Rondeletius* (*de Unguentis* 1037.) where he saith, *Argentum vivum extingui potest, vel Sulphure, vel Aceto, vel Calcinatione.*

*Rochas* saith, Wormseed is so far from destroying, that it generates Worms; and attempteth to prove it thus. Take 1 Part of Seed powdered, and 3 of fine Flour; make it into a Loaf; keep it in a warm Place, and 'twill produce Plenty of Worms in 24 Hours.

But *N. Andry* (who writes a Tract of Worms) assureth us, he made the Experiment several Times without Success: And it's certain, that any Plants laid up in Heaps, and putrified, will generate Insects, tho' not such as humane Worms.

*Taber-*

*Tabernmontanus* gives an Account of the Frauds and Impostures of Vagabond Mountebanks, who attributing most Distempers to Worms (when the Sick hath more at all) that they may seem to make their Words good, give *Powdered Worms*, and those generate other Worms in the Intestines, which they carry off afterwards by Medicines that expell Worms. But I must intreat Leave to dissent from this Author, because the Worms must be dried well at the Fire before they can be powdered; and I can as much expect to hatch Chicken out of roasted Eggs, as Worms out of torrifed Worms.

Let the Use of all this be, that the Reader believe not every thing lightly that he findeth in Books.

Let 15 Grains be given to an Infant Morn and Even, for 3 Days before New and Full Moon, to disturb the Worms, and drive them out of their Nests, and kill them: And then after it, the next following to cast both them and their Seed quite out of the Body.

### *Anthelminthic Purging Powder.*

*Take Scammony prepared 6 Grains; Rhubarb 4 Grains; Calomel half a Scruple; make a Powder for a Child 6 or 8 Years Old.*

*Sylvius* powders 2 Dose of Scammony; puts Water to it, dissolves what will dissolve, and then pours it off, leaving a blackish Matter at the bottom. He saith, he knows no Purging

Purging Medicine to be prefer'd before it, when thus prepared; for it works effectually without Gripes or Trouble, and is so safe, that he has abundance of Times given it to Lying-in Women and Children with mighty Success: And he could not but laugh at the Fears of our Theoretic Writers, that are perpetually crying out against the Use of *Scamoneats*; and yet those most common Medicines, *Diaprunum Solutivum*, and *Electuary of Juice of Roses*, owe their principal Vertue to Scammony.

### Arabic Powder.

*Take Gum Arabic, white Sugar Candy, each half an Ounce; Oil of sweet Almonds 16 Drops; make a Powder for 8 Doses.*

For its Vertues, consult Decoction of Malloes, and Arabic Emulsion.

### Aromatic Powder.

*Take Cinnamon, Mace, Nutmeg, Cloves, Ginger, each 8 Grains; Seeds of Annise, Caraway, Coriander, sweet Fennel, Bay Berries, each 16 Grains; Loaf Sugar 2 Drams; make all into a Powder for 8 Doses.*

Its Vertues are much like those of the Peppic Powder, which see.

### Arthritic Powder.

*Take Ground Pine, Southern Wood, each half a Scruple; Gum of Guaiacum, white Sugar, each*

each 1 Scruple; Oil of Sassafras 1 Drop;  
mix for a single Dose.

Let it be given Mornings and Afternoons  
with the Decoction call'd *Sanctum*, if the  
Patient be of a cool Constitution; or with  
Decoction of *Sarsa*, if of a hot; and let it  
be continu'd for the whole Months of *March*  
and *September*, to prevent the Gout.

### An Astringent Powder.

Take *Balaustines* half a Scruple; *Cinnamon*,  
*Nutmeg*, each 4 Grains; *Cochineal* 2 Grains;  
*Sugar of Roses* 1 Scruple; make it into Powder  
for 1 Dose.

It's to stop a *Diarrhea*, concerning which  
see the *Astringent Fulep*.

### Balsamic Powder.

Take *Balsam of Tolu* half a Scruple; *Benja-*  
*min*, *Myrrh*, each 5 Grains; *Balsam of Peru*  
1 Drop; white Sugar Candy 1 Scruple; mix.

It's profitable for such as are in danger of  
a Consumption, who have crude, putredi-  
nous Matter impacted in their Lungs, with  
fetid Breath, *Orthopnea*, dry Cough, Pain  
in the Breast or Side shooting to the Back,  
Leanness, Languishing and Weakness.

It's to be drank every Morning and After-  
noon in a Draught of Asses Milk.

**Bezgartic Powder.**

Take Powder of Crabs Claws compound, Goa and Contrayerva Stone, Oriental Bezoar, each 5 Grains; half a Leaf of Gold; mix.

**Powder for a Bruise.**

Take Irish Slate, Mummy, each 12 Grains; Salt of Amber, Salt of Harts-horn, each 3 Grains; mix.

Zwelfer abhors the common Mummy that we have brought over now-a-days, which he saith is black cadaverous Flesh wrapp'd up in foul Rags, and is most usually such as died of some noisome Disease; and is nothing less than the true Aromatic Mummy of the Egyptians: And so far from being fit to be taken into our Bodies as a Medicine, that it's for the most part an unwholesome and very prejudicial Thing.

See the *Traumatic Decoction*, and *Mixture of Sperma Ceti*, to which its Vertues are a-kin; only it raises the Spirits more, and helps for Fainting, by reason of its volatile Sales.

**Capillary Powder.**

Take Roots of Orris 1 Ounce; Male Piony half an Ounce; Spanish Angelica 2 Drams; yellow Sanders, Nutmeg, Mace, Cloves, each half a Dram; Liquid Storax, Balsam of Peru, each 4 Grains; Oil of Rosemary, Lavender, each 2 Drops; make all into a Powder.

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It hath a very pleasant Scent, and emulates the Vertues of the *Cucupba*, which see. But as to a Catarrh, see the *Cephalic Liniment*.

Dust it into the Hair every Night, and kemb it out again 24 Hours after.

### Cardialgic Powder.

Take soft white Chalk (*washed in Rose Water*) half an Ounce; Crabs Eyes, Lignorice, white Sugar, each 4 Scruples; Oil of Nutmeg, Cloves, each 2 Drops; make it up for 8 Doses.

### Carminative Powder.

Take Seeds of Annise and sweet Fennel, each 26 Grains; Nutmeg, Cinnamon, each 18 Grains; long Pepper, Cloves, each 6 Grains; Mastick 1 Scruple; mix for 6 Doses.

It serves for the same Uses with the Peptic Powder, but is something hotter.

### Common Cathartic Powder.

Take Resin of Jalap, Scammony prepared, each 5 Grains; Senna, Cream of Tartar, each half a Scruple; Oil of Cloves 1 Drop; mix.

It's not much different from Pulvis Diarsenne, but is contracted more, and in my Judgment excells it.

### Catholic Powder.

Take Senna 2 Drams; Rhubarb, Jalap, Turbit, Diagrydium, of each 1 Dram; Cloves, Mace,

*Mace, Cinnamon, Ginger, of each half a Dram; powder all.*

*Catholic* signifies *general*, and hath nothing to do with Religion, as silly Readers may be likely enough to imagine; and yet, as silly as they are, they will be practising.

### Cephalic Powder.

*Take Powder de Gutteta, native Cinnamon prepared, each half an Ounce; mix.*

'Tis a Specific in Convulsive Affections, Vertigo, Clowdiness, and Head-Ach.

It's an Observation worth noting, That pernicious Pains of the Head, almost to Madness, have been happily cured (when other Means had been to no purpose) with this *Pulvis de Gutteta* alone, and an Infusion of Primrose-Flowers, Betony, or Tea.

It's a memorable History of a young Gentlewoman of Note among us, who permitting a little Dog that was Mangey and Mad to lie in Bed with her, was so contaminated by the *Effluvia* passing from him, and perhaps by his venomous *Saliva* also, that she fell into Convulsive Motions, and an *Hydrophobia*; and (marvelous to relate) could not forbear Barking like a Dog Night and Day. She having consulted divers Physicians, among other Remedies took this Cephalic Powder with Relief, and after some time recovered her former Health. Thus the Communicator.

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## Chalybeate Powder.

Take Rust of Iron powder'd and sear'd 8 Scruples; Salt of Steel, Saffron, Ginger, each 1 Scruple; Anniseed 5 Scruples; Mace 4 Scruples; white Sugar 10 Scruples; make all into a Powder for 20 Doses.

Chalybeates are *Instar omnium* for a Cachexy, Green-sickness, Obstructions, Jaundice, Dropsy, and all Diseases whatsoever owing their Origin from Crudity and Poverty of the Blood: For they raise a new Fermentation, and agitate, beat up, mix, depurate and exalt the Mass of Blood in such a manner, that whereas before it wanted the rich red Globuli, and look'd pale and watery, it is by degrees render'd pure red, spirituous, brisk, spumous and sparkling. Also whereas the unconcocted slimy *Pituita* having daub'd up the Passages, and made Obstructions, and so the Blood was forced to circulate unequally; here swiftly, there slowly, Steel breaks thro' those Obstructions, and opens the Ways, and causes the Blood to run, pass and repass freely, and vividly, through all the minutest Canals and Rivulets of the Body, so as to bring and distribute, equally and benignly, Nourishment, Heart and Life, to every individual Particle of the Machine.

But if the Condition of the Blood be such as is altogether incapable of the requisite, lusty, juvenile Fermentation, because of its

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Principles being grown old, the Fibres worn out, the Tone broken, the Passages fallen in, and the whole humane Fabrick in an old ruinous State: In vain then do we expect much from a Remedy, tho' so generous and powerful an one as Chalybeates are. 'Twould be as easy to reduce dead Vinegar into sweet Wine, a withered Rose into a fresh and florid one, yea to turn old Mutton into Lamb, or old Beef into Veal. As to my own part, I ingenuously confess, that looking back, and carefully calling to mind the Series of my Practice, I don't remember that I ever observ'd any great Advantage accrue to ancient People from the Use of Chalybeates.

#### Powder for Children.

*Take Crabs Eyes nicely ground, white Sugar Candy, Calomel, of each 5 Grains; Refine of Jalap 8 Grains; (more or less, according to Strength) Oil of Anniseed 1 Drop; mix for 1 Dose.*

If powdered Crabs Eyes be given in Water-Gruel during the Operation, 'twill prevent Gripping.

#### 1. Colic Powder.

*Take Zedoary 6 Drams; Balsam of Peru 12 Drops; mix for 6 Doses.*

#### 2. Colic Powder.

*Take Sperma Ceti washed, white Sugar, each half a Dram; Castor 3 Grains; Powder it for a single Dose.*

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**Comfrey Powder compound.**

*Take the Root of Comfrey that bears a red Flower, Mouse-flesh dried in an Oven, Hogs Claw, Bucks Priapus, each as much as you please; make a Powder of all, and mix.*

It's said to be a well experimented, and almost infallible Secret, against involuntary Pissing a Bed.

Incontinence of Urine in old Folks is common, and is mostly incurable. In Children it frequently goes off, as Years and Strength come on, but it ought to be before the 25th Year; for if it pass that Time, there's Danger of its being an utterly incurable Malady.

Give 1 Scruple, or half a Dram, in a Glass of White Wine, Evening and Morning, 3 or 4 Days, about the Time of New and Full Moon. Thus goes the Traditional Direction. But I should rather give it with a Decoction of Agrimony, or Solomon's Seal-Root. You may also apply a corroborating Plaister to the Region of the Loins, and another to the Os Pubis.

**Powder of Cantrayerva Compound.**

*Take Contrayerva Stone 4 Scruples; Contrayerva Root 2 Scruples; Oriental Bexoar 24 Grains; Saffron 16 Grains; make a Powder for 8 Doses.*

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Powder

**Powder of Crabs Eyes compound.**

Take Crabs Eyes ground on a Marble 1 Dram; Cream of Tartar half a Dram; Salt of Wormwood, Prunel, each 12 Grains; Salt of Amber 6 Grains; make all into a Powder for 6 Doses, to be given twice or thrice a Day.

It restoreth the Ferment of the *Viscera* and Blood, when almost lost and gone; fuses thick Blood, promotes the Secretion of Febrile Matter, and by way of Precipitation throws it off into the Emunctories.

**Damask Powder.**

Take Roots of Orris 1 Pound; Calamus Aromatic, Cyprus, each 4 Ounces; Marjoram 1 Ounce; Damask Roses, Nutmeg, Cloves, Storax Calamite, Benjamin, Labdanum, each 2 Ounces; make all into a gross Powder.

**Dentalgic Powder.**

Take Tobacco 1 Scruple; Ginger, Flower of Sulphur, each half a Scruple; mix.

Let the Patient snuff a little of this up into the Nostril that is opposite to the Pain, and presently throw himself upon a Bed; for 'twill immediately give him a Twinge, as though he were shot through the Head; yet it scarce provokes Sneezing, tho' it draw out a great deal of Water; anon it brings a little Doziness as 'twere, and seldom fails of driving the Tooth-Ach for that Time.

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**Schoder's Dentrifice Powder.**

Take Powder of Tiles half an Ounce; moisten it, at several times, with Oil of Tartar, till it hath imbibed its own Weight, and bring it to the Consistence of Paste; then add white Tartar 3 Drams; Bread burnt black 2 Drams; make it into Powder.

Rub the Teeth with it when grown foul, yellow or black, and wash it off with warm Wine.

The Teeth are never over-grown with *Lapis Dentalis* while the Gums are sound, and rise up to the middle of the Tooth in a pointing Shape, and stick fast to it: But Gums that are spongy, apt to bleed, flaccid and loose from the Teeth, and so give way for external Injuries to come at the Teeth, and don't supply them with good Nourishment, but pervert it: Such occasion these stony Concretions.

**Diaphoretic Powder.**

Take Virginia Snake Root, Spanish Angelica Root, Contrayerva, each 6 Grains; Myrrb 3 Grains; Saffron 2 Grains; mix.

**1. Diuretic Powder,**

Take Prunel Stone 1 Dram; Egg Shells calcined 2 Scruples; Salt of Amber 1 Scruple; white Sugar 2 Drams; make it into Powder.

The Dose is half a Dram, or 2 Scruples. See the Diuretic Nitrous Julep.

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## 2. Diuretic Powder.

Take Anniseed 1 Dram and half; Salt of Amber half a Dram; Oil of Nutmeg 3 Drops; make a Powder for 3 Doses.

The best way both of giving and keeping Salt of Amber, is to mingle it with double its Weight of Nitre, saith Dr. Willis.

## Edulcorating Powder.

Take Lemnian Earth 1 Scruple; red Coral, Crabs Eyes, Egg and Oyster Shells, each 5 Grains; powder and mix all.

Wheresoever there's an Acid offending in the Stomach or Intestines, these absorbing and concentrating Medicines have place; but whether or no that be found beyond the first Passages, I am not sufficiently assur'd.

It's observable, I confess, that Flesh Broths, if kept till they corrupt, grow fowr; and thence perhaps a probable Argument may be drawn, to prove, that Animal Juices shut up, and corrupted in the uttermost Receffes of the Body, may contract Acidity. But this granted, it in no-wise follows, that edulcorating Earths are able to correct those Juices lodged at so great a distance out of the Way; for it's most likely their dusty Particles spend their whole Force in the first Passages, being utterly unfit to enter the Mouths of the Large Veins, and get into the Mass of Blood; or (if they were there) to pass through the Glands,

Glands, and many fine Strainers, to arrive into the remote Habit of the Body.

If we consult Experience, that most certainly tells us, that small Children are apt to abound with noxious Acids in their Bowels: That a great Part of their Maladies are to be hence accounted for, and that consequently their Cure is to be fetched from testaceous and cretaceous Medicines; and these are so proper and peculiar to this Age, that I have very rarely known them given to Infants in acute Distempers, skilfully, and in sufficient Quantity, but that commendable Success hath followed. On the other side, I confess, I have seldom seen them do much Good to grown Persons. I reckon it therefore an establish'd Axiom, that testaceous and cretaceous Things are appropriated to Children, and to Illnesses in the first Passages, but signify not so much to grown People, and Distempers of the Blood, and more remote Juices.

#### Emmenagogue Powder.

Take Venetian Borace 15 Grains; Myrrh 12 Grains; Saffron 3 Grains; Oil of Cloves 1 Drop; mix.

It's endow'd with the same Vertues with the Emmenagogue Decoction, and is proper to give with it.

#### Epidemial Powder.

Take Troches of Vipers 1 Dram; Virginia Snake-root, Contrayerva, each half a Dram; mix.

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It's not only prevalent against malignant Fevers, but also (being given before the Fitt) commonly drives Agues. The Dose is from 1 Scruple to 2 Scruples.

**Eye-bright Powder compound.**

*Take Eye-bright 3 Drams; Mace 1 Dram; make it into a fine Powder.*

I have seen decrepid old Men almost blind, which were by the Help of this Powder restor'd to entire Sight, saith *Montagnana*.

But besides its being a good Eye Medicine, it's eminently available against the Head-Ach, if taken in a Glasse of Wine at Bed-time: That Time is best, because the Brain imbibes Medicines (by the Vehicle of the Blood) most of all in the time of Sleep.

For the Eyes, take half a Spoonful before Meals in a Glasse of Sack.

**Eye-bright Powder more compound.**

*Take Eye-bright half an Ounce; sweet Fennel-seed 2 Drams; Mace, Nutmeg, each 1 Dram; White Sugar 1 Ounce; make all into Powder.*

The Dose is 1 Dram twice a day.

**Febritic Powder.**

*Take Salt of Wormwood half a Dram; Diaphoretic Antimony 1 Dram; Camomile Flowers 2 Drams and a half; make a Powder for 8 Doses, to be taken every 3 or 4 Hours between Fitts.*

*Ma.*

**Powder of Filipendula compound.**

Take Roots of *Filipendula*, Seeds of *Annise*, of each a Dram; Egg Shells 2 Drams; make all into Powder.

It's excellent to provoke Urine, and bring away Gravel.

**Haemoptoic Powder.**

Take Seeds of *Henbane*, *White Poppy*, each 2 Drams; Sealed Earth, *Hematites*, each 1 Dram; Sugar of *Roses* 6 Drams; mix.

It's near ally'd to Mr. Boyle's Electuary; and may be given to good Purpose with Asses Milk twice a day to 1 Dram,

**Powder against Vermorhages.**

Take *Astringent Crocus* of Mars half a Scruple; *Dragons Blood* 5 Grains; *Alum* 5 Grains; Sugar of Lead 2 Grains; make all into Powder.

**Palosanthine Powder.**

Take white Sugar Candy, *Sperma Ceti*, of each 2 Scruples; Crabs Eyes half a Dram; Salt of Harts-born 6 Grains; Salt of Amber 4 Grains; *London Laudanum* 3 Grains; make all into a Powder for 2 Doses.

For Persons that are bruised, and for Child-bed Women.

**Powder in an Isthia.**

Take of *Solomon's Seal* and *Comfrey Roots*, *Anniseed*, each 1 Dram; make a Powder.

It

It doth good, by expelling Wind, easing Pains, and consolidating the Parts. Let a small Child take 15 Grains thrice a day.

It greatly avails also against both Pain and Flux of the Hæmorrhoids. Let grown Persons take half a Dram, or 2 Scruples, with a Draught of Decoction of Yarrow, or our Styptic Decoction.

### **Ibbernic Powder.**

*Take Irish Slate 15 Grains; Salt of Amber 3 Grains; Salt of Harts-horn 2 Grains; Oil of Nutmeg 1 Drop; mix.*

It's ordered against a Pleurisy, Rheumatism, and all manner of Distempers, where the Serum of the Blood turns into Size.

### **Hysteric Powder.**

*Take Roots of white Briony 1 Dram; Piony Root bearing a white Flower 2 Drams; Castor 2 Scruples; Salt of Amber 1 Scruple; Oil of Amber 4 Drops; make a Powder.*

It not only correcteth and lasseth the disorderly Spirits (as before said of the Hysteric Julep) but moreover extricates them from their Heterogeneous *Copula*, and depurates them; adds Strength to the Brain itself, roborates the whole nervous System: And upon these Accounts useth to be a great help, then especially to Hysteric Women, when the Brain itself is chiefly affected, and the Distemper threatens running over to an Epilepsy. The Dose is half a Dram.

**Incras-**

**Incrassating Powder.**

Take Marsh-Mallow Root, Gum Arabick, Dragons Blood, Liquorice, each 5 Grains; beat all into a fine Powder.

For its Vertues, consult the *Incrassating Decoction*.

**Gum Lac Powder compound.**

Take Gum Lac 2 Drams; *astriгент Crocus* of Mars 3 Drams; Dragons Blood 1 Dram; make of it a *subtile Powder*.

It hath a notable Stypticity, and is therefore prescrib'd in all manner of internal Hemorrhages; but particularly is celebrated with wonderful Elogies for its remarkable Faculty of stanching bloody Urine. The Dose half a Dram.

**Laxative Powder.**

Take Senna and Cream of Tartar, each as much as you will, and reduce them into a Powder.

It's a short Composition, but a most benign Medicine, purging very mildly, and without Trouble, Gripes or Sicknes. For Cream of Tartar is the best Corrector of Senna. The Dose is from half a Dram to 2 Scruples, or 1 Dram, for grown Persons, to be taken at Night.

**Marjoram Powder compound.**

Take Marjoram, Arabian Stechas Flowers, each 5 Grains; Nutmeg 3 Grains; Mustard-seed 2 Grains;

2 Grains; Oil of *Sassafras* 1 Drop; make all into Powder.

It opens the *Meatus* of the Brain and Nerves, when subsiding by reason of Laxity, clears them out when obstructed with Phlegm, depurates the Spirits when clogg'd with Filth, rouzeth them up when sluggishly stagnating, restoreth the animal Expansion: And therefore is a most desirable Remedy against Soporose and Paralytic Affects, to be given Night and Morn.

### *Mastic Powder compound.*

Take *Mastic*, *Olibanum*, *Japanic Earib*, *Flower of Sulphur*, each 5 Grains; *Sugar Candy* 1 Scruple; Powder all.

It's of egregious Use in a Catarrh, and emulates the Electuary of Mastic.

Let it be given at 4 in the Afternoon, and at Bed-time, with a Draught of the *Decoction of Hounds Tongue*.

### *Powder of Millepedes compound.*

Take *Millepedes* prepared 12 Grains; *Saffron* 3 Grains; *Flower of Benjamin*, Salt of *Amber*, each 2 Grains; *Ginger* 1 Grain; Oil of *Annisseed* 1 Drop; bring all to a Powder.

I have known this prescrib'd for an Asthma, but to no purpose; perhaps because the boiling Blood and heated Lungs might require cooler Things. However, in a Straineness of Breath from a Cold, and tenacious *Colluvies* stuffing

stuffing the *Bronchia*, it's an efficacious and most desirable Medicine; for it potently incides, removes and expectorates Phlegm. But of these, consult the *Expectorating Decoction* and *Electuary*.

### *Montagnana's Powder.*

*Take the inner Skin of a Gizzard of a Cock dried, half an Ounce; burnt Hedge-hog 6 Drams; Agrimony 2 Drams; reduce all to a Powder.*

This for those that water their Beds. A Dram is the Dose.

### *Myrrh Powder compound.*

*Take Myrrh, Savine, Grains of Paradise, each 5 Grains; Saffron 3 Grains; Castor 2 Grains; Oil of Amber 1 Drop; make a Powder.*

It's something like the *Women's Pills*, which see.

### *Nephritic Powder.*

*Take Smalage and Saxifrage Roots, each 2 Drams; Crabs Eyes 1 Dram; vitriolated Tartar, Prunel Stone, each 2 Scruples; Cream of Tartar 4 Scruples; Oil of Juniper 4 Drops; make all into a Powder.*

The Communicator saith, it promotes Urine, expells the Stone, bringeth the *Menses*, &c. The Dose is from 1 Scruple to 1 Dram, with a *Decoction of Marsh Mallows*.

*Ms.*

**Nitrous Powder.**

Take Prunel Stone 1 Dram and half; Cinna-  
ber of Antimony half a Dram; white Sugar  
half an Ounce; reduce all to a Powder.

It's prescrib'd in hot burning Fevers, to  
temper Heat and Thirst, allay Ebullition,  
and provoke Urine. The Dose is 1 Dram in  
some grateful Vehicle.

**Nutmeg Powder compound.**

Take Nutmegs half an Ounce; Cinnamon 2  
Drams; Mace, Cloves, Marjoram, Betony, Rose-  
mary, Lavender Flowers, each 1 Dram; make  
all into a Powder.

*Verzascha* saith, this Powder useth to be  
kept in the Shops at Basil in Swisserland: It  
robbrates the Stomach, helps Digestion, com-  
forts the Brain, and is of egregious Use when-  
soever the Head suffers by Sympathy from  
the Stomach. Let 1 Dram be taken after  
Meals, and at Night, immediately before  
Sleep.

**Odoriferous Powder.**

Take Rhodium Wood half an Ounce; yellow  
Sanders, Damask Roses, Florentine Orris, each  
2 Drams; Spanish Angelica Root 4 Scruples;  
Mace half a Dram; Apoplectic Balsam half a  
Scruple; Oil of Cloves 6 Drops; beat them in-  
to a gross Powder.

To recreate the Spirits, and delight the  
Sense.

**Ozeng**

**Oenge-peel Powder compound.**

*Take the thin yellow peel of Orange, Cummin Seed, each 12 Grains; Castor 5 Grains; long Pepper 1 Grain; Oil of Juniper 1 Drop; make a Powder.*

It comforts the Ventricle and Intestines, corrects Phlegm, discusses Wind, solves the Spasm; and (after needful Purges have made their way) happily cures a Colick.

Let it be taken thrice a day, and after it a Draught of the *Bitter Febrific Decoction*.

**Panchymagagogue Powder.**

*Take Cream of Tartar half an Ounce; Senna 1 Ounce; Rhubarb 6 Drams; Scammony 2 Drams; Mace half an Ounce; beat all up to a Powder.*

This is translated from the *Leutwaerden Pharmacopœia*. Its Dose is from 2 Scruples to 1 Dram.

**Peacock Powder.**

*Take the white Part of Peacocks Dung 15 Grains; Salt of Amber 5 Grains; Oil of Nutmeg 1 Drop; reduce them to a Powder.*

'Tis a Specific against a Vertigo, to be given Night and Morn with a Draught of *Cephalic Decoction*.

**Pearl Powder compound.**

*Take Oriental Pearl, white Coral, of each half an Ounce; Crabs Eyes an Ounce; levigate them into an absolute Alcohol on a Marble.*

Teast-

Tessaceous Powders dissolve, and exert their Vertues much easier and sooner, when fine, than when coarse; and therefore Care should be taken to levigate them well. This Powder may be prescribed either alone, or in Pearl Juleps, from 2 Scruples to 2 Drams, in 12 Ounces of the Aqueous Vehicle.

### Pectoral Powder.

Take Sulphur vive, Florentine Orris, Liqueurice, Anniseed, each 5 Grains; Sugar Candy 1 Scruple; make these into Powder.

It contends in Vertues with the Pectoral Julep.

### Peptic Powder.

Take Seeds of Coriander half an Ounce; Annise, Sweet Fennel, each 4 Scruples; Nutmeg half a Dram; Cinnamon, Cloves, each 1 Scruple; long Pepper half a Scruple; white Sugar 1 Ounce; of these make a Powder for 16 Doses.

It's most commodiously us'd, when, after Meals, happen Illness, Nauseousness, Belching, Heaviness, Tension, Inflation, and Fullness of the Stomach: As also Flushings in the Cheeks, Lifflesness, Drowziness, Head-Ach, and other the like Signs of bad Digestion.

For Aromatics correct slimy Phlegm in the Ventricle, and by their volatile, oleose, quick Salt, incide and attenuate it, kindly deterge the *Plicæ* and *Villæ* of the Stomach, and

and refuscitate native Heat; upon which, Appetite and Digestion return of course.

The Way I most use in giving it, is, to have it sprinkled upon a Toast dipt in Wine, and so eaten presently after Dinner and Supper.

### **Pepsic Powder tartarized.**

Take Cream of Tartar 3 Drams; Anniseeds 2 Drams; Cloves 1 Dram; Sugar of Roses 6 Drams; Powder all for 12 Doses.

### **Pestilential Powder.**

Take Diaphoretic Antimony 15 Grains; Salt of Harts-born 3 Grains; Camphire 2 Grains; make a Powder for one Dose.

### **Piony Powder compound.**

Take Male Piony Root, Humane Cranium, each 5 Grains; native Cinnaber half a Scruple; Oil of Nutmeg 1 Drop; bring it to a Powder.

This Powder being fetch'd out of the triple Kingdom, Animal, Vegetable, and Mineral, very notably succours Children troubled with Convulsion Fitts.

### **Pleuritic Powder.**

Take Olibanum half a Scruple; Crabs Eyes, Flower of Sulphur, each 5 Grains; reduce them to a Powder.

I have several times cautioned the young Practitioner against trusting to Specificks in a

Pleur-

G g

Pleurisy, to the Neglect of Bleeding. And I here repeat the same.

### **Powder of Rhubarb compound.**

*Take choice Rhubarb, Cream of Tartar, Anniseed, Liquorice, of each 1 Dram; white Sugar Candy half an Ounce; reduce all to a Powder.*

This is a valuable Medicine for those that are troubled with Hypochondriac Vapours. They may take a Scruple 2 or 3 times a day, according as they find agreeable and needful.

### **Saline Powder Major.**

*Take Cream of Tartar a Dram and half; Salt of Tartar, Salt Prunel, Salt Armoniac, Salt of Amber, Salt of Harts-horn, of each half a Dram; Egg-shells both crude, and also newly calcined, of each 2 Drams; Oil of Nutmeg 4 Drops; bring all to a fine Powder, which may serve for 8 to 16 Doses.*

The inner Skin of the Egg-Shells ought to be taken out before they be calcined; and to do them thoroughly, and bring them to a white Calx, is a more difficult Business than any one would expect, that hath not tried it. This Powder is a potent Diuretic.

### **Saline Powder Minor.**

*Take Salt of Wormwood and of Harts-horn, of each 1 Dram; Salt of Amber 36 Grains; Camphire, Saffron, of each 12 Grains; Oil of Nutmeg*

*Nutmeg 3 Drops; make a Powder for 12 Doses.*

None but a skilful Physician ought to manage malignant Fevers; and such an one will know how to give this Powder.

### A Sinapine Powder.

*Take Mustard Seed, Cloves, of each 15 Grains; Nutmeg 2 Drams; Cinnamon, Mace, of each 1 Dram; Marjoram, Lavender Flowers, Sweet Fennel Seed, of each half a Dram; make a Powder.*

It's good for the Stomach and Head; may be given after Meals, to half a Dram, upon a Toast sopped in Wine.

### Powder to promote Spitting.

*Take Crystal Mineral 3 Drams; Salt of Amber 1 Dram; Sugar Candy half an Ounce; powder all, and divide into 24 Papers.*

Hold one of these in the Mouth, till it be dissolved, and then spit it out.

### Splanchnic Powder.

*Take Asstree-rind half a Scruple; Rhubarb 5 Grains; Spikenard, Saffron, each 2 Grains; long Pepper 1 Grain; make them into a Powder. To which may Chalybeates be added, pro re nata.*

It removes Obstructions of the *Viscera*, corrects depraved Ferments, represses spasmodic Flatulencies, rouzeth up a languishing

G g 2

Appe-

Appetite, and alleviates Pain and Tension of the *Hypochondria*.

As a *Porriago*, or a Leprosy, which have their *Minera* in the cutaneous Glands, tho' they are external Maladies, and lie fair and open enough for the Application of Remedies, and yet are most excessively pertinacious and difficult of Cure; even so may we conceive of the Hypochondriac Affections, that they have their *Minera* in the Glands of the Ventricle and *Viscera*, and remotest Parts; and there (by reason of some vicious, unquerable Ferment spew'd out) deprave Chylification, and raise Hurry and Conturbations. And since it's an internal Distemper, and wholly incapable of having the Touch of immediate Applications, it's no wonder at all, if it be most stubborn, and almost incurable.

This Age produces a Sett of idle, shallow, shewish Men, that are for a short Cut, forsooth, into Physick, without the Expence of that Learning that it cost our Forefathers. To bring this about, they read no Books, despise Pharmacy, cry down *Hypotheses*, confound Distempers; and tho' they affect to be call'd rational Practicers, are, in truth, scarce tolerable Empericks. I know that Foetids will repress Vapours in Women, but will seldom touch upon the Vapours of Men. Why then must Hystericism and Hypochondriacism be confusedly jumbled together, and

accounted the same, and all their Difference be in Degree? Why do we not rather let them be different as to both Place and Essence? And then, why do we not study out, and settle their particular Remedies and Method of Cure? But perhaps this *Parergon* may raise the Spleen in some Sort of Readers, I therefore stop short.

Let a Dose be taken in a Draught of White Wine, every Morning and Afternoon, for a Course of some Weeks.

### Sternutatory Powder.

Take *Florentine Orris* 1 Scruple; *white Hellebore* half a Scruple; *Oil of Nutmeg* 1 Drop; make a Powder.

Sternutatories purge and cleanse the Head, because they irritate the Spirits nidulating in, and irradiating those Nerves that are disseminated into the internal Membranes of the Nostrils. For the Spirits being provok'd into Spasms and tumultuary Transports, loosen the impacted viscous Humours, shake them out of their Places, and eliminate them through the *Infundibulum* and Pituitary Gland out of the Confiners of the Brain into the Veins: And so it's all inward, and out of Sight. But as to that *Pur* and Putrilage that is cast out of the Nose by Sternutation, it comes no farther than from the Neighbouring Glands and Caverns, and not from the Brain itself.

G g 3

Powder

Powder of *Asarum* Leaves is a very commendable Sternutatory.

### Stomach Powder.

Take Spanish *Angelica* Root, Mint, Cinamon, each 1 Scruple; Mace 12 Grains; Balsamines, long Pepper, each 4 Grains; Oil of Wormwood 1 Drop; white Loaf Sugar 4 Scruples; make all into a Powder for 4 Doses.

It warms, comforts, corroborates, &c. much like the Stomach Electuary.

### Bitter Stomach Powder.

Take Virginia Snake Root, Zedoary, Gentian, Elecampane, each 5 Grains; Oil of Nutmeg 1 Drop; make a Powder.

It warms, roborates, deterges, and useth to bring considerable Advantage, when by reason of daily hard Drinking, Sorting and Soaking, the Fibres of the Stomach being over-wash'd, become lapse like a Tripe; and its *Villæ* being flabbered over, and oppress'd with slimy Putrilage, retain nothing; whence arise Loathing of Food, Morning Strainings, and Vomiting.

Give a Dose every Morning, half an Hour before rising, in a Draught of Bitter Decoction.

### A Powder for Strumæ.

Take Rocket Seed, and Poultry Bones dry'd in an Oven, as much as you will; beat both into Powder, and mix.

Though

Though this be an Empirical Remedy, and I never us'd it; yet, because I knew a certain young Woman, who upon undoubted Experience found much Good by it, I had a mind (tho' not to recommend, yet) to communicate it. She took as much as would lie on a broad Knife's Point twice a day, for a long time.

*Ettmuller* appoints Medicines against *Stru-*  
*me* to be given especially in the Wane of the Moon.

### 1. Styptic Powder.

Take *Troches of Lemnian Earth*, Bole, each 1 Dram; *Hematites Stone*, *Dragons Blood*, *Mastich*, *Gum Arabic*, each half a Dram; make all into a Powder.

It's to stanch inward Hemorrhages.

### 2. Styptic Powder.

Take *Asringent Crocus of Mars*, Seeds of white Poppy and Henbane, each 1 Dram and 12 Grains; Sugar of Lead 24 Grains; make a Powder for 8 Doses.

### Sulphur Powder compound.

Take Flour of Sulphur, Rhenish Wine, Tartar, fine Benjamin, of each 1 Dram; Anniseed, Florentine Orris, Liquorice, of each half a Dram; Elecampane, Saffron, of each 15 Grains; white Sugar Candy 2 Drams; powder all for 9 Doses.

'Tis Pectoral.

G g 4

Cat.

**Tartar Powder compound.**

Take Cream of Tartar 5 Drams; Balauſtines  
1 Dram; Spirit of Vitriol enough to make it  
pretty tart; mix up a Powder.

It corrects bilious Humours ſuffuſed into  
the Ventricle, reſtores natural Acid, ſtreng-  
thens the looſe Tone; and ſo is of approv'd  
Uſe, when a bitter *Colicuvies* brings Queaſi-  
neſs, Loſs of Appetite, Bradypepy, Vomi-  
ting, or *Diarrhœa*.

*Riverius* (*Cap. de Concoctione laſā*) relates  
a very ſingular Story of himſelf, how that  
having been troubled with an *Alvine Flux*  
for 4 Months; at laſt he was freed from it,  
and perfectly cured in a few Days, by the Uſe  
of Vinegar. He indeed lays the Blame upon  
Phlegm and Melancholy, being impoſed up-  
on (as I imagine) by his Stools; which (the  
Sharpneſs of Humours raking off the Linings  
of the Guts) appear'd all ſlimy and pituitofe:  
Whereas, in reality, the whole Cauſe was to  
be referr'd to extreme acrid Bile, plentifully  
flowing into the Guts.

**Tartar Powder Duple.**

Take Cream of Tartar 2 Scruples; Salt of  
Tartar 1 Scruple; Oil of Juniper 3 Drops;  
white Sugar 1 Dram; powder all together, for  
3 Doſes.

To cure Intermitting Fevers, and to carry  
off by Urine.

℞

**Castings his Powder.**

Take Crystals of Tartar, Peach Stone, Crabs Eyes, each 1 Dram; Salt of Amber half a Dram; white Sugar 3 Drams and half; make a Powder, adding Oil of Anniseed 5 Drops.

It's used in Nephritic Cases. The Dose is from half a Dram to 1 Dram.

**Treacle Powder.**

Take Roots of Tormentile 2 Drams; Spawinss Angelica, Virginia Snake Root, Contrayerva, Zedoary, Spikenard, Saffron, each 1 Scruple; Mace half a Dram; Camphire, Opium, each 15 Grains; make all carefully into a well mix'd fine Powder.

By Malignity (saith Ettmuller) we can conceive nothing else but an Acrimony in such Excess, that it's vehemently operative, even in the least Quantity imaginable, which makes upon the nervous System a highly destructive preternatural Impression; and brings on the Humours a putredinous Mutation of their proper Texture. Concerning the *Operandi ratio* of Alexipharmacks, see the Decoction called *Sacrum*.

It emulates the Vertues of Treacle. One Scruple of it contains one Grain of Opium.

**Viper Powder compound.**

Take Traches of Vipers (or rather Vipers Flesh dry'd) 15 Grains; Salt of Amber 3 Grains; Saffron 2 Grains; make a Powder.

It's

It's held for a great Arcanum against the Jaundice.

### Uvular Powder.

Take *Japanic Earth, Balauſines, each 1 Scruple; Alum, long Pepper, each half a Scruple; powder and mix.*

See the Gargle for the *Uvula*: The Manner of using it is thus: The Tongue being held down with a *Speculum Oris*, let the Powder be blown upon the *Uvula* with a Pipe or *Uvula Spoon*, and let the Operation be repeated as Occasion requires.

### The Womens Powder.

Take *Astringent Crocus of Steel half a Scruple; Spikenard, Species of Hyacinth, each 5 Grains; bring all into a fine Powder.*

It's of great Service to correct the Laxity of the *Uterus*, hinder a Flux of Blood, and consequently prevent Miscarriage. Let it be given Night and Morn with a Glafs of rough red *Lisbon Wine*; or oftener, if there be an actual Flux.

### Ptilan.

Take *Quich Grass root 3 Ounces; Liquorice, Shavings of Harts-horn and Ivory, each 2 Drams; Raisins of the Sun 1 Ounce and half; boil in depurated Barley Water 3 Pints to 1 Quart; in the strained Liquor dissolve Salt Nitre 4 Scruples; Syrup of Violets 1 Ounce; mix.*

It's

It's a Drink for People in Fevers, and pleasant enough; quencheth Thirst, mitigates Fervors, succours the Lungs, and provokes Urine.

### A Quilt for a Cap.

Take Male Piony Root 2 Drams; Spanish Angelica Root 1 Dram; Florentine Orris, Lavender Flowers, each half a Dram; Arabian Stechas Flowers 1 Dram; Cloves, Nutmeg, Mace, each 1 Scruple; Storax Calamite, Labdanum, Amber, Balsam of Tolu, each 1 Dram; Oil of Rosemary 5 Drops; reduce it to a gross Powder; which being mixed into Cotton, is to be quilted in a silk Cap according to Art.

Every Night, at Bed-time, let this Cap be fumed and warm'd with the Smoak of Amber, Olibanum, Balsam of Tolu, or the like, sprinkled upon Coals.

It's of signal Use in humid, pituitose Affections of the Head, in cold, customary, Rheumatic Pains of the same: And it's believ'd to recreate the Spirits, and roborate the Brain,

### A Cardiac Quilt.

Take Spanish Angelica Root, Calamus aromatic, each half an Ounce; yellow Sanders, Lavender Flowers, Saffron, Caraway Seed, Cloves, Mace, Benjamin, Storax Calamite, each half a Dram; make all into a gross Powder, to be quilted in Silk with Cotton, and hanged from the Neck, upon the Region of the Heart.

A Per.

## A Pecorol Quilt.

Take yellow Sanders, Florentine Orris, Calamus aromatic, each 2 Drams; Lavender Flowers, Coriander Seed, Nutmeg, Mace, Benjamin, Storax Calamite, each 1 Dram; Oil of Anniseed, Cloves, each 3 Drops; bring all into a coarse Powder.

## 1. Stomach Quilt.

Take Spanish Angelica Root, Aromatic Reed, each 1 Dram and half; dried Mint, Wormwood, each 2 Drams; Seeds of Coriander and Caraway, each 1 Dram; Cinnamon, Nutmeg, Mace, Cloves, Storax Calamite, Benjamin, each half a Dram; beat all into a gross Powder.

## 2. Stomach Quilt.

Take Florentine Orris, Aromatic Reed, each 2 Drams; Cubebs, Nutmeg, Mace, Cloves, Calamite Storax, Benjamin, each 1 Dram; Oil of Caraway, Mint, Rhodium, each 2 Drops; Oil of Wormwood 1 Drop; powder grossly, and mix.

## Rob of Acacia.

Take Sloes (not fully ripe) as many as you please; stew them in warm Water till soft; pass them through a pulping Sieve; evaporate away the superfluous Humidity; then add half its Weight of fine Sugar, and boil it up to a due Consistence.

This deserves to hold one of the highest Places among the strongest Astringents.

A Sina.

S A 2  
A Sinapism.

Take Crum of white Bread 2 Ounces; fine Meal of Mustard Seed searced 1 Ounce; Oil of Cloves 3 2 Drops; Vinegar 3 Ounces; Honey as much as needful; reduce it to the Consistence of a Cataplasim.

Now-a-days, because of the frequent Use of Epispasticks, Sinapisms (which are a Degree under them) are almost quite left off; but (as I take it) undeservedly: Forasmuch as,

1. They call the Spirits and Humours to a weak Part, and restore its Tone; and so do a great deal of good in a Palsy, Atrophy, Mortification, &c.

2. They attract Matter, which lieth deep, to the Superficies; upon which Account they are of use in *Sciatica*, or other Pains remotely situate; as also in Malignant and Pestilential Tumours.

3. They revel from the Part affected, and thereby draw away Pains of the Head and Teeth, and Rheums from fore Eyes, and disperse the tumultuous Clusters of Spirits, when one particular Member is hysterically, or otherwise spasmodically affected: And (which is no small Piece of Service) when the Gout, leaving the extreme Parts, flies dangerously to the Head, or Stomach, a Sinapism applied to the Feet will probably bring it back again, if any thing can.

When a Sinapism is laid on, the Part must be often inspected; for it must not be left there

there till it causes Tumour, vehement Pain, or Blisters; but only till the Skin, being pressed with the Finger, doth not turn white, but continues red.

### Antiscorbutic Spirit.

Take Bark of Guaiacum 7 Ounces; Orange-Peel 5 Ounces; Juniper-Berries 1 Pound; Daucus Seed 6 Ounces; Sugar 6 Pound; Spring-Water 25 Quarts; Yest as much as needs: Let it stand fermenting 12 Days; after which, add the 4 greater hot Seeds each 1 Ounce; and (when the Fermentation is almost finish'd) Scurvy-grass 12 Handfuls; Brook-Lime 3 Handfuls; Indian and Water-cresses, each 4 Handfuls; Horse-radish Root 2 Ounces; Sassafras 3 Ounces; distill and rectify.

The Communicator saith, its Title speaks its Use. 'Tis convenient in a cold Scurvy; infringes Acid, dissolves Flatulencies, &c. The Dose is from 1 Scruple to 1 Dram.

### Spirit of Caraway compound.

Take French Brandy 1 Quart; Caraway Comfits half a Pound; Species of Aromaticum Rosatum, and Galen's Letific, each 2 Scruples; having let them stand macerating 14 Days, strain, and add Musk and Ambergrise (ty'd up in a Piece of Muslin) each 2 Grains; Orange-Flower-Water 4 Ounces; at last, put to it as much Leaf-Gold as you please.

Spirit

## Spirit of Wine Camphorated.

Take rectify'd Spirit of Wine a Pint; Camphire (ground upon a Marble with a little of the same Spirit) an Ounce and half; let them stand in a gentle digesting Heat, till the Camphire be entirely dissolved, and taken up into the Spirit.

Some add Spirit of Salt Armoniac.

In malignant Fevers, with Watching, Delirium, Twitching, &c. Camphire is reputed excellent, to give the Spirits a fine and ordinate Expansion, and to dispose them to kindly Rest.

It promotes Sweat and Urine; and is commonly prescribed in an Uterine Furor, Gonorrhœa, and Scalding of Urine.

Outwardly it's prevalent against a Colera, Iliac Passion, Colick, external Inflammation, Erysipelas, Burn, Gangrene, Tooth-Ach, Spots and Pustles of the Face, and Joint-Pains.

## Alexiterial Stone.

Take Amber, red Coral, each half a Dram; diaphoretic Antimony, Contrayerva-root, Crabs Eyes, each 1 Dram; Crabs-claws half an Ounce; levigate all upon a Marble, till it be an exquisitely fine, and impalpable Powder, which make up into little Balls, with Jelly of Harts-horn; to these may be added Amber-grise 12 Grains.

It's not so chargeable as Powder of Crabs Claws compound, because it hath neither Pearl

Pearl nor Bezoar, and yet perhaps is a Composition not much inferior to it.

### Sugar Nitratē.

Take Crystal Mineral 1 Ounce; double refined Sugar 3 Ounces; powder them together.

### Dur Sugar of Pearl.

Take white Sugar-candy powdered and seared 3 Ounces; Pearl prepared 1 Ounce; make it into a subtil Powder.

It's Use is for the making up of Pearl-Juleps speedily and easily, thus:

Take what Waters you have occasion for 12 Ounces; Sugar of Pearl half an Ounce; mix.

### Sugar Scorbutic.

Take Juice of Scurvy Grass as much as you please; keep it in a glass Bottle close stopped up till the Fæces are precipitated; then decant the clear, put a good Quantity of Sugar to some of it in a Marble Mortar, and work it well together; then gently dry it. Then put more Juice to the said Sugar, dry it again, and repeat this Operation several times; so shall you have a green Sugar, which being put into a Glass, and impregnated with Spirit of Scurvy-grass, and kept close stopped up, will be an egrégious Magistery.

Disolve as much as a Knife's Point will take up, in a Draught of Wine, for a good grateful Antiscorbutic Drink.

The

The same Process may be used for Worm-wood, and many other Vegetables. *Ertmuller*.  
Vol. 1. Pag. 1003.

### Suppositories.

Take common Salt, (or Salt Gem.) powdered Aloes, (or Species of Hiera) each half a Dram; Honey boiled up to a just Consistence (that is till 'twill not stick to, and damp the Fingers) as much as sufficient; mix, and make out of it 2 Suppositories.

Or they may be made with crude Alum 1 Dram; Hiera Picra half a Dram; and Honey boil'd up to a due Height.

*Ertmuller* (upon *Schroder*, cap. 83. p. 1033.) saith, if fresh Pork, or old Cheese, be put up in the Form of Suppositories, the *Ascarides* will fix thereon, and may be drawn out with it.

### Our Syrup of Ammoniacum.

Take Gum Ammoniacum, not strained, half an Ounce; dissolve it in Water 1 Ounce; strain, and join it according to Art, with white Syrup 11 Ounces.

It powerfully incides, attenuates, deterges, and expectorates. It helps very much in inveterate Maladies, that owe their Original to thick tough Phlegm, in a laborious straining Cough, *Empyema*; yea, and in a *Peripneumonia* and Pleurisy, when the Fury of the Inflammation is past.

H b

submatic

## Anibmatic Syrup.

Take Fox-glove Flowers fresh gathered in the Month of May 2 Ounces; (that is about 200) Waters of Hyssop, and Penny-royal, of each half a Pint; give them a close hot Infusion for an Hour; to the strained Liquor add Liquorice half an Ounce; Elecampane, Anniseed, of each 1 Dram; Agaric (cut thin and tyed up in a piece of Muslin) 2 Drams; stop up close, and keep them hot, an Hour more; then strain out the Liquor, and in 11 Ounces of it dissolve fine Sugar 18 Ounces; and in one Ounce of the Liquor (kept out for this purpose without Sugar) dissolve Gum Armoniac half an Ounce; lastly having joined both together by Rules of Art, add Tincture of Benjamin 3 Drams.

The Dose is a Spoonful.

## Balsamic Syrup.

Take Balsam of Tolu 6 Drams; boil it (without scumming) in Spring (or fine Barley) Water 20 Ounces to 12 Ounces; then add treble refined Sugar 1 Pound; and without any farther boiling, as soon as 'tis melted, take it off from the Fire; set it by to cool, and then strain it.

## Dr. Boyle's Syrup.

Take Comfrey-roots 6 Ounces; Plantain-leaves 12 Handfuls; cut, beat, and strain out the Juice; to which add an equal Weight of Sugar, and boil it up to a Syrup.

He

He must be a meer Stranger in Physick, that is not acquainted with this (as its Author was) most noble Syrup, and how mightily it succours those that cough up Blood.

### Chalybeate Syrup.

Take White Wine 1 Pint and half; Filings of Iron 1 Ounce and half; powdered white Tartar 6 Drams; Cinnamon, Nutmeg, each 1 Dram and half; Mace, Cloves, each half a Dram; make a warm Infusion 4 Days in a large open Glass, (else it will burst asunder) or (which is better, if time will permit) let them stand cold 14 days; decant the clear Wine through a strainer; and having added to 1 Pint of it fine Sugar 1 Pound, make a Syrup.

Iron (according to Lemery) far excels Steel, for Medicinal Uses, because it's not so Compact; dissolves easily in the Body, and more freely gives out its Vertues.

### Syrup of Diagrydium.

Take Diagrydium powdered, 6 Drams; Cinnamon powdered, 2 Drams; rectified Spirit of Wine a Pint; burn till half be evaporated; then strain, and with white Sugar half a Pound make a Syrup according to Art.

Its Dose is an Ounce.

### Diuretic Syrup.

Take Arsmart-water 1 Quart; Prunella Stone 2 Ounces; white Sugar 2 Pound; boil it up to a Syrup.

H h 2

It

It has the same Vertues with the *Diuretic Nitrous Fulep*.

If the Spirit of Virriol, Nitre, Salt, Oil of Sulphur, or the like intense Mineral Acids, be poured upon Nitre, 'twill raise a Smoak like *Aqua fortis*: Therefore Care should be taken, that none of these Chymical Acids be mixed with this Syrup, or any other Nitrous Medicine, because they'll produce such a Corrosive Sharpness, as will be extremely noxious to the Stomach and Bowels.

### Syrup of Eggs.

Take Whites of Eggs 3; Plantain Water 6 Ounces; beat them very well; then having put to it double refined Sugar (powdered, and scard) 6 Ounces, mix and work them together in a Mortar, allowing Time and Pains till it become a perfect Syrup, without the help of Fire.

Some say, if you beat up Whites with a green Stick from a Fig-tree, you may soon reduce them to Water: If the Milk of Fig-tree have a Quality of dissolving Whites, perhaps it may the gelatinous Serum of the Blood; which Thing deserves to be experimented.

This Syrup is to be used in such a Cough, as proceeds from a thin sharp Rheum irritating the *Larynx*.

Syrup

## Syrup of Elecampane.

Take Roots of Elecampane, Polypodium, Currants, each 2 Ounces; Liqueur half an Ounce; Virginia Tobacco dryed 2 Drams; Colts-foot, spotted Lungwort, Savory, Calamint, each 1 Handful; boil them in simple Hydromel to 1 Pint and half; strain, and adding Sugar 1 Pound and half, make a Syrup.

It hath a great Faculty at attenuating, inciding, deterging gross, tough, viscid Phlegm, and opening the Lungs: 'Tis therefore convenient in a laborious, deep, pectoral Cough, Shortness of Breath, Humoral Asthma, Emphyema, &c.

## Syrup of Garlic.

Take Garlic, (peel'd, and cut into pieces) Anniseed bruised, each half an Ounce; Elecampane-root 3 Drams; Liqueur 2 Drams; Brandy 1 Pint and half; stop it up close, and give it a warm Digestion, two or three Days; then having strained the Liquor out clear, and put it in a silver Porringer over hot Coals, made it ready to boil, and added very fine Sugar 1 Pound and a half, set it a Fire, and as it flameth, keep it stirring as long as 'twill burn. And at last, pass it through a Flannel Bag.

This is Dr. Willis's Syrup: I have often caus'd it to be made, and found it a very good one. The Vertues of Garlick may be seen in Loboch of Garlick.

H h 3

Syrup

## Syrup of Hounds-tongue.

*Take Juice of Hounds-tongue, (clarified by Coction) and fine Sugar, each 1 Pound and half; Boil it up to a Syrup.*

The whole Body of Physicians hath, all along, with a general Voice, attributed to this Plant a soporiferous Quality; and therefore it's made the Basis of *Pil. de Cynogloss.* Nay, *Schroder* saith, because it's suspected to contain a virulent (or venomous) Narcotism, it's seldom us'd. Thus may a good Medicine (as well as Physician) be vogu'd down by a groundless Fancy! I profess, I have us'd this Syrup a Multitude of Times, and I could never yet find it cause Sleep, or be in the least virulent; but I often experimented it to be a great Remedy, second to none, against hot, sharp, thin, Catarrhus Humours, and a Cough occasioned thereby.

## Incrassating Syrup.

*Take Plantain-Water 1 Pint; Gum Arabic 1 Ounce and half; dissolve at the Fire, and add fine Sugar 1 Pound; make it into a Syrup.*

See the *Incrassating Decoction*, whose Vertues it emulates. To which add, that externally us'd, it checks an *Herpes*.

## Syrup of Liquorice.

*Take sweet Tincture, Honey, each one Pint; Oil of Anniseed 8 Drops; make a Syrup.*

It

It incrasates, mollifies, maturates, obtunds Acrimony, helps for a Catarrh Cough: But when the Lungs are filled with thick Matter, and so suffer a Difficulty of Breathing, then attenuating and inciding Medicines (such as *Syrup of Elecampane*) are more of use.

### *Syrup of Mallows.*

*Take the Magistral Decoction of Mallows 1 Pint; fine Sugar 1 Pound; make a Syrup.*

For its Vertues, see the said Decoction of Mallows.

### *Syrup of Moss.*

*Take Moss (called Oak Lungs) 4 Handfuls; Comfrey-root 6 Ounces; Malaga Raisins ston'd 2 Ounces; Liquorice 3 Drams; Balsam of Tolu 2 Drams; boil in Hydromel simple to 1 Pint and half; and with Sugar sufficient, boil it up, pretty high, into a thick Syrup.*

It's (saith the Communicator) famous, and effectual against clangose, convulsive, hooping Coughs, if a Spoonful or two be given often, both before and after every Fitt of Coughing, either in Penny-royal Water, or Pectoral Decoction, for some Days.

### *Syrup of Myrrh.*

*Take Myrrh 2 Drams (or at most half an Ounce;) grind it with brown Sugar-candy 4 Ounces; dissolve it in hard boiled Whites of Eggs (just as Oil of Myrrh by deliquium is prepared.)*

H h 4

It's

It's most excellent in an inveterate Cough, Phthisick, and Ulcer of the Kidneys.

### Syrup of Salt of Steel.

Take Succory-water 8 Ounces; Salt of Steel powdered 2 Drams; melt it thoroughly over the Fire in a glazed Vessel; then set it by two days, that its Crocus may be precipitated; which done, decant the pure clear Liquor, and adding fine Sugar 8 Ounces, Oil of Cinnamon and Nutmeg, each 2 Drops, make a Syrup.

If you pour the Solution of Salt of Steel into Milk, 'twill not coagulate it at all; therefore that Salt, tho' prepared out of Oil of Vitriol, (one of the most Acid of Acids) yet contains no Acid in it; which is remarkable enough.

Where I had this Note I cannot call to mind; but I believe it's partly a Mistake, and I wish I knew all mine, that I might retract 'em. Others Experiments are not always to be rely'd on. My own was as follows.

I put into three earthen Porrengers, cold, tepid, and boiling hot Milk, and poured into each the Solution; and after having let them stand by 24 Hours, found the cold scarce turned at all; the tepid a little; but the hot Milk was perfectly separated into a thin bluish Serum, and a Coagulum swimming over it; which yet was rather a thick Cream than a true Curd.

Syrup

## Syrup of Salt of Steel hysteric.

Take *Asa Fetida* a Dram and half; dissolve it cold (according to Art) in *Hysteric Water* an Ounce; strain, and mix it with Syrup of Salt of Steel 11 Ounces.

## Syrup of Scillaphus.

Take Shavings of *Sassaparilla* 2 Ounces; boil them in fair Spring Water 3 Pints to a Quart; adding at last *Cinnamon*, sweet *Fennel Seed*, of each half an Ounce; strain, and with Sugar boiled up Candy high 2 Pound, bring it to a Syrup, without more boiling.

'Tis *Cephalic*, *Pectoral*, *Cordial*, *Stomachic*; is prevalent against *Catarths*, and such Maladies as are occasion'd from *Phlegm*, and Cold.

## Syrup of Tobacco.

Take *Liquorice* half an Ounce; *Virginia Tobacco* (cut and dried ready for Smoking) 1 Dram; give it a hot and close Infusion in fair Water 6 Ounces for 2 Hours; in the strained Liquor dissolve *Honey* 2 Ounces; white Sugar 4 Ounces; at last add Oil of *Annisseed* 1 Drop; Tincture of *Benjamin* 2 Drams; mix.

It expectorates powerfully, and sometimes where the Stomach is apt to take Offence, causes a Pewking.

Urea.

## Treatle Syrup.

Take Contrayerva Root bruised, Andromachus his Treacle, of each half an Ounce; Daenocrites his, and Fracastorius his Electuary, of each 2 Drams; Angelica Seed 1 Dram; Saffron, Cochineal, of each half a Dram; Alexiterial Milk Water 4 Ounces; Treacle and Epidemial Waters, of each 1 Ounce; Wine Vinegar 4 Ounces; let these stand in a Glass Bottle (well corked and tyed over) in a Pot of hot Water 12 Houres; then having strained the Liquor through a Flannel Bag, and set it by to settle, decant the clear, which with Sugar (boiled up to a Candy height) half a Pound, make into a Syrup, without boiling.

Give 2 Spoonfuls in a proper Vehicle; or sweet Alexipharmac Juleps with it.

## The White Syrup.

Take pure Fountain-Water 1 Quart; fine Sugar 3 Pound; boil (and scum it well) into a Syrup.

I use to appoint my Apothecary to keep this simple Syrup always ready in his Shop; and that, not for any Medicinal Quality I expect from it, but partly (since 'tis cheap) to make up Electuary (of the Bark, for Instance) Masses of Pills, Mixture of Juniper, and a thousand other Things, where I require nothing at all from the Syrup, but merely Consistence, or Sweetning.

And

And partly, that the Colour of the Medicine may not be spoiled, and on this Account it's an Ingredient in the Balsamic Emulsion; and to instance in others, when I prescribe Spirit of Harts-horn, or any other of that Volatile Salt kind to be mixed in a Julep, if I should order Syrup of Gilly-flowers, twould turn it nasty black; if Syrup of Violets, green; if Syrup of Cowslips, brown, like Urine; but when I use this colourless Syrup, it gives no unpleasing Colour, nor alters the Look of the Medicine in the least.

### Cardiac Tablets.

*Take powdered Spanish Angelica Roots, Species called Diambra, of each half a Dram; Oil of Nutmegs 4 Drops; Oil of Cinnamon and Cloves, of each 2 Drops; fine Sugar dissolved in Aqua Mirabilis, and boiled up to a due Height; make Tablets, according to Art.*

They repair languid and spent Spirits; cure cold Distempers of the Stomach; and help for Palpitation, and Trembling of the Heart.

### Hysteric Tablets.

*Take Loaf-Sugar 4 Ounces; put a little Water to it; boil it up to a Tablet Height; then add Oil of Amber 8 Drops; and so drop it in small Cakes upon a Pewter Plate.*

Alert.

## Antierial Tincture.

Take Virginia Snake-wort, Contrayerva, Spaw-  
niss Angelica-roots, and Venice-Treacle, each  
half an Ounce; Myrrh 2 Drams; Saffron 4  
Scruples; Cochineal 2 Scruples; Tincture of Sals  
of Tartar 1 Pint; digest according to Art, and  
filtre.

## Antipthitic Tincture.

Take Sugar of Lead, and Vitriol of Mars  
powder'd, each 1 Ounce; rectified Spirit of Wine  
8 Ounces; set it by till it extract a red Tin-  
cture, which filtre.

Etmuller takes Vitriol of Mars 1 Part, and  
Sugar of Lead 2 Parts; and saith, the Tin-  
cture partakes not much of the Steel, but  
hath its chief Vertue from the Lead.

I have heard Jo. Michael was the Author  
of it, and that 'tis of great Esteem in Ger-  
many. It restores due Tone to the *Bronchia*  
when grown lax, hinders the Admission of  
acid *Serum*, heals ruptured Vessels, extin-  
guishes putredinous Ferment, keeps under  
Hectic Heat, is counted a Specific against  
Spitting of Blood, and is a profitable Medi-  
cine in the first Stage of a Consumption. *We-*  
*delius* saith, it tempers the Acrimony, con-  
centres the Halitosity, restrains the Rarifacti-  
on of the *Serum*, and stops profuse Sweating,  
which, if it do, it merits a very particular  
Regard. Let 20 or 30 Drops be given twice  
a Day in an appropriate Vehicle.

Argo.

*Aromatic Tincture.*

Take *Matthias his Spirit of Lavender* 1 Ounce; *Cloves bruised* 1 Dram; *Saffron* 16 Grains; *black Pepper* 4 Grains; digest 2 or 3 Days cold, and then filtre.

'Tis cephalic, cordial, stomachic: its Dose 20 Drops in a fit Vehicle.

*Balsamic Tincture.*

Take *Balm of Gilead, of Capive, Peru, and Tolu, each* 2 Drams; *Spirit of Wine rectify'd* half a Pint; digest in Balneo 2 Days, and filtre.

This Tincture was invented, to the end that the most delicate, nice and nauseous Persons, might take Balsamics in a Compensum, and without Offence. It's a prevailing Medicine to heal Excoriations of the Lungs, and fetch off their Infractions. Also against bloody Urine, and Nephritic Affects. The Dose is 30 Drops thrice a Day, in a good Vehicle.

*Tincture of Cantharides.*

Take powder'd *Cantharides* half an Ounce; good *Spirit of Nitre* 1 Ounce; digest 24 Hours; then add *Spirit of Wine camphorated* 3 Ounces; digest again in Balneo 2 Days, and then filtre.

Its Use is to force Urine, cure Ulcers of the Reins and Bladder; and take away Scorbutic vagous Arthritic Pains: But every Ignorant must not meddle with this Edge Tool.  
Green.

*Groenvelt* says, Camphire is the Proper Corrector of Cantharides.

The Dose is from 4 to 20 Drops twice a Day, in a Draught of Decoction of Mallows, edulcorated with Syrup of Violets.

### An Epileptic Tincture.

*Take Russia Castor half an Ounce; yellow Amber powdered, English Saffron, of each 2 Drams; fresh Flowers of Lilly of the Valley 1 Ounce; to these pour Spirit of Wine camphorated, Spirit of Lavender compound, Spirit of Salt Armoniac, of each 4 Ounces; digest without Heat 6 Days; and then decant, and filtre.*

It thoroughly and miraculously (saith the Communicator) eradicates an Epilepsy and Hysteric Passion; if given before and after the Paroxysm, and repeated before New and Full Moons.

The Dose is from 1 Scruple to 1 Dram, in Black-cherry or Lime-flower Water, or a Cephalic Julep.

### Tincture of Gentian.

*Take Gentian sliced thin 2 Ounces; Canary Wine 1 Quart; digest 3 Days cold, and pour it thro' a Strainer.*

It's Stomachic, Anticolic, Anthelminthic, Antapoplectic, Febrific; and good in the Bite of a mad Dog.

The Dose 3 Ounces thrice a Day.

*Hyss.*

## Hysteric Tincture.

Take Sydenham's liquid Laudanum, Tincture of Castor, of each half an Ounce; Asa Fœtida 1 Dram; digest a due Time.

The Dose is 20, 30 or 40 Drops.

## Japanic Tincture.

Take the black Part of Terra Japonica powdered 1 Ounce; Peruvian Bark half an Ounce; Balauſtines 2 Drams; Pomegranate Peel 1 Dram; Cloves, Cochineal, of each half a Dram; rectified Spirit of Wine 8 Ounces; strong Cinnamon Water 8 Ounces; digest according to Art, and filtre.

'Tis an excellent Astringent and Styptic.

## Ddotalgic Tincture.

Take Roots of Pellitory of Spain half an Ounce; Tobacco cut and dried, Balauſtines, of each 1 Dram; Cloves a Dram and half; black Pepper 1 Scruple; Camphire half a Scruple; Hungary Water 8 Ounces; sharp Vinegar 2 Ounces; extract a Tincture; to which (when filtered) add Liquid Laudanum (not tartariz'd) 2 Drams.

It may be used together with a Decoction of Savine. Let the Patient be careful not to swallow it down.

## Pectoral Tincture.

Take liquid Amber, Styrax liquid, Peruvian Balsam, Venetian Turpentine, of each 2 Drams;

Drams; Catx Water a Quart; evaporate half away; then filter, and boil till it come to the Consistence of Honey; which done, pour on it Tincture of Salt of Tartar half a Pint, and by due Digestion extract a Tincture.

This is of Use to exonerate, heal, and roborate the Lungs; and may be given from 20 to 30 or 40 Drops, in an appropriate Vehicle.

### Purgings Tincture.

Take Senna 3 Ounces; Rhubarb 1 Ounce; Scammony 4 Scruples; Brandy 2 Quarts; digest.

The Dose is from 2 Ounces to 3 or 4.

### Purgings Cephalic Tincture.

Take Senna half an Ounce; Rhubarb, Agarnic ty'd up, Species of Hiera, each 2 Scruples; white Wine 1 Pint; macerate and strain.

I have known it do much good in a Head-ach, occasion'd by Crudity, and Foulness of Stomach.

Let 3 Spoonfuls be given at Night, and 4 the next Morn, each other Day, with slight Observance.

### Tincture of Rhubarb.

Take Rhubarb sliced thin 2 Ounces; Brandy 1 Quart; infuse cold.

It's excellent in the bilious Colic. The Dose 3 or 4 Ounces.

Sto.

**Stomachic Tincture.**

Take Cinnamon 2 Drams; Mace, Nutmeg, each 1 Dram and half; Cloves 45 Grains; Grains of Paradise 1 Scruple; yellow Paring of Orange Peel not dry'd 1 Dram; Saffron 2 Scruples; Cochineal 15 Grains; Tincture of Salt of Tartar 12 Ounces; digest.

**Stomachic Tincture.**

Take Gum Lac powder'd half an Ounce; burnt Alum 1 Dram; Small Spirit of Scurvygrass 8 Ounces; stop up close in a Glass Bottle, digest till a good Tincture appear, and warily decant.

Its a singular Thing for the Cure of scorbutic Laxity, Bleeding, Wasting, Putrefaction of the Gums, and stinking Breath occasioned by the same.

**Sweet Tincture.**

Take Spanish Juice of Liquorice cut thin 1 Ounce; Cochineal 2 Scruples; Canary Wine 1 Quart; digest. To these may be added Saffron 1 Dram.

Liquorice is truly, in general, a laudable and useful Medicine; but is found fault with notwithstanding; because consisting of a thick, heavy, sluggish Juice, it creates Nauseousness in the Stomach, and passeth not currently into the Blood. But this Tincture happily possesses the entire Vertues of Liquorice,  
I i

rice, without its Vices; for it sits easy upon the Stomach, and finds ready Admittance into the Blood; and (by its Conveyance) into the inmost *Loculi* of the Lungs, where it mollifies and obtunds acrid *Serum*, moderates the Straining of a dry tirefome Cough; admirably digests, and maturates crude Phlegm sticking in the *Tubuli*, and Vesicles, and renders it fit for Expectoration.

Give a Spoonful often, either alone, or with a Pectoral Julep.

### A Tobacco for Catarrhs.

Take Pistachio Peels 6 Drams; Tobacco 2 Drams; Coltsfoot 1 Ounce; Oil of Anniseed 8 Drops; cut and mix.

Taken in a Pipe like Tobacco, it's good to stop a Catarrh, and prevent a Consumption.

### A Tobacco for Consumptions.

Take Pistachio Peels 3 Drams; dry'd Hysop, white Horeboud, Rosa Solis, each 2 Drams; Auripigment, Tobacco, each half an Ounce; reduce all into an exquisitely fine Powder; which grind upon a Marble with Yolk of Egg, till it become just like Painters Paint. This lay upon the rough Side of Coltsfoot Leaves with a Pen-cil or Knife, and hang them by single: When they are dry, cut them with Scissors fit for a Pipe.

Smoak it, like Tobacco, Morn and Even, and as you are smoaking draw it into the Lungs

Lungs with your Breath, and cough it out again.

*Dr. Wallis* saith, Empeticks ordinarily prescribe Smoaking of Orpiment like Tobacco; and sometimes with good Success. And it's a Practice with the common People, to smoeak Bits of Cloth painted with Orpiment (such as we find us'd for Hangings in some old Houses) and suck it into their Lungs, for a Cure of Consumptions.

### A Napour with Coloquintida.

Take Coloquintida Apple half an Ounce; Tops of Savine 2 Handfuls; Herb Feverfew Penny-royal, of each 1 Handful; Bay, and Juniper Berries, of each 1 Ounce; boil in Spring Water 5 Pints to 4; strain, and when you use it, add as much Spirit of Salt Armoniac as will give the Vapour exhaling a quick Smartness.

To provoke the *Menses*, it is to be used in a Close-stool; and every Time it is heated (which may be done with hot Flints) there ought to be fresh put into it.

Some have a Way of using Spirit of Salt Armoniac alone for a Vapour. See *Ettmuller*, Tom. 2. Pag. 1589.

### A Diuretic Napour.

Take Horse-radish-root pounded 8 Ounces; put it into a Bottle with strong Beer 2 Quarts; stop it up close, boil it in a Kettle of Water, and

and then putting it in a Glose-stool-Chair, sit over it as hot as may be endured.

When Stoppage of Urine happens, by reason of Pain of the Stone (either cramping up the Fibres of the Bladder, or paralytically relaxing 'em) such a smart Sort of a Vapour brings good Relief; for by solving the Spasm, and rousing the Spirits, it causeth the Fibres to fall to their necessary work again of Compression. But when the Water is suppress'd by a Stone, plugging up the Passage of the Ureters, or *Urethra*, little or no Assistance can be expected from it.

### A Vapour for the Cat.

Take Hellebore Roots both white and black, of each 1 Ounce; Juniper and Bay Berries, of each 6 Drams; Cammin-seed half an Ounce; Rue, Wormwood, Camomile Flowers, each 1 Handful; Water 3 Pints; Vinegar 1 Pint and a half; boil to 2 Quarts for a Vapour.

This subtiler, piercing, and very sharp Vapour, penetrates to the Tympanum itself; fuses and deterges the Ear Wax and Filth, and notably strengthens the Tone of the Ear. An eminent Physician (in his Place and Time) held this as a very great Secret against Deafness, and wonderfully commended it to me. Perhaps the first Hint of this might be taken from an Oil for the Ear; which *Rondeletius* makes of white Hellebore Roots, Bay and Ash Leaves, and Rue boild in Wine and Oil.

An

## An Emmenagogue Clappour.

Take the Scorin of Regulus of Antimony powdered, 4 Ounces; decoct in Saturated Lixivum of Ashes as much as is convenient, so as to extract a red Tincture; strain, and raise Ounces of it add Mallice Wine 4 Ounce, (or rather Spirit of Wine half an Ounce.)

Let a Spoonful or 2 of this be cast upon burning Coals; and let the Patient receive the ascending Reek.

Having in whose Prescript this is) saignis must be used only at the due Season.

Zoster thinks it better to inject it into the Vagina Uteri; a Metrencyta described by Scultetus Tab. 13. Fig. 3. V may be proper to do it with.

## A Clappour for the Hemorrhoids.

Take Mallein, Henbane, each 4 Handfuls; boil in Water 4 Quarts to 3 Quarts; and let the Vapour be received hot thro' a perforated Chair.

It's a good thing for the Hemorrhoids, to abate their Swelling, and allay their Pain.

## A Pedicel Clappour.

Take Balsam of Tolu, Benjamin, each 2 Drams; Hyssop, Penny-royal, each 1 Handful; Anniseed half an Ounce; boil in Milk 3 Pints, to 1 Quart; at last add Spirit of Salt Armoniac 2 Drams; mix.

I i 3

Altho'

Altho' the *Aspera Arteria* admits no Liquors into it (as is aforesaid in *Haly's Lohoch*) yet it allows, without Reluctation, that Vapours may insinuate themselves immediately into the *Tubuli* and Vesicles of the Lungs, with their entire Vertues.

This Remedy is profitable to Consumptive People, upon several Accounts; for because of its comforting, digesting Warmth, it refreshes the Tone of the Parts, and ripens Crudities; because of its inciding and irritating Qualities, it attenuates viscid Phlegm, and brings it off: And lastly, because of its balsamic, sanative Nature, it corrects a putridinous Tendency, and cures and heals Ruptures of the Vessels.

### A Vapour for a Duntity.

Take Pepper powder'd 1 Ounce; Milk 1 Quart; boil it to 1 Pint and half; put it into a Glass Bottle with a small Neck, and let the Reek be receiv'd as hot as can be endur'd, with open Mouth.

This *Euporiston* doth, more powerfully than any other Gargle whatsoever, attenuate, melt down, and draw forth tough Phlegm, which by obstructing the Glands, and spungy Flesh, and hindering the free Passage thro' them of Blood and Humours, occasion'd the Inflammation and Tumour. And therefore, more effectually takes off this perilous Distemper, than any of them,

Alme.

### Vinegar Chalvbeate.

Take of the sharpest Wine Vinegar 3 Quarts;  
Filings of Steel 6 Ounces; infuse cold 3 Days,  
and then strain.

This is from Zachias (*de Affect. Hypochondr.*) and is for the making of Chalybeate Oxymel.

### Aloetic Unguent.

Take powder'd Aloes 2 Drams; Scammony,  
Troches of Albandal, each half a Dram; O  
Gall 1 Dram; Butter as much as needs; make  
an Unguent.

It's to be us'd to Childrens Navels, against  
Worms. I know not whether that of *Riverius*  
(*cap. de Hydrope*) be founded on Experience, or not, where he writes, that Unguents  
compos'd of the strong Purgers are dangerous, because the Purgative Quality being carry'd into and fix'd in the Muscles and Membranes, often causes a mortal Flux.

### Aperitive Unguent.

Take Oil of Lillies, and of Tamarisk, each  
2 Ounces; Juice of white Briony Roots, and  
Smalage, each 1 Ounce; Boil to the Consumption of the Juices; and adding Ointment of  
Marsh-Mallows, fresh Butter, each 1 Ounce;  
Gum Ammoniac strain'd half an Ounce; Wax  
as much as needs; make an Unguent.

I i 4

All

All Tumours are caused by an Obstruction somewhere or other; which like a Dam, stopping the Course of the influent Humours, makes an Inundation. Therefore Aperitives ought to be such, as (by reason of the Subtlety of their Particles, and such a Degree of Warmth as is agreeable to the Nature of the Part) are able to dissolve those Concretions, supple and smooth the rigid Fibres, deopilate the Interstices, and internal Passages, relax the tense *Cutis*, and set open the Pores that were clos'd up. These Things accomplish'd, the Blood whirls round, and reforbs the thick *Liquamen* into its Channel; and the free Pores give way for the thinner Part to fly off by *Diaphoresis*. And so all is brought back, and restor'd to its due State of Nature again.

The common Opinion of Authors is, that far Things obstruct the Pores, hinder Transpiration, and retain Vapours in the Part affected. But the Contrary of this (if I am not mightily mistaken) is true. For as the *Fibrillæ* (of which the *Tegmen* of the *Cutis* is made) are either contracted or relaxed, Transpiration is accordingly either hinder'd or helped. And when, by reason of a painful Tumour, these *Fibrillæ* are tense, rigid, and constring'd, then they purse up the Pores, and suffer nothing to transpire: But when, by means of lenifying, suppling Oils, those *Fibrillæ* are softened, lubricated, and relaxed; they suffer the Pores to open again, and facilitate *Diaphoresis*. This

This Unguent is very prevalent in a rennive Tumour of the Liver, Spleen and Abdomen; but not in an aqueose, glandulous, or schirrhous Swelling.

### Unguent for an Atrophy.

Take Humane Fat 1 Ounce; Oil of Bay half an Ounce; white Pepper half a Dram; Euphorbinia 1 Scruple; Alum. Plumose (dissolved in Spirit of Wine) half an Ounce; Oil of Juniper Petrolenna, of each 1 Dram; mix.

### Unguent de Bils.

Take white Ointment half an Ounce; Camphire (ground with a few Drops of Oil of Almonds) Flower of Sulphur, each 24 Grains; Flower of Benjamin 12 Grains; Queen of Hungary's Water 40 Drops; Oil of Rhodium 8 Drops; Oil of Cloves 4 Drops; make an Ointment.

It's very useful for Pushes, Pimples, and Blemishes in the Face.

### Unguent of Bismuth.

Take Oil of sweet Almonds 2 Ounces; Sperma Ceti 3 Drams; Magistery of Bismuth 1 Dram; mix.

'Tis a Beautifyer, and particularly helpeth to take variolose Redness out of the Face.

### Cordial Unguent.

Take Orange Flower Butter, Palm Oil, each 2 Drams; Apoplectic Balsam 1 Scruple; Oil of Cin-

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Cinnamon, Cloves, Nutmeg, each 4 Drops;  
mix.

## Crimfic Unguent.

Take Bees burnt, Mouse Dung, each half an Ounce; Balsam of Peru 2 Drams; Honey as much as sufficient; make an Unguent.

The Fore-part of the Head only is liable to be bald, saith Aristotle: The Reason given is, because, between the *Cutis* and *Cranium*, in the *Sinciput*, there are found no Muscles or Fat, as there are in the *Occiput*; and so the *Cutis* there becoming dry, and, as it were, restaceous, the Hair falls off.

## Dissipating Unguent.

Take Ointment of *Althaea* 1 Ounce; Gum *Ammoniac* a Dram and half; crude Mercury half a Dram; Oil of Wormwood Chymical 4 Drops; mix.

## An Erysipelas Unguent.

Take Juice of Elder Leaves, (or Rinds) Linseed Oil, each 2 Ounces; boil to the Consumption of the Juice, and then add powder'd Litharge as much as serves to make it up into an Unguent.

## A Frontal Unguent.

Take Unguent of *Alabaster* 1 Dram and half; Oil of Mace by Expression 1 Scruple; *Opium* (dissolv'd in a little Rose Water) half a Scruple; mix.

See

See the *Frontal* with *Campfire*.

**Pérmorboſdal Unguent.**

Take *Populeon Quintment* 1 Ounce; *Oil of Amber* 2 Drams; mix.

It's for the *Hæmorrhoids*, when ſwell'd and painful.

**Unguent to drive back Milk.**

Take powder'd *Alum* half an Ounce; *Butter* 2 Ounces; *Wax* 2 Drams; mix.

**Pectoral Unguent.**

Take *yellow Wax* 6 Drams; *Sperma Ceti*, *Oil of Mace* expreſſed, each 2 Drams; *Oil of ſweet Almonds* 3 Ounces; *Oil of Nutmeg* 16 Drops; *Oil of Cloves* 8 Drops; mix.

It's a very fine, yellow, fragrant, comfortable Unguent; and hath the ſame Vertues with the *Pectoral Plaiſter*.

It's generally to be obſerv'd, in the external Uſe of Chymical Oils, that they are to be apply'd not alone, but mixed with *Wax*, and *Fats*, that they may adhere to the *Skin* the better; otherwiſe they will be apt to be diſſipated, and evaporated into the *Air*.

**1. Pleuritic Unguent.**

Take *Unguent of Marſh Mallows* 1 Ounce; *Linſeed Oil* half an Ounce; *Oil of Cummin* half a Dram; *Campfire* half a Scruple; mix.

In

In inflammatory Tumours, there's a Congestion of gelatinous *Lympha*, which (by compressing the Vessels) stops the Course of the Blood, and forceth it to extravasate; and then the carneous Fibres, by that extravasated Blood (which drives in among them like Wedges) being thrust out of Place, confusedly tangled, and stretch'd and strain'd out beyond their due Tone, produce the Sense of Pain. Now, towards the Removal of this Evil, there are 2 Things especially to be done. First the sily Concretion must (by the Assistance of Volatiles) be so dissolved, and liquefy'd, as that it may easily be remanded into the Veins again. Secondly, the Fibres themselves must (by Oily Things) be made limber, and slippery. These accomplish'd, the pulsific Motion of the Blood continually thrusting on, the Fibres will be disentangled, and recover their natural direct Rows; due Circulation through the Part will be reintegrated, congested Humour resorbed, and consequently the Distemper discharged.

## 2. Pleuritic Unguent.

Take *Althæa Ointment* 1 Ounce, Oil of sweet *Almonds* 3 Drams; *Campfire* 1 Scruple; *Spirit of Salt Armoniac* 1 Dram; mix.

Anointed on the Parts affected, it appeases, and takes away Pleuritic, and Podagric Pains, (saith the Communicator) for it's very

very penetrating, and either obtunds or dissipates the sharp stagnating Particles; or resolves the extravasated to the circulating Mass of Blood.

And I have learn'd from Experience (saith he) that Spirituous Medicines mixt with Unctuous, do mightily ease Pains, which Spirituous alone do not.

### Podagric Unguent.

Take black Soap 4 Ounces; Barbadoes Tar, Honey, each 1 Ounce and half, and the White of 1 Egg; mix.

Of the Manner how external Antipodagrics operate, See the Arthritic Plaister and Podagric Foment. This hath often brought Relief.

### Refrigerating Unguent.

Take Sugar of Saturn 3 Drams; dissolve it in Frog-Spaw-Water 6 Drams; and mix it up in a Mortar, with Ointment of Roses 3 Ounces.

It allays Itching, Heat, and Pain of the Back; and is good in Burns.

### Renal Unguent.

Take Ointment of Poplar 1 Ounce and half; Oil of Scorpions, Juice of Lemons, each half an Ounce; Opium 1 Scruple; Camphire half a Scruple; make an Unguent, to be us'd to the Reins, in a Nephritic Fitt.

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## Saponaceous Unguent.

Take Castile Soap 1 Ounce and half; Oil of Tartar by Deliquium 1 Ounce; Fullers Earth 3 Drams; Roots of white and black Hellebore, each 1 Dram and half; Elder Ointment (prepared with a Mixture of Broom-flowers in it) 2 Ounces; mix.

It's for Spots, Pustules, Scabs, and all manner of Foulness of the Face and Skin.

## Unguent for Shrinkings of the Sinews.

Take Nerve Ointment 1 Ounce; Neats-foot Oil, Oil of Earth Worms, Bullocks-fat-Marrow (that droppeth out of a boild Marrow-bone) each half an Ounce; fine Turpentine 2 Drams; liquid Storax, Sperma Ceti, each 1 Dram; Oil of Anniseed 12 Drops; mix up an Unguent.

When a Limb, struck with a dead Palsy, begins to grow cold, waste away, lose its Motion, and shrink up: In this difficult Case, such a Remedy as this, used with good Friction, sometimes is helpful. For by means of its suppling Oily Substance; it mollifies and relaxes the dry, hard, contracted, carneous Fibres; by means of its Balsamic, and Aromatic Parts, it revives and roborates the benumbed, weak, nervous Fibres. And lastly, when good Rubbing is added to the rest, one may well hope, that the Blood and Spirits may be drawn more plentifully into the Part; and that natural Heat, and Tone, and Nourish-

Nourishment may be restor'd to the Member again.

### Splanchnic Unguent.

Take *Dialthea Unguent* 2 Ounces; *Gum Ammoniacum* strain'd half an Ounce; *Oil of Juniper* 20 Drops; mix according to Art.

It excellently attenuates, and dissolves gross, tough Humours, where-ever collected, and is mighty convenient in Tumours of the Abdomen, and *Hypochondria*.

### Splenetic Unguent.

Take *Gum Ammoniacum* strain'd, half an Ounce; *Labdanum* 2 Drams; *Hens-grease* 1 Ounce; *Oil of Roses* 4 Ounces; *Juice of Hemlock* 3 Ounces; boil to the Consumption of the Juice; at last, add (when it groweth cool) *Balsam of Peru* 2 Drams.

It serves for the same Uses with the next precedent. See the *Aperitive Unguent*.

### Stomachic Unguent.

Take fine *Venice Turpentine*, *Spirit of Salt Armoniac*, each 1 Dram; *Wax*, *Oil of Juniper*, each 2 Drams; *Oil of Cloves* 1 Dram; *Oil of Mint* 2 Scruples; *Oil of Wormwood* 1 Scruple; mix with Art.

It's an elegant and noble Unguent, which I have experimented myself, and highly approve of.

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*Unguent for the Stone.*

Take Ointment of Marsh Mallows 1 Ounce;  
Oil of Turpentine and Annise, each 1 Scruple;  
*mix.*

Let the Region of the Pubes and Perineum  
be anointed with it, in a grievous Fitt of the  
Stone in the Bladder, to comfort the Parts  
weakened by Torture; and to relax their do-  
lorific Tension.

## *Volatile Decole Unguent.*

Take Venice Soap scraped thin 2 Ounces;  
Oil of Castor, Spirit of Wine camphorated, of  
each 3 Drams; Oil of Juniper 1 Dram; Spi-  
rit of Salt Armoniac 2 Drams; mix all up into  
an uniform Body.

'Tis commended in Rheumatic Joint Pains,  
and in the Palsy.

## *Unguent for Lying-in Women.*

Take Jessamy Butter, Orange-flower Ointment,  
of each an Ounce and half; Oil of Sweet Al-  
monds 6 Drams; Sperma Ceti 2 Drams; *mix.*

For Wrinkles in the Belly, after Child-  
birth.

## *Uasers of Tamarinds.*

Take Tamarinds 1 Ounce; mash them in a  
Mortar with thin Mucilage of Gum Dragant,  
pass them through a pulping Sieve, dissolve also  
Spanish Juice of Liquorice in the same Sort of  
Muci-

Mucilage 2 Drams; mix and make Troches as  
 in as Waters to Seal Letters; which dry in  
 an Oven according to Art.

These are very pretty, desirable and useful  
 Things to hold in the Mouth, to alleviate  
 Thirst, and take away an ill Taste in  
 Fevers.

### Balsamic Water.

Take Ground Ivy, white Horehound, Hyssop,  
 Penny-royal, of each 3 Handfuls; Roots of E-  
 lecampane, Orris, of each 2 Ounces; Venice Tur-  
 pentine (dissolved with Oil of Tartar) 4. Oun-  
 ces; Milk 3 Quarts; Spirit of Wine half a  
 Pint.

Distill off the Water in a Sand Bath; mix  
 all together, and separate the Oil.

Ettmuller informs us, that if Turpentine  
 be well wrought in a Mortar with Oil of  
 Tartar per deliquium, it will turn into a  
 Milky Liquor.

This Water is good in a Pulmonary Cough,  
 and in the Beginning of a Consumption; for-  
 asmuch as it resists Putrefaction, mundifies,  
 consolidates, exsiccates, and roborates.

The Dose is 2 or 3 Spoonfuls, twice a  
 Day, with Syrup of Juice of Ground Ivy,  
 or Balsamic Syrup 1 Spoonful.

### Burdock Water compound.

Take Roots of Burdock, Avena, Tormentil,  
 Hounds Tongue fresh gathered, each 4 Ounces;

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Herbs

Herbs of Ragwort, Herb Robert, Plantain, Celandine, Agrimony, Speedwel, Ground Ivy, Housleek, each 2 Handfuls; Seeds of sweet Fen-nel, Coriander, each 2 Ounces; Whey 2 Gallons; distill in a cold Still as long as it runs good.

In distilling of Waters, it's a very great (and perhaps common) Fault, to be over covetous; for a little Bad that falls at last, will quite spoil all the Good that came before. Let the Apothecary therefore leave off, as soon as ever it begins to taste sour or burnt.

I mostly prefer Whey before Milk, for Distillation; because the Cheesy Part being taken away, it's less apt to burn, and give an abominable Taste to the Water. Yet I am of the Mind that for some Uses Milk is to be preferr'd: My Reasons for which shall be hinted, when I speak of Scorbutic Snail Water.

Its Use is, to make Juleps of in obstinate Distempers, that lie deep and remote; such as Cancer, Kings-Evil, &c. In 3 Ounces of it may be mashed, washed and squeezed out 40 or 50 Millepedes, for a Morning Dose, to be continu'd for a whole Month together.

### Chalypreate Water.

Take clean Filings of Needles, and white Tartar powder'd, each 4 Ounces; Spring Water 1 Gallon; stir it well together, and either let it stand cold 14 Days, or (if you want it sooner) digest

digest it 3 Days in a moderate Heat in an Oven. Then carefully decant the clear, and keep it for Use in Bottles, not corked close, but ty'd over with a Paper only; for if it be kept close corked, or too long, it will corrupt, and stink, and be unfit for Use: But if it should, that Inconvenience will not be great, since it's not very chargeable still to make fresh.

Dr. Willis's Preparation of Steel (to be found in Dr. Harris's *Pharmacologia*) gave me the first hint of making this Liquor; which is highly impregnated with both Sulphur and Salt of the Mineral, and may not inconveniently be given in form of a pleasant Julep, thus:

Take Chalybeate Water 1 Pint; Water of Mint and Wormwood compound, each 2 Ounces; Magistral Worm Water, Gentian compound, Syrup of the 5 opening Roots, each 4 Ounces; mix, and give 6 Spoonfuls twice a Day.

### Posse-dung Water.

Take Brook-Lime, Water Cresses, Harts-tongue, each 3 Handfuls; Juicy Orange-peels 3; Nutmeg 6 Drams; succulent fresh Hens-dung 3 Pound; Whey 9 Pints; Juice of Scabious, Dandelion and Hyssop Water, each 1 Pint. Draw off the Water gently, in a cold Still; for in an Alembic (which is used for expedition sake) they are apt to urge it with too much Fire, and then the Water is not so pleasant.

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'Tis

'Tis used in Juleps, in the Pleurisy, Scurvy, and vagous Pains.

### Juniper Water compound.

*Take Juniper Berries well bruised 12 Ounces; Seeds of Annise, Caraway, Coriander, each 1 Ounce; Brandy 6 Quarts; Water (boil'd half away) 2 Quarts; decrepitated Salt 4 Ounces. Distill in an Alembic according to Art.*

If instead of Brandy you employ a foul Spirit, such as the common Distillers use, its filthy Phlegm would give your Water a nasty Smell and Taste.

I add Water, both to take down the Heat of the Spirit, and also to keep the Ingredients from Burning: And I may put in as much as I will, for the Spirit will come over the Helm first; and afterwards when it runneth too small, I may cease the Operation, and leave the rest behind in the *Vesica*. My Design in boiling it is, to drive off those crude Particles that are apt to make it mothy or musty.

That distill'd Water is not the same with Spring-water, appears from this Experiment (as I read in *Tachenius Hip.* 106.) if you drop a Solution of *Saccharum Saturni*, made in common Water, or of Silver, made in *Aqua fortis*, into Spring-Water, 'twill turn it milky white; which 'twill not do, if dropped into the same Water distilled: And therefore *B. Porta* (in *Mag. nat. l. 5. C. 5. p. 254.*) for

for the preparing of the Philosophical Tree, appointeth the Water to be 2 or 3 Times distill'd, that it may remain Diaphanous. And so he thinks it plainly prov'd, that Spring-Water contains an occult *Alkali*, which Distilling utterly divests it of.

It provokes Urine, expells Wind, warms and corroborates the Stomach and Bowels, and is good in the Colic and Spleen.

### Water of Millepedes.

Take live *Millepedes* 1 Pint and half; fresh Orange and Lemon Peel, each 3 Ounces; white Bread 12 Ounces; Nutmeg 6 Drams; Juice of Scabious and Cleavers, each 1 Pint; Whey 3 Quarts; make a Distillation.

The Peels ought to be green, and Juicy; for tho' Aromatic Herbs (such as Mint, and Thyme) yield forth more chymical Oil when dry, than green and clogg'd with Phlegm; yet on the contrary, Orange and Lemon Peels afford most Oil (and consequently most Taste, Smell and Vertue) before they are dry'd.

It depurates the Blood, clears the Nerves, carries off by Urine; is useful in Distempers of the Brain, and Genus *Nervosum*; in scorbutic Joint-Pains, Gout, Spleen, Phthisic, Consumption, Kings-Evil, Weakness of the Eyes. See more in the Expression of *Millepedes* simple.

**Scelotyrhic Water.**

Take Horse-Radish and Arum Roots, Orange-peel, each 3 Ounces; Scurvy-Grass, Arsmart, each 6 Handfuls; Water-Cresses, Brook-lime, Sage, Mint, each 3 Handfuls; Nutmeg 3 Drams; Stale Strong Beer 6 Quarts; distill in an Alembic.

It serves to put into Juleps, Infusions, Decoctions, &c. against the Scurvy, and its various Symptoms; as also to provoke Urine, in case of Dropsy, Palsy, &c.

**Snail Water Pectoral.**

Take Snails beaten to mash with their Shells 3 Pound; Crum of white Bread new bak'd 12 Ounces; Nutmeg 6 Drams; Ground-Ivy 6 Handfuls; Whey 3 Quarts; distill it in a cold Still, without burning.

If I would have this Water not so absolutely cold, I add Brandy half a Pint, or a Pint. I have had it also in my Thoughts to add Balsam of Tolu 6 Drams, that it might be enrich'd with the grateful Balsamic Gas; but I never try'd it.

The Essence and Affections of Things are so minute and subtle, so abstruse and remote, that they are mostly better understood *à posteriori*, than *à priori*. 'Twas not speculative Philosophy, and fine-spun *Hypotheses*, but Experience and Observation that taught us *Lapis Lazuli* is purgative, *Stibium* emetic, and Arse-

Arsenic venomous. How many ingenious Hot-heads have we seen, whose Brains were fill'd with nothing but Fumes, Fancies, and Falsities, that might as well have been turn'd with useful practical Knowledge, had they been content to have let Experience go before, and Reason follow after? Upon these Considerations, tho' *Zwelfer* deny any Verue to such-like Waters, because Snails and Bread cannot send their Mucilage and thick Juice over the Helm in Distillation; yet for ought he knew (and 'tis believ'd Experience vouches it) sanative Effluvioms, which our Senses reach not, they may, sufficient to enrich their watery Vehicle with Medicinal Vertues.

This Water humects, dilutes, supplies, tempers, nourishes, comforts; and therefore is highly conducive in hectic consumptive Emaciations.

### Snail Water Scorbutic.

Take Snails bruis'd with their Shells, 3 Pound; fresh Orange Rinds 3 Ounces; Brook-lime, Water-Cresser, Cleavers, each 3 Handfuls; Whey 3 Quarts; distill in a cold Still.

As to cold Still Waters, it's most certain, they are apt to carry off the Salt of the Metal: For I have often observ'd them to taste as tho' a good Quantity of *Saccharum Saturni* were dissolv'd in them. And in the Book of Experiments, made in the Academy del Cimento, it's said, that if Water distill'd in a Leaden

Still be pour'd into River or Spring Water; 'twill muddy it; which Water distill'd in Glafs will not: And that muddy Water will become clear again, if a few Drops of strong Vinegar be put into it, and shook about; the plain Reason of which must be, because the Acid precipitates the Salt of the Lead.

That Water distill'd from Milk is not (what others may suggest) meer, sincere, elementary Water, manifestly appears (among other Arguments) from hence; that if it be too long kept, it turns sour. Now Flesh Broth (which is Water impregnated with Animal Juices) will do the same; but as for simple Water, tho' it be kept a whole Age, it never will.

But Milk Water is (according to my Notion) a delicate Animal Dew, agreeable to our Nature; which supplying a soft and amicable *Lympha*, void of all saline Asperities, dilutes, edulcorates, contempers, and mingles the whole Mass of Blood, renders it uniformly liquid, benign, homogeneous; and so notably affixes it to circulate freely through the minutest Passages, break open Obstructions, cast off its Excrements, subdue its Ferors, and cherish and nourish the Parts.

But to get such a fine Water in Perfection, I should advise, to receive the Milk under the Cow into a Glafs Cucurbit; to close its Head upon it presently while warm; to distill it with as low a Degree of Fire as will just

just serve to make it rise; to draw no more at a Time than the Patient is to drink at a Dose, and to give it as soon as distill'd.

This Snail Water is commendable in erratic scorbutic Fevers, Flushings, flying Pains of the Joints, hectic Wasting of Flesh, and Night-sweats.

### Deoppliating Whey.

Take Roots of sharp-pointed Dock, and Poly-podium, each 4 Ounces; Herbs Liverwort, Agrimony, Succory, Hop-tops, each 2 Handfuls; Juice of Fumitory 1 Pint; Senna 1 Ounce; Tamarinds 3 Ounces; Whey 3 Gallons; boil to 2 Gallons, and strain.

### Dietetic Whey.

Take Whey 2 Quarts; Juice of Lemon 1 Ounce; Juice of Pippins (or other sharpish Apples) fresh pressed out, 4 Ounces; fine Sugar 2 Ounces; mix, and clarify with 2 Whites of Eggs.

No more than will serve for 3 Days ought to be made at once, for 'twill not keep good longer.

'Tis a pleasant and most excellent Medicine for Maladies caused by black Cholera or muriatic Salt. It humects, and refrigerates the Ventricle, and Parts ministering to Nutrition, when they are parched up with Heat, and inflamed: And it sweetens Salt Chyle, and

and Serum: And carries Rectements off with the Urine.

The Dose is a Pint in a Morning, every Day, for a Month together.

### Purgings Ubbey.

Take white Briony Roots 1 Ounce; Scilla, Agaric, each half an Ounce; infuse in a Luke-warmth for a Night, in Whey 1 Pint and half; in the Morning boil to 1 Pint, adding, at last, Caraway Seed balsam Ounce; Manna 2 Ounces; in the strain'd dissolve Syrup of Mugwort 2 Ounces; mix for 4 Doses.

This particularly purges Phlegm, is proper in a Green-sickness, and after Lying in.

### Scorbutic Ubbey.

Take Scurvy-grass, Plantain, each 2 Handfuls; Brooklime, Water-Cresses, Fumitory, Sorrel, each 1 Handful; beat them in a Marble Mortar; pour to them Whey 1 Quart; strain out, and boil till it be well clarify'd.

### Splenetic Ubbey.

Take Whey 3 Pints; Dodder of Thyme 2 Ounces; black Hellebore Root a Dram and half; Honey 2 Ounces; infuse warm 12 Hours; then boil to a Quart, and having strained it, add Cinnamon Water 2 Ounces; mix.

The Dose is 6 Ounces, twice a Day.

## Bitter Wine.

Take White-Wine 1 Quart; Brandy 4 Ounces; Gentian-Root 4 Scruples; Tops of Carduus; Centory, Camomile Flowers, each 8 Scruples; thin yellow Parings of Oranges 2 Drams; Mace, Nutmegs, Cloves, Cochineal, each 2 Scruples; macerate cold till the Vertues of the Ingredients be extracted; then decant through a Strainer.

## Bitter Cathartic Wine.

Take bitter Wine 1 Pint; Senna 1 Ounce; Rhubarb 2 Drams; infuse cold, and strain.

The Dose 5, 6, or 7 Spoonfuls.

## Bitter Chalybeate Wine.

Take bitter-Wine, and Chalybeate Wine, each 1 Quart; mix.

Begin at 4, and so gradually ascend to 8 Spoonfuls, twice a Day.

## Cathartic Wine.

Take Senna 2 Ounces; white Tartar powder'd 8 Scruples; White Wine 1 Quart; Brandy 4 Ounces; macerate cold 3 Days, and strain.

It may be given, either alone to 4 Ounces, or purging Potions may be made of it extempore, by adding Oil of Anniseed 1 Dram, Scammony and Syrup of Roses solutive, as much as shall be deem'd requisite.

Cha.

## Chalybeate Wine.

Take clean Filings of Needles (without mixture of Pin-dust) 2 Ounces; Juices of 8 Sour Oranges; let it stand 24 Hours; then add White Wine 2 Quarts; Cinnamon half an Ounce; Cloves 2 Drams; Mace 4 Scruples; digest and strain. If it be done cold, the Wine will be the fresher, but the longer in doing.

In the Chalybeate Syrup, you have also the Preparation of another very good Chalybeate Wine; which see.

Whatever Vertue Steel can give out into Wine, this entirely possesses. Some there are, who conceiving that the principal Use of Steel consists in destroying of Acids, are vehemently set against preparing it with Acids. But if they would serve their *Hypothesis* less, and consult Experience more, they would be certainly convinc'd, that Acids are the best Key to unlock Chalybeates with.

Of the Vertues and Use of Steel, more may be seen in *Chalybeate Powder*: To which I shall here add, that if the primary Intention be to correct the deprav'd Ferment of the Stomach, Chalybeate Eleâuaries, or Powders are most proper Forms; but if Exalting of the Blood, Opening Obstructions, and Rectifying the Habit of the Body be the Design, then Wine is more eligible.

The Dose is to 3 Ounces twice a Day.

**Diuretic Wine.**

*Take White Wine 1 Quart; Salt of Worm-wood 2 Drams; mix.*

Every one knows the Medicine for a Dropsy made of Wormwood, or Broom-Ashes in White Wine: But since Wine can extract nothing out of those Ashes but their fix'd Salt, it's manifest, that this is the self-same Thing, but cleaner than that, and prepar'd *extempore*.

It's not only a good Remedy against a Dropsy, but also against Nauseousness, Vomiting, and intermitting Fevers. The Dose 4 or 6 Ounces twice a Day.

**Elecampane Wine.**

*Take green Elecampane Root, white Sugar, Currants cut small, each 4 Ounces; White Wine 2 Quarts; infuse cold.*

It discharges the Lungs, roborates the Stomach, kills Worms, removes Obstructions, depurates the Blood. The Dose is 3 Ounces twice a Day.

**I. Pydropic Wine.**

*Take Florentine Orris 2 Ounces; Elecampane, Squills, each half an Ounce; Elder and dwarf Elder Rind, each 1 Ounce; Winters Bark 2 Drams; Senna 2 Ounces; black Hellebore, Agaric, Jalap, each 2 Drams; White Wine 2 Quarts; infuse cold.*

It's

It's a most excellent, and a thousand Times experimented Medicine for an *Anasarca*; for it having attenuated, disturbed and remov'd the gelatinous *Colluvies* stagnating in the Habitat of the Body, hindering free Passage thro' the *Tubuli*, and occasioning the *Lympha* to overflow; it first returns it into the Channel of the circulating Blood, and then carries it away both by Urine and Stool.

The Dose is 4 Ounces in the Morning.

## 2. Hydropic Wine.

Take Dwarf Elder Rind, Florentine Orris Root, each 2 Ounces; inner Rind of black Alder dry'd 1 Ounce and half; Elecampane, Squills, each half an Ounce; Juniper-berries 2 Drams and half; Jalap half an Ounce; black Hellebore 2 Drams; Senna 2 Ounces; Salt of Wormwood 4 Scruples; White Wine 2 Quarts; digest cold and filtrate.

It's a very good Medicine for an universal Dropsy (saith our Communicator) for it incides and attenuates the viscous *Lympha*, which being congeal'd in the Pores of the Parts and Lymphatic Vessels, endangers Bursting of them; and after, partly precipitates them thro' the Cataraacts of the Kidnies, and partly evacuates 'em by Siege.

## Icteric Uline.

Take Turmeric powder'd 2 Ounces; Saffron 2 Scruples; Cochineal 4 Scruples; Millepedes 320; Canary Wine 2 Pints and half; infuse cold.

It's eminent for the same Vertues with Icteric Decoction and Turmeric Electuary. The Dose 4 Ounces twice a Day.

## 203A iii Uline called Mirabile.

Take Canary (or rather Sherry) Wine 1 Quart; Cinnamon-water 4 Ounces; Cloves, Mace, Nutmeg, Cubebs, Cardamom, Galingal, Cochineal, Saffron, each 1 Dram; digest and strain.

It's an *Aqua Mirabilis* by Infusion; is stomachic, carminative, cordial, cephalic, and good only in cold Distempers.

## Personal Uline.

Take Spanish Juice of Liquorice 1 Ounce; Saffron 1 Scruple; Seeds of Coriander, Caraway, Anise, each 2 Drams; Salt of Tartar half an Ounce; Pennyroyal and Hyssop Waters, each 4 Ounces; Canary Wine 1 Quart; digest cold.

It's akin to the *Sweet Tincture*; but incides and expectorates more. Let 2 Ounces be given 4 times a Day, or oftener.

## Scurvutic Wine.

Take Garden Scurvy-grass (dry gathered and whole) 1 Handful; Horfe Radish Root scrap'd half an Ounce; Winters Bark powder'd grossly 2 Drams; Arum Water, White Wine, each 1 Pint; let them stand cold 3 Days.

The Title speaks its Use. See warm Scurvutic Ale.

Three Ounces may be drank in Ale or Beer thrice a Day.

## Stomach Wine.

Take Roots of Virginia Snake-weed, and Gentian, each 3 Drams; Galingal, Cloves, Cubebs, Mace, Nutmeg, Saffron, each 1 Dram; Cocbe-neal half a Dram; Canary Wine 3 Pints; infuse cold.

For Weakness, Crudity, Belching, Want of Appetite, Bad Digestion, and all kinds of Stomach Illness from a cold Cause, give a Draught before and after Meals.



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 tipthb. Diet White. Dra. Milky. Elest. Analept. 2. E. of  
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 Anodynes External. Catapl. of Poppy. Epith. Anod. Fom.  
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 Saponac. Elest. with Turmeric. Expres. Ister. E. of Millep-  
 Ister. Lixoe Calx. L. Hydrop. Pil. Ister. P. Smegmat.  
 P. Turner. Plaisf. Ister. Powd. of Rhubarb. c. Powd. of  
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 zeng. Peruv. Tinct. Antipthb. Water Snails Pest. W. S.  
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 E. Corrob. F. Spirituose. Liniuum Paralyt. L. Volat. Oil Pa-  
 rallyt. Plaisf. Apoplest. P. Avmon. P. Epispast. P. with  
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 napism Spir. of Wine camph. Tinct. of Canthar. Ung. Volat.  
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 P. V. Oleose. Powd. of Eye-bright 2. P. of Marjoram. P.  
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Anti-

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The Anus its Procidence. *Fom. Astring. Fume for falling, &c. Aperients. Ale Aperient. A. Diuret. A. Ricket. A. Scorb. Sweetening. Decoct. Aper. D. Depur. D. Diuret. D. Emmenac. D. against Scroph. Ung. Aper. See Chalybeates. Emmenagogues. Hypochondr. Obstruēt. Pectoral Incid. Splanch-*

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For

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- lows.** D. *Stypt.* D. *Traumat.* Dra. for a Bruise. D. *Fan-*  
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of *Wine Campb.* See *Emmenagogues.*  
Blood depressed to exalt. See *Chalybeates.* *Ictericks.* *Scor-*  
*buricks.*  
Blood Feculent to depurate. Ale *Antimonial.* A. *Aperient.*  
A. *Hydrop.* A. *Scorbut.* Sweet. Dec. *Aper.* D. *Cachect.* D.  
*Depur.* D. *Edulc.* D. *Psonic.* D. of *Sarsa.* Elest. of *Cin-*  
*naber.* *Expres.* of *Brooklime.* E. of *Millep.* Juice *Ar-*  
*temp.* Ful. *Diur.* Nitr. Mixt. with *Crabs Eyes.* Powd. of  
*Crabs Eyes.* Water of *Snails Scorb.* Whey *Deoppil.* W. *Dia-*  
*tetic.* See *Cachexy.*

Blood

# I N D E X.

Blood Sharp to Edulcorate. Dec. Edulc. D. Incras. D. of  
 Mallows. D. of Sarsa. Emuls. Arab. E. common. Powd.  
 Arab. P. Cardialg. P. Edulcor. Syr. Incras.  
 Blood thick to attenuate. Dec. of Volatiles. Expr.s. of Millep.  
 Infus. reserating. I. Traumat. Jul. Emmenag. J. Scorb.  
 Powd. Hibernie. See Diureticks. Warm Scorbuticks.  
 Blood thin to incrassate. See B. Sharp to edulcorate.  
 Bowels. See Colic. Gripes. Intestinal.  
 Brain. See Cephalicks.  
 The Brain increaseth at Full Moons. Fulep. Cephal.  
 Bread distilled. Water of Snails Pest.  
 Breast. See Bechicks. Pectorals.  
 Breath Short. See Asthmatics.  
 Breath Stinking. Gargle Common. G. deterg. G. for Ectoe.  
 G. with Myrrh. G. Scorb. G. with Vine Leaves.  
 Of Broth. Broth Consummate.  
 For Bruises. See Blood coagulated. Traumaticks.  
 In Bruises Purgings is needful. Bole for a Bruise.  
 For a Burn. Spir. of Wine Campb.

## C.

In a Cachexy. Dec. Cachect. D. Sarsa. D. of Sarsa. D. of  
 Woods. Oxym. Purg. Pest. Pills Cachect. P. Ecbraet. P.  
 of Tumeric. Tinct. of Gent. Whey Dietetic. Wine of Ele-  
 campane. See Blood feculent. Chalybeates. Mixt. Ca-  
 tharticks. Scorbuticks. Splanchnicks.  
 In a Cachexy Intentions. Mixt. Ecbraet. Oxym. Purg. Pest.  
 Pil. Cachect.  
 Of Calx vive. Dec. Librans.  
 Of Camphire. Spir. of Wine Campbor.  
 In a Cancer. Ale Cancer 2. A. against Scroph. Bals. Mirab.  
 Dec. Cancer. Exprs. of Millep. Water of Burdock c.  
 Cancers endure not Mercurials, Verdigrise, or Vitriol. Garg.  
 for Ulcers. Mixt. for Ulcers of the Mouth.  
 Carbuncle. Balsam. Mirab.  
 Cardiacks External. See Palpitation.  
 Cardiacks Internal. Bole Cord. Caud. Cord. Dra. Card. D.  
 Consol. Elect. Card. 2. E. with Ginger. E. Grand. E. Royal  
 E. Stomach. Eleoljacch. Elixir with Cloves. E. Volatile.  
 Emuls. Cord. Essence Cord. Glyst. Comf. Jul. cord. 2. J.  
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 fron. J. Stomach. J. Volat. Mixt. Arom. M. Card. 3.  
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 of Sassa. S. of Treacle. Tab. Cardiac. Tinct. Aromat.  
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 Cardiacks

# I N D E X.

Cardiacks their Ratio. Eleff. Card. warm. Jul. cord. J. Musk.  
 J. Pearl Cord.  
 Cardiacks Temperate and their Ratio. Eleff. Card. warm. Jul.  
 'ord. J. Musk. J. Pearl Cord.  
 Of Cardiacks a Note. Bole Cord.  
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 cus. A. Junip. Dec. Junip. 2. Elec. Carminat. E. Cre-  
 tac. E. Stomach. Jul. Carmin. Mixt. Arom. M. Carmi-  
 nat. M. C. Anod. M. Junip. Pil. Carmin. Powd. of  
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 In a Catarrh Externals. Bag of Cumin. Fume in a Catarrh.  
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 chu 2. D. of Hounds Tongue. D. Increassating. D. of Li-  
 quorice. D. Malaga. D. of Roses. D. Sanct. Dra. Be-  
 chib. D. for a Catarrh. D. Paregonic. D. Saccharine. Elec.  
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 In Catarrhs Pectoral, Inciders and strong Purgers to be avoided.  
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 3. A Scorb. warm. Bole of Cassia. Catarrh. Laxat. Dec.  
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 sins. D. Sanct. Purg. D. with Tartar Purg. Eleff. of  
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 P. Sancte. P. Stom. Purg. Pot. Purg. Nephrit. P. of  
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FINIS.

